

Quick Team Information

Current World Ranking: 2nd
Head Coach: Hugh McCutcheon
2009 Record: 18-14
2008 Record: 22-11
Assistant Coach: Karch Kiraly
Asst Coach/Technical Coordinator:
Jamie Morrison

U.S. Women's National Volleyball Team Weekly Update

Dec. 8, 2009

Additional Team USA Facts

USA Volleyball CEO: Doug Beal
Training Site: Anaheim, Calif.
Media Contact: Bill Kauffman
Phone: 719-228-6800
E-Mail: bill.kauffman@usav.org
Web Site: www.usavolleyball.org
Confederation: NORCECA

2009 U.S. Women's National Volleyball Team Schedule

Egypt Tour

Site: Cairo, Egypt

April 10: def. Egypt 3-1
April 12: def. Egypt 3-0

Pan American Cup

Site: Miami, Fla.

June 26: def. Costa Rica 3-0
June 27: def. Guatemala 3-0
June 28: def. Mexico 3-0
June 29: def. Peru 3-0
June 30: def. Puerto Rico 3-1
July 3: lost to Brazil 1-3
July 4: lost to Puerto Rico 1-3

FIVB World Championship Third Round - NORCECA Qualification

Site: Orlando, Fla.

July 6: def. Netherlands Antilles 3-0
July 7: def. Barbados 3-0
July 8: def. Costa Rica 3-0

FIVB World Grand Prix Weekend 1

Site: Rio de Janeiro, Brazil

July 31: lost to Germany 0-3
Aug. 1: def. Puerto Rico, 3-2
Aug. 2: def. Brazil 0-3

FIVB World Grand Prix Weekend 2

Site: Miao Li, Chinese Taipei

Aug. 7: def. Dominican Republic 3-2
Aug. 8: lost to Netherlands 2-3
Aug. 9: lost to Germany 0-3

FIVB World Grand Prix Weekend 3

Site: Bangkok, Thailand

Aug. 14: lost to Russia 1-3
Aug. 15: def. Puerto Rico 3-0
Aug. 16: lost to Thailand 2-3

Final Four Intercontinental Cup

Site: Lima, Peru

Sept. 9: lost to Brazil 2-3
Sept. 10: def. Peru 3-1
Sept. 11: lost to Dominican Republic 0-3
Sept. 12: def. Dominican Republic 3-1
Sept. 13: lost to Brazil 1-3 (gold match)

NORCECA Continental Championship

Site: Bayamon, Puerto Rico

Sept. 22: def. Mexico 3-0
Sept. 23: lost to Cuba 2-3
Sept. 24: def. Costa Rica 3-0
Sept. 25: def. Canada 3-1
Sept. 26: lost to Dominican Republic 2-3
Sept. 27: lost to Cuba 2-3 (bronze match)



U.S. WOMEN NEARING END OF FALL TRAINING SESSION:

The U.S. Women's National Team has 17 players taking part in the fall training session and continue to show improvements as they are being put to the test by U.S. Women's National Team Head Coach Hugh McCutcheon (Christchurch, New Zealand) and his coaching staff. The session started on Oct. 12 and will go through December at the team's training headquarters – the American Sports Centers in Anaheim, Calif. Training sessions, generally starting at 9:30 a.m. to noon Monday



through Thursday, are open to the public at no cost. On Fridays, the team has weights and either an indoor or beach training session. Middle blockers training include Jen Joines Tamas (Milpitas, Calif.), Tracy Stalls (Denver), Alexis Crimes (Rancho Cucamonga, Calif.), Mekana Barnes (Highlands Ranch, Colo.) and Cheryl Weaver (Washington, D.C.). The outside hitter group includes Angie Pressey (Lake Mary, Fla.), Julie Rubenstein (Camarillo, Calif.) and Katie Kimmich (Lakeside, Calif.), who previously played for Team USA as Katie Wilkins. Setters in the fall training

session are Courtney Thompson (Kent, Wash.), Nellie Spicer (Barrington, Ill.) and Bryn Kehoe (North Bend, Ohio). Heather Hughes (Fallbrook, Calif.) and Nicole Fawcett (Zanesfield, Ohio) are taking training reps at opposite during the fall training period. The libero position has Stacy Sykora (Burlison, Texas), Jessica Fine (Tarzana, Calif.), Holly Benson (Colorado Springs, Colo.) and Jaimi Gregory (Westminster, Calif.) working out at American Sports Centers. McCutcheon is hopeful the current training group will expand during the second phase of the off-season training period starting in mid-January with the addition of current collegiate seniors.



TOM, ASYSTELE VOLLEY NOVARA: Logan Tom (Salt Lake City, Utah), a three-time Olympian and member of the 2008 U.S. Olympic Games silver medal roster, is competing for Asystel Volley Novara in the Italian Serie A professional league this winter. Novara picked up two five-set victories this past week in two separate events. Novara opened CEV Indesit Champions League play with a 25-17, 25-27, 25-20, 18-25, 15-10 victory over Russia's Zarechie Odintsovo on Dec. 3. Tom notched 23 points in the victory as she collected 21 kills on 46 attempts and two blocks. Novara attempts to go 2-0 in Champions League first-round pool play on Dec. 10 against Romania's Metal Galati. The Champions League pool play is a home-and-home round robin format among the four teams in each pool. Novara returned to the court on Dec. 6 in Italian Serie A League competition and needed to overcome a 2-1 deficit to defeat 25-17, 19-25, 19-25, 29-27, 15-11 Yamamay Busto Arsizio. Tom charted a match-high 30 points in the victory as she pocketed 22 kills on 55 attempts, a match-high six blocks and two aces. Further, she had a 74 percent positive service reception. The victory evened Novara's record to 4-4 on the season with 10 points for ninth place. Novara's next Italian Serie A match is on Dec. 13 against Perugia, which is one point ahead in the standings and tied for sixth place.



TRIVIA QUESTIONS (answers on page 3)

1. For what organization did U.S. Women's National Team Assistant Coach/Technical Coordinator Jamie Morrison intern for in its public relations office?
2. Which current U.S. Women's National Team player earned Best Attacker at the 2005 FIVB Women's Junior World Championship?
3. Which U.S. Women's National Team player was honored as the 2002 AVCA Division I National Freshman of the Year?

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Players Training at American Sports Centers

Below is a list of players actively training at the American Sports Centers in California as part of the U.S. Women's National Team program.

Mekana Barnes (MB, Highlands Ranch, Colo.)
Holly Benson (L, Colorado Springs, Colo.)
Alexis Crimes (MB, Rancho Cucamonga, Calif.)
Nicole Fawcett (OPP, Zanesfield, Ohio)
Jessica Fine (L, Tarzana, Calif.)
Jaimi Gregory (L, Westminster, Calif.)
Heather Hughes (OPP, Fallbrook, Calif.)
Bryn Kehoe (S, North Bend, Ohio)
Katie Wilkins Kimmich (OH, Lakeside, Calif.)
Angie Pressey (OH, Lake Mary, Fla.)
Julie Rubenstein (OH, Camarillo, Calif.)
Nellie Spicer (S, Barrington, Ill.)
Tracy Stalls (MB, Denver, Colo.)
Stacy Sykora (L, Burleson, Texas)
Jennifer Joines Tamas (MB, Milpitas, Calif.)
Courtney Thompson (S, Kent, Wash.)
Cheryl Weaver (MB, Washington, D.C.)

