

Quick Team Information

Current World Ranking: 2nd
Head Coach: Hugh McCutcheon
2009 Record: 18-14
2008 Record: 22-11
Assistant Coaches: Karch Kiraly
Asst Coach/Technical Coordinator:
Jamie Morrison

U.S. Women's National Volleyball Team Weekly Update

Oct. 14, 2009

Additional Team USA Facts

USA Volleyball CEO: Doug Beal
Training Site: Anaheim, Calif.
Media Contact: Bill Kauffman
Phone: 719-228-6800
E-Mail: bill.kauffman@usav.org
Web Site: www.usavolleyball.org
Confederation: NORCECA

2009 U.S. Women's National Volleyball Team Schedule

Egypt Tour

Site: Cairo, Egypt

April 10: def. Egypt 3-1
April 12: def. Egypt 3-0

Pan American Cup

Site: Miami, Fla.

June 26: def. Costa Rica 3-0
June 27: def. Guatemala 3-0
June 28: def. Mexico 3-0
June 29: def. Peru 3-0
June 30: def. Puerto Rico 3-1
July 3: lost to Brazil 1-3
July 4: lost to Puerto Rico 1-3

FIVB World Championship Third Round - NORCECA Qualification

Site: Orlando, Fla.

July 6: def. Netherlands Antilles 3-0
July 7: def. Barbados 3-0
July 8: def. Costa Rica 3-0

FIVB World Grand Prix Weekend 1

Site: Rio de Janeiro, Brazil

July 31: lost to Germany 0-3
Aug. 1: def. Puerto Rico, 3-2
Aug. 2: def. Brazil 0-3

FIVB World Grand Prix Weekend 2

Site: Miao Li, Chinese Taipei

Aug. 7: def. Dominican Republic 3-2
Aug. 8: lost to Netherlands 2-3
Aug. 9: lost to Germany 0-3

FIVB World Grand Prix Weekend 3

Site: Bangkok, Thailand

Aug. 14: lost to Russia 1-3
Aug. 15: def. Puerto Rico 3-0
Aug. 16: lost to Thailand 2-3

Final Four Intercontinental Cup

Site: Lima, Peru

Sept. 9: lost to Brazil 2-3
Sept. 10: def. Peru 3-1
Sept. 11: lost to Dominican Republic 0-3
Sept. 12: def. Dominican Republic 3-1
Sept. 13: lost to Brazil 1-3 (gold match)

NORCECA Continental Championship

Site: Bayamon, Puerto Rico

Sept. 22: def. Mexico 3-0
Sept. 23: lost to Cuba 2-3
Sept. 24: def. Costa Rica 3-0
Sept. 25: def. Canada 3-1
Sept. 26: lost to Dominican Republic 2-3
Sept. 27: lost to Cuba 2-3 (bronze match)



U.S. WOMEN KICK OFF FALL TRAINING: A total of 17 players will be part of the U.S. Women's National Team fall training session. The session started on Oct. 12 and will go through December. Four players – outside hitter Cynthia Barboza (Long Beach, Calif.), middle blockers Christa Harmotto (Aliquippa, Pa.) and Elisha Thomas (Grass Valley, Calif.), and libero Nicole Davis (Stockton, Calif.) – will only train with the team for part of this week before transferring to their professional volleyball commitments. Other middle blockers training include Jen Joines Tamas (Milpitas, Calif.), Tracy Stalls (Denver), Alexis Crimes (Rancho Cucamonga, Calif.) and Mekana Barnes (Highlands Ranch, Colo.). The outside hitter group includes Kim Glass (Lancaster, Pa.), Angie Pressey (Lake Mary, Fla.) and Julie Rubenstein (Camarillo, Calif.). Setters in the fall training session are Courtney Thompson (Kent, Wash.), Nellie Spicer (Barrington, Ill.) and Bryn Kehoe (North Bend, Ohio). Heather Hughes (Fallbrook, Calif.) is the only opposite in training during the fall. The libero position has Stacy Sykora (Burlison, Texas) and Jessica Fine (Tarzana, Calif.) working out at American Sports Centers. U.S. Women's National Team Head Coach Hugh McCutcheon (Christchurch, New Zealand) is hopeful the current training group will expand during the second phase of the off-season training period starting in mid-January with the addition of current collegiate seniors. "We are committed to building a year-round training program for our National Team players and providing training opportunities for our elite athletes who are unable, or choose not, to compete in professional leagues during the winter months."

LOGAN TOM SCORES 21: Logan Tom (Salt Lake City, Utah) scored 21 points for Asystel Volley Novara on Oct. 10, but it was not enough in a five-set loss to Scavolini Pesaro in a SEAT Supercup 2009 first-round match. Tom connected for 19 kills on 40 attempts for a 48 kill percent. She added two blocks in the match. Tom and Asystel Volley Novara begin the Italian Serie A league schedule on Oct. 18 against Chateau d'Ax Urbino Volley.



