



## U.S. FENCING TOURNAMENT INFORMATION

### NORTH AMERICAN CUP - NAC "F"

Virginia Beach, VA: APRIL 23-26, 2010

### DIVISION I (DV1) / YOUTH 14 (Y14) / YOUTH 12 (Y12) / YOUTH 10 (Y10)

Please refer to the *Confirmed Entry List* for the status of your entry. The *Confirmed Entry List* is posted on the NAC F tournament web page located on the US Fencing website ([www.usfencing.org](http://www.usfencing.org)). You need to verify the events listed, classification for each weapon, and division information. Report any discrepancies to U.S. Fencing immediately by e-mail ([information@usfencing.org](mailto:information@usfencing.org)) by fax (719-632-5737) or by phone at (719-866-4511). The USFA National Office must receive changes to the information on the confirmed entry webpage by April 19, 2010. If you represent a country other than the USA, please indicate this information on your Entry Form.

**Classification Changes must be received by April 12, 2010. Classification changes received after this date will not be reflected in NAC F.** You MUST bring your USFA *Stamped Fax Back Confirmation*, *Printed Online Registration or Email Confirmation* and your 2009-2010 USFA Membership Card to the check-in area at the venue.

**Written notification of withdrawal** by e-mail, fax or mail must be received by the USFA by Monday, April 19, 2010 for a refund of event fees. No refunds will be given for withdrawals after April 19. Refunds are processed 4-6 weeks after the tournament. If a withdrawal is necessary after the deadline, please contact our office at 719-866-4511.

**CHECK-IN SCHEDULE:** Check-in times will be posted on the USFA website approximately one week after the first registration deadline.

DATE	ME	MF	MS	WE	WF	WS
Friday April 23	Youth 10	Youth 12	Youth 14	Youth 14	Division I	Youth 12
Saturday April 24	Youth 14	Youth 10	Division I	Division I	Youth 14	Youth 10
Sunday April 25	Division I	Youth 14	Youth 12	Youth 10	Youth 12	Division I
Monday April 26	Youth 12	Division I	Youth 10	Youth 12	Youth 10	Youth 14

- This is a day schedule for NAC F. You must check the US Fencing website ([www.usfencing.org](http://www.usfencing.org)) for the check-in schedule. Fencers must check in within the dedicated check-in time or they will be withdrawn from the event. Fencers must check in each day they are competing. Fencers may enter only one event per day.

**HOTEL:**

**For All USFA Hotel Reservations:**  
**Doubletree Hotel**  
**Contact Tournament Housing Services (THS)**  
The Official Housing Company of US Fencing  
Reservations by Phone: 888-536-TEAM (8326)  
Reservations Online: [www.thsweb.com](http://www.thsweb.com)

**VENUE:**

**Virginia Beach Convention Center**  
Halls A- C  
1000 19th St.  
Virginia Beach, VA 23451

**AIR RESERVATIONS:**

For a discount on travel arrangements with United Airlines, the Official USFA travel partner, call the United Airlines Olympic Desk at 800-841-0460 or visit [www.united.com/usoc](http://www.united.com/usoc) and use event code 565ED. For other carriers call Polk Majestic Travel at (800) 748-2059 / (866)-481-2209.

**CAR RENTAL:**

To reserve an **Avis** rental car, please use this USFA Code:  
**(AWD) B740999**

**PARKING:**

**Parking is available on both sides of 19<sup>th</sup> Street. For more information please go to the website below.**  
[http://www.vbfun.com/visitors/downloads/Parking\\_Brochure\\_web.pdf](http://www.vbfun.com/visitors/downloads/Parking_Brochure_web.pdf)

**CHECK IN:**

Fencers must check in each day that they compete, within the indicated hours of check in, or they will be withdrawn from that event. The Venue will open for fencers at 7:00 am on competition days. Fencers should not plan to leave earlier than the day after their last competition as there is no way to predict when any competition will be finished. Fencers who withdraw after starting a competition for other than verified medical reasons will be disqualified from the competition and national points and/or classifications that might have been earned for that competition will not be awarded. Further disciplinary action may be taken.