Head Coach: Hugh McCutcheon
Assistant Coach: Karch Kiraly



International Transfers for USA Players

Abrahamson, Laurel (C.V. Cuesta Piedra, Spain)
Adams, Kimberly (Voley Murcia, Spain)
Andreyko, Diana (Hainaut Volley, Japan)
Anglin, Keri (VBC Glarona, Switzerland)
Arrington, Patrice (VC Igtisadchi Baku, Azerbaijan)
Barboza, Cynthia (Toray Volleyball Team, Japan)
Barrera, Jessica (OK Koper, Slovenia)
Baumstark, Jamie (VBC Biel - Bienne, Switzerland)
Bayley, Jacqueline (OK Galeb, Bar, Montenegro)
Beck, Carrie (CV Benidorm, Spain)
Beck, Morgan (Anorthosis Famagustus, Cyprus)
Berg, Lindsey (Villa Cortese, Italy)
Bible, Amanda (OK Koper Volleyball, Slovenia)
Blum, Tiffany (Zok Matija Mesic Club, Croatia)
Bown, Heather (Giannino Pieralisi Volley, Italy)
Brown, Emily (Nantes Atlantique, France)
Brown, Victoria (Club Voleibol Haro, Spain)
Buteyn, Lindsey (VC Tirol, Austria)
Cahill, Stephanie (Franches-Montagnes, Switzerland)
Cmaylo, Anna (Sparkasse Klagenfurt, Austria)
Copenhagen, Diane (Heutink Pollux, Netherlands)
Daley, Allison (Club Voleibol R.H. Las Palmas, Spain)
Davis, Nicole (Evergrande Volleyball Club, China)
Day, Emily (Franches - Montagnes, Switzerland)
Deesing, Alesha (Xacobeo Zolo Ribeira Sacra, Spain)
DeKiewiet, Jamie (HPK Naiset, Finland)
DeTurk, Lauren (Franches-Montagnes, Switzerland)
Dyer, Alexandra (VC Tirol Innsbruck, Austria)
Eddins, Stefani (A.D. Algar Surmenor, Spain)
Evers, Whitney (Volley Dudingen, CH, Switzerland)
Ford, Lauren (Finestrat, Spain)
Gerling, Rachel (VC Tirol Innsbruck, Austria)
Glass, Kim (VK Prostějov, Czech Republic)
Gregory, Kari Ann (Franches-Montagnes, Switzerland)
Griffin, Allie (Fabasoft Linz, Austria)
Griffin, Maggie (Heutink Pollux, Netherlands)

(CONTINUED ON PAGE 3 SIDEBAR)

BERG PUSHING ITALIAN TEAM: Lindsey Berg (Honolulu), a setter on the 2008 U.S. Olympic Team which won the silver medal in Beijing, is playing for MC-Carnaghi Villa Cortese of the Italian Serie A professional league this winter. Cortese came through with a big win on Dec. 6 as it defeated Scavolini Pesaro 25-22, 14-25, 26-24, 19-25, 15-12 to improve to 6-2 on the season. Berg set Cortese to a 40 percent kill ratio for the match while adding a block as her only individual point. Cortese won despite its 35 hitting errors and Pesaro in system most of the match as it had a 52 excellent reception percent (71 positive percent). The victory enabled Cortese to move into third place with 17 points, just one point out of a tie for first place. Cortese faces Monte Schiavo Banca Marche Jesi, one of the two teams tied for first place, on Dec. 13 in another big test of the early Italian Serie A schedule. To follow Berg throughout the season, check out her blog at <http://lindseyberg.blogspot.com/>.



BOWN, JESI ON TOP OF ITALIAN LEAGUE: Heather Bown (Yorba Linda, Calif.), a three-time Olympian with the U.S. Women's National Team, is competing for Monte Schiavo Banca Marche Jesi in the Italian Serie A professional league. Over the past weekend, Jesi entered its Dec. 3 match against second-place Foppapedretti Bergamo as the top team in the Italian Serie A standings. Bown scored 12 kills on 23 attempts with just one error for a .478 hitting efficiency and 52 kill percent. However, Bergamo topped Jesi 26-24, 25-20, 25-22 to bring both teams into a tie for first place with 18 points. Jesi, which lost for the first time this season in eight contests, returns to the court against third-place MC-Carnaghi Villa Cortese on Dec. 13.

RICHARDS HELPING OMICHKA TO RUSSIAN LEAD: Kristin Richards (Orem, Utah), an outside hitter and 2008 U.S. Olympic Team alternate, is playing in the Russia Super League for a third year in a row – this time with Omichka in Omsk. On Dec. 5, Richards helped her team to a hard-fought 26-28, 25-15, 21-25, 25-20, 15-10 victory over Universitet-Tekhnolog. Richards produced 16 points in the victory with 13 kills on 38 attempts and three aces. She added a 28 service receptions with a 64 percent positive and 39 percent excellent on reception. Omichka takes on Dinamo Krasnodar on Dec. 12 in its next Russia Super League match.



NNAMANI, GLASS PACING PROSTEJOV IN CZECH REPUBLIC: Ogonna Nnamani (Bloomington, Ill.) and Kim Glass (Lancaster, Pa.) continue to lead their Czech Republic professional team Prostějov to an 11-0 start. Prostějov defeated second-place Sokol Frydek Mistek 25-21, 22-25, 25-11, 25-17 on Dec. 5. Nnamani scored a team-high 20 points with 17 kills on 34 attacks, two blocks and an ace. Glass chipped in 11 points with eight kills and three aces. Up next for Prostějov in the Czech Republic league is SCM-CVS-JYK on Dec. 13. The Champions

League pool play is a home-and-home round robin format among the four teams in each pool. Earlier in the week, Prostějov lost to Turkey's Fenerbahce Acibadem 25-18, 25-11, 25-21 on Dec. 3 to start CEV Indesit Champions league competition. Nnamani was credited with 10 points in the loss, while Glass added five points. Prostějov takes on Poland's Aluprof Bielsko-Biala on Dec. 9 in its second match of Pool C Champions League play.

VOLLEY-TWEETS

Kristin Richards (Dec. 3, 2009): "We've got Belgorod on Saturday which should be fun because I played there my first pro season in Russia in 07'... excited to see all my old buddies. Then headed to Israel on Sunday for a few days go get a new Russian visa? Should be an adventure!"

