



CIDP PROGRAM OVERVIEW

In an effort to help our coaches navigate through the opportunities that are available to advance along the USAT coach pipeline as well as understand the requirements needed to coach at USAT events, the following section has been provided to serve as an outline of the procedures for the Coach Identification and Development Program (CIDP) for the 2010 calendar year.

Please be aware that coach seminar registration (for example, registering for the 2010 Coaches' Edge seminar) is a separate transaction from registering to coach at a competition (for example, registering as a coach for the 2010 U.S. National Taekwondo Championships). Coaches must register for a coach credential online in order to coach at any 2010 event (competition).

In 2010, the CIDP is proud to offer four different seminars that consist of the following:

- 2010 Coaches' Edge (1 hour, 30 minutes)
- Associate Coach (Online delivery)
- Level I – Introducing Sport Taekwondo (7 hours)
- Level II – Developing Taekwondo Coaches and Athletes (16 hours delivered over the course of a weekend or three days).

In order to coach from the chair at a 2010 USA Taekwondo event, ALL COACHES must attend the 2010 Coaches' Edge seminar. The 2010 Coaches' Edge is approximately 90 minutes in length and is offered at each USAT hosted event. In order to coach in the 14 – 17 year old World Class Black Belt and Senior World Class Black Belt divisions at the Junior Olympics and Senior Nationals, one must also be a certified Level I or Level II CIDP certified coach.

COACHING REQUIREMENTS FOR NATIONAL TEAM TRIALS

As USAT strives to increase the quality of athletes and coaches in the country and to ensure that coaches are meeting the established standards of the CIDP, the competitions that are part of the athlete selection process to make a junior or senior National team will require coaches to be Level 1 or Level 2 certified*. These include, but are not limited to, events such as an Open Team Trial, a National or Olympic Team Trial.

* The exception to this policy is for coaching athletes at a USAT National Qualifier or State Championship.

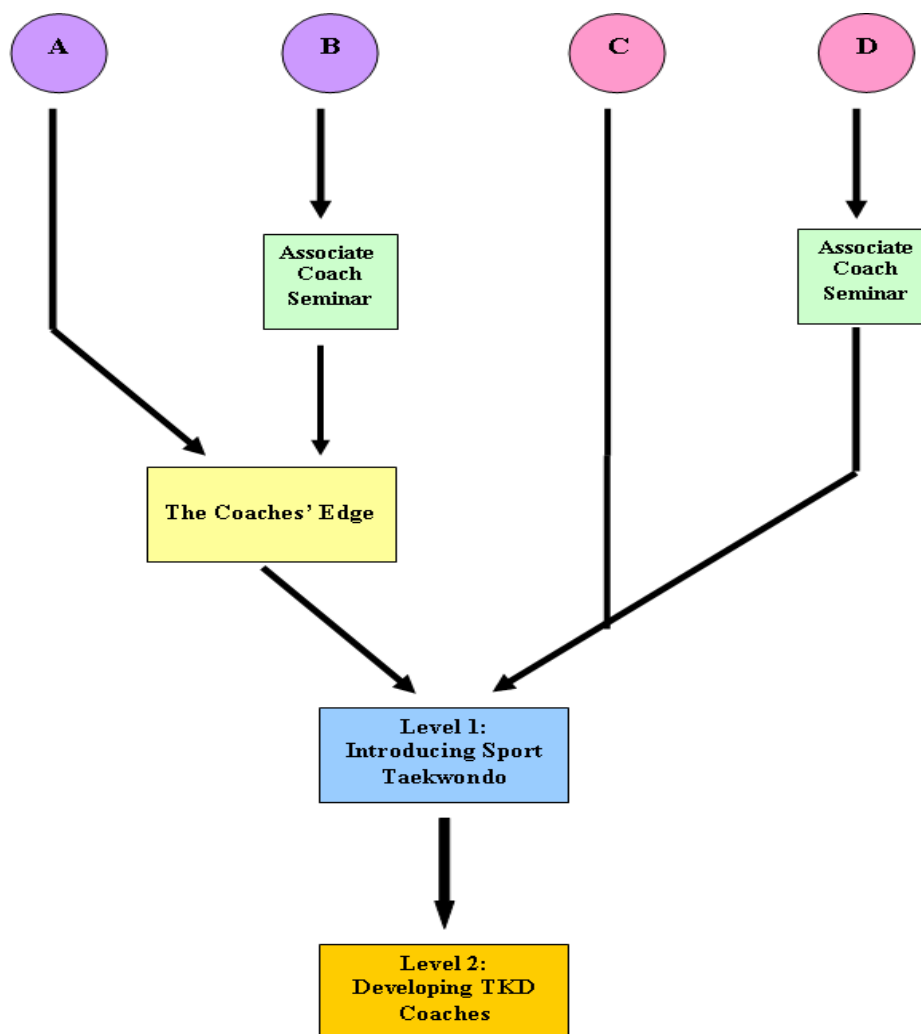
WHAT COURSE DO I TAKE?

The courses that a coach will take in 2010 will depend on their goals. A 2010 CIDP Flow Chart has been provided to serve as a reference to the points that will be discussed in this overview. The coaches who are interested in acquiring certification and the proper credentials for a USAT competition (coaches' pass) have been identified with the **PURPLE** shaded dots, whereas the coaches who are only interested in acquiring coaching certifications through an accredited coaching program of the NGB have been identified with the **PINK** shaded dots.

