

Quick Team Information

Current World Ranking: 4th
 Head Coach: Hugh McCutcheon
 2009 Record: 18-14
 2008 Record: 22-11
 Assistant Coach: Karch Kiraly
 Asst Coach/Technical Coordinator:
 Jamie Morrison

U.S. Women's National Volleyball Team Weekly Update

April 27, 2010

Additional Team USA Facts

USA Volleyball CEO: Doug Beal
 Training Site: Anaheim, Calif.
 Media Contact: Bill Kauffman
 Phone: 719-228-6800
 E-Mail: bill.kauffman@usav.org
 Web Site: www.usavolleyball.org
 Confederation: NORCECA

**2010 U.S. Women's National
 Volleyball Team Schedule**
China Tour**Site: Guangzhou, China**

Jan. 30: def. Hong Kong 4-0 (scrimmage)
 Jan. 31: lost to Evergrande 1-3 (scrimmage)
 Feb. 2: lost to Evergrande 0-3 (Exhibition)

Montreux VolleyMasters**Site: Montreux, Switzerland**

June 8: vs. Japan, 6:30 p.m.
 June 9: vs. Germany, 4:30 p.m.
 June 11: vs. Russia, 9 p.m.
 June 12: Crossover Matches
 June 13: Medal Round Matches

Pan American Cup**Site: Mexico**

June 10-20: Opponents TBA

FIVB World Grand Prix Weekend 1**Site: Gdynia, Poland**

Aust. 6-8: Poland, Germany, Dominican
 Republic

FIVB World Grand Prix Weekend 2**Site: Bangkok, Thailand**

Aug. 13-15: Thailand, Italy, Puerto Rico

FIVB World Grand Prix Weekend 3**Site: Hong Kong**

Aug. 20-22: China, Germany, Thailand

FIVB World Grand Prix Final Round**Site: Ningbo, China**

Aug. 25-29: Top 5 Teams plus China

Final Four Intercontinental Cup**Site: TBA**

Sept. 19-27: TBA

FIVB World Championship First Round**Site: Matsumoto, Japan**

Oct. 29: vs. Thailand
 Oct. 30: vs. Croatia
 Oct. 31: vs. Germany
 Nov. 2: Kazakhstan
 Nov. 3: vs. Cuba



USA Volleyball.

MONTREUX PRELIMINARY ROSTER ANNOUNCED: Hugh McCutcheon (Christchurch, New Zealand) has announced the U.S. Women's National Team 19-player preliminary roster (O-2) for the 2010 Montreux VolleyMasters event to be held June 8-13 in Montreux, Switzerland. The outside/opposite hitters include Olympians Kim Glass (Lancaster, Pa.) and Ogonna Nnamani (Bloomington, Ill.), as well as Cynthia Barboza (Long Beach, Calif.), Jill Collymore (Bellevue, Wash.), Nicole Fawcett (Zanesfield, Ohio), Megan Hodge (Durham, N.C.), Destinee Hooker (San Antonio, Texas), Angie Pressey (Lake Mary, Fla.) and Kristin Richards (Orem, Utah). Setters on the preliminary Montreux roster are Angie McGinnis (Fraser, Mich.), Nellie Spicer (Barrington, Ill.) and Courtney Thompson (Kent, Wash.). Middle blockers on the Montreux preliminary roster are 2008 Olympian and Montreux captain Jennifer Joines Tamas (Milpitas, Calif.), Foluke Akinradewo (Plantation, Fla.), Alexis Crimes (Rancho Cucamonga, Calif.), Christa Harmotto (Aliquippa, Pa.) and Cheryl Weaver (Washington, D.C.). The two liberos on the preliminary roster are 2008 Olympian Nicole Davis (Stockton, Calif.) and Tamari Miyashiro (Kaneohe, Hawaii). USA opens the tournament against Japan on June 8, followed by pool matches against Germany on June 9 and Russia on June 11. The pool crossover/semifinal round is set for June 12 with China, Cuba, Netherlands and Poland in Pool B. The tournament concludes with the finals on June 13. The U.S. has not competed in the Montreux event since 2005. Richards is the only U.S. player with experience playing in Montreux (in 2005). McCutcheon has completed his staff with assistant coaches Jamie Morrison (Dana Point, Calif.) and Paula Weishoff (Irvine, Calif.), Jim McLaughlin (Seattle, Wash.) as team manager, Jill Wosmek (Silver Lake, Minn.) as medical support and Dr. William Stetson as team doctor. Karch Kiraly (San Clemente, Calif.) will stay behind in Anaheim to continue training other members of the U.S. Women's National Team as it prepares to compete in the Pan American Cup June 16-27 in Mexico.



SCOTT-ARRUDA GIVES BIRTH: Danielle Scott-Arruda (Baton Rouge, La.), a four-time Olympian with the U.S. Women's National Volleyball Team, gave birth to her first child – Julianne Racquel Scott Arruda – on April 17. After spending some time in Louisiana with her husband Eduardo and Julianne, traveling to Brazil for the in-laws to meet the family's new addition and getting back into playing shape, Scott-Arruda plans to re-join the U.S. Women's National Volleyball Team later this summer with the hopes of being available for Team USA at the FIVB Women's World Championship that starts on Oct. 29 in Japan. Tayyiba Haneef-Park (Laguna Hills, Calif.), a two-time Olympian with the U.S. Women's National Team, gave birth to a son earlier this spring and also plans to make a comeback with the team later this year.