TRIVIA QUESTIONS (answers on page 2)

1. How many 2008 U.S. Olympians will be training with the U.S. Women's National Team at the American Sports Centers in Anaheim as part of the Fall off-season training sessions?
2. Who earned the Best Spiker honor at the 2009 NORCECA Continental Championship?
3. How many different players competed for the U.S. Women's National Team during the 2009 season?

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**2008 U.S. Women's National
 Volleyball Team Schedule**
China Tour Exhibition Matches

March 21: lost to Tianjin 0-3
 March 22: lost to Tianjin 2-3
 March 24: def. China Army 3-1
 March 26: def. China Army 3-2
 March 28: def. ZheJiang 3-1
 March 29: def. ZheJiang 3-2
 April 1: lost to JiangSu 1-3
 April 2: def. JiangSu 3-0

Pan American Cup**Tijuana and Mexicali, Mexico**

May 30: lost to Dominican Republic 2-3
 May 31: def. Costa Rica 3-0
 June 1: def. Argentina 3-0
 June 2: def. Mexico 3-0
 June 3: def. Trinidad & Tobago 3-0
 June 5: lost to Puerto Rico 1-3
 June 6: def. Peru 3-0
 June 7: def. Venezuela 3-2

at Colorado Springs, Colo.

June 11: lost to Brazil 2-3
 June 13: def. Brazil 3-2
 June 14: lost to Brazil 1-4

**FIVB World Grand Prix Weekend 1
 at Kobe, Japan**

June 20: lost to Turkey 1-3
 June 21: def. Kazakhstan 3-0
 June 22: def. Japan 3-2

**FIVB World Grand Prix Weekend 2
 at Wroclaw, Poland**

June 27: def. Thailand 3-1
 June 28: def. Dominican Republic 3-0
 June 29: def. Poland 3-0

**FIVB World Grand Prix Weekend 3
 at Taipei, Chinese Taipei**

July 4: def. Poland 3-1
 July 5: def. Turkey 3-1
 July 6: lost to Italy 0-3

**FIVB World Grand Prix Finals
 at Yokohama, Japan**

July 9: lost to Brazil 0-3
 July 10: def. Japan 3-2
 July 11: lost to Cuba 2-3
 July 12: lost to Italy 1-3
 July 13: def. China 3-2

**Olympic Games
 Beijing, China**

Aug. 9: def. Japan 3-1
 Aug. 11: lost to Cuba 0-3
 Aug. 13: def. Venezuela 3-1
 Aug. 15: def. China 3-2
 Aug. 17: def. Poland 3-2
 Aug. 19: def. Italy 3-2 (quarters)
 Aug. 21: def. Cuba 3-0 (semis)
 Aug. 23: lost to Brazil (finals)

**McCUTCHEON TAKES SPOKESMAN ROLE: U.S. Women's
 National Team Head Coach Hugh McCutcheon (Christchurch, New
 Zealand) has taken on the role of spokesman for Human Option's
 2009 Men's Task Force program "100 Men, 1 Voice, 1 Campaign."**


Formed in 2004, the Men's Task Force is activated each October for Domestic Violence Awareness Month to bring attention to the damaging behavior. The group aims to bring awareness of domestic violence among men. In five years, the campaign has raised \$216,000. For more information on the campaign, visit www.humanoptions.org. As part of the Human Option's latest educational programs is the "Jason's Story" project, which focuses on teaching teenage male athletes how to understand and control their negative emotions, how to deal with their anger in non-violent ways, and how to have healthy relationships with family, friends and girlfriends. "We are trying to raise awareness and money to combat domestic violence," McCutcheon said. "We are also using Jason's Story as an educational tool to teach young men in high school

and club sports on how to deal with anger in relationships. Part of the project is to reach people at young age, bring awareness and prevent future domestic violence whenever possible."


Answers to Trivia Questions? (from page 1)

- 4 2008 U.S. Olympians are scheduled to train at some point during the team's fall training block - Nicole Davis, Kim Glass, Stacy Sykora, Jen Joines Tamas
- Nancy Metcalf
- 3 - 30

They Said It - Oct. 12, 2009

	Little Known Talent of Yours is...	Barack Obama is...	The recession is...	Brett Favre needs to...
Lindsey Berg	Dressing people	my President and went to the same high school as me (Punahou).	killing me...keep shopping!	keep skipping training camp.
Jane Collymore	that I write songs. I also make a mean chicken Lo Mein	going to the need to drink a lot of caffeine over the next term	something I hope will serve as a reminder for us all to focus on the little things in life. :)	Ha. I have no idea. I don't know him!
Courtney Thompson	I do a pretty good lizard imitation	really fun to hear speak, and someone I admire	unfortunate	laugh, a lot!