**WEAPONS CHECK:**

Weapons check will be open each day of the competition at 7:00 am. Competitors with events on Friday may have their weapons checked from 3:00 pm – 6:00 pm on Thursday at the venue IF the set-up for the Tournament has been completed. Weapons check will test masks for all weapons, all lamè materials (i.e., jackets for foil and saber, and gloves for saber), and all cords (body for all weapons, mask for sabre, bib for foil, when used). Masks must pass the 12-kg punch test. Equipment must conform to regulations (see information below). All events are conducted with electric equipment. Equipment that fails when reporting on the strip for a bout or changing weapon will receive a yellow card. (See T.45 of the FIE Rules). Fencers must report to strip immediately after their strip assignments (pool or DE) have been posted. A preliminary check will be conducted to ensure the presence of: Underarm plastron, 2nd weapon and body cord, weapon check control marks. No fencer will be allowed to fence if these conditions are not met.

**TECHNICAL INFORMATION:**

Fencers must wear the required clothing — regulation fencing jacket and pants, underarm protector (plastron), knee socks and a fencing glove that covers half the forearm. Women must wear breast protectors. In épée and foil, a full jacket is required (i.e., a jacket with cuissard/groin strap). Any attachment to a weapon's handle must fix the hand in one position such that the top of the thumb is no more than 2 cm. from the inner surface of the guard. Warm-up pants are not allowed. Fencing uniforms must not have any rips, tears, holes, etc. The lower front of foil lames must be cut according to the drawing in the rule book (m.28.6). U.S. Fencing allows uniforms of a single pastel color or designs on the rear (unarmed) arm and leg. As the purpose of uniform color or design is for audience interest, such designs should be in good taste.

In all three weapons, each fencer's last name must be printed, either by hand or machine, so as to be legible from a distance of 15 feet in dark blue capital letters: either (1) on the back of the uniform or lamè between the shoulders; (2) on the front or side of the thigh of the "rear" leg; or (3) on a piece of fabric or lamè material that is firmly sewn to the uniform in such a way that it will not detach during fencing or catch the opponent's point. Fabric attached to the uniform must be the same color as the part of the uniform to which it is attached. Conductive materials must be attached in such a way as to not alter the conductivity of the metallic vest or jacket. **NAMES PRINTED ON TAPE ARE NOT ACCEPTABLE.**

The use of an FIE certified uniform and mask is not required for USFA competitions. However, the protective plastron must:

Have at least two layers;

Include a sleeve down to the elbow without opening or seam in the region of the armpit; and

Ensure the best possible protection. It may be fixed to the jacket without being entirely sewn in.

It does not need to be constructed of 800 Newton material.

In electric saber, the glove, whether a regulation saber glove or a glove used with a regulation manchette which must have a hold-down loop must overlap the metallic jacket that, itself, must overlap the cloth jacket.

Saber blades marked with the year of manufacture (S200 or higher) and/or conforming to the current FIE standards are required for all USFA competitions except Youth 10 competitions. The requirement for the new saber blades may necessitate a flexibility test at USFA National competitions. (Even when the year is specified on a blade, there is no guarantee that the blade will pass the flexibility test.) Allow additional time for weapons check at these competitions.

#### **DRUG TESTING:**

There may be drug testing conducted for athletes who compete in this tournament. Any detection of banned substances would be cause for suspension and loss of national points earned for selection towards any U.S. Fencing team. There are over-the-counter medications that may contain banned substances and it is the fencer's responsibility to ensure that he or she does not inadvertently take any medication that contains a banned substance. For any questions about medications and banned substances, call the U.S. Anti-Doping Agency Drug Hotline at 800-233-0393 or visit their website at [www.usantidoping.org](http://www.usantidoping.org).

#### **CALL TO FENCING STRIP:**

The second call for a missing fencer at the beginning of or during the pool round or a direct elimination bout at a National USFA competition will be announced over the public address system one minute following the first call at the strip. If the fencer fails to report to the referee at the assigned strip within one minute of that second call, the referee will call for the fencer at the strip one final time; if the fencer still fails to report to the strip within one minute after the final call, the fencer will be excluded (a black card will be issued) from that competition. BOD 9/2006