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International Transfers for USA Players

(CONTINUED FROM PAGE 2 SIDEBAR)

Haas, Emily (Zenski Odbojkaski Klub Dubrovnik, Croatia)
Hall, Kiley (Cossonay Volleyball Club, Switzerland)
Hampton, Maurelle (Lindesberg Volley BK, Sweden)
Harmotto, Christa (Evergrande Volleyball Club, China)
Harry, Tasha (Dresdner SC, Germany)
Hart, Katherine (Zok Matija Mesic Club, Croatia)
Hart, Theresa (Zok Matija Mesic Club, Croatia)
Hartmann, Rachel (Neuchatel Universite Club, Switzerland)
Heler, Jacqueline Victoria (VBC Fribourg, Switzerland)
Hilbers, Johanna (Poitiers Volleyball Club, France)
Hood, Regan (ASPTT Mulhouse, France)
Hubbard, Atlee (Voley Murcia, Spain)
Jackson, Elizabeth (VBC Val-de-Travers, Switzerland)
Jenkins, Benavia (C.V. RH Las Palmas, Spain)
Karpia, Beth (VBC Koniz, Switzerland)
Kearney, Linzy (Marq-en-Baroeul, France)
Kelley, Kristin (Franches-Montagnes, Switzerland)
Larson, Jordan (VC Dinamo, Kazan, Russia)
Lebeda, Kori (Voley Murcia, Spain)
Livingston, Sherisa (Panellinios A.C., Greece)
Lott, Erica (PaKa, Finland)
Magee, Brandy (Pieksamaki, Finland)
Mancuso, Danielle (Dresdner SportClub 1898, Germany)
Martin, Kristina (CV Benidorm, Spain)
Matic, Crystal (CV Tenerife, Spain)
Maurer, Brynn (Alemannia Aachen, Germany)
McCutcheon, Katie (Zenski Odbojkaski Klub Dubrovnik, Croatia)
McNamee, Candace (Le Cannet-Rocheville, France)
McNatt, Therese (Nova KBM Branik, Slovenia)
Metcalf, Nancy (Minas Tennis Club, Brazil)
Mondizet, Kristin (Franches-Montagnes, Switzerland)
Moore, Rebecca (TI-Volley, Austria)
Mustacchio, Darshaya (SSV Ulm 1846, Germany)
Nash, Christina (Toggenburg/KSV Wattwil, Switzerland)
Nnamani, Ogbonna (VK Prostějov, Czech Republic)
Nyrop, Jessica (Franches-Montagnes, Switzerland)
Nzenwa, Queen (Club Volleyball Haro, Spain)
O'Connor, Erin (Kuusamon Pallo-Karhut, Finland)
Odion, Stella (SV Schwechat Post Volley, Austria)
Olsovsky, Kathleen (Habarovsk, Russia)
Orchard, Ellen (VC Kanti Schaffhausen, Switzerland)
Palmer, Crystal (Lindesberg Volley BK, Sweden)
Phillips, Lindsay (VC "Azerall" Baku, Azerbaijan)
Piccolini, Lindsay (Somero, Finland)
Richards, Kristin (Spartak Omsk, Russia)
Rogers, Tess (Oriveden Ponnitus, Finland)
Russell, Kelly (Sagres NVC Volleyball, Switzerland)
Sentfleben, Jennifer (VBC Glaronia, Switzerland)
Serna, Stephanie (OK Tabor Maribor, Slovenia)
Shaw, Sheila (Rote Raben Vilsbiburg, Germany)
Simpson, Jaclyn (AEK, Cyprus)
Slack, Brigitte (SVS Sinsheim, Germany)
Speer, Christina (Aachener TSV Alemannia Aachen, Germany)
Stalzer, Lindsay (CV Finestrat, Spain)
Stidham, Melissa (PislaPloki, Finland)
Stovall, Desma (Terville - Florange O.C., France)
Swarbrick, Jessica (Xacobeo Zolo Ribeira Sacra, Spain)
Sutherland, Devon (Franches-Montagnes, Switzerland)
Thomas, Elisha (VC "Azerall" Baku, Azerbaijan)
Thompson, Tori (A.D. Algar Surmenor, Spain)
Todd, Jennifer (Istres Ouest Provence, France)
Tom, Logan (Asystel Volley S.P.A., Italy)
Toone, Emillie (OK Kamnik, Slovenia)
Turner, Whitney (Sinsheim, Germany)
Uhl, Kara (Karsiyaka Spor Kulubu, Turkey)
Vatterrodt, Katherine (Lyon Saint Fons, France)
Verdin, Quincy (OK Tabor Maribor, Slovenia)
Waller, Erin (Sm' Aesch Pfeffingen, Switzerland)
Webster, Addie (VC Tirol, Austria)
Weider, Katherine (ASA Beer Sheva, Israel)
Williams, Sherri (CV Tenerife, Canary Islands)
Wilson, Makare (Spes S.s.d.p.a., Italy)
Wise, Bonita (LP Kangasala, Finland)
Yanchulova, Petia (Kanti Schaffhausen, Switzerland)



BARBOZA STARTS PROFESSIONAL CAREER: Cynthia Barboza (Long Beach, Calif.), an outside hitter with the U.S. Women's National Team and alternate on both the 2004 and 2008 Olympic Games rosters, helped her Japan V-League professional team Toray to a split of matches this past weekend. On Dec. 5, Barboza came off the bench in the second set and started in the third set as she tallied eight kills on 14 errorless attempts in a 25-21, 25-21, 25-15 victory over Pioneer. Barboza scored 15 kills on 36 attempts with only two errors in a starting role against NEC, but the effort came up short as NEC came back from a two-set deficit to win 15-25, 22-25, 25-19, 25-22, 15-11. Toray, now 2-2 on the season and in third place in the eight-team Japan V-League, faces Toyota on Dec. 12 and Denso on Dec. 13 at Shiga, Japan.

DAVIS, HARMOTTO WITH LANG PING: Nicole Davis (Stockton, Calif.), the libero on the 2008 U.S. Olympic Team that won the silver medal, and Christa Harmotto (Aliquippa, Pa.) are playing for Guangdong Hengda in the Chinese Professional League under the direction of "Jenny" Lang Ping, who served as head coach for Team USA at the 2008 Olympic Games. The squad moved to 3-0 on the young season as it swept Yun Nan. Although statistics for the match are unavailable, Davis reported that both she and Harmotto played well in the victory. The squad plays its first home match of the season on Dec. 12.



METCALF GEARING UP FOR BRAZIL START: Nancy Metcalf (Hull, Iowa), a member of the 2004 U.S. Olympic Games roster, is in Brazil getting ready for the start of the Brazilian Superliga. Metcalf is playing for Usiminia/Minas in 2009-2010. Her squad starts league action on Dec. 10 against Macae Sports, followed by a Dec. 12 match against Unilever. Metcalf was the leading scorer for the U.S. Women's National Team this summer with 301 points in 79 sets played. Last year, Metcalf was a key member of Eczacibasi Zentiva in the Turkish professional league which finished as the runner-up in the postseason tournament.

Answers to Trivia Questions? (from page 1)

1. Jamie Morrison interned with the San Francisco 49ers of the National Football League (NFL)
2. Alexis Crimes earned Best Attacker during the 2005 FIVB Women's Junior World Championship
3. Kim Glass earned the 2002 AVCA Division I National Freshman of the Year while competing at University of Arizona

City of Anaheim Official Host City of U.S. Women's National Team

USA Volleyball and the City of Anaheim are pleased to announce the agreement to bring the U.S. Women's National Volleyball Team to Anaheim from Colorado Springs was finalized in April 2009. The agreement also designates Anaheim as the Exclusive Official Host City for the USA Men's and Women's National Volleyball Teams through 2016. The City of Anaheim and USA Volleyball are grateful for the support of these local sponsors who have contributed to the success of the U.S. Men's and Women's National Teams in Anaheim: American Sports Centers; Anaheim White House; JT Schmid's Restaurant & Brewery; PepZ Pizza & Eatery; OC Sports Grill; Ruth's Chris Steak House; CIM/Anaheim; Anaheim Marriott Suites; Anaheim Marriott Hotel; B.W. Stovalls Hotels; Crowne Plaza Hotel; Disneyland Resort Hotels; Doubletree Guest Suites; Embassy Suites Anaheim South; Hilton Anaheim Hotel; Red Lion Hotel Anaheim; Sheraton Anaheim; and numerous Anaheim/OC Visitor and Convention Bureau member hotels.