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Players Training at American Sports Centers

Below is a list of players actively training at the American Sports Centers in California as part of the U.S. Women's National Team program.

Cynthia Barboza (OH, Long Beach, Calif.) - 10/19

Mekana Barnes (MB, Highlands Ranch, Colo.)

Alexis Crimes (MB, Rancho Cucamonga, Calif.)

Nicole Davis (L, Stockton, Calif.) - 10/15

Jessica Fine (L, Tarzana, Calif.)

Kim Glass (OH, Lancaster, Pa.)

Christa Harmotto (MB, Aliquippa, Pa.) - 10/15

Heather Hughes (OPP, Fallbrook, Calif.)

Bryn Kehoe (S, North Bend, Ohio)

Angie Pressey (OH, Lake Mary, Fla.)

Julie Rubenstein (OH, Camarillo, Calif.)

Nellie Spicer (S, Barrington, Ill.)

Tracy Stalls (MB, Denver, Colo.)

Stacy Sykora (L, Burleson, Texas)

Jennifer Joines Tamas (MB, Milpitas, Calif.)

Elisha Thomas (MB, Grass Valley, Calif.) - 10/15

Courtney Thompson (S, Kent, Wash.)

Head Coach: Hugh McCutcheon

Assistant Coach: Karch Kiraly

NNAMANI HONORED BY HIGH SCHOOL ALMA

MATER: Ogonna Nnamani (Bloomington, Ill.) was honored by University High School, her prep alma mater in Normal, Ill., on Oct. 7. She was inducted into the Pioneer Hall of Fame in a pre-match ceremony as part of the school's homecoming festivities. Nnamani, a two-time Olympian who helped the U.S. Women's National Team to the 2008 Olympic Games silver medal, earned the 2000 Gatorade National High School Player of the Year award as a senior at University High. She led her prep squad to state championships in 1999 and 2000. Nnamani, who took this summer off from competition with the U.S. Women's National Team, has hopes of earning a third Olympic Games roster spot in 2012. Yet, the Stanford University graduate is also looking into attending medical school in the future.



UNDERGRADUATE COACHES:

Foluke Akinradewo (Plantation, Fla.) and Lauren Paolini (Ann Arbor, Mich.), both middle blockers with the U.S. Women's National Team this past summer, are completing their educational degrees this fall at their college alma maters. While school books are part of the routine, Akinradewo and Paolini are also in a teaching role as undergraduate student coaches with their respective college programs. Paolini is assisting University of Texas this fall, while Akinradewo is on the sidelines for Stanford University. Both programs are currently ranked among the top five of the latest American Volleyball Coaches Association top 25 poll. Texas is ranked second, while Stanford is ranked fifth.



USA Volleyball and the City of Anaheim are pleased to announce the agreement to bring the U.S. Women's National Volleyball Team to Anaheim from Colorado Springs was finalized in April 2009.

The agreement also designates Anaheim as the Exclusive Official Host City for the USA Men's and Women's National Volleyball Teams through 2016. The City of Anaheim and USA Volleyball are grateful for the support of these local sponsors who have contributed to the success of the U.S. Men's and Women's



National Teams in Anaheim: American Sports Centers; Anaheim White House; JT Schmid's Restaurant & Brewery; PepZ Pizza & Eatery; OC Sports Grill; Ruth's Chris Steak House; CIM/Anaheim; Anaheim Marriott Suites; Anaheim Marriott Hotel; B.W. Stovals Hotels; Crowne Plaza Hotel; Disneyland Resort Hotels; Doubletree Guest Suites; Embassy Suites Anaheim South; Hilton Anaheim Hotel; Red Lion Hotel Anaheim; Sheraton Anaheim; and numerous Anaheim/OC Visitor and Convention Bureau member hotels.



USA Volleyball.