**FORMAT:** Bouts in the pool round are 5-touch bouts with a 3-minute time limit.

<b>Event</b>	<b>Bout Format</b>
Division I	<p>Men's and Women's Foil, Men's and Women's Epee, Men's and Women's Sabre</p> <ul style="list-style-type: none"><li>○ One pool round</li><li>○ 75% advance from the pool round to Direct Elimination round</li><li>○ No Repêchage</li><li>○ DE bout format: 15 touches in three 3-minute segments, in sabre the break will occur when the first fencer reaches 8 or when the time segment expires</li></ul> <p>National points are awarded to the top 40% (maximum place of 32) of the competitive field to the nearest quadrant of the direct elimination tableau</p>
Youth 14	<ul style="list-style-type: none"><li>○ One round of pools</li><li>○ 100% promoted to direct elimination tableau. Bouts in direct elimination are 15-touch bouts in three - 3-minute segments with 1-minute breaks. In saber, bouts are fenced to 15 touches with a 1-minute break when the first fencer reaches 8 touches or after the first three minutes of the encounter, whichever occurs first.</li></ul>
Youth 12, 10	<ul style="list-style-type: none"><li>○ One round of pools</li><li>○ 100% promoted to direct elimination tableau in which bouts are best 2 out of 3, 5-touch bouts, 1 minute rest between bouts.</li><li>○ <b>At all Youth 10 competitions, blade length must be either 30" or 32" long</b></li></ul>

**AGE RULES: For National Level Tournaments 2009-2010** (Excluding Summer Nationals and SN Qualifiers)

CATEGORY	Division I	Division II	Division III	VET OPEN	VET 50-59	VET 60 +	VET 70 +	JR	CDT	Y14	Y12	Y 10
CODE	DVI	DVII	DVIII	VET	V50	V60	V70	U20	U17	Y14	Y12	Y10
AGE	Born on or before 1996	Born on or before 1996	Born on or before 1996	Born on or before 1969	9/1/60 – 9/2/50	Born before 9/2/50	Born before 9/2/40	1990 - 1996	1993 - 1996	1995 - 1998	1997 - 2000	1999 - 2002
CLASS	A, B, <u>OR</u> C	C, D, E <u>OR</u> U	D, E <u>OR</u> U	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

\*\* If a fencer is listed on the Youth Point standings for an age category younger they are eligible to “fence up” ( i.e. younger for Y14 if on Y12 national point standings; younger for Y12 if on national point standings for Y10)

**NATIONAL EVENTS FREQUENTLY ASKED QUESTIONS:**

***I am new to the USFA and/or need more information about National Tournaments, who do I contact?*** Contact Christine Simmons at the USFA office by email [Christine.simmons@usfencing.org](mailto:Christine.simmons@usfencing.org).

***I am trying to talk with someone in National Events, but I can't get through to a real person.*** The National Events phone is very busy throughout the tournament season. If you have a question, leave a voice message and we will call you back (719-866-4511). If you need an immediate answer, email the question to: [christine.simmons@usfencing.org](mailto:christine.simmons@usfencing.org). Please do not leave a message at every extension in the office. It only slows the process and creates confusion for everyone.

***Do I have to check in at the tournament?*** Yes, you must check in during your specified time or you will be disqualified. If you have entered more than one event, you must check in for each event during the time specified.

***My name is not posted on the USFA website for the tournament? The confirmed entry list posted on [www.usfencing.org](http://www.usfencing.org) will be updated weekly.*** If you have submitted your entry and your name is not listed on the USFA website, contact the office immediately. This is another good reason to get your entry in to the office early.

***What time will the tournament end each day?*** There is no way to determine when the tournament will end each day. If you are competing and plan to leave after your event, make your departure arrangements for the following day.

***When will the check in times be posted on the USFA Website?*** The USFA Tournament Committee provides the check-in times to the National Office after the tournament deadline. The National Office then sends the information to the website to be posted.

***Why do we go to sweltering cities in the summer and chilly locations in the winter?*** Costs! The rental cost and hotel room rates will be lower when it is “off season” for a city. We can hold a tournament in Miami, Atlanta, San Jose and Pittsburgh, all major cities, because we go to those locations in their off season.

***How do you decide which cities will host a National Tournament?*** The USFA Tournament Committee and National Office work together in determining which city will be selected for a tournament. U.S. Fencing accepts bids from any City, Convention Organization or Sports Commission interested in hosting a national tournament. The bid must provide facilities information including cost, number of hotel rooms and rates, supply personnel and donations to make a tournament successful for the participants, the host and U.S. Fencing. The range of tournaments and the flexibility that U.S. Fencing offers in sharing responsibilities provides hosts with various levels of involvement.