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2010 U.S. Women's National Volleyball Team Schedule

Pan American Cup

Site: Mexico

June 10-20: Opponents TBA

FIVB World Grand Prix Weekend 1

Site: Poland

Aug. 6-8: Poland, Germany, Dominican Republic

FIVB World Grand Prix Weekend 2

Site: Thailand

Aug. 13-15: Thailand, Italy, Puerto Rico

FIVB World Grand Prix Weekend 3

Site: Hong Kong

Aug. 20-22: China, Germany, Thailand

FIVB World Grand Prix Final Round

Site: Ningbo, China

Aug. 25-29: Top 5 Teams plus China

Final Four Intercontinental Cup

Site: TBA

Sept. 19-27: TBA

FIVB World Championship First Round

Site: Matsumoto, Japan

Oct. 29: vs. Thailand

Oct. 30: vs. Croatia

Oct. 31: vs. Germany

Nov. 2: Kazakhstan

Nov. 3: vs. Cuba

NATIONAL TEAM AUTOGRAPH SIGNING: Join Mizuno and USA Volleyball for a free autograph session on Saturday, Dec. 12, with the nation's best volleyball players – members of both the U.S. Women's and Men's National Teams. The autograph session takes place at the Team Sports Superstore located inside the American Sports Centers (1500 S. Anaheim, Blvd., Anaheim, Calif. 92805) from noon to 1 p.m. The first 250 autograph seekers will receive a free Mizuno gift (limit one per person). This event is co-presented by Mizuno, USA Volleyball, Southern California Volleyball Association, American Sports Centers and Team Sports Superstore. The SCVA will be hosting its Boys' Classic Tournament during the weekend of Dec. 12 at the American Sports Centers, the training headquarters for both the U.S. Women's and Men's National Volleyball Teams.



U.S. WOMEN'S NATIONAL TEAM OPEN TRYOUTS: USA Volleyball will hold its annual open tryouts for the U.S. Women's National Team and Associated Training Programs Feb. 19-21, 2010, at the U.S. Olympic Training Center (USOTC) in Colorado Springs, Colo. Hugh McCutcheon, the U.S. Women's National Team Head Coach, will lead the evaluation process for the tryout. The online tryout registration, which must be completed by Jan. 14, 2010, can be found by visiting <http://usavolleyball.allregistrations.com/VolunteerDetail.aspx/2010WomensNationalTeamTryoutRegistration>. Upon confirmation of registration, tryout participants will receive and must complete additional USOTC forms to be fully enrolled in the tryout. As part of the tryout, athletes will compete for spots on the U.S. Women's Volleyball National Team program and the U.S. Women's Senior A2 teams.

The U.S. Women's National Team program is open to athletes who have concluded their college eligibility and who wish to train full-time. This program could begin as early as February 2010, or when an athlete's scholastic or professional club season has concluded. Athletes who will have remaining collegiate eligibility may still participate in the program with participation beginning May 2010 or when their scholastic calendar ends. For the full press release, visit <http://usavolleyball.org/news/article/29202>.

McCUTCHEON AMONG SPEAKERS AT HP COACHES' CLINIC: Hugh McCutcheon (Christchurch, New Zealand) will serve as one of the featured speakers at USA Volleyball's Seventh Annual High Performance Coaches' Clinic held Jan. 21-23, 2010, at the U.S. Olympic Training Center in Colorado Springs. The clinic theme is "Getting Up to Speed for London" in reference to the site of the 2012 Olympic Games. The 2010 USA Volleyball High Performance Coaches' Clinic costs \$425 for United States citizens and \$520 for non-United States citizens. The clinic cost includes instruction, material and room and board at the U.S. Olympic Training Center. In conjunction with the USA Volleyball High Performance Coaches' Clinic, the USAV Coaching Accreditation Program (CAP) will have additional CAP Level II on Jan. 20-21 and CAP Level III on Jan. 21-24 at the U.S. Olympic Training Center. The clinic is open to the first 100 coaches who complete the registration process, which can be started by visiting <http://www.usavolleyball.org/volleyball-disciplines/high-performance-indoor/coaches-clinic.html>.

AH MOW-SANTOS PART OF CLINIC: Robyn Ah Mow-Santos (Honolulu), a three-time U.S. Olympian and part of the 2008 U.S. Olympic Team that won the silver medal at the 2008 Olympic Games, will be part of clinic coaching girls ages 9-18. She along with three-time AVCA All-American Tanya Fuamatu are hosting Advanced Girls' Setters and Hitters Sessions from Dec. 2-30. For additional information, contact Melissa Lum at info@efchawaii.com or visit www.efchawaii.com/advanced.atm.