2009 USA Women's National Team Results (18-14)

Date	Opponent (Record)	Result	City	Pts Leader	Attend
USOC Goodwill Tour in Egypt					
4/10	Egypt (1-0)	W, 25-14, 25-27, 25-18, 28-26	Cairo, Egypt	Harmotto - 18	NA
4/12	Egypt (2-0)	W, 25-13, 25-15, 27-25	Cairo, Egypt	Rubenstein - 16	NA
Eighth Women's Pan American Cup					
6/26	Costa Rica (3-0)	W, 25-7, 25-6, 25-16	Miami, Fla	Larson - 14	825
6/27	Guatemala (4-0)	W, 25-7, 25-12, 25-7	Miami, Fla.	Barboza, Collymore - 9	700
6/28	Mexico (5-0)	W, 25-19, 25-14, 25-11	Miami, Fla.	Metcalf - 20	1,734
6/29	Peru (6-0)	W, 25-22, 25-21, 26-24	Miami, Fla.	Larson - 14	1,389
6/30	Puerto Rico (7-0)	W, 25-15, 25-20, 24-26, 25-23	Miami, Fla.	Richards, Larson - 18	2,950
7/3	Brazil (semifinals) (7-1)	L, 25-22, 22-25, 19-25, 14-25	Miami, Fla.	Metcalf - 19	2,500
7/4	Puerto Rico (bronze) (7-2)	L, 22-25, 25-20, 21-25, 20-25	Miami, Fla.	Scott-Arruda - 14	3,000
Final Ranking: 1. Brazil; 2. Dominican Republic; 3. Puerto Rico; 4. USA ; 5. Peru; 6. Argentina; 7. Canada; 8. Costa Rica; 9. Mexico; 10. Trinidad & Tobago; 11. Guatemala					
FIVB World Championship Qualification Tournament – Third Round NORCECA Pool G					
7/6	Netherlands Antilles (8-2)	W, 25-10, 25-9, 25-5	Orlando, Fla.	Haneef-Park, Barboza - 11	1,500
7/7	Barbados (9-2)	W, 25-6, 25-11, 25-12	Orlando, Fla.	Pressey, Richards - 11	1,200
7/8	Costa Rica (10-2)	W, 25-15, 25-9, 25-15	Orlando, Fla.	Barboza, Collymore - 18	2,500
Final Ranking: 1. USA ; 2. Costa Rica; 3. Netherlands Antilles; 4. Barbados					
FIVB World Grand Prix Preliminary Rounds					
7/31	Germany (10-3)	L, 15-25, 15-25, 16-25	Rio de Janeiro, Brazil	Fawcett - 11	2,632
8/1	Puerto Rico (11-3)	W, 21-25, 20-25, 25-23, 25-14, 15-13	Rio de Janeiro, Brazil	Fawcett - 27	2,853
8/2	Brazil (11-4)	L, 18-25, 22-25, 13-25	Rio de Janeiro, Brazil	Fawcett - 11	11,922
8/7	Dominican Republic (12-4)	W, 25-18, 25-19, 23-25, 21-25, 23-21	Miao Li, Chinese Taipei	Metcalf - 20	1,700
8/8	Netherlands (12-5)	L, 25-12, 22-25, 16-25, 25-21, 13-15	Miao Li, Chinese Taipei	Fawcett, Metcalf - 14	3,000
8/9	Germany (12-6)	L, 22-25, 18-25, 25-27	Miao Li, Chinese Taipei	Akinradewo - 13	2,000
8/14	Russia (12-7)	L, 21-25, 24-26, 25-19, 17-25	Bangkok, Thailand	Metcalf - 19	3,500
8/15	Puerto Rico (13-7)	W, 25-16, 25-18, 25-22	Bangkok, Thailand	Metcalf - 12	4,000
8/16	Thailand (13-8)	L, 25-19, 20-25, 21-25, 25-23, 11-15	Bangkok, Thailand	Akinradewo - 22	4,500
Final Preliminary Ranking: 1. Brazil (9-0); 2. Netherlands (8-1); 3. China (7-2); 4. Russia (6-3); 5. Japan (5-4); 6. Germany (5-4); 7. Poland (4-5); 8. Thailand (4-5); 9. USA (3-6) ; 10. Puerto Rico (1-8); 11. Dominican Republic (1-8); 12. Korea (1-8).					
Women's Final Four Intercontinental Cup					
9/9	Brazil (13-9)	L, 12-25, 25-18, 22-25, 25-19, 13-15	Lima, Peru	Pressey - 19	2,500
9/10	Peru (14-9)	W, 25-10, 20-25, 25-14, 25-20	Lima, Peru	Pressey - 23	1,800
9/11	Dominican Republic (14-10)	L, 20-25, 19-25, 23-25	Lima, Peru	Barboza - 15	1,500
9/12	Dominican Republic (15-10)	W, 25-20, 23-25, 25-22, 26-24	Lima, Peru	Bown - 14	2,450
9/13	Brazil (15-11)	L, 17-25, 16-25, 27-25, 25-19	Lima, Peru	Bown - 19	5,000
Final Ranking: 1. Brazil; 2. USA ; 3. Dominican Republic; 4. Peru					
NORCECA Continental Championship					
9/22	Mexico (15-12)	W, 25-18, 25-10, 25-13	Bayamon, Puerto Rico	Metcalf - 11	206
9/23	Cuba (16-12)	L, 25-19, 25-16, 16-25, 26-28, 10-15	Bayamon, Puerto Rico	Metcalf - 16	2,000
9/24	Costa Rica (16-12)	W, 25-7, 25-10, 25-13	Bayamon, Puerto Rico	Barboza - 12	1,100
9/25	Canada (17-13)	W, 17-25, 25-10, 25-23, 25-21	Bayamon, Puerto Rico	Fawcett, Larson - 15	550
9/26	Dominican Republic (18-13)	L, 25-21, 24-26, 25-10, 20-25, 19-21	Bayamon, Puerto Rico	Metcalf - 25	2,500
9/27	Cuba (18-14)	L, 25-17, 25-16, 26-28, 16-25, 11-15	Bayamon, Puerto Rico	Metcalf - 17	3,000
Final Ranking: 1. Dominican Republic, 2. Puerto Rico; 3. Cuba; 4. USA ; 5. Canada; 6. Mexico; 7. Costa Rica; 8. Trinidad & Tobago					