SPRING TRAINING BLOCK STARTS: The U.S. Women's National Team started its spring training block on April 26 with a total of 12 players participating at the USA National Team Center located within the American Sports Centers in Anaheim, Calif. The team training sessions are open to the public. Training times are generally Monday through Thursday from 9 a.m. to 12:30 p.m., while times on Fridays often vary. Players currently training include middle blockers Foluke Akinradewo (Plantation, Fla.), Tracy Stalls (Denver, Colo.), Christa Harmotto (Aliquippa, Pa.), Alexis Crimes (Rancho Cucamonga, Calif.) and Lauren Paolini (Ann Arbor, Mich.). Outside hitters/opposites include Heather Hughes (Fallbrook, Calif.), Brittany Moore (Orange, Calif.), Jill Collymore (Bellevue, Wash.) and Julie Rubenstein (Camarillo, Calif.). The setters include Bryn Kehoe (North Bend, Ohio) and Nellie Spicer (Barrington, Ill.). The libero position has Tamari Miyashiro (Kaneohe, Hawaii) currently training.


TRIVIA QUESTIONS (answers on page 3)

1. Who was named the USA Volleyball Female Indoor Athlete of the Year in 2008?
2. For what club team did Bryn Kehoe play for and earn USA Volleyball Girls' Junior National Championship titles in 2002 and 2003?
3. Which U.S. Women's National Team player earned MVP honors at the 2005 USA Volleyball Girls' Junior National Championship in the 18 Open Division?

Quick Team Information

Current World Ranking: 4th
Head Coach: Hugh McCutcheon
2009 Record: 18-14
2008 Record: 22-11
Assistant Coach: Karch Kiraly
Asst Coach/Technical Coordinator:
Jamie Morrison

U.S. Women's National Volleyball Team Weekly Update

April 27, 2010

Additional Team USA Facts

USA Volleyball CEO: Doug Beal
Training Site: Anaheim, Calif.
Media Contact: Bill Kauffman
Phone: 719-228-6800
E-Mail: bill.kauffman@usav.org
Web Site: www.usavolleyball.org
Confederation: NORCECA

Players Training at USA National Team Center

Latest list of players training at USA National Team Center within the American Sports Centers in Anaheim as part of the U.S. Women's National Team program.

Foluke Akinradewo (MB, Plantation, Fla.)
Mekana Barnes (MB, Highlands Ranch, Colo.)
Jill Collymore (OH, Bellevue, Wash.)
Brittnee Cooper (MB, Houston)
Alexis Crimes (MB, Rancho Cucamonga, Calif.)
Jessica Fine (L, Tarzana, Calif.)
Christa Harmotto (MB, Aliquippa, Pa.)
Bryn Kehoe (S, North Bend, Ohio)
Tamar Miyashiro (L, Kaneohe, Hawaii)
Brittany Moore (OH, Orange, Calif.)
Aneli Otineru (Hale'iwa, Hawaii)
Lauren Paolini (MB, Ann Arbor, Mich.)
Angie Pressey (OH, Lake Mary, Fla.)
Julie Rubenstein (OH, Camarillo, Calif.)
Tracy Stalls (MB, Denver, Colo.)
Nicole Vargas (S, Seal Beach, Calif.)

Head Coach: Hugh McCutcheon

Asst Coach: Karch Kiraly

Asst Coach/Tech Coordinator: Jamie Morrison

Athletic Trainer: Jill Wosmek

International Transfers for USA Players

Abrahamson, Laurel (C.V. Cuesta Piedra, Spain)
Adams, Kimberly (Voley Murcia, Spain)
Ammerman, Sarah (Ponce Leonos, Puerto Rico)
Andreyko, Diana (Hainaut Volley, France)
Anglin, Keri (VBC Glaronia, Switzerland)
Arrington, Patrice (VC Igtisadchi Baku, Azerbaijan)
Atherstone, Kylie (Bayamon, Puerto Rico)
Barboza, Cynthia (Toray Volleyball Team, Japan)
Barrera, Jessica (OK Koper, Slovenia)
Baumstark, Jamie (VBC Biel - Bienne, Switzerland)
Bayley, Jacqueline (OK Galeb, Bar, Montenegro)
Beck, Morgan (Anorthosis Famagustus, Cyprus)
Berg, Lindsey (Villa Cortese, Italy)
Bible, Amanda (OK Koper Volleyball, Slovenia)
Blum, Tiffany (Zok Matija Mesic Club, Croatia)
Bown, Heather (Giannino Pieralisi Volley, Italy)
Brown, Emily (Nantes Atlantique, France)
Brown, Victoria (Club Voleibol Haro, Spain)
Burkhardt, Justine (UVF Haebau Schubert Melk, Austria)
Busse, Cassie (Llaneras Toa Baja, Puerto Rico)
Buteyn, Lindsey (VC Tirol, Austria)
Cahill, Stephanie (Franches-Montagnes, Switzerland)
Campbell, Norisha (TSV Sonthafen, Germany)
Carter-Knudsen, Caley (Kuusamon Pallokarhut, Finland)
Cepero, Greichaly (Indias de Mayaguez, Puerto Rico)
Clark, Nichole (VBC Fribourg, Switzerland)
Cmaylo, Anna (Sparkasse Klagenfurt, Austria)
Cole, Shonda (Caguas, Puerto Rico) **OVER**
Cole, Shonda (Corozal, Puerto Rico)
Copenhagen, Diane (Heutink Pollux, Netherlands)
Crawford, Therese (VBC Voloro Zurich, Switzerland)
Cubi-Otineru, Aneli (Guaynabo, Puerto Rico)
Daley, Allison (Club Voleibol R.H. Las Palmas, Spain)
Davis, Nicole (Evergrande Volleyball Club, China) **OVER**
Davis, Nicole (Locomotiv Baku, Azerbaijan)
Day, Emily (Franches - Montagnes, Switzerland)
Deesing, Alesha (Xacobeo Zolo Ribeira Sacra, Spain) **OVER**
Deesing, Alesha (Club Voleibol Ciudadella, Spain)
DeKiewiet, Jamie (HPK Naiset, Finland)
DeTurk, Lauren (Franches-Montagnes, Switzerland)
Dyer, Alexandra (VC Tirol Innsbruck, Austria)
Eddins, Stefani (A.D. Algar Surmenor, Spain)
Ford, Lauren (Finestrat, Spain)
Evers, Whitney (Volley Dudingen, CH, Switzerland)
Fairchild, Jeanne (ZOK Split 1700, Croatia)
Fawcett, Nicole (VC Dinamo-Yntar Kaliningrad, Russia)
Genslak, Ashley (UVC Graz AG, Austria)
Gerling, Rachel (VC Tirol Innsbruck, Austria)
Glass, Kim (VK Prostějov, Czech Republic)
Gregory, Kari Ann (Franches-Montagnes, Switzerland)
Griffin, Allie (Fabasoft Linz, Austria)
Griffin, Maggie (Heutink Pollux, Netherlands)
Haas, Emily (Zenski Odbojkaski Klub Dubrovnik, Croatia)
Hall, Kiley (Cossonay Volleyball Club, Switzerland)
Hampton, Maurelle (Lindesberg Volley BK, Sweden) **OVER**
Hampton, Maurelle (Mets de Guaynabo, Puerto Rico)
Harmotto, Christa (Evergrande Volleyball Club, China)
Harry, Tesha (Dresdner SC, Germany)
Hart, Katherine (Zok Matija Mesic Club, Croatia)
Hart, Theresa (Zok Matija Mesic Club, Croatia)
Hartmann, Rachel (Neuchatel Universite Club, Switzerland)

