



## USA Weightlifting Weekly Report: May 11-17, 2009

**2009 Criollo Cup Ranking List-** The preliminary ranking list has been created for the 2009 Criollo Cup from the 2009 National Collegiate Championships. The Criollo Cup is a replacement event for the World University Championships and will be held in San Juan, Puerto Rico on October 20-26, 2009. This is a self-funded event for collegiate level athletes. Please visit the link for the ranking list:  
[http://assets.teamusa.org/assets/documents/attached\\_file/filename/11627/2009\\_Criollo\\_Cup\\_Ranking\\_as\\_of\\_May\\_12\\_2009.xls](http://assets.teamusa.org/assets/documents/attached_file/filename/11627/2009_Criollo_Cup_Ranking_as_of_May_12_2009.xls)

### **REVISED Criollo Cup Qualifying Procedures:**

Considering the recent issues USA Weightlifting has run into in trying to create an alternative event for the University World Championships and the last minute notice of the 2009 Criollo Cup, USA Weightlifting will adopt the following qualifying procedure for this event:

- 1) **There will be no qualifying event for the Criollo Cup**
- 2) **The events used to rank the athletes for the Criollo Cup will be the following: 2009 National Collegiate Championships, 2009 National Championships and 2009 World Secondary Qualifier**
- 3) Athletes selected to be on the team must present an official college seal to USA Weightlifting
- 4) This event is self-funded

**NOTICE: New Weight Class Change Rule for All National Events-** Beginning with the 2009 National Championships, USA Weightlifting will now be adopting the IWF rules for weight class changes at all national events. Please be advised that lifters will **now** be able to move down a weight class, as long as they fall within the weight category and have met the qualifying total for the lower weight class within the eligibility period stated on the entry form. This is consistent with International Weightlifting Federation rules. If an athlete chooses to move down a weight class, their results must be in USA Weightlifting's database system or the change cannot be made. ***Please check with the National Office for verification of the athlete's qualifying total in advance, prior to making any last minute changes at the Verification of Final Entries Meeting.***

**2009 Finding Leaders Among Minorities Everywhere (F.L.A.M.E.) Program-** The USOC will host the 16<sup>th</sup> Annual F.L.A.M.E. program on August 1-4, 2009 at the U.S. Olympic Complex. Undergraduate and graduate college students are eligible to apply. Please see below for more information and the 2009 application materials for the program:

Celebrating its 16<sup>th</sup> year, F.L.A.M.E. is a dynamic, educational program packed with leadership enhancement opportunities, the chance to learn from USOC leaders, Olympians and Paralympians, engage in sports demonstrations and enhance self-discovery.

Participants will spend four inspirational-filled days at the U.S. Olympic Complex in Colorado Springs, Colorado with other college student leaders from around the country. Participants receive **FREE** roundtrip airfare from their hometowns to Colorado Springs, Colorado, and live like Olympic hopefuls in the athlete dormitory. Additional program expenses are also covered by the USOC.

**Please thoroughly read the application process prior to completing the application.**

### **The Application Process**

- There are several components to the application materials including the basic application, a required essay and transcripts. All materials must be submitted at the same time **in one envelope**.
- Application materials must be postmarked by **June 12, 2009**.

- The enclosed F.L.A.M.E. **fact sheet** provides basic information about the program. (Contact Erica Hutchinson for fact sheet)
- The enclosed **criteria fact sheet** provides information about the selection process for the program. (Contact Erica Hutchinson for criteria fact sheet)
- **If you have any questions, please call F.L.A.M.E. Committee Chairperson, Erica Hutchinson, at 719-866-4604 or e-mail Erica at [flame@usoc.org](mailto:flame@usoc.org).**
- Notification letters will be postmarked and sent to all applicants no later than **June 19, 2009**.

Thank you again for your interest in F.L.A.M.E. Program.

Sincerely,



Erica Hutchinson  
F.L.A.M.E. Committee Chairperson



**Tickets for the 2009 National Championships-** Tickets to the 2009 Pan American/Ibero American and USA National Weightlifting Championships are now available! Admission to this event is **free**; however you must reserve a ticket in advance. Individuals and small-groups wishing to attend should call the ticket hotline directly at **(312) 861-4859** to reserve their tickets. Groups of 20 or more should contact rEvolution at **(312) 529-5850** for their reservations and leave their name and contact information with World Sport Chicago at **(312) 861-4859**.

**NOTICE: 2009 National Championships Room Block-** Attention all participants and attendees of the 2009 USA National Weightlifting Championships! Please be advised that space is filling-up fast at the competition hotel, the Hilton Chicago Hotel and Towers. **Rooms available at the subsidized rate of \$150 will only be available while supplies last.** Please call **1-(877) 865-5320** today to reserve your rooms by mentioning you are with the "**Weightlifting Championships.**" Remember that guests of the competition hotel will be able to take advantage of both the tournament information booth in the hotel lobby and the free tournament shuttle making routine stops at the competition hotel.

**NOTICE: Important Announcement about 2009 National Championships Verification of Final Entries and Technical Conference-**

Since the competitors in the 2009 Pan American and US National Championships will lift in combined sessions, an important change in schedule has been made. Please note the following:

**Contrary to what has been published in the National Championships entry form, please note the following:**

A combined Pan American and National Championships and FINAL Verification of Entries will be held from **2:30 – 3:00 PM Central Time** Wednesday June 3<sup>rd</sup> at the Chicago Hilton and Towers and Combined Technical Conference will be held from **3:30 – 4:30 PM Central Time** Wednesday June 3<sup>rd</sup>, also at the Hilton.

**At this time all weight class changes will be final and the final schedule will be announced!**

Because of this late notice and because some participants may have already made flights which are due to arrive later in the day, National Championships competitors may submit changes to the National Office via email or fax **no later than 12 Noon Mountain Time, Wednesday June 3rd**. Changes may be emailed to [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org) or faxed to 719-866-4741 no later than 12 Noon MST, Wednesday June 3<sup>rd</sup>. ***Please don't assume the National Office has received those changes – make sure to call us to confirm!*** Our phone number is 719-866-4508.

**PLEASE NOTE:** In the 2009 National Championships entry form, the original Technical Meeting was scheduled for 8:30 pm on Wednesday June 3<sup>rd</sup>. Now that the Verification of Final Entries Meeting and the Technical Meeting will both take place earlier in the day, **as noted above**, there will be an Informational Meeting at **8:30 PM CST on Wednesday June 3rd**. This meeting will serve strictly for informational purposes only, for US participants arriving later.

**NOTICE : 2010 Bid Information-** Bid Information for USA Weightlifting's 2010 national events is posted online at the following link: <http://weightlifting.teamusa.org/news/article/10944>. We are accepting bids for these 2010 National Events: National Junior Championships, National Collegiate Championships, National Championships, National School Age Championships, and American Open Championships. **Please be aware of the DEADLINES when submitting bids for these events!**

**Lift and Learn: Lindenwood University Offers Program for Weightlifters-** For the complete article, please visit the following link:  
<http://www.ironmind.com/ironcms/morenews6.php?id=2947#2947>

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***“The Mission of USA Weightlifting shall be to enable United States athletes to achieve sustained competitive excellence in Olympic competition and to promote and grow the sport of weightlifting in the United States”.***