All-Time USA Women's Indoor Volleyball Olympians

1964 (Tokyo)

5th Place

Patti Bright
Jean Gaertner
Lou Galloway
Barbara Harwerth
Linda Murphy
Gail O'Rourke
Nancy Owen
Mary Jo Peppler
Mary Perry
Sharon Peterson
Verneda Thomas
Jane Ward

Head Coach: Dr. W.P. Burroughs

Manager: Ida Litschauer

1968 (Mexico City)

8th Place

Patti Bright
Kathryn Heck
Fanny Hopeau
Ninja Jorgensen
Laurie Lewis
Miki McFadden
Marilyn McCreavy
Nancy Owen
Barbara Perry
Mary Perry
Sharon Peterson
Jane Ward

Head Coach: Harlan Cohen

1980 (Moscow)

Did Not Compete (USA Boycott)

Janet Baier
Carolyn Becker
Rita Crockett
Patty Dowdell
Laurie Flachmeier
Debbie Green
Flo Hyman
Laurel Brassey
Debbie Landreth
Diane McCormick
Terry Place
Sue Woodstra

Head Coach: Arie Selinger

Assistant Coach: Toshi Yoshida

Manager: Ruth Becker

1984 (Los Angeles)

Silver Medal

Jeanne Beauprey
Carolyn Becker
Linda Chisholm
Rita Crockett
Laurie Flachmeier
Debbie Green
Flo Hyman
Rose Magers
Kim Ruddins
Julie Vollertsen
Paula Weishoff
Sue Woodstra

Head Coach: Arie Selinger

Assistant Coach: John Corbelli

Assistant Coach: Marlon Sano

1988 (Seoul)

7th Place

Deitre Collins
Caren Kemner
Laurel Kessel
Tammy Liley
Liz Masakayan
Jayne McHugh
Melissa McLinden
Kim Oden
Keba Phipps
Kim Ruddins
Angela Rock
Liane Sato

Head Coach: Terry Liskevych

Assistant Coach: Debbie Landreth Brown

Assistant Coach: Kent Miller

1992 (Barcelona)

Bronze Medal

Janet Cobbs
Tara Cross-Battle
Lori Endicott
Caren Kemner
Ruth Lawanson
Tammy Liley
Elaina Oden
Kim Oden
Liane Sato
Paula Weishoff
Tee Williams
Yoko Zetterlund

Head Coach: Terry Liskevych

Assistant Coach: Greg Giovanazzi

Assistant Coach: Kent Miller

Technical Coordinator: David Sims

Medical Consultant: Dan McDonough

1996 (Atlanta)

7th Place

Tara Cross-Battle
Lori Endicott
Caren Kemner
Kristin Klein
Tammy Liley
Bev Oden
Elaina Oden
Danielle Scott
Paula Weishoff
Tee Williams
Elaine Youngs
Yoko Zetterlund

Head Coach: Terry Liskevych

Assistant Coach: Aldis Berzins

Assistant Coach: Jeanne Beauprey Reeves

Technical Assistant: Dave Fleming

2000 (Sydney)

4th Place

Robyn Ah Mow
Heather Bown
Tara Cross-Battle
Mickisha Hurley
Sarah Noriega
Demetria Sance
Danielle Scott
Stacy Sykora
Charlene Tagaloa
Logan Tom
Kerri Walsh
Allison Weston

Head Coach: Mick Haley

Assistant Coach: Toshi Yoshida

Assistant Coach: Jeri Estes

Technical Coordinator: Monica Paul

Trainer: Emery Hill, Jr.