Once a City has completed a detailed “Expression of Interest” form, and the location, venue size and number of hotel rooms meets the Bid Packet specifications, then a site visit is scheduled. The Bid City pays for the site visit.

On the site visit all prospective hotels and the convention center are toured. If a shuttle or light-rail are to be used for the tournament, then the USFA representative drives the route or takes the rail system to determine the cost, and the time it takes to get from the hotels to the Convention Center. While on the site visit, the USFA Representative also meets with local fencing clubs, catering representatives, decorating companies, union personnel, AV and electrical contractors.

Once a City is on the short list for a tournament, extensive negotiations begin on venue rental costs, hotel rates, and all the costs associated with a large national tournament. If a city makes it through this process, the Tournament Committee and the USFA National Office look at all final prospective tournament locations and a city is selected. The next time you look at our locations for tournaments I hope that you notice that we are making selections throughout the country, so that at some point during the season a national tournament will be in or near your time zone!

***Are you interested in bringing a National Tournament to your city?*** Send an email to [Christine.simmons@usfencing.org](mailto:Christine.simmons@usfencing.org).

***What are all the deadlines for this tournament?  
April 23-26, 2010 (Fri-Mon) Division I/Youth 14/12/10***

Deadline for Entries at Regular Fees:	March 8, 2010
Late Entry Period at Triple Fees:	March 9 – March
19, 2010	
Final Deadline for Entries at Triple Fees:	March 19, 2010
Deadline for Classification Changes:	April 12, 2010
Withdrawal Deadline:	April 19, 2010

## Classification Reference Chart

COMPETITION RATING	MINIMUM NBR COMPETITORS	RATED FENCERS REQUIRED	RATED FENCERS MUST FINISH	CLASSIFICATIONS AWARDED
GROUP E1	<b>6</b>	NONE	N/A	1 → E
GROUP D1 Changed per BOD 7/09	<b>15</b>	4 E's (or higher)	2 E's (or higher) in top 8	1 → D 2-4 → E
GROUP C1	<b>15</b>	2 C's & 2 D's & 2 E's (or higher)	2 C's & 2 D's (or higher) in top 8	1 → C 2-4 → D 5-8 → E
GROUP C2	<b>25</b>	4 D's & 4 E's (or higher)	4 D's (or higher) in top 8	1 → C 2-4 → D 5-8 → E
GROUP C3	<b>64</b>	24 D's & 12 E's (or higher)	4 D's in top 8 & 4 E's (or higher) in top 12	1-4 → C 5-8 → D 9-16 → E
GROUP B1	<b>15</b>	2 B's & 2 C's & 2 D's (or higher)	2 B's & 2 C's (or higher) in top 8	1 → B 2-4 → C 5-6 → D 7-8 → E
GROUP B2	<b>25</b>	2 B's & 2 C's & 2 D's (or higher)	2 B's & 2 C's (or higher) in top 8	1 → B 2-4 → C 5-8 → D 9-12 → E
GROUP B3	<b>64</b>	24 C's & 12 D's (or higher)	4 C's in top 8 & 4 D's (or higher) in top 12	1-4 → B 5-8 → C 9-16 → D 17-32 → E
GROUP A1 Changed per BOD 7/07	<b>15</b>	2 A's & 2 B's & 2 C's (or higher)	2 A's & 2 B's (or higher) in top 8	1 → A 2 → B 3-4 → C 5-6 → D 7-8 → E
GROUP A2	<b>25</b>	2 A's & 2 B's & 2 C's (or higher)	2 A's & 2 B's (or higher) in top 8	1 → A 2-4 → B 5-8 → C 9-10 → D 11-12 → E
GROUP A3	<b>64</b>	24 B's & 12 C's (or higher)	4 B's in top 8 & 4 C's (or higher) in top 12	1-4 → A 5-8 → B 9-16 → C 17-24 → D 25-32 → E
GROUP A4	<b>64</b>	12 A's & 12 B's & 12 C's (or higher)	4 A's in top 8 & 4 B's (or higher) in top 12	1-8 → A 9-16 → B 17-24 → C 25-32 → D 33-48 → E

Division I NAC and National Championships are always Group A4 competitions.

Division I-A National Championships are always at least Group A3 competitions.

Division II NAC and National Championships are always at least Group B3 competitions.

Division III NAC and National Championships are always at least Group C3 competitions.

