

2009 ACCREDITATION REQUIREMENTS

USA Volleyball Coaching Accreditation Program - CAP Levels I, II & III

CAP Level I courses are open to ALL coaches, no matter what level of experience, however it is STRONGLY recommended that coaches take the IMPACT clinic (or equivalent "Foundations" course) BEFORE attending CAP I, as a basic knowledge base & familiarity with terminology is necessary to get the most out of your CAP Level I weekend. Please note that the "Foundations" requirement for CAP Level I accreditation is a PRE-requisite to attending CAP Level I.

CAP Level II courses are open to all CURRENTLY ACCREDITED Level I coaches, no matter what level of experience, and to all Level I Home Equivalency coaches who have fulfilled those requirements.

CAP Level III courses are open to all CURRENTLY ACCREDITED Level II coaches, no matter what level of experience.

For each Level your CAP Course fee includes:

Expert instruction covering the Core CAP curriculum

- CAP I = 10 hours
- CAP II = 10 hours
- CAP III = 10 hours

Modules (length of each may vary)

- CAP I = 3 Modules
- CAP II = 4 Modules
- CAP III = 15 + additional hours of expert instruction over 2 additional days

Textbooks/Materials:

- CAP I - Coaching Volleyball: Building a Winning Team, by Carl McGown; USAV National Office Coaches Code of Ethics pamphlet; Supplemental Handouts; Coaches Briefbag.
- CAP II - *Volleyball Coach's Survival Guide*, by Sue Gozansky; USAV National Office Coaches Code of Ethics pamphlet; Supplemental Handouts; Coaches Briefbag.
- CAP III - *Periodization Training for Sports; Critical Thinking Manual; International Journal of VB Research*; Level III Notebook; USAV National Office Coaches Code of Ethics pamphlet; Supplemental Handouts; Coaches Briefbag.
- Discounts good for purchase of:
 - Current year IMPACT Manual
 - Coaching performance Series DCDs produced in cooperation with Dartfish
 - Volleyball Standards/Systems, Net Packages and Referee Platform/Pads from Spalding.
- Follow-up online test: CAP I, II or III Knowledge Test.
- Upon completion of all requirements: Certificate of CAP Level I, II or III Accreditation

CAP Accreditation REQUIRES:

	CAP I	CAP II	CAP III
Attend CORE Course:	✓	✓	✓
Attend Included Modules:	✓	✓	✓
Attend Additional Modules**:	✓ (1)	✓ (2)	✓ (TBD)
Pass Written Knowledge Test:	✓ (80%)	✓ (80%)	✓ (2007)
National Code of Ethics:	✓	✓	✓
Foundations Course*:	✓		
Pass USAV Background Screen:	✓	✓	✓
1000 Word Article:		✓	
Outreach Project:			✓
“Experience” component:	✓ (2007)	✓ (2007)	✓ (2007)
Recertification:	✓ (Each 4 Yrs)	✓ (Each 4 Yrs)	✓ (Each 4 Yrs)

*The Foundations of Coaching class needs to be any ONE of the following: **IMPACT** or (**WITH PURCHASE OF CURRENT YEAR IMPACT MANUAL from the National USAV-CAP Office**) ASEP, PACE, NYSCA, NFHS, FIVB, Canadian VB Assoc., or any other acceptable State or Local School District Coach training or certification. Most of the above issue certificates or letters for passing the course. A teaching degree in Physical Education or Coaching (**WITH PURCHASE OF CURRENT YEAR IMPACT MANUAL from the National USAV-CAP Office**) can also serve as the foundations of coaching course; simply submit a copy of your transcript and diploma (or a copy of your teaching license) for review.

CAP Re-Accreditation Rules:

Prior to the 4 Year Accreditation Expiration Date the Coach may CHOOSE to:			
	<u>CAP Level I</u>	<u>CAP Level II</u>	<u>CAP Level III</u>
Attend Same Level CORE Course	✓	✓	✓
Attend Approved Modules Only**	✓(4)	✓(5)	✓ (6)
Attend Next Level Course	✓	✓	✓

Within 1 Year following the Accreditation Expiration Date the CAP license will be considered “expired”, but the coach may CHOOSE to become current again by:			
	<u>CAP Level I</u>	<u>CAP Level II</u>	<u>CAP Level III</u>
Attending Same Level CORE Course	✓	✓	✓
Attending Approved Modules Only**	✓(4)	✓(5)	✓ (6)
Attend Next Level Course	NA	NA	NA

AFTER 1 Year following Accreditation Expiration Date the CAP license will be considered “expired”, but the coach will be REQUIRED to become current again by:			
	<u>CAP Level I</u>	<u>CAP Level II</u>	<u>CAP Level III</u>
Attending Same Level FULL Course	✓	✓	✓
Attending Approved Modules Only**	NA	NA	NA
Attending Next Level Course	NA	NA	NA

** Attending Approved Modules:

Approved Modules are those that have been licensed by USAV-CAP to serve as equivalent of CAP additional Modules for initial accreditation requirements or as approved Modules for re-certification requirements for an existing CAP accreditation/license.

Approved Modules may be attended at USAV-CAP courses, USAV- VCAP Conditioning Clinics, select USAV-National High Performance Coaching Clinics, the American Volleyball Coaches Association (AVCA) Annual Convention, select licensed outside coaching clinics, or may be taken on-line (select USAV and ASEP on-line courses). In addition, Modules credits may be granted to IMPACT and VCAP Instructors for attending Instructor level training sessions, and for teaching pre-approved IMPACT & VCAP Clinics. With prior approval, Level III coaches may earn re-certification Modules by hosting or assisting with a CAP course or other National Educational event.