Team Doctor: Dr. David Weinstein

Team Manager: Bob Gambardella

2004 (Athens)

5th Place

Robyn Ah Mow-Santos
Elisabeth Bachman
Lindsey Berg
Heather Bown
Tara Cross-Battle
Tayyiba Haneef
Nancy Metcalf
Ogonna Nnamani
Keba Phipps
Danielle Scott
Stacy Sykora
Logan Tom

Head Coach: Toshi Yoshida

Assistant Coach: Kevin Hambly

Assistant Coach: Tara Cross-Battle

Technical Coordinator: Robyn Romansky

Trainer: Emery Hill, Jr.

Team Leader: Tom Pingel

2008 (Beijing)

Silver Medal

Robyn Ah Mow-Santos
Lindsey Berg
Heather Bown
Nicole Davis
Kim Glass
Tayyiba Haneef-Park
Jennifer Joines
Ogonna Nnamani
Danielle Scott-Arruda
Stacy Sykora
Logan Tom
Kim Willoughby

Head Coach: "Jenny" Lang Ping

Assistant Coach: Sue Woodstra

Assistant Coach: Li Yong

Assistant Coach: Tom Hogan

Technical Coordinator: Diane French

Trainer: Emery Hill, Jr.

Team Leader: Joan Powell

International Volleyball Fact Sheet

Introduction: Volleyball has major international competitions every year and, at its highest level, is a physically demanding sport played by some of the world's most elite athletes. Of course, volleyball is also a popular recreational activity enjoyed by more than 38 million persons in the United States (more than any team sport but basketball) and more than 800 million persons globally, making it the world's most popular participant sport. This fact sheet is designed to provide more understanding about international volleyball and its major competitions, including the Olympic Games.

International Governing Body: The international governing body for volleyball is the Federation Internationale de Volleyball (FIVB), headquartered in Lausanne, Switzerland. The FIVB is the world's largest sports federation, with more than 200 member nations. Under the direction of its president, Dr. Ruben Acosta of Mexico, the FIVB oversees the administration of volleyball throughout the world and is responsible for producing several major events, including the Olympic Games, World Championships, World Cup, World League and World Grand Prix.

National Governing Body: The national governing body (NGB) for volleyball in the United States is USA Volleyball, formerly known as the United States Volleyball Association. Founded in 1928, USA Volleyball is responsible for the administration of all forms of volleyball in the United States, including producing the annual USA Open Volleyball Championships, Junior Olympic Championships and the USA Outdoor National Championships. As mandated by the 1978 Amateur Sports Act, USA Volleyball is responsible to the U.S. Olympic Committee (USOC) and the FIVB for training and nominating the teams which represent the United States in the Olympic Games and other important volleyball competitions worldwide.

Major Competitions: The four major events on the international volleyball calendar are the Olympic Games (men and women, indoor and beach), World Championships (men and women, indoor and beach), World Cup (men and women, indoor), World League (men, indoor) and World Grand Prix (women, indoor). All events are conducted quadrennially, with the exceptions of the annual World League/Grand Prix and the biennial Beach World Championships.

World Rankings: Following the decision of the FIVB Board of Administration, a new system of point attribution based on a new scale has been implemented for the FIVB World Ranking of Volleyball National Teams. The following competitions are now included:

- Senior World Championships included for four years - 25 percent reduction each year. Points are also granted for the qualification matches, to the best non-qualified teams.
- Olympic Games included for four years - 25 percent reduction each year. Points are also granted for the qualification matches, to the best non-qualified teams.

- World Cup included for two years - 50 percent reduction the second year.
- Senior Continental Championships included for two years - 50 percent reduction the second year; points are also granted for the qualification matches to the best non-qualified teams.
- Men's World League / Women's World Grand Prix included for one year.

Top 40 teams in the FIVB World Ranking:

Women (Points)

1. Brazil (255)
2. USA (170)
3. China (154)
4. Russia (151)
- 5T. Cuba (145)
- 5T. Italy (145)
7. Japan (128)
8. Serbia (123)
9. Poland (71)
10. Netherlands (66.5)
11. Germany (64.5)
12. Korea (38)
13. Kazakhstan (32.5)
14. Dominican Republic (30)
15. Kenya (29.5)
16. Peru (29)
17. Thailand (28)
18. Puerto Rico (26)
19. Algeria (22)
20. Turkey (20.5)
21. Chinese Taipei (20)
22. Egypt (18)
23. Canada (16.5)
- 24T. Cameroon (16)
- 24T. Venezuela (16)
- 26T. Azerbaijan (15)
- 26T. Mexico (15)
28. Tunisia (14.5)
29. Uruguay (14)
30. Costa Rica (13)
31. Argentina (10.5)
32. Senegal (8)
- 33T. Belgium (7.5)
- 33T. Bulgaria (7.5)
35. France (7)
- 36T. Australia (6.5)
- 36T. Czech Republic (6.5)
- 36T. South Africa (6.5)
39. Croatia (6)
- 40T. Romania (5.5)
- 40T. Slovakia (5.5)
- 40T. Ukraine (5.5)