(CONTINUED ON PAGE 3 SIDEBAR)

FUNCTIONAL MOVEMENT SCREENINGS BY CHANGE SPTI: Members of the U.S. Women's and Men's National Volleyball Teams will undergo an extensive functional movement screening next week provided by the team's preferred physical therapy provider Matt Swift (DPT, ATC) of Change SPTI. The screenings will occur April 27, April 28 and April 30 from 1:30 to 3 p.m. at the Change Sports Physical Therapy Institute located within the American Sports Centers at 1500 S. Anaheim Blvd. in Anaheim, Calif. The USA National Team Center is also located within the American Sports Centers. Swift is an expert in assessing the athletes' movements to spot any deficiencies they have in mobility or stability. "Having complete functional movement is the foundation upon which athletic performance is built," Swift said. "Like our national volleyball teams, everyone who's trying to improve their fitness should see a sports-oriented physical therapist before training or conditioning to make sure their body's foundational movement is adequate for their desired activity. The functional movement screen is a process that identifies the weak link in the movement pattern and then assigns exercises to correct it." Swift invites other physical therapists to view the screenings to learn more about improving athletes' functional movements. For more information, contact Swift at 714-917-3558 or swift.matt@gmail.com.

BERG PUSHING ITALIAN TEAM TO TOP: Lindsey Berg (Honolulu), a setter on the 2008 U.S. Olympic Team which won the silver medal in Beijing, is playing for MC-Carnaghi Villa Cortese of the Italian Serie A professional league this winter. After winning the Italian Serie A Cup on April 17, Villa Cortese attempted to show it was not a fluke during its quarterfinal round playoff of the Italian Serie A playoffs. Seeded second in the playoffs, it took a 25-19, 25-16, 19-25, 25-22 victory over Riso Scotti Pavia on April 21. Berg played only as a reserve in the fourth set of the match recording three serves. In the second match of the best-of-three series on April 25, Berg started all three sets as Villa Cortese swept Pavia 25-11, 29-27, 27-25 to advance to the semifinal round. Berg set her team to a 46 kill percent and .360 hitting efficiency. She added two blocks and a kill on her own attack for three individual points. Villa Cortese will face No. 3 Foppapedretti Bergamo/No. 6 Despar Perugia in the semifinals starting on May 1. Other matches are scheduled for May 3, May 5, May 7 and May 10 (last two if necessary). Last season, Villa Cortese competed in the Italian Serie A2 division but earned a spot in this year's upper division. To follow Berg throughout the season, check out her blog at <http://lindseyberg.blogspot.com/>.



BOWN COMPETING FOR JESI: Heather Bown (Yorba Linda, Calif.), a three-time Olympian with the U.S. Women's National Team, is competing for Monte Schiavo Banca Marche Jesi in the Italian Serie A professional league. Jesi finished the regular season in fourth place with a 13-9 record and 39 points. During the best-of-three quarterfinal playoff round, Jesi started with a 15-25, 25-18, 23-25, 27-25, 15-12 victory over Chateau d'Ax Urbino Volley on April 21. Bown scored 11 kills on 17 errorless attacks to go with three blocks for 14 points. In the second match, Urbino came back to win a tight four-set match 25-23, 25-22, 23-25, 26-24 on April 24. Bown pocketed another 14 points with 11 kills on 23 attacks and just two errors to go with three blocks. In the deciding third match of the quarterfinal round on April 26, Jesi held on for a 25-20, 25-16, 23-25, 25-19 victory. Bown was one of five Jesi players in double-figure scoring with 11 kills on 19 swings and three blocks for 14 points. With the quarterfinal round victory, Jesi advances to the semifinals to play top-seeded Scavolini Pesaro in a best-of-five series starting on April 30. Other matches are scheduled for May 2, May 4, May 6 and May 10 (last two if necessary).