Changes in classifications are allowed at USFA sanctioned individual competitions that are restricted to Veterans and to Junior fencers.

**Division, Section and Regional Youth and Cadet competitions must meet or exceed criteria for C1 to award changes in classification. (BOD, July '02, July 03).**

The USFA does permit classification changes at mixed competitions without regard to gender of fencers.

# HEALTH SERVICES IN THE VIRGINIA BEACH AREA

Virginia Beach Convention Center – Halls A, B & C  
1000 19<sup>th</sup> Street  
Virginia Beach, VA 23451

## **Hospitals**

### **Sentara Virginia Beach General Hospital (757) 395-8000**

1060 First Colonial Road

Directions from VBCC (est. 7 min, 3.5 mi away)

- Start out going WEST on 19<sup>TH</sup> St toward PAVILION DR.
- Turn RIGHT onto BIRDNECK RD N
- Merge onto I-264 W/NORFOLK-VIRGINIA BEACH EXPY toward I-64/NORFOLK
- Take the FIRST COLONIAL RD exit, EXIT 21, toward OCEANA NAVAL AIR STATION
- Turn RIGHT onto FIRST COLONIAL RD/VA-408 N

### **Children's Hospital (757) 425-5437**

550 1<sup>st</sup>

Directions from VBCC (est. 5 min, 1 mi away)

- Head EAST on 19<sup>th</sup> St toward WASHINGTON AVE
- Turn LEFT on BALTIC AVE.
- Turn LEFT on 27 ½ ST.

## **DENTIST**

### **Children's Dentistry & Orthodontics (757) 474-1200**

1055 Kempsville Road 23450

Directions from VBCC (est. 2 min, 0.6 mi away)

- Head WEST on 19<sup>TH</sup> ST. toward JEFFERSON AVE.
- Turn RIGHT onto PAVILION DR
- Turn RIGHT onto N BIRDNECK RD
- Turn RIGHT onto OLD VIRGINIA BEACH RD.

### **Advanced Sedation Dentistry (757)769-7155**

616 Virginia Beach Blvd.

Directions from VBCC (est. 2 min, 0.6 mi away)

- Head EAST on 19<sup>th</sup> ST toward WASHINGTON AVE.
- Turn RIGHT onto WASHINGTON AVE.
- Turn LEFT onto US-58/VIRGINIA BEACH BLVD.

## **PHARMACIES**

### **Rite Aid (757) 437-0017**

324 Virginia Beach Blvd.

Directions from VBCC (est. 2 min, 0.8 mi away)

- Head WEST on 19<sup>TH</sup> ST. toward JEFFERSON AVE.
- Turn LEFT onto JEFFERSON AVE.
- Turn LEFT onto US-58/VIRGINIA BEACH BLVD.

### **Eckerd Pharmacies**

1077 Virginia Beach Blvd. (757) 425-1380

Directions from VBCC (est. 2 min, 0.6 mi away)

- Head WEST on 19<sup>TH</sup> ST toward JEFFERSON AVE.
- Turn LEFT onto JEFFERSON AVE.
- Turn RIGHT onto US-58/VIRGINIA BEACH BLVD.
- Make a U-TURN onto N BIRDNECK RD.
- DESTINATION WILL BE ON THE RIGHT

**Max & Erma's Restaurant**

1900 Pavilion Dr.  
(757) 425-1198

**Zoe's Restaurant**

713 19<sup>th</sup> St.  
(757) 437-3636

**Croc's Restaurant**

620 19<sup>th</sup> St.  
(757) 428-5444

**McDonald's**

404 N Birdneck Road  
(757) 437-7297

**China Harbor Restaurant**

616 Virginia Beach Blvd. #103  
(757) 428-2467

**O'Leary's Irish Beach Bar & Grille**

942 Virginia Beach Blvd.  
(757) 422-1256

**Beach Bully Open Pit Bar-B-Que**

601 19<sup>th</sup> St.  
(757) 422-4222

**Feather-n-Fin Chicken Seafood**

701 Virginia Beach Blvd.  
(757) 428-6512

**Salvatore's Italian Restaurant**

605 Virginia Beach Blvd.  
(757) 227-6276

**NY Pizza**

1900 Atlantic Ave #A  
(757) 491-3222

**Quiznos**

1826 Atlantic Ave  
(757) 422-0000

**Wendy's**

2201 Pacific Ave.  
(757) 425-5524