Men (Points)

1. Brazil (235)
2. Russia (185)
3. USA (178)
4. Bulgaria (130.5)
5. Serbia (117)
6. Italy (111)
7. Poland (94.5)
8. China (66.5)
9. Argentina (58.5)
10. Puerto Rico (51)
11. Spain (49)
12. Japan (45)
13. Cuba (44)
14. Germany (42)
- 15T. Australia (38.5)
- 15T. Venezuela (38.5)
17. France (34.5)
18. Egypt (31.5)
19. Korea (29)
20. Tunisia (28.5)
21. Canada (26.5)
22. Finland (22)
23. Cameroon (18)
24. Iran (17)
25. South Africa (15)
26. Netherlands (14.5)
27. Czech Republic (13.5)
28. Paraguay (12)
29. Greece (11.5)
- 30T. Kazakhstan (10.5)
- 30T. Portugal (10.5)
- 32T. Chile (10)
- 32T. Thailand (10)
34. Barbados (9.5)
35. Mexico (9)
- 36T. Colombia (8.5)
- 36T. Trinidad & Tobago (8.5)
- 38T. Chinese Taipei (8)
- 38T. Dominican Republic (8)
- 38T. Indonesia (8)
- 38T. Turkey (8)

Olympic Games: Volleyball made its debut in the 1964 Olympics in Tokyo. Twelve teams in both the men's and women's draw earn the right to compete:

Past Olympic Champions (Men)

1964: Soviet Union (USA, ninth)
1968: Soviet Union (USA, seventh)
1972: Japan, (USA, DNQ)
1976: Poland (USA, DNQ)
1980: Soviet Union (USA, DNQ)
1984: USA
1988: USA
1992: Brazil (USA, third)
1996: Netherlands (USA, ninth)
2000: Yugoslavia (USA, 11th)
2004: Brazil (USA, fourth)
2008: USA

Past Olympic Champions (Women)

1964: Japan (USA, fifth)
1968: Soviet Union (USA, eighth)
1972: Soviet Union (USA, DNQ)
1976: Japan (USA, DNQ)
1980: Soviet Union (USA, DNP)
1984: China (USA, second)
1988: Soviet Union (USA, seventh)
1992: Cuba (USA, third)
1996: Cuba (USA, seventh)
2000: Cuba (USA, fourth)
2004: China (USA, fifth)
2008: Brazil (USA, second)

World Championships: The World Championships are held every four years in the second year after the Olympics. The site, usually separate for the men's and women's competitions, is determined by the FIVB based on bids received from interested cities. The 24 berths for the men and women are gained in the following manner (2006 information is provided in parenthesis where available):

- Host country
- Defending World Champions
- FIVB determined the appropriate number of qualification spots for each continent/zone based on performance at the 2002 World Championships and the number of teams registered for the 2006 World Championships. Each continent/zone played a World Championships Qualification Tournament in early 2002.

Past World Champions (Men)

1949: Soviet Union (USA, DNP)
1952: Soviet Union (USA, DNP)
1956: Czechoslovakia (USA, sixth)
1960: Soviet Union (USA, seventh)
1962: Soviet Union (USA, DNP)
1966: Czechoslovakia (USA, 11th)
1970: East Germany (USA, 18th)
1974: Not held
1978: Soviet Union (USA, 19th)
1982: Soviet Union (USA, 13th)
1986: USA
1990: Italy (USA, 13th)
1994: Italy (USA, third)
1998: Italy (USA, ninth)
2002: Brazil (USA, ninth)
2006: Brazil (USA, 10th)

Past World Champions (Women)

1952: Soviet Union (USA, DNP)
1956: Soviet Union (USA, ninth)
1960: Soviet Union (USA, sixth)
1962: Japan (USA, DNP)
1966: Japan (USA, second)
1970: Soviet Union (USA, 11th)
1974: Japan (USA, 12th)
1978: Cuba (USA, fifth)
1982: China (USA, third)
1986: China (USA, 10th)
1990: Soviet Union (USA, third)
1994: Cuba (USA, sixth)
1998: Cuba (USA, 13th)
2002: Italy (USA, second)
2006: Russia (USA, ninth)

World Cup: The World Cup is held every four years, in the year prior to the Olympic Games. Though originally held at various sites, it has been hosted by Japan since 1977. Prior to 1991, the World Cup took place in the year immediately following the Olympics. The 12 berths in the World Cup for men and women are gained in the following manner:

- Host country (Japan- Men and Women)
- Defending World Cup champion
- Winners of the five zone championships
- The highest-placed team (of each zone) not qualified for the Olympic Games in accordance with the ranking of the zone championships.