USA Volleyball VOLLEY-TWEETS

Follow Kim Glass at <http://www.twitter-athletes.com/index.cfm?athleteID=2602>

April 26: "The motivation for me . . . Is them telling me what I could not be . . . Don't live confined 2 every1's rules..It's okay to live by your own standards..JUSt MAKE SURE You DON'T HuRT PEOPLE IN THE PROCESS!

Follow Lindsey Berg at <http://www.twitter-athletes.com/index.cfm?athleteID=3997>

April 25: "Big win tonight...semis here we come..."

Quick Team Information

Current World Ranking: 4th
Head Coach: Hugh McCutcheon
2009 Record: 18-14
2008 Record: 22-11
Assistant Coach: Karch Kiraly
Asst Coach/Technical Coordinator:
Jamie Morrison

U.S. Women's National Volleyball Team Weekly Update

April 27, 2010

Additional Team USA Facts

USA Volleyball CEO: Doug Beal
Training Site: Anaheim, Calif.
Media Contact: Bill Kauffman
Phone: 719-228-6800
E-Mail: bill.kauffman@usav.org
Web Site: www.usavolleyball.org
Confederation: NORCECA

International Transfers for USA Players

(CONTINUED FROM PAGE 2 SIDEBAR)

Heler, Jacqueline Victoria (VBC Fribourg, Switzerland)
Hilbers, Johanna (Poitiers Volleyball Club, France)
Hodge, Megan (Caguas, Puerto Rico)
Hohl, Jessica (CV Miranda, Spain)
Holehouse, Roberta (CVRH Las Palmas, Spain)
Hood, Regan (ASPTT Mulhouse, France)
Hooker, Destinee (GS Seoul Kixx, Korea) **OVER**
Hooker, Destinee (Corozal, Puerto Rico)
Houghtelling, Christina (Oriveden Ponnistus, Finland)
Houston, Jamie (Criollas de Caguas, Puerto Rico)
Hubbard, Atlee (Voley Murcia, Spain)
Hughes, Heather (Pinkin de Corozal, Puerto Rico)
Hughes, Heather (Criollas de Caguas, Puerto Rico) **OVER**
Jackson, Elizabeth (VBC Val-de-Travers, Switzerland)
Jenkins, Benavia (C.V. RH Las Palmas, Spain)
Jones, Jessica (Gigantes de Carolina, Puerto Rico)
Karpiak, Beth (VBC Koniz, Switzerland)
Kearney, Linzy (Marcq-en-Baroeul, France)
Kelley, Kristin (Franches-Montagnes, Switzerland)
Larson, Jordan (VC Dinamo, Kazan, Russia)
Lebeda, Kori (Voley Murcia, Spain)
Livingston, Sherisa (Panellinios A.C., Greece)
Lott, Erica (Valencianas de Juncos, Puerto Rico)
Lynch, Stephanie (Neuchatel Universite, Switzerland)
Magee, Brandy (Pieksamaki, Finland)
Mancuso, Danielle (Dresdner SportClub 1898, Germany)
Martin, Kristina (CV Benidorm, Spain)
Matich, Crystal (CV Tenerife, Spain)
Maurer, Brynn (Alemannia Aachen, Germany)
McCutcheon, Katie (Zenski Odbojaski Dubrovnik, Croatia)
McGinnis, Angie (VC Igtisadchi Baku, Azerbaijan)
McNamee, Candace (Le Cannet-Rocheville, France)
McNatt, Therese (Nova KBM Branik, Slovenia)
Metcalfe, Nancy (Minas Tennis Club, Brazil) **OVER**
Metcalfe, Nancy (Caguas, Puerto Rico)
Miller, Callie (FKB Volley Duingen, Switzerland)
Mondientz, Kristin (Franches-Montagnes, Switzerland)
Moore, Erica (Bayamon, Puerto Rico)
Moore, Rebecca (TI-Volley, Austria)
Morrison, Christal (Bayamon, Puerto Rico) **OVER**
Morrison, Christal (Corozal, Puerto Rico) **OVER**
Morrison, Christal (Catano, Puerto Rico)
Mustacchio, Darshaya (SSV Ulm 1846, Germany)
Nash, Christina (Toggenburg/KSV Wattwil, Switzerland)
Newcombe, Sonja (Ponce Leones, Puerto Rico)
Nnamani, Ogoma (VK Prostějov, Czech Republic)
Noyes, Savannah (VK Doprastav Bratislava, Slovakia)
Nyrop, Jessica (Franches-Montagnes, Switzerland)
Nzenwa, Queen (Club Volleyball Haro, Spain)
O'Connor, Erin (Kausamon Pallo-Karhut, Finland)
Odion, Stella (SV Schwechat Post Volley, Austria)
Olsovsky, Katie (Carolina, Puerto Rico)
Orchard, Ellen (VC Kanti Schaffhausen, Switzerland)
Palmer, Crystal (Lindesberg Volley BK, Sweden)
Phillips, Lindsay (VC "Azerall" Baku, Azerbaijan)
Piccolini, Lindsay (Somero, Finland)
Porter, Kristee (Pinkin de Corozal, Puerto Rico)
Richards, Kristin (Spartak Omsk, Russia)
Rogers, Tess (Oriveden Ponnistus, Finland)
Russell, Kelly (Sagres NVC Volleyball, Switzerland)
Salvo, Aerial (Lancheras de Catano, Puerto Rico)
Sather, Kaitlin (Pinkin de Corozal, Puerto Rico) **OVER**
Sather, Kaitlin (Carolina, Puerto Rico)
Senfleben, Jennifer (VBC Glaronia, Switzerland)
Serna, Stephanie (OK Tabor Maribor, Slovenia)
Shaw, Sheila (Rote Raben Vilsbiburg, Germany)
Simpson, Jaelyn (AEK, Cyprus)
Slack, Brigitte (SVS Sinsheim, Germany)
Solomon, Am'ra (JAV Olimpico IES Simon Perez, Spain)
Speer, Christina (Aachener TSV Alemannia Aachen, Germany)
Spicer, Nellie (Leonas de Ponce, Puerto Rico)
Stalzer, Lindsay (CV Finestrat, Spain)
Stidham, Melissa (PislaPloki, Finland)
Stovall, Desma (Terville - Florange O.C., France)
Swarbrick, Jessica (Xacobeo Zolo Ribeira Sacra, Spain)
Sutherland, Devon (Franches-Montagnes, Switzerland)
Sykora, Stacy (Omichka, Russia)
Tamas, Jennifer (Llaneras Toa Baja, Puerto Rico)
Thomas, Elisha (VC "Azerall" Baku, Azerbaijan)
Thompson, Courtney (Lancheras de Catano, Puerto Rico)
Thompson, Tori (A.D. Algar Surmenor, Spain)
Todd, Jennifer (Istres Ouest Provence, France)
Tom, Logan (Asystel Volley S.P.A., Italy)
Toone, Emilie (OK Kamnik, Slovenia)
Turner, Whitney (Sinsheim, Germany)
Vatterrodt, Katherine (Lyon Saint Fous, France)
Verdin, Quincy (VK Doprastav Bratislava, Slovakia)
Waller, Erin (Sm' Aesch Pfefingen, Switzerland)
Washington, Naomi (Voleibol Finestrat, Spain)
Weaver, Cheryl (VC Igtisadchi Baku, Azerbaijan)
Webster, Addie (VC Tirol, Austria)
Weider, Katherine (ASA Beer Sheva, Israel)
Wilkins, Katie (Mets de Guaynabo, Puerto Rico)
Williams, Sherri (CV Tenerife, Canary Islands)
Wilson, Makare (Spes S.s.d.p.a., Italy)
Wing, Kelly (Juncos Valencianas, Puerto Rico)
Wise, Bonita (LP Kangasala, Finland)
Woods, Ashley (Club Voleibol Benidorm, Spain)
Yanchulova, Petia (Kanti Schaffhausen, Switzerland)