2009 USA Women's National Team Results (18-14)

Date	Opponent (Record)	Result	City	Pts Leader	Attend
USOC Goodwill Tour in Egypt					
4/10	Egypt (1-0)	W, 25-14, 25-27, 25-18, 28-26	Cairo, Egypt	Harmotto - 18	NA
4/12	Egypt (2-0)	W, 25-13, 25-15, 27-25	Cairo, Egypt	Rubenstein - 16	NA
Eighth Women's Pan American Cup					
6/26	Costa Rica (3-0)	W, 25-7, 25-6, 25-16	Miami, Fla	Larson - 14	825
6/27	Guatemala (4-0)	W, 25-7, 25-12, 25-7	Miami, Fla.	Barboza, Collymore - 9	700
6/28	Mexico (5-0)	W, 25-19, 25-14, 25-11	Miami, Fla.	Metcalf - 20	1,734
6/29	Peru (6-0)	W, 25-22, 25-21, 26-24	Miami, Fla.	Larson - 14	1,389
6/30	Puerto Rico (7-0)	W, 25-15, 25-20, 24-26, 25-23	Miami, Fla.	Richards, Larson - 18	2,950
7/3	Brazil (semifinals) (7-1)	L, 25-22, 22-25, 19-25, 14-25	Miami, Fla.	Metcalf - 19	2,500
7/4	Puerto Rico (bronze) (7-2)	L, 22-25, 25-20, 21-25, 20-25	Miami, Fla.	Scott-Arruda - 14	3,000
Final Ranking: 1. Brazil; 2. Dominican Republic; 3. Puerto Rico; 4. USA ; 5. Peru; 6. Argentina; 7. Canada; 8. Costa Rica; 9. Mexico; 10. Trinidad & Tobago; 11. Guatemala					
FIVB World Championship Qualification Tournament – Third Round NORCECA Pool G					
7/6	Netherlands Antilles (8-2)	W, 25-10, 25-9, 25-5	Orlando, Fla.	Haneef-Park, Barboza - 11	1,500
7/7	Barbados (9-2)	W, 25-6, 25-11, 25-12	Orlando, Fla.	Pressey, Richards - 11	1,200
7/8	Costa Rica (10-2)	W, 25-15, 25-9, 25-15	Orlando, Fla.	Barboza, Collymore - 18	2,500
Final Ranking: 1. USA ; 2. Costa Rica; 3. Netherlands Antilles; 4. Barbados					
FIVB World Grand Prix Preliminary Rounds					
7/31	Germany (10-3)	L, 15-25, 15-25, 16-25	Rio de Janeiro, Brazil	Fawcett - 11	2,632
8/1	Puerto Rico (11-3)	W, 21-25, 20-25, 25-23, 25-14, 15-13	Rio de Janeiro, Brazil	Fawcett - 27	2,853
8/2	Brazil (11-4)	L, 18-25, 22-25, 13-25	Rio de Janeiro, Brazil	Fawcett - 11	11,922
8/7	Dominican Republic (12-4)	W, 25-18, 25-19, 23-25, 21-25, 23-21	Miao Li, Chinese Taipei	Metcalf - 20	1,700
8/8	Netherlands (12-5)	L, 25-12, 22-25, 16-25, 25-21, 13-15	Miao Li, Chinese Taipei	Fawcett, Metcalf - 14	3,000
8/9	Germany (12-6)	L, 22-25, 18-25, 25-27	Miao Li, Chinese Taipei	Akinradewo - 13	2,000
8/14	Russia (12-7)	L, 21-25, 24-26, 25-19, 17-25	Bangkok, Thailand	Metcalf - 19	3,500
8/15	Puerto Rico (13-7)	W, 25-16, 25-18, 25-22	Bangkok, Thailand	Metcalf - 12	4,000
8/16	Thailand (13-8)	L, 25-19, 20-25, 21-25, 25-23, 11-15	Bangkok, Thailand	Akinradewo - 22	4,500
Final Preliminary Ranking: 1. Brazil (9-0); 2. Netherlands (8-1); 3. China (7-2); 4. Russia (6-3); 5. Japan (5-4); 6. Germany (5-4); 7. Poland (4-5); 8. Thailand (4-5); 9. USA (3-6) ; 10. Puerto Rico (1-8); 11. Dominican Republic (1-8); 12. Korea (1-8).					
Women's Final Four Intercontinental Cup					
9/9	Brazil (13-9)	L, 12-25, 25-18, 22-25, 25-19, 13-15	Lima, Peru	Pressey - 19	2,500
9/10	Peru (14-9)	W, 25-10, 20-25, 25-14, 25-20	Lima, Peru	Pressey - 23	1,800
9/11	Dominican Republic (14-10)	L, 20-25, 19-25, 23-25	Lima, Peru	Barboza - 15	1,500
9/12	Dominican Republic (15-10)	W, 25-20, 23-25, 25-22, 26-24	Lima, Peru	Bown - 14	2,450
9/13	Brazil (15-11)	L, 17-25, 16-25, 27-25, 25-19	Lima, Peru	Bown - 19	5,000
Final Ranking: 1. Brazil; 2. USA ; 3. Dominican Republic; 4. Peru					
NORCECA Continental Championship					
9/22	Mexico (15-12)	W, 25-18, 25-10, 25-13	Bayamon, Puerto Rico	Metcalf - 11	206
9/23	Cuba (16-12)	L, 25-19, 25-16, 16-25, 26-28, 10-15	Bayamon, Puerto Rico	Metcalf - 16	2,000
9/24	Costa Rica (16-12)	W, 25-7, 25-10, 25-13	Bayamon, Puerto Rico	Barboza - 12	1,100
9/25	Canada (17-13)	W, 17-25, 25-10, 25-23, 25-21	Bayamon, Puerto Rico	Fawcett, Larson - 15	550
9/26	Dominican Republic (18-13)	L, 25-21, 24-26, 25-10, 20-25, 19-21	Bayamon, Puerto Rico	Metcalf - 25	2,500
9/27	Cuba (18-14)	L, 25-17, 25-16, 26-28, 16-25, 11-15	Bayamon, Puerto Rico	Metcalf - 17	3,000
Final Ranking: 1. Dominican Republic, 2. Puerto Rico; 3. Cuba; 4. USA ; 5. Canada; 6. Mexico; 7. Costa Rica; 8. Trinidad & Tobago					

2009 USA Women's National Team Stats

Name	Sets	Kills	Kills/ Set	Kill PCT	Attack Errors	Total Attack	Hitting Eff.	Service Aces	Aces/ Set	Stuff Blocks	Blocks/ Sets	Points Points	Points Set
Foluke Akinradewo	36	66	1.83	48.5	11	136	.404	2	0.06	31	0.86	99	2.75
Cynthia Barboza	94	197	2.10	37.9	51	520	.281	21	0.22	16	0.17	234	2.49
Mekana Barnes	3	7	2.33	41.2	5	17	.118	1	0.33	0	0.00	8	2.67
Morgan Beck	2	3	1.50	23.1	5	13	-.154	0	0.00	0	0.00	3	1.50
Lindsey Berg	39	5	0.13	27.8	1	18	.222	8	0.21	9	0.23	22	0.56
Heather Bown	51	69	1.35	48.9	9	141	.426	12	0.24	31	0.61	112	2.20
Jane Collymore	12	33	2.75	55.0	6	60	.450	6	0.50	4	0.33	43	3.58
Therese Crawford	7	19	2.71	40.4	4	47	.319	0	0.00	1	0.14	20	2.86
Alexis Crimes	33	33	1.00	36.3	12	91	.231	9	0.27	20	0.61	62	1.88
Nicole Davis	86	1	0.01	1.00	0	1	1.000	0	0.00	0	0.00	1	0.01
Nicole Fawcett	74	136	1.84	37.5	48	363	.242	5	0.07	16	0.22	157	2.12
Tayyiba Haneef-Park	26	28	1.08	52.8	5	53	.434	4	0.15	7	0.27	39	1.50
Christa Harmotto	69	101	1.46	52.3	26	193	.389	8	0.12	47	0.68	156	2.26
Heather Hughes	0	0	0.00	0.0	0	0	.000	0	0.00	0	0.00	0	0.00
Jordan Larson	79	181	2.29	30.6	81	591	.169	15	0.19	20	0.25	216	2.73
Angie McGinnis	17	2	0.12	28.6	2	7	.000	2	0.12	2	0.12	6	0.35
Nancy Metcalf	79	268	3.39	39.3	92	682	.258	7	0.09	26	0.33	301	3.81
Brittany Moore	6	23	3.83	48.9	2	47	.447	2	0.33	2	0.33	27	4.50
Lauren Paolini	9	19	2.11	61.3	3	31	.516	4	0.44	1	0.11	24	2.67
Angie Pressey	34	79	2.32	38.2	31	207	.232	3	0.09	20	0.59	102	3.00
Kristin Richards	48	122	2.54	36.2	60	337	.184	5	0.10	14	0.29	141	2.94
Julie Rubenstein	7	17	2.43	35.4	7	48	.208	6	0.86	1	0.14	24	3.43
Danielle Scott-Arruda	48	62	1.29	44.9	18	138	.319	10	0.21	35	0.73	107	2.23
Nellie Spicer	39	17	0.44	53.1	4	32	.406	5	0.13	3	0.08	25	0.64
Tracy Stalls	3	4	1.33	80.0	0	5	.800	0	0.00	1	0.33	5	1.67
Stacy Sykora	88	2	0.02	100.0	0	2	1.000	0	0.00	0	0.00	2	0.02
Elisha Thomas	8	0	0.00	0.0	0	0	NA	0	0.00	3	0.38	3	0.38
Courtney Thompson	82	3	0.04	8.3	3	36	.000	23	0.28	5	0.06	31	0.38
Emillie Toone	4	2	0.50	40.0	1	5	.200	1	0.25	2	0.50	5	1.25
Nicole Vargas	4	2	0.50	28.6	2	7	.000	2	0.50	0	0.00	4	1.00
TEAM	121	1,501	12.40	38.9	491	3,858	.262	163	1.35	317	2.62	1,981	16.37
Opponent	121	1,361	11.25	34.5	605	3,946	.192	105	0.87	257	2.12	1,723	14.24

Digs on Egypt Tour: Nicole Davis 34 (4.86 digs/set); Nellie Spicer 11 (2.75); Nicole Vargas 10 (2.50); Morgan Beck 5 (2.50); Therese Crawford 15 (2.14); Julie Rubenstein 13 (1.86); Brittany Moore 9 (1.50); Mekana Barnes 4 (1.33); Stacy Sykora 6 (1.00); Lauren Paolini 6 (1.00); Christa Harmotto 1 (0.25). Team 114 (16.29 digs/set).