Past World Cup Champions (Men)

1965: Soviet Union (USA, DNP)
1969: East Germany (USA, DNP)
1973: Soviet Union (USA, seventh)
1977: Soviet Union (USA, 10th)
1981: Soviet Union (USA, DNQ)
1985: USA
1989: Cuba (USA, fourth)
1991: Soviet Union (USA, third)
1995: Italy (USA, fourth)
1999: Russia (USA, fourth)
2003: Brazil (USA, fourth)
2007: Brazil (USA, fourth)

Past World Cup Champions (Women)

1973: Soviet Union (USA, sixth)
1977: Japan (USA, seventh)
1981: China (USA, fourth)
1985: China (USA, DNQ)
1989: Cuba (USA, DNQ)
1991: Cuba (USA, fourth)
1995: Cuba (USA, seventh)
1999: Cuba (USA, ninth)
2003: China (USA, third)
2007: Italy (USA, third)

Zone Championships: The volleyball world is divided into five international zones. The United States is in the NORCECA (North America Central America Caribbean) Zone, with championships held every other year at various sites. The other zones are Europe, Asia, Africa and South America. The frequency of zone championships competition varies in each of the five sections. Any nation in a particular zone may participate in its zone championships whenever such a competition is conducted.

Past NORCECA Champions (Men)

1969: Cuba (USA, third)
1971: Cuba (USA, second)
1973: USA
1975: Cuba (USA, third)
1977: Cuba (USA, fifth)
1979: Cuba (USA, fifth)
1981: Cuba (USA, second)
1983: USA
1985: USA
1987: Cuba (USA, second)
1989: Cuba (USA, third)
1991: Cuba (USA, second)
1993: Cuba (USA, second)
1995: Cuba (USA, second)
1997: Cuba (USA, second)
1999: USA
2001: Cuba (USA, second)
2003: USA
2005: USA
2007: USA

Past NORCECA Champions (Women)

1969: Mexico (USA, bronze)
1971: Mexico (USA, DNP)
1973: Cuba (USA, third)
1975: Cuba (USA, second)
1977: Cuba (USA, third)
1979: Cuba (USA, second)
1981: USA
1983: USA
1985: Cuba (USA, second)
1987: Cuba (USA, second)
1989: Cuba (USA, third)
1991: Cuba (USA, second)
1993: Cuba (USA, second)
1995: Cuba (USA, second)
1997: Cuba (USA, second)
1999: Cuba (USA, second)
2001: USA
2003: USA
2005: USA
2007: Cuba (USA, second)
2009: Dominican Republic (USA, fourth)

World League and World Grand Prix: The World League features the top 12 men's volleyball teams in the world in competition for a total purse that has grown to \$15 million since the inaugural season in 1990. Teams are divided into three, four-team pools and each country playing the other teams in their pool four times (twice at home, twice on the road). The winner and runner-up in each pool advance to a seeded playoff round. The regular season is usually played in May and June with playoffs in early July.

The World Grand Prix is the women's counterpart to the World League, and offers a total purse of \$2 million to its 12-team field. Teams play in different four-team pools each weekend, at round-robin tournaments hosted by cities throughout Asia. The three teams with the best records join the host country for the Grand Prix Finals. The regular season is played in August and early-September with playoffs in mid-September.

World League Champions

1990: Italy (USA, fourth in pool)
1991: Italy (USA, third in pool)
1992: Italy (USA, first in pool, third overall)
1993: Brazil (USA, fifth in pool)
1994: Italy (USA, fourth in pool)
1995: Italy (USA, fourth in pool)
1996: Netherlands (USA, DNP)
1997: Italy (USA, DNP)
1998: Cuba (USA, DNP)
1999: Italy (USA, DNP)
2000: Italy (USA, first in pool, sixth overall)
2001: Brazil (USA, third in pool, tied-ninth overall)
2002: Russia (USA, DNP)
2003: Brazil (USA, DNP)
2004: Brazil (USA, DNP)
2005: Brazil (USA, DNP)
2006: Brazil (USA, third in pool)
2007: Brazil (USA, third in finals)
2008: USA
2009: Brazil (USA, sixth)

World Grand Prix Champions

1993: Cuba (USA, seventh regular season)
1994: Brazil (USA, fifth regular season)
1995: USA
1996: Brazil (USA, fifth)
1997: Russia (USA, eighth)
1998: Brazil (USA, eighth)
1999: Russia (USA, DNP)
2000: Cuba (USA, sixth)
2001: USA
2002: Russia (USA, sixth)
2003: China (USA, third)
2004: Brazil (USA, third)
2005: Brazil (USA, eighth)
2006: Brazil (USA, seventh)
2007: Netherlands (USA, eighth final, seventh preliminary)
2008: Brazil (USA, fourth)
2009: Brazil (USA, ninth)