TOM, ASYSTELE VOLLEY NOVARA: Logan Tom (Salt Lake City, Utah), a three-time Olympian and member of the 2008 U.S. Olympic Games silver medal roster, is competing for Asystel Volley Novara in the Italian Serie A professional league this winter. Novara, seeded eighth in the Serie A playoffs, dropped its opening best-of-three Italian Serie A quarterfinal match to Pesaro 25-20, 25-16, 21-25, 25-14 on April 21. Tom was credited with 13 kills on 38 swings for all her points. In the second match of the quarterfinal series against top-seeded Pesaro, Novara came back to win 22-25, 25-23, 25-23, 23-25, 15-11 on April 24 to force a deciding third match on April 26. In the victory, Tom collected a match-high 30 points with 27 kills on 58 swings and three blocks. She also had a 69 percent excellent service reception. In the deciding third match of the quarterfinal round on April 26, Pesaro claimed a 25-16, 25-18, 25-19 victory to advance to the semifinals. Tom provided Novara with 11 kills, one block and an ace for a team-high 13 points.



JOINES TAMAS, BUSSE WITH TOA BAJA: Jen Joines Tamas (Milpitas, Calif.) and Cassie Busse (Prior Lake, Minn.), both members of the U.S. Women's National Team, are playing for 2009 Puerto Rico League champion Toa Baja in 2010. Toa Baja finished the regular season with a five-match lead in the standings, thanks to a 21-match win streak after losing its opening match. The Llaneras also won the regular season and tournament title in 2009. In the quarterfinal round last week, Toa Baja topped Juncos 25-27, 25-18, 25-13, 25-12 on April 21. Busse notched 17 points with 12 kills, four blocks and an ace. Joines Tamas chipped in 13 points with seven kills, five aces and a block. The Llaneras lost to Caguas 25-16, 25-21, 25-17 in the final quarterfinal match on April 23. Already with a spot in the semifinals regardless of the outcome, Toa Baja did not play its three imports – Busse, Joines Tamas and Canadian Stacey Gordon. Toa Baja finished the Pool A quarterfinal with the second-best record at 4-2. The Llaneras will play Catano in the best-of-seven semifinal round series. Toa Baja lost to Catano 25-14, 25-22, 25-21 in the opening match of the semifinal series on April 26. Joines Tamas tallied a team-high 13 points with nine kills, two blocks and two aces. Busse chipped in 11 points in the loss. Catano also won the first match of the regular season over Toa Baja before it went on to finish the regular season without another loss. Additional matches in the series are on April 28, April 29 and May 1. If necessary, additional matches will be on May 3, May 5 and May 7.