Digs at Pan American Cup: Nicole Davis 82 (3.90 digs/set); Stacy Sykora 9 (2.25); Nancy Metcalf 32 (1.60); Kristin Richards 27 (1.35); Jordan Larson 17 (0.81); Cynthia Barboza 10 (0.53); Danielle Scott-Arruda 10 (0.45); Nellie Spicer 9 (0.45); Christa Harmotto 7 (0.33); Angie Pressey 1 (0.33); Courtney Thompson 5 (0.29); Tayyiba Haneef-Park 4 (0.21). Team 213 (8.88 digs/set).

Digs at FIVB Women's World Championship Qualification Tournament: Stacy Sykora 45 (5.00 digs/set); Courtney Thompson 13 (2.17); Jane Collymore 16 (1.78); Kristin Richards 5 (1.67); Cynthia Barboza 13 (1.63); Tayyiba Haneef-Park 9 (1.29); Angie Pressey 5 (1.25); Danielle Scott-Arruda 7 (1.00); Heather Bown 2 (1.00); Christa Harmotto 1 (0.11). Team 117 (13.00 digs/set).

Digs at FIVB World Grand Prix: Stacy Sykora 53 (2.12 digs/set); Nicole Davis 63 (1.54); Courtney Thompson 43 (1.26); Kristin Richards 24 (1.00); Cynthia Barboza 19 (0.86); Nicole Fawcett 27 (0.82); Nancy Metcalf 13 (0.65); Jordan Larson 22 (0.63); Angie McGinnis 10 (0.59); Christa Harmotto 2 (0.33); Tracy Stalls 1 (0.33); Foluke Akinradewo 9 (0.25); Alexis Crimes 6 (0.19); Angie Pressey 0 (0.00); Heather Hughes 0 (0.00); Lauren Paolini 0 (0.00). Team 292 (8.11 digs/set).

Digs at Final Four Intercontinental Cup: Nicole Davis 45 (3.21 digs/set); Lindsey Berg 47 (2.94); Nancy Metcalf 45 (2.81); Cynthia Barboza 47 (2.35); Stacy Sykora 45 (2.25); Angie Pressey 44 (2.20); Nicole Fawcett 19 (1.19); Nellie Spicer 12 (1.00); Heather Bown 10 (0.56); Christa Harmotto 8 (0.40); Alexis Crimes 0 (0.00); Jane Collymore 0 (0.00). Team 221 (11.05). Opponent 225 (11.25).

Digs at NORCECA Continental Championship: Stacy Sykora 59 (2.46 digs/set); Jordan Larson 45 (1.96); Nicole Davis 5 (1.67); Cynthia Barboza 34 (1.36); Kristin Richards 1 (1.00); Lindsey Berg 22 (0.96); Nancy Metcalf 21 (0.91); Nicole Fawcett 14 (0.56); Danielle Scott-Arruda 10 (0.53); Courtney Thompson 12 (0.48); Christa Harmotto 4 (0.44); Heather Bown 7 (0.29); Angie Pressey 1 (0.20); Elisha Thomas 0 (0.00). Team 229 (9.16). Opponent 210 (8.40).

All-Time USA Women's Indoor Volleyball Olympians

1964 (Tokyo)

5th Place

Patti Bright
Jean Gaertner
Lou Galloway
Barbara Harwerth
Linda Murphy
Gail O'Rourke
Nancy Owen
Mary Jo Peppler
Mary Perry
Sharon Peterson
Verneda Thomas
Jane Ward

Head Coach: Dr. W.P. Burroughs

Manager: Ida Litschauer

1968 (Mexico City)

8th Place

Patti Bright
Kathryn Heck
Fanny Hopeau
Ninja Jorgensen
Laurie Lewis
Miki McFadden
Marilyn McCreavy
Nancy Owen
Barbara Perry
Mary Perry
Sharon Peterson
Jane Ward

Head Coach: Harlan Cohen

1980 (Moscow)

Did Not Compete (USA Boycott)

Janet Baier
Carolyn Becker
Rita Crockett
Patty Dowdell
Laurie Flachmeier
Debbie Green
Flo Hyman
Laurel Brassey
Debbie Landreth
Diane McCormick
Terry Place
Sue Woodstra

Head Coach: Arie Selinger

Assistant Coach: Toshi Yoshida

Manager: Ruth Becker

1984 (Los Angeles)

Silver Medal

Jeanne Beauprey
Carolyn Becker
Linda Chisholm
Rita Crockett
Laurie Flachmeier
Debbie Green
Flo Hyman
Rose Magers
Kim Ruddins
Julie Vollertsen
Paula Weishoff
Sue Woodstra

Head Coach: Arie Selinger

Assistant Coach: John Corbelli

Assistant Coach: Marlon Sano

1988 (Seoul)

7th Place

Deitre Collins
Caren Kemner
Laurel Kessel
Tammy Liley
Liz Masakayan
Jayne McHugh
Melissa McLinden
Kim Oden
Keba Phipps
Kim Ruddins
Angela Rock
Liane Sato

Head Coach: Terry Liskevych

Assistant Coach: Debbie Landreth Brown

Assistant Coach: Kent Miller

1992 (Barcelona)

Bronze Medal

Janet Cobbs
Tara Cross-Battle
Lori Endicott
Caren Kemner
Ruth Lawanson
Tammy Liley
Elaina Oden
Kim Oden
Liane Sato
Paula Weishoff
Tee Williams
Yoko Zetterlund

Head Coach: Terry Liskevych

Assistant Coach: Greg Giovanazzi

Assistant Coach: Kent Miller

Technical Coordinator: David Sims

Medical Consultant: Dan McDonough

1996 (Atlanta)

7th Place

Tara Cross-Battle
Lori Endicott
Caren Kemner
Kristin Klein
Tammy Liley
Bev Oden
Elaina Oden
Danielle Scott
Paula Weishoff
Tee Williams
Elaine Youngs
Yoko Zetterlund

Head Coach: Terry Liskevych

Assistant Coach: Aldis Berzins

Assistant Coach: Jeanne Beauprey Reeves

Technical Assistant: Dave Fleming

2000 (Sydney)

4th Place

Robyn Ah Mow
Heather Bown
Tara Cross-Battle
Mickisha Hurley
Sarah Noriega
Demetria Sance
Danielle Scott
Stacy Sykora
Charlene Tagaloa
Logan Tom
Kerri Walsh
Allison Weston

Head Coach: Mick Haley

Assistant Coach: Toshi Yoshida

Assistant Coach: Jeri Estes

Technical Coordinator: Monica Paul

Trainer: Emery Hill, Jr.

