

USA Weightlifting 2009 Qualifying Totals *as of* 05/01/09

Approved by the Board of Directors

	World Champs	Nat'l Champs	Criollo Cup**	Collegiates	All-Amer	Amer Open	Nat'l Jrs	Jr World	World Youth Champs	SA 13&U	SA 14-15	SA 16-17
Female												
* 35	n/a	n/a	n/a	n/a	n/a	n/a	n/a			31	n/a	n/a
* 39	n/a	n/a	n/a	n/a	n/a	n/a	n/a			36	n/a	n/a
44	n/a	n/a	n/a	n/a	n/a	n/a	n/a		100.98	41	52	n/a
48	182.47	110	159.33	87	TBD	90	95	152.55	115.32	45	60	65
53	197.20	128	165.67	95	TBD	112	105	165.67	128.28	49	65	70
58	213.03	144	179.67	102	TBD	130	117	178.27	142.88	52	69	80
* 58+	n/a	n/a	n/a	n/a	n/a	n/a	n/a			55	n/a	n/a
63	220.00	152	193.5	107	TBD	137	122	185.17	143.88	n/a	74	88
69	230.76	158	194.5	110	TBD	142	123	194.54	144.97	n/a	78	93
69+	n/a	n/a	n/a	n/a	n/a	n/a	n/a		160.20	n/a	81	n/a
* 75	243.82	168	195.5	115	TBD	150	126	195.54		n/a	n/a	98
* 75+	264.96	175	219.5	117	TBD	157	130	207.67		n/a	n/a	103
Male												
* 35	n/a	n/a	n/a	n/a	n/a	n/a	n/a			40	n/a	n/a
* 39	n/a	n/a	n/a	n/a	n/a	n/a	n/a			50	n/a	n/a
* 44	n/a	n/a	n/a	n/a	n/a	n/a	n/a			54	80	n/a
50	n/a	n/a	n/a	n/a	n/a	n/a	n/a		155.00	58	90	n/a
56	265.60	181	207.33	125	TBD	147	135	224.17	180.54	64	97	105
62	282.77	201	262	147	TBD	182	172	255.60	203.18	69	105	120
69	311.91	231	282	172	TBD	210	190	275.69	224.04	74	112	132
* 69+	n/a	n/a	n/a	n/a	n/a	n/a	n/a			79	n/a	n/a
77	338.91	259	299.33	197	TBD	235	212	295.47	233.49	n/a	119	140
85	354.11	283	322.33	205	TBD	255	225	311.40	241.92	n/a	127	152
* 85+	n/a	n/a	n/a	n/a	n/a	n/a	n/a			n/a	135	n/a
94	373.18	305	339	215	TBD	260	226	326.32	264.60	n/a	n/a	160
* 105	390.52	310	340	216	TBD	287	230	333.45	265.60#	n/a	n/a	170
* 105+	414.51	315	354.67	220	TBD	288	235	340.56		n/a	n/a	180
n/a	Not applicable											
*	Not an IWF recognized Youth category. For domestic events only.											
NSA	National School-Age											
@	Not a Junior World Team category											
TBD	To Be Determined											
#	Only contested 94+ kg IWF recognized youth category											

** The previous 2009 World University Qualifying Totals are now the 2009 Criollo Cup Qualifying Totals. As previously noted, the IWF has announced that there will be no 2009 World University Championships.