



## USA Weightlifting Weekly Report: May 25-31, 2009

**From the Board of Directors - Weight Class Change Clarification-** In accordance with IWF 6.1.6, athletes may move up or down in weight class. IWF 6.5.7 states that all athletes must start within 20k (men) /15K (women) of the "entry total", which shall be interpreted as "qualifying total".

As is currently done, current membership and the qualifying total for the original weight class on each respective entry will be verified.

If the lifter later decides to move up or down in weight class, they can do this without having an "official" (local) total in that higher or lower weight class. BUT the athlete must start within 20K/15K of the qualifying total in the weight class to which they moved up or down, just as all others will have to do. The change will allow lifters to move up or down AFTER they have "normally" qualified for the national event (IWF 6.1.6); and will enforce the 20K/15K rule (IWF 6.5.7) for all lifters.

As per current procedure, the athlete or the athlete's coach will be required to declare this change in weight class prior to, or in the physical presence of, the Verification of Final Entries Meeting for the American Open and each respective National Championships.

If declaring any weight class changes **prior to** the Verification of Final Entries Meeting, those changes **must be submitted in writing** to the National Office.

**2009 Direct Athlete Support Clarification & Athlete Performance Pool Funding-** Please be advised of the following changes to the 2009 Direct Athlete Support and the Athlete Performance Pool Funding listed below. The athlete stipend will be based on the following:

### **July-December 2009 Stipend Payment**

- ***The USOC will pay the top 5 males and the top 4 females on the World Championships ranking list which is based off of the 2009 World Championship qualifying total from their results at the 2009 National Championships. Athletes no longer have to exceed 95% of the World Championship qualifying total. Athletes will receive \$500/mo.***
- ***In addition, the top male and the top female athlete who achieve 100% or greater of the 2009 World Championship qualifying total, will receive an additional \$1500/mo.***

### **Athlete Performance Pool Funding**

It is anticipated that funding will awarded to the Pan Am Championship team members that achieve Personal Records, provided that a total is attained. There will be more information to follow prior to the 2009 Pan Am Championship event.

**NOTICE to All Event Coaches at National Events:** This is a reminder that ALL coaches who will be coaching athletes at our national events must be current USA Weightlifting members during the event, in order to be with their athlete(s) in the warm-up and competition areas. If the coach cannot present a current USA Weightlifting membership card at the event, he or she will not be credentialed.

**2009 National Championships Start List-** The 2009 National Championship start list is now available on USA Weightlifting's website. Please visit the following link for more information:  
<http://weightlifting.teamusa.org/news/article/11613>

**IMPORTANT INFO RE: the 2009 National Championships** - Since the competitors in the 2009 Pan American and US National Championships will lift in combined sessions, an important change in schedule has been made. Please note the following:

Contrary to what has been published in the National Championships entry form, please note the following:

**A combined Pan American and National Championships and FINAL Verification of Entries will be held from 2:30 – 3:00 PM Central Time Wednesday June 3rd at the Chicago Hilton and Towers and Combined Technical Conference will be held from 3:30 – 4:30 PM Central Time Wednesday June 3rd, also at the Hilton.**

**At this time all weight class changes will be final and the final schedule will be announced!**

Because of this late notice and because some participants may have already made flights which are due to arrive later in the day, National Championships competitors may submit changes to the National Office via email or fax no later than 12 Noon Mountain Time, Wednesday June 3rd. Changes may be emailed to [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org) or faxed to 719-866-4741 no later than 12 Noon MST, Wednesday June 3rd. Please don't assume the National Office has received those changes – make sure to call us to confirm! Our phone number is 719-866-4508.

**PLEASE NOTE:** In the 2009 National Championships entry form, the original Technical Meeting was scheduled for 8:30 pm on Wednesday June 3rd. Now that the Verification of Final Entries Meeting and the Technical Meeting will both take place earlier in the day, **as noted above**, there will be an Informational Meeting at 8:30 PM CST on Wednesday June 3rd. This meeting will serve strictly *for informational purposes only*, for US participants arriving later.

**2009 National Championships LIFTING SCHEDULE** - Please be aware that the schedule listed on the 2009 National Championships entry form is **TENTATIVE** per usual. The weight classes listed on the specified days will not change; however, the session times are to be determined. Also note that it is very likely that there will be "B" sessions for a majority of the weight classes for this event. The FINAL schedule will be posted on the USA Weightlifting website after the Technical Meeting (**see the meeting time above**).

**NOTICE: Referees and Technical Officials:** It would be appreciated if all USA Weightlifting members who are IWF Level 1 or Level 2 Technical Officials that are planning on going to the Pan American and National Championships in Chicago, please confirm attendance via email. Send a message as soon as possible to let us know the dates you are coming. **Send emails to:** [mike.gattone@usaweightlifting.org](mailto:mike.gattone@usaweightlifting.org)

### **IMPORTANT INFORMATION RE: 2009 National School Age Championships -**

1) If you registered for this event online, please make sure you have sent us the confirmation form that popped up on your computer screen when you finished paying. The form must be signed by both you and your parent/guardian before it is sent to the National Office.