THOMPSON, SALVO WITH CATANO: Setter Courtney Thompson (Kent, Wash.) and outside hitter Aerial Salvo (Farmington, Utah), both members of the U.S. Women's National Volleyball Team and products of University of Washington, are playing for Catano de Lancheras of the Puerto Rico Superliga. Prior to the playoffs starting, Catano added another Washington Husky in Christal Morrison. In the quarterfinal round last week, Catano topped Carolina 25-23, 25-19, 25-21 on April 19. Morrison scored a match-high 15 points, while Salvo added 14 points. Thompson was credited with four assists, 12 digs, two blocks and two kills in the victory. The Lancheras finished out the quarterfinal round home-and-home playoff pool with a 25-13, 25-23, 25-20 victory over Bayamon. Morrison slammed nine kills, two blocks and an ace for 12 points, while Salvo earned all 10 of her points on attacks. Thompson was credited with 16 digs, seven assists and a block in the victory. Catano finished as the top team in Pool B's quarterfinal round with a 5-1 record. In its best-of-seven semifinal round series, it will face defending league champion and 2010 regular season champion Toa Baja. Catano repeated its regular-season opening match with a 25-14, 25-22, 25-21 victory over Toa Baja to start the semifinal round on April 26. Thompson set the Lancheras with seven assists and 12 digs. Salvo claimed 14 points with 13 kills and a block. Morrison added nine points in the win. Additional matches in the series are on April 28, April 29 and May 1. If necessary, additional matches will be on May 3, May 5 and May 7.



TRIVIA ANSWERS (questions on page 1):

1. Lindsey Berg
2. Bryn Kehoe
3. Nellie Spicer

Quick Team Information

Current World Ranking: 4th
 Head Coach: Hugh McCutcheon
 2009 Record: 18-14
 2008 Record: 22-11
 Assistant Coach: Karch Kiraly
 Asst Coach/Technical Coordinator:
 Jamie Morrison

U.S. Women's National Volleyball Team Weekly Update

April 27, 2010

Additional Team USA Facts

USA Volleyball CEO: Doug Beal
 Training Site: Anaheim, Calif.
 Media Contact: Bill Kauffman
 Phone: 719-228-6800
 E-Mail: bill.kauffman@usav.org
 Web Site: www.usavolleyball.org
 Confederation: NORCECA

**2009 U.S. Women's National
 Volleyball Team Schedule**
Egypt Tour**Site: Cairo, Egypt**

April 10: def. Egypt 3-1
 April 12: def. Egypt 3-0

Pan American Cup**Site: Miami, Fla.**

June 26: def. Costa Rica 3-0
 June 27: def. Guatemala 3-0
 June 28: def. Mexico 3-0
 June 29: def. Peru 3-0
 June 30: def. Puerto Rico 3-1
 July 3: lost to Brazil 1-3
 July 4: lost to Puerto Rico 1-3

**FIVB World Championship Third
 Round - NORCECA Qualification**
Site: Orlando, Fla.

July 6: def. Netherlands Antilles 3-0
 July 7: def. Barbados 3-0
 July 8: def. Costa Rica 3-0

FIVB World Grand Prix Weekend 1
Site: Rio de Janeiro, Brazil

July 31: lost to Germany 0-3
 Aug. 1: def. Puerto Rico, 3-2
 Aug. 2: def. Brazil 0-3

FIVB World Grand Prix Weekend 2
Site: Miao Li, Chinese Taipei

Aug. 7: def. Dominican Republic 3-2
 Aug. 8: lost to Netherlands 2-3
 Aug. 9: lost to Germany 0-3

FIVB World Grand Prix Weekend 3
Site: Bangkok, Thailand

Aug. 14: lost to Russia 1-3
 Aug. 15: def. Puerto Rico 3-0
 Aug. 16: lost to Thailand 2-3

Final Four Intercontinental Cup**Site: Lima, Peru**

Sept. 9: lost to Brazil 2-3
 Sept. 10: def. Peru 3-1
 Sept. 11: lost to Dominican Republic 0-3
 Sept. 12: def. Dominican Republic 3-1
 Sept. 13: lost to Brazil 1-3 (gold match)

NORCECA Continental Championship
Site: Bayamon, Puerto Rico

Sept. 22: def. Mexico 3-0
 Sept. 23: lost to Cuba 2-3
 Sept. 24: def. Costa Rica 3-0
 Sept. 25: def. Canada 3-1
 Sept. 26: lost to Dominican Republic 2-3
 Sept. 27: lost to Cuba 2-3 (bronze match)



USA Volleyball

METCALF, HODGE LATE SIGNEES WITH CAGUAS:

Nancy Metcalf (Hull, Iowa) and Megan Hodge (Durham, N.C.) signed late in the Puerto Rico Superliga season in hopes of rejuvenating the team and advancing into the playoffs. They join past U.S. Women's National Team member Shonda Cole on the team. Hodge, who competed with the U.S. Women's National Team on a trip to China earlier this year, started her professional career with Caguas on March 27. In the quarterfinal round last week, Caguas dropped a 25-18, 25-18, 25-16 match to Corozal on April 21. Metcalf scored eight points in the match for Criollas, while Hodge did not play due to her education commitments. Caguas ended the quarterfinal round with a 25-16, 25-21, 25-17 victory over regular season champion Toa Baja on April 23. Metcalf tallied seven points in the victory, including four blocks. Caguas finished the quarterfinal round with a 2-4 record and in third place, missing the opportunity to advance to the semifinals.

**PRESSEY JOINS BAYAMON LATE:**

Angie Pressey (Lake Mary, Fla.), an outside hitter with the U.S. Women's National Team, joined Bayamon of the Puerto Rico Superliga just in time for the playoffs. In the quarterfinal round last week, Pressey turned in a team-high 19 points with 15 kills and four blocks on April 19, but it was not enough as Mayaguez came away with a 25-9, 25-17, 23-25, 25-17 victory. Bayamon's quarterfinal round ended on April 21 as it lost to Catano 25-13, 25-23, 25-20. Pressey turned in a team-high 12 points, all on kills, to go with 13 digs. Bayamon finished the quarterfinal round in a tie for second with a 3-3 record, forcing a playoff with Mayaguez on April 25. Pressey contributed 17 points with 13 kills and four blocks in helping the Vaqueras rally to a 25-19, 16-25, 26-28, 25-18, 15-13 victory. Bayamon now opens the best-of-seven semifinal series with Corozal on April 27, followed by guaranteed matches on April 29, April 30 and May 2. If necessary, additional matches will take place on May 4, May 6 and May 7.