THE 2010 CIDP FLOW CHART

COACH CATEGORY:

- A** = Coaches who have taken at least one CIDP certification course (i.e. Associate Coach Course, Associate Coach Seminar, 2007 Technical Update, Level 1, or Level 2) and would like to be in the chair for a 2010 USAT competition.
- B** = Coaches who have not taken any CIDP course since its inception in 2005 and would like to be in the chair for a 2010 USAT competition.
- C** = Coaches who have taken at least one CIDP certification course (i.e. Associate Coach Course, Associate Coach Seminar, 2007 Technical Update, Level 1, or Level 2), but do not need a coaches' pass for a 2010 USAT competition. The coaches under this category are only interested in pursuing coach certification through the accredited program of the NGB.
- D** = Coaches who have not taken any CIDP course since its inception in 2005, but do not need a coaches pass for a 2010 USAT competition. The coaches under this category are only interested in pursuing coach certification through the accredited program of the NGB.



For a coach who has never taken any CIDP course, his/her options are as follows:

1. Associate Coach Course

- No pre-requisites are necessary to register for the course – only a current USAT membership.
- Required in order to obtain a credential at a USAT event, however, access to the floor is not granted to coach athletes in the 14-17 yr. old World Class Black Belt and Senior World Class Black Belt divisions at the Junior Olympics and Senior Nationals. Floor access is also restricted for Open Team, National, or Olympic Team Trial events (please refer to section entitled, *Coaching Requirements for National Team Trials*).
- Please refer to the CIDP description page for details pertaining to the Associate Coach curriculum.

2. 2010 Coaches' Edge seminar

- Required if a coach would like a credential to have access onto the floor at a 2010 USAT event.
- Access to the floor is granted except to coach athletes in the 14–17 yr. old World Class Black Belt and Senior World Class Black Belt divisions at the Junior Olympics and Senior Nationals. Floor access is also restricted for Open Team, National, or Olympic Team Trial events (please refer to section entitled, *Coaching Requirements for National Team Trials*).
- Allows USAT members to register as a coach for USAT competitions.
- No pre-requisites are necessary to register for this course – only a current USAT membership.

3. Level I Seminar – Introducing Sport Taekwondo

- In order to take the Level I seminar, a coach must have fulfilled the pre-requisite of passing the Associate Coach Course.
- Completion of the Level 1 seminar grants access onto the floor to coach athletes competing in the 14 – 17 World Class Black Belt or Senior World Class Black Belt divisions at the Junior Olympic and Senior Nationals.
- Level 1 certification allows individuals to coach all divisions at USAT competitions!
- Please refer to the CIDP description page for details pertaining to the Level I curriculum.

4. Level II Seminar – Developing Taekwondo Coaches and Athletes

- In order to take the Level II seminar, a coach must have fulfilled the pre-requisite of passing the Level I seminar.
- Level II certification allows individuals to coach any division at all USAT competitions!
- Please refer to the CIDP description page for details pertaining to the Level II curriculum.

As outlined on the 2010 CIDP Flow Chart, coaches in category B or D refer to those who have not taken any CIDP course and would like to either coach at a USAT event (category B) or obtain coaching certification(s) from an NGB accredited coaching program (category D).

Current Associate Coaches and/or coaches who took the 2007 Technical Update and would like to coach at a 2010 USAT event have the following requirements and options available to them:

1. 2010 Coaches' Edge seminar

- Required if a coach would like a credential to have access onto the floor at a 2010 USAT event.
- Access to the floor is granted except to coach athletes in the 14–17 yr. old World Class Black Belt division at the Junior Olympics and the Senior World Class Black Belt division at Senior Nationals. Floor access is also restricted for Open, National, or Olympic Team Trial events (please refer to the section entitled, *Coaching Requirements for National Team Trials*).
- Maintains the Associate Coach status of the coach.
- No pre-requisites are necessary to register for this course – only a current USAT membership.

2. Level I Seminar – Introducing Sport Taekwondo

- Completion of seminar grants access onto the floor to coach athletes competing in the 14 – 17 World Class Black Belt division at the Junior Olympics or Senior World Class Black Belt division at Senior Nationals. *Therefore, can coach any division at all USAT competitions, including all National Team Trial events.*
- Please refer to the CIDP description page for details pertaining to the Level I curriculum.

3. Level II Seminar – Developing Taekwondo Coaches and Athletes

- In order to take the Level II seminar, a coach must have fulfilled the pre-requisite of passing the Level I seminar.
- Can coach any division at all USAT competitions, including all National Team Trial events.
- Please refer to the CIDP description page for details pertaining to the Level II curriculum.

According to the 2010 CIDP Flow Chart, coaches in category A or C refer to those who have taken CIDP course(s) and would like to either coach at a USAT event (category A) or advance their coaching certification from an NGB accredited coaching program (category C).

Current Level 1 Coaches who would like to coach at a 2010 USAT event have the following requirements and options available to them:

1. 2010 Coaches' Edge seminar

- Required if a coach would like a credential for access on the floor at a 2010 USAT hosted event.
- Maintains the Level I status of the coach, therefore, granted access onto the floor to coach any athlete competing in any division at any USAT event.
- No pre-requisites are necessary to register for this course – only a current USAT membership.

2. Level II – Developing Taekwondo Athletes and Coaches.

- Can coach any division at all USAT competitions, including the National Team Trials.
- Please refer to the CIDP description page for details pertaining to the Level II curriculum.

According to the 2010 CIDP Flow Chart (above), coaches in category A or C refer to those who have taken CIDP course(s) and would like to either coach at a USAT event (category A) or advance their coaching certification from an NGB accredited coaching program (category C).

Current Level 2 Coaches who would like to coach at a 2010 USAT event have the following requirements and options available to them:

1. 2010 Coaches' Edge seminar

- Required if a coach would like a credential for access on the floor at a 2010 USAT hosted event.
- Maintains the Level 2 status of the coach, therefore, granted access onto the floor to coach any athlete competing in any division at any USAT event.
- No pre-requisites are necessary to register for this course – only a current USAT membership.