2) Make sure that you take the following items with you to the event (do NOT send them to the National Office): **1)** A copy of your birth certificate or U.S. passport **2)** Your USA Weightlifting membership card and **3)** Photo ID

If you do not have a photo ID, you can upload a *passport-style headshot* to your USA Weightlifting account, and that photo will then appear on your membership card.

**2009 National School Age Championships Hotel Info-** Please be advised that the Holiday Inn Lanier Centre, the host hotel for the 2009 National School Age Championships is **SOLD OUT**. **The Days Inn** is the secondary hotel for this event and is 3 city blocks from the Holiday Inn and the Georgia Mountain Center (Event Venue). Participants of the 2009 National School Age Championships staying at the Days Inn will receive a room rate of \$69.00. For more information please see the link provided: [http://www.daysinn.com/DaysInn/control/Booking/property\\_info?propertyId=15354&brandInfo=DI](http://www.daysinn.com/DaysInn/control/Booking/property_info?propertyId=15354&brandInfo=DI)

**Committee Election Results** – Of the people who submitted their names and resumes for the Coaching Education & Program Committee, the following people were elected: Marty Schnorf, Jim Schmitz, Tim Swords and Leo Totten. The Competition Committee members are Scott Bond, Danny McDermott and Marty Schnorf, with a fourth member to be determined by the Board. Athlete Reps are yet to be determined.

Ballots were sent to 4,482 eligible USAW members. 212 votes were received. Thanks to all who participated in this election.

**2009 World Team Secondary Qualifier-** Please note that the 2009 World Secondary Qualifier ranking list is now available on USA Weightlifting's website. See the link provided for more information: [http://assets.teamusa.org/assets/documents/attached\\_file/filename/12133/2009\\_World\\_Team\\_Secondary\\_Qualifier\\_Ranking.xls](http://assets.teamusa.org/assets/documents/attached_file/filename/12133/2009_World_Team_Secondary_Qualifier_Ranking.xls) This ranking is determined by the following events: the 2008 University World Championships, the 2008 Quebec Junior Championships, the 2008 North American Open, the 2009 National Junior Championships and the upcoming 2009 National Championships in Chicago.

**IMPORTANT NOTICE:** The World Secondary Qualifier is now scheduled for **August 29-30, 2009** at the Olympic Training Center in Colorado Springs. **Please note the date change, as the event was previously scheduled for July 30- August 1 weekend.**

**Bid Deadline for 2010 American Open - November 13, 2009** . Bid Information is posted online at the following link: <http://weightlifting.teamusa.org/news/article/10944>.

### **First Ever Youth World Championships in Weightlifting-**

*"After a spectacular Opening Ceremony in traditional North-Thailand style, the 1st ever World Championships for the Youth age group (13 to 17 years old) is organized in ChiangMai. The home of many great champions of Thailand and host of the 2007 Royal WWC, this city must have been very attractive for the young athletes from all over the world, because the participation exceeds all previous expectations and calculations. Naturally, the fact that the 1st EGAT YWWC is the main opportunity to earn qualification for the 2010 Youth Olympic Games in Singapore has only added to this attraction. As a result, a staggering number of 373 young weightlifters, of which 155 girls and 218 boys are featured on the Starting List, representing 48 countries. Competitions run through five days from early morning till late night.*

*For the first time, the IWF on its website ([www.iwf.net](http://www.iwf.net)) provides the chance to follow the progress of the Championships with the help of an online scoreboard.*

*Seventeen-year old Chinese young man LU Yuntao became the first ever Youth World Champion in weightlifting history at the EGAT YWWC. He won with a total of 213 kilos marking four youth world records in the process.*

*In Girls' 44kg, Turkish OKUR Saziye (17) surprised with an outstanding 162 kilos total, shunning Chinese CHEN Yulian (aged 15). This category did not go without a world record either: 76kg in snatch by the Turkish World Champion.*

*Despite their young age (13-17 years old) the competitors of the 1st Youth WWC in Thailand display remarkably high-class lifting in both the boys' and the girls' categories.*

*In the half time of the Championships, the Chinese team is still far ahead of the rest of 47 countries participating. Among the youth men, the first three categories were dominated by China before Russia finally taking over the gold in the 69kg.*

*In the girls' division the picture is much more varied: Turkish Okur took the honour among the smallest (44kg) to become the first ever youth world champion woman, followed by Chinese Wang Li (in 48kg) and Minkova of Bulgaria in 53kg. Deng Wei took back the lead with the total gold medal in 58kg and in the 63kg the host Thailand could finally celebrate its first world champion: Srisuwan Darat.*

### **Dezso Dobor**

*International Weightlifting Federation*

*Media Officer and Spokesman*

*AIPS Executive Board Member"*

**For full results, please visit the IWF website: [www.iwf.net](http://www.iwf.net)**

**Red Bull Beverage FYI-** There have been recent news reports about the controversy surrounding a particular ingredient in the Red Bull beverage. In view of the stringent drug testing that occurs in our sport, anyone who consumes this "energy drink" may want to thoroughly review the facts (from reliable sources) about its ingredients, before deciding whether to consume it or not.

High Performance Communications Coordinator  
719 866-4508

***“The Mission of USA Weightlifting shall be to enable United States athletes to achieve sustained competitive excellence in Olympic competition and to promote and grow the sport of weightlifting in the United States”.***