



## USA Weightlifting Weekly Report: June 22-28, 2009

➤ **IMPORTANT: Revised Qualifying Procedures for the World Championships-** Please be advised of the following **changes** to the World Championships Qualifying Procedures that were stated in the June 8-14 Weekly Report:

**2009 World Team Secondary Qualifier Ranking Updated-** Please note that the 2009 World Secondary Qualifier ranking list has been updated on USA Weightlifting's website. See the link provided for more information: <http://weightlifting.usoc.org/content/index/1345>. This ranking is determined by the following events: the 2008 University World Championships, the 2008 Quebec Junior Championships, the 2008 North American Open, the 2009 National Junior Championships and the upcoming 2009 National Championships in Chicago. **Only the top 15 men and women invited to this event will be eligible for the World Team Secondary Qualifier. You will be contacted by the National Office with your official invitation to this event.**

**If you did not attend the 2009 National Championships, you do not qualify for the 2009 World Team Secondary Qualifier portion of the competition.**

**However, you may still compete in the Rodger DeGarmo Memorial portion of the competition.**

**IMPORTANT NOTICE:** The World Team Secondary Qualifier is **now scheduled for August 29-30, 2009** at the Olympic Training Center in Colorado Springs. **Please note the date change, as the event was previously scheduled for July 30- August 1.**

**NEW:** All athletes who attended the 2009 National Championships (the Primary Qualifying Event for the 2009 World Championships) will now be eligible to compete in the World Team Secondary Qualifier to be held in Colorado Springs, August 29-30. Please **disregard** the World Team Secondary Qualifier ranking list and the top 15 invitational mentioned above (now crossed out). The entry form for this event, aka The Rodger DeGarmo Memorial, will be available next week.

A revised World Championship ranking list is now available:

[http://assets.teamusa.org/assets/documents/attached\\_file/filename/13513/2009\\_World\\_Championship\\_Ranking.xls](http://assets.teamusa.org/assets/documents/attached_file/filename/13513/2009_World_Championship_Ranking.xls)

**ROOMS AVAILABLE AT OTC-** Athletes and their coaches participating in the World Team Secondary Qualifying event/Rodger DeGarmo Memorial who wish to stay at the Olympic Training Center in Colorado Springs, where the event will be held, may place a Room & Board reservation (\$45 per athlete or coach, per day) on USA Weightlifting's E-Store: <http://secure.mycart.net/catalogs/categories.asp?catid=11945&fileID=4561> (Click on EVENT SERVICES)

Rooms will be available on August 28<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> only. **Please be aware that bed space is extremely limited!**

If you would like a room at the OTC and no bed space is available, please email Kara Yessie (kara.yessie@usaweightlifting.org) at the National Office and you will be included on a waiting list. You will be contacted prior to July 24<sup>th</sup> or if there are any cancellations.

**Cancellation Policy: You have up until Monday, July 20<sup>th</sup> to cancel your reservations. There will be no refunds after this date!**

➤ **2009 National School Age Championships Results-** For the complete 2009 National School Age Championship results, please visit the following link: <http://weightlifting.teamusa.org/news/article/10784>. Thanks to C.J. Stockel and all the volunteers to help make this a successful event. USA Weightlifting would also like to congratulate all the lifters and teams that participated in this event.

### BEST LIFTER AWARDS:

**Best Female Lifter 13 & Under:** Sydney Goad  
**Best Male Lifter 13 & Under:** Tom Summa

**Best Female Lifter 14-15 yrs:** Christina Brown  
**Best Male Lifter 14-15 yrs:** Ian Wilson

**Best Female Lifter 16-17 yrs:** Megan Poole  
**Best Male Lifter 16-17 yrs:** Peter Musa

**Best Overall Male:** Peter Musa  
**Best Overall Female:** Megan Poole

## TEAM AWARDS:

### Girls 13 & Under:

1<sup>st</sup> place- Reps and Sets Salina  
2<sup>nd</sup> place- Team Georgia

### Boys 13 & Under:

1<sup>st</sup> place- Team Georgia

### Girls 14-15 yrs:

1<sup>st</sup> place- Hassle Free  
2<sup>nd</sup> place- Team Georgia

### Boys 14-15 yrs:

1<sup>st</sup> place- Team Savannah  
2<sup>nd</sup> place- Hassle Free  
3<sup>rd</sup> place- Sandusky Weightlifting  
4<sup>th</sup> place- Team Georgia

### Girls 16-17 yrs:

1<sup>st</sup> place- Hassle Free  
2<sup>nd</sup> place- Team Georgia

### Boys 16-17 yrs:

1<sup>st</sup> place- Hassle Free  
2<sup>nd</sup> place- Team Georgia  
3<sup>rd</sup> place- CJ Del Baso

### Overall Girls:

1<sup>st</sup> place- Hassle Free  
2<sup>nd</sup> place- Team Georgia  
3<sup>rd</sup> place- Team Savannah

### Overall Boys:

1<sup>st</sup> place- Team Savannah  
2<sup>nd</sup> place- Hassle Free  
3<sup>rd</sup> place- Team Georgia  
4<sup>th</sup> place- Coastal Empire

Also, a special mention goes to **Peter Musa** and **Darren Barnes** who set new National School Age records. For complete American School Age records, please visit the following link:

<http://weightlifting.teamusa.org/content/index/2192>

For a complete list of 6-For-6 Rich Schutz recipients at the 2009 National School Age Championships, please visit the following link: <http://weightlifting.teamusa.org/content/index/1594>

- **2009 Pan Am Sub 17 Championship Ranking-** The ranking list for the 2009 Pan Am Sub 17 Championships is now available. Please follow the link for more information:  
<http://weightlifting.teamusa.org/content/index/3580>.  
Invitations for this event will be sent out next week for the event in Chile. The 2009 Pan Am Sub 17 Championships will be held in September. This is a **self funded** event.
- **2009 Quebec Junior Championship Ranking-** The ranking list for the 2009 Quebec Junior Championship is now available. Please follow the link for more information:  
[http://assets.teamusa.org/assets/documents/attached\\_file/filename/13528/2009\\_Quebec\\_Junior\\_Championship\\_Ranking.xls](http://assets.teamusa.org/assets/documents/attached_file/filename/13528/2009_Quebec_Junior_Championship_Ranking.xls).  
This event will take place in Quebec, Canada on Saturday, November 28, 2009 (Thanksgiving weekend). This is a **self funded** event.
- **2010 National Event Bids Granted –** Thank you to all the bidders for the 2010 National Meets. The winning bids are as follows:  
2010 Junior Nationals - Winning Bid: Rochester, MN  
2010 Collegiate Nationals - Winning Bid: Northern Michigan University, MI  
2010 School Age Nationals - Winning Bid: Foster City, CA

The bidding period for the 2010 National Championships will be reopened soon. Details will follow on <http://weightlifting.teamusa.org>.

Bid applications for the 2010 American Open Championships are due by November 13, 2009. Powerpoint presentations and applications may be emailed to the National Office by this deadline in order to be posted on <http://weightlifting.teamusa.org>.

Kara Yessie  
USA Weightlifting  
High Performance Communications Coordinator  
719-866-4508

***“The Mission of USA Weightlifting shall be to enable United States athletes to achieve sustained competitive excellence in Olympic competition and to promote and grow the sport of weightlifting in the United States”.***