

**Competition:** IA State Championships  
**Sanction #:** 40-09-06  
**Location:** Des Moines, IA  
**Date:** 7/25/2009

Gndr	Div	Wt		Name	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total
		Class						1	2	3		1	2	3		
F	SCH	58		Rebekah Pudenz	96	NHL	55.8	32	34X	34	34	42	44	45	45	79
M	SCH	44		Grady Nardini	97	tu	41.3	25	30x	30	30	33	38	40	40	70
M	OPEN	62		Kristopher Koehne	87	desm	59.1	58	62	64	64	77	82	84x	82	146
m	sch	77		Bo Bowers	94	pjsc	70.8	40	50	55x	50	65	70	75	75	125
m	open	85		jeff jacobs	82	desm	84.4	95	100x	102	102	125	131x	131x	125	227
m	sch	85		ben leiting	92	NHL	78	75x	75	77	77	93	95	96	96	173
m	open	94		justin van beek	82	mav	85.4	95	98	102	102	120	125	128x	125	227
m	open	94		phil johnson	79	pjsc	88.4	70	75x	75	75	105	110	115x	110	185
m	sch	94		tim simpson	93	pjsc	85.3	40	45	50x	45	60	65	70	70	115
m	open	105		kyle johnson	79	desm	104.2	125	130	135x	130	143	150	156	156	286
m	jun	105		joel pudenz	90	NHL	95.1	110	115	118x	115	140	145	146	146	261
m	jun	105		cole schwarte	91	NHL	98.8	80	85	87	87	105	110	115	115	197
m	jun	105		derek jardon	90	NHL	99.8	75	80	83	83	92	95	100	100	183
m	OPEN	105+		garrett hill	87	NHL	111.2	103	111	115	115	127	134	140	140	255
m	sch	105+		jack rummells	92	pjsc	107.2	80	85	90x	85	120	125x	125	125	210