HOOKER WITH COROZAL:

Destinee Hooker (San Antonio), who trained with the U.S. Women's National Team in spring of 2008 before heading back to University of Texas to complete her final two collegiate seasons, signed late with Corozal of the Puerto Rico Superliga. In the quarterfinal round last week, Corozal swept Caguas 25-18, 25-18, 25-16 on April 21. Hooker displayed her offensive talents with 15 kills, two blocks and an ace for a match-high 18 points in the sweep. Corozal ended the quarterfinal round on a roll with a 25-15, 25-12, 25-14 victory over Juncos on April 23. Hooker pocketed 12 points with nine kills, two blocks and an ace in the victory. Corozal ended Pool A's quarterfinal round with a 5-1 record to take the top spot. Corozal opens the best-of-seven semifinal round against Bayamon on April 27, followed by guaranteed matches on April 29, April 30 and May 2. If necessary, additional matches will take place on May 4, May 6 and May 7.

**OTHER AMERICAN HIGHLIGHTS IN PUERTO RICO:**

Kelly Wing was credited with 12 points for Juncos in its four-set loss to Toa Baja on April 21...Jessica Jones scored seven points in Carolina's three-set loss to Catano on April 19...Erin Moore contributed 14 points in Bayamon's four-set quarterfinal loss to Mayaguez on April 19...Shonda Cole, a former U.S. Women's National Team member, scored 10 points in Corozal's sweep of Caguas on April 21...Erin Moore was a one-person wrecking crew with 26 points in leading Bayamon from the brink of playoff elimination as it defeated Mayaguez in a five-set on April 26 in a tiebreaking match to conclude the quarterfinal round.

NNAMANI, GLASS PACING PROSTEJOV IN CZECH

REPUBLIC: Ogonna Nnamani (Bloomington, Ill.) and Kim Glass (Lancaster, Pa.) continue to lead their Czech Republic professional team Prostejov. Prostejov opened the best-of-five championship round series with Brno on April 24 with a 25-19, 25-21, 25-21 victory. To view match photos, visit <http://tinyurl.com/25af2ak>. In the second match of the series, Prostejov came away with a 25-21, 25-15, 25-22 victory and are one match away from the league playoff title.



Quick Team Information

Current World Ranking: 4th
Head Coach: Hugh McCutcheon
2009 Record: 18-14
2008 Record: 22-11
Assistant Coach: Karch Kiraly
Asst Coach/Technical Coordinator:
Jamie Morrison

U.S. Women's National Volleyball Team Weekly Update

April 27, 2010

Additional Team USA Facts

USA Volleyball CEO: Doug Beal
Training Site: Anaheim, Calif.
Media Contact: Bill Kauffman
Phone: 719-228-6800
E-Mail: bill.kauffman@usav.org
Web Site: www.usavolleyball.org
Confederation: NORCECA

USA National Team Center & City of Anaheim

USA Volleyball and the City of Anaheim are pleased to announce the agreement to bring the U.S. Women's National Volleyball Team to Anaheim from Colorado Springs was finalized in April 2009. The agreement also designates Anaheim as the Exclusive Official Host City for the USA Men's and Women's National Volleyball Teams through 2016. The team trains at the USA National Team Center within the American Sports Centers in Anaheim. The City of Anaheim and USA Volleyball are grateful for the support of these local sponsors who have contributed to the success of the U.S. Men's and Women's National Teams in Anaheim: American Sports Centers; Anaheim White House; JT Schmid's Restaurant & Brewery; PepZ Pizza & Eatery; OC Sports Grill; Ruth's Chris Steak House; CIM/Anaheim; Anaheim Marriott Suites; Anaheim Marriott Hotel; B.W. Stovals Hotels; Crowne Plaza Hotel; Disneyland Resort Hotels; Doubletree Guest Suites; Embassy Suites Anaheim South; Hilton Anaheim Hotel; Red Lion Hotel Anaheim; Sheraton Anaheim; and numerous Anaheim/OC Visitor and Convention Bureau member hotels.



ANAHEIM
OFFICIAL HOST CITY
★ ★ ★
USA MEN'S AND WOMEN'S
NATIONAL VOLLEYBALL TEAMS



USA Volleyball.

BARBOZA WITH TORAY IN JAPAN: Cynthia Barboza (Long Beach, Calif.), an outside hitter with the U.S. Women's National Team and alternate on both the 2004 and 2008 Olympic Games rosters, is playing in her first professional volleyball season in Japan V-League with Toray. After finishing the regular season with a 21-7 record and a second-place finish, Toray finished second in the four-team round-robin semifinal with regular season winner JT coming out on top. After Toray claimed the V-League championship with a sweep of JT in the final playoff match, it moved on to a friendly Japan-Korea series April 25-26. Toray defeated Korea's top team KT&G 25-18, 19-25, 29-27, 19-25, 15-10 on April 25. Barboza did not play in the match. Barboza and Toray's season will conclude with the Empress Cup held April 30 to May 5. Toray is in Pool B with Sanyo, Tsukuba University and Toyota Autobody with the matches played April to May 2 in that order. The quarterfinal crossovers will take place May 3, followed by semifinals on May 4 and championship on May 5.