Team Doctor: Dr. David Weinstein

Team Manager: Bob Gambardella

2004 (Athens)

5th Place

Robyn Ah Mow-Santos
Elisabeth Bachman
Lindsey Berg
Heather Bown
Tara Cross-Battle
Tayyiba Haneef
Nancy Metcalf
Ogonna Nnamani
Keba Phipps
Danielle Scott
Stacy Sykora
Logan Tom

Head Coach: Toshi Yoshida

Assistant Coach: Kevin Hambly

Assistant Coach: Tara Cross-Battle

Technical Coordinator: Robyn Romansky

Trainer: Emery Hill, Jr.

Team Leader: Tom Pingel

2008 (Beijing)

Silver Medal

Robyn Ah Mow-Santos
Lindsey Berg
Heather Bown
Nicole Davis
Kim Glass
Tayyiba Haneef-Park
Jennifer Joines
Ogonna Nnamani
Danielle Scott-Arruda
Stacy Sykora
Logan Tom
Kim Willoughby

Head Coach: "Jenny" Lang Ping

Assistant Coach: Sue Woodstra

Assistant Coach: Li Yong

Assistant Coach: Tom Hogan

Technical Coordinator: Diane French

Trainer: Emery Hill, Jr.

Team Leader: Joan Powell

International Volleyball Fact Sheet

Introduction: Volleyball has major international competitions every year and, at its highest level, is a physically demanding sport played by some of the world's most elite athletes. Of course, volleyball is also a popular recreational activity enjoyed by more than 38 million persons in the United States (more than any team sport but basketball) and more than 800 million persons globally, making it the world's most popular participant sport. This fact sheet is designed to provide more understanding about international volleyball and its major competitions, including the Olympic Games.

International Governing Body: The international governing body for volleyball is the Federation Internationale de Volleyball (FIVB), headquartered in Lausanne, Switzerland. The FIVB is the world's largest sports federation, with more than 200 member nations. Under the direction of its president, Dr. Ruben Acosta of Mexico, the FIVB oversees the administration of volleyball throughout the world and is responsible for producing several major events, including the Olympic Games, World Championships, World Cup, World League and World Grand Prix.

National Governing Body: The national governing body (NGB) for volleyball in the United States is USA Volleyball, formerly known as the United States Volleyball Association. Founded in 1928, USA Volleyball is responsible for the administration of all forms of volleyball in the United States, including producing the annual USA Open Volleyball Championships, Junior Olympic Championships and the USA Outdoor National Championships. As mandated by the 1978 Amateur Sports Act, USA Volleyball is responsible to the U.S. Olympic Committee (USOC) and the FIVB for training and nominating the teams which represent the United States in the Olympic Games and other important volleyball competitions worldwide.

Major Competitions: The four major events on the international volleyball calendar are the Olympic Games (men and women, indoor and beach), World Championships (men and women, indoor and beach), World Cup (men and women, indoor), World League (men, indoor) and World Grand Prix (women, indoor). All events are conducted quadrennially, with the exceptions of the annual World League/Grand Prix and the biennial Beach World Championships.

World Rankings: Following the decision of the FIVB Board of Administration, a new system of point attribution based on a new scale has been implemented for the FIVB World Ranking of Volleyball National Teams. The following competitions are now included:

- Senior World Championships included for four years - 25 percent reduction each year. Points are also granted for the qualification matches, to the best non-qualified teams.
- Olympic Games included for four years - 25 percent reduction each year. Points are also granted for the qualification matches, to the best non-qualified teams.

- World Cup included for two years - 50 percent reduction the second year.
- Senior Continental Championships included for two years - 50 percent reduction the second year; points are also granted for the qualification matches to the best non-qualified teams.
- Men's World League / Women's World Grand Prix included for one year.

Top 40 teams in the FIVB World Ranking:

Women (Points)

1. Brazil (255)
2. USA (170)
3. China (154)
4. Russia (151)
- 5T. Cuba (145)
- 5T. Italy (145)
7. Japan (128)
8. Serbia (123)
9. Poland (71)
10. Netherlands (66.5)
11. Germany (64.5)
12. Korea (38)
13. Kazakhstan (32.5)
14. Dominican Republic (30)
15. Kenya (29.5)
16. Peru (29)
17. Thailand (28)
18. Puerto Rico (26)
19. Algeria (22)
20. Turkey (20.5)
21. Chinese Taipei (20)
22. Egypt (18)
23. Canada (16.5)
- 24T. Cameroon (16)
- 24T. Venezuela (16)
- 26T. Azerbaijan (15)
- 26T. Mexico (15)
28. Tunisia (14.5)
29. Uruguay (14)
30. Costa Rica (13)
31. Argentina (10.5)
32. Senegal (8)
- 33T. Belgium (7.5)
- 33T. Bulgaria (7.5)
35. France (7)
- 36T. Australia (6.5)
- 36T. Czech Republic (6.5)
- 36T. South Africa (6.5)
39. Croatia (6)
- 40T. Romania (5.5)
- 40T. Slovakia (5.5)
- 40T. Ukraine (5.5)

Men (Points)

1. Brazil (235)
2. Russia (185)
3. USA (178)
4. Bulgaria (130.5)
5. Serbia (117)
6. Italy (111)
7. Poland (94.5)
8. China (66.5)
9. Argentina (58.5)
10. Puerto Rico (51)
11. Spain (49)
12. Japan (45)
13. Cuba (44)
14. Germany (42)
- 15T. Australia (38.5)
- 15T. Venezuela (38.5)
17. France (34.5)
18. Egypt (31.5)
19. Korea (29)
20. Tunisia (28.5)
21. Canada (26.5)
22. Finland (22)
23. Cameroon (18)
24. Iran (17)
25. South Africa (15)
26. Netherlands (14.5)
27. Czech Republic (13.5)
28. Paraguay (12)
29. Greece (11.5)
- 30T. Kazakhstan (10.5)
- 30T. Portugal (10.5)
- 32T. Chile (10)
- 32T. Thailand (10)
34. Barbados (9.5)
35. Mexico (9)
- 36T. Colombia (8.5)
- 36T. Trinidad & Tobago (8.5)
- 38T. Chinese Taipei (8)
- 38T. Dominican Republic (8)
- 38T. Indonesia (8)
- 38T. Turkey (8)

Olympic Games: Volleyball made its debut in the 1964 Olympics in Tokyo. Twelve teams in both the men's and women's draw earn the right to compete:

Past Olympic Champions (Men)

1964: Soviet Union (USA, ninth)
1968: Soviet Union (USA, seventh)
1972: Japan, (USA, DNQ)
1976: Poland (USA, DNQ)
1980: Soviet Union (USA, DNQ)
1984: USA
1988: USA
1992: Brazil (USA, third)
1996: Netherlands (USA, ninth)
2000: Yugoslavia (USA, 11th)
2004: Brazil (USA, fourth)
2008: USA

Past Olympic Champions (Women)

1964: Japan (USA, fifth)
1968: Soviet Union (USA, eighth)
1972: Soviet Union (USA, DNQ)
1976: Japan (USA, DNQ)
1980: Soviet Union (USA, DNP)
1984: China (USA, second)
1988: Soviet Union (USA, seventh)
1992: Cuba (USA, third)
1996: Cuba (USA, seventh)
2000: Cuba (USA, fourth)
2004: China (USA, fifth)
2008: Brazil (USA, second)

World Championships: The World Championships are held every four years in the second year after the Olympics. The site, usually separate for the men's and women's competitions, is determined by the FIVB based on bids received from interested cities. The 24 berths for the men and women are gained in the following manner (2006 information is provided in parenthesis where available):

- Host country
- Defending World Champions
- FIVB determined the appropriate number of qualification spots for each continent/zone based on performance at the 2002 World Championships and the number of teams registered for the 2006 World Championships. Each continent/zone played a World Championships Qualification Tournament in early 2002.

Past World Champions (Men)

1949: Soviet Union (USA, DNP)
1952: Soviet Union (USA, DNP)
1956: Czechoslovakia (USA, sixth)
1960: Soviet Union (USA, seventh)
1962: Soviet Union (USA, DNP)
1966: Czechoslovakia (USA, 11th)
1970: East Germany (USA, 18th)
1974: Not held
1978: Soviet Union (USA, 19th)
1982: Soviet Union (USA, 13th)
1986: USA
1990: Italy (USA, 13th)
1994: Italy (USA, third)
1998: Italy (USA, ninth)
2002: Brazil (USA, ninth)
2006: Brazil (USA, 10th)

Past World Champions (Women)

1952: Soviet Union (USA, DNP)
1956: Soviet Union (USA, ninth)
1960: Soviet Union (USA, sixth)
1962: Japan (USA, DNP)
1966: Japan (USA, second)
1970: Soviet Union (USA, 11th)
1974: Japan (USA, 12th)
1978: Cuba (USA, fifth)
1982: China (USA, third)
1986: China (USA, 10th)
1990: Soviet Union (USA, third)
1994: Cuba (USA, sixth)
1998: Cuba (USA, 13th)
2002: Italy (USA, second)
2006: Russia (USA, ninth)

World Cup: The World Cup is held every four years, in the year prior to the Olympic Games. Though originally held at various sites, it has been hosted by Japan since 1977. Prior to 1991, the World Cup took place in the year immediately following the Olympics. The 12 berths in the World Cup for men and women are gained in the following manner:

- Host country (Japan- Men and Women)
- Defending World Cup champion
- Winners of the five zone championships
- The highest-placed team (of each zone) not qualified for the Olympic Games in accordance with the ranking of the zone championships.

Past World Cup Champions (Men)

1965: Soviet Union (USA, DNP)
1969: East Germany (USA, DNP)
1973: Soviet Union (USA, seventh)
1977: Soviet Union (USA, 10th)
1981: Soviet Union (USA, DNQ)
1985: USA
1989: Cuba (USA, fourth)
1991: Soviet Union (USA, third)
1995: Italy (USA, fourth)
1999: Russia (USA, fourth)
2003: Brazil (USA, fourth)
2007: Brazil (USA, fourth)

Past World Cup Champions (Women)

1973: Soviet Union (USA, sixth)
1977: Japan (USA, seventh)
1981: China (USA, fourth)
1985: China (USA, DNQ)
1989: Cuba (USA, DNQ)
1991: Cuba (USA, fourth)
1995: Cuba (USA, seventh)
1999: Cuba (USA, ninth)
2003: China (USA, third)
2007: Italy (USA, third)

Zone Championships: The volleyball world is divided into five international zones. The United States is in the NORCECA (North America Central America Caribbean) Zone, with championships held every other year at various sites. The other zones are Europe, Asia, Africa and South America. The frequency of zone championships competition varies in each of the five sections. Any nation in a particular zone may participate in its zone championships whenever such a competition is conducted.

Past NORCECA Champions (Men)

1969: Cuba (USA, third)
1971: Cuba (USA, second)
1973: USA
1975: Cuba (USA, third)
1977: Cuba (USA, fifth)
1979: Cuba (USA, fifth)
1981: Cuba (USA, second)
1983: USA
1985: USA
1987: Cuba (USA, second)
1989: Cuba (USA, third)
1991: Cuba (USA, second)
1993: Cuba (USA, second)
1995: Cuba (USA, second)
1997: Cuba (USA, second)
1999: USA
2001: Cuba (USA, second)
2003: USA
2005: USA
2007: USA

Past NORCECA Champions (Women)

1969: Mexico (USA, bronze)
1971: Mexico (USA, DNP)
1973: Cuba (USA, third)
1975: Cuba (USA, second)
1977: Cuba (USA, third)
1979: Cuba (USA, second)
1981: USA
1983: USA
1985: Cuba (USA, second)
1987: Cuba (USA, second)
1989: Cuba (USA, third)
1991: Cuba (USA, second)
1993: Cuba (USA, second)
1995: Cuba (USA, second)
1997: Cuba (USA, second)
1999: Cuba (USA, second)
2001: USA
2003: USA
2005: USA
2007: Cuba (USA, second)
2009: Dominican Republic (USA, fourth)

World League and World Grand Prix: The World League features the top 12 men's volleyball teams in the world in competition for a total purse that has grown to \$15 million since the inaugural season in 1990. Teams are divided into three, four-team pools and each country playing the other teams in their pool four times (twice at home, twice on the road). The winner and runner-up in each pool advance to a seeded playoff round. The regular season is usually played in May and June with playoffs in early July.

The World Grand Prix is the women's counterpart to the World League, and offers a total purse of \$2 million to its 12-team field. Teams play in different four-team pools each weekend, at round-robin tournaments hosted by cities throughout Asia. The three teams with the best records join the host country for the Grand Prix Finals. The regular season is played in August and early-September with playoffs in mid-September.

World League Champions

1990: Italy (USA, fourth in pool)
1991: Italy (USA, third in pool)
1992: Italy (USA, first in pool, third overall)
1993: Brazil (USA, fifth in pool)
1994: Italy (USA, fourth in pool)
1995: Italy (USA, fourth in pool)
1996: Netherlands (USA, DNP)
1997: Italy (USA, DNP)
1998: Cuba (USA, DNP)
1999: Italy (USA, DNP)
2000: Italy (USA, first in pool, sixth overall)
2001: Brazil (USA, third in pool, tied-ninth overall)
2002: Russia (USA, DNP)
2003: Brazil (USA, DNP)
2004: Brazil (USA, DNP)
2005: Brazil (USA, DNP)
2006: Brazil (USA, third in pool)
2007: Brazil (USA, third in finals)
2008: USA
2009: Brazil (USA, sixth)

World Grand Prix Champions

1993: Cuba (USA, seventh regular season)
1994: Brazil (USA, fifth regular season)
1995: USA
1996: Brazil (USA, fifth)
1997: Russia (USA, eighth)
1998: Brazil (USA, eighth)
1999: Russia (USA, DNP)
2000: Cuba (USA, sixth)
2001: USA
2002: Russia (USA, sixth)
2003: China (USA, third)
2004: Brazil (USA, third)
2005: Brazil (USA, eighth)
2006: Brazil (USA, seventh)
2007: Netherlands (USA, eighth final, seventh preliminary)
2008: Brazil (USA, fourth)
2009: Brazil (USA, ninth)