DAVIS PICKS UP AZERBAIJAN: Nicole Davis (Stockton, Calif.), the U.S. Women's National Team libero during the 2008 Olympic Games, has shifted her professional season from China to Azerbaijan. After helping the Evergrande Volleyball Club to a perfect 12-0 season in the Chinese club season, she is now part of Lokomotiv of the Azerbaijan Super League. Her team has nine points and is in third place – one point out of first place – after the second round of the second phase of the Azerbaijan Super League. In the third match of a best-of-three semifinal round, Lokomotiv defeated Azerreyl, with U.S. Women's National Team member Elisha Thomas (Grass Valley, Calif.), in five sets. In the opening of the best-of-five championship series with Rabita, Lokomotiv dropped a hard fought five-set match with the final set score of 21-19. In the second match of the series, Rabita won 25-19, 25-11, 25-23.

2010 USA Women's National Team Stats

Name	Sets	Kills	Kills/ Set	Kill PCT	Attack Errors	Total Attack	Hitting Eff.	Service Aces	Aces/ Set	Stuff Blocks	Blocks/ Sets	Points	Points Set
Bryn Kehoe	4	4	1.00	57.1	0	7	.571	2	0.50	0	0.00	6	1.50
Cheryl Weaver	9	22	2.44	56.4	5	39	.436	0	0.00	8	0.89	30	3.33
Angie Pressey	7	8	1.14	23.5	8	34	.000	1	0.14	4	0.57	13	1.86
Jessica Fine	6	0	0.00	0.0	0	0	.000	0	0.00	0	0.00	0	0.00
Alisha Glass	7	4	0.57	66.7	1	6	.500	1	0.14	3	0.43	8	1.14
Tamari Miyashiro	7	0	0.00	0.0	0	0	.000	0	0.00	0	0.00	0	0.00
Katie Kimmich	5	10	2.00	31.3	4	32	.188	1	0.20	0	0.00	11	2.20
Mekana Barnes	6	6	1.00	50.0	3	12	.250	3	0.50	5	0.83	14	2.33
Megan Hodge	7	33	4.71	48.5	7	68	.382	0	0.00	4	0.57	37	5.29
Ellen Herman	4	9	2.25	36.0	6	25	.120	1	0.25	2	0.50	12	3.00
Heather Hughes	6	23	3.83	42.6	13	54	.185	0	0.00	1	0.17	24	4.00
Tracy Stalls	9	12	1.33	54.5	2	22	.455	4	0.44	5	0.56	21	2.33
Jill Collymore	9	28	3.11	53.8	10	52	.346	2	0.22	5	0.56	35	3.89
TEAM	11	160	14.55	45.1	49	355	.313	15	1.36	37	3.36	212	19.27
Opponent	11	118	10.73	32.4	63	364	.151	9	0.82	22	2.00	149	13.55

2010 Schedule/Quick Results

China Tour

Site: Guangzhou, China

Jan. 30: def. Hong Kong 4-0 (scrimmage)
 Jan. 31: lost to Evergrande 1-3 (scrimmage)
 Feb. 2: lost to Evergrande 0-3 (Exhibition)

Montreux VolleyMasters

Site: Montreux, Switzerland

June 8: vs. Japan, 6:30 p.m.
 June 9: vs. Germany, 4:30 p.m.
 June 11: vs. Russia, 9 p.m.
 June 12: Crossover Matches
 June 13: Medal Round Matches

Pan American Cup

Site: Mexico

June 10-20: Opponents TBA

FIVB World Grand Prix Weekend 1

Site: Gdynia, Poland

Aug. 6-8: Poland, Germany, Dominican Republic

FIVB World Grand Prix Weekend 2

Site: Taiwan, Chinese Taipei

Aug. 13-15: Thailand, Italy, Puerto Rico

FIVB World Grand Prix Weekend 3

Site: Hong Kong

Aug. 20-22: China, Germany, Thailand

FIVB World Grand Prix Final Round

Site: Ningbo, China

Aug. 25-29: Top 5 Teams plus China

Final Four Intercontinental Cup

Site: TBA

Sept. 19-27: TBA

FIVB World Championship First Round

Site: Matsumoto, Japan

Oct. 29: vs. Thailand
 Oct. 30: vs. Croatia
 Oct. 31: vs. Germany
 Nov. 2: Kazakhstan
 Nov. 3: vs. Cuba



Extra Stats

Digs on China Tour: Miyashiro 28 (4.00); Hodge 21 (3.00); Pressey 21 (3.00); Hughes 14 (2.33); Herman 9 (2.25); A. Glass 13 (1.86); Fine 11 (1.83); Kehoe 7 (1.75); Kimmich 3 (0.60); Barnes 3 (0.50); Stalls 4 (0.44); Weaver 3 (0.33). USA Totals: 119 (10.82). China Opponent Totals: 92 (8.36).

2009 USA Women's National Team Results (18-14)

Date	Opponent (Record)	Result	City	Pts Leader	Attend
USOC Goodwill Tour in Egypt					
4/10	Egypt (1-0)	W, 25-14, 25-27, 25-18, 28-26	Cairo, Egypt	Harmotto - 18	NA
4/12	Egypt (2-0)	W, 25-13, 25-15, 27-25	Cairo, Egypt	Rubenstein - 16	NA
Eighth Women's Pan American Cup					
6/26	Costa Rica (3-0)	W, 25-7, 25-6, 25-16	Miami, Fla	Larson - 14	825
6/27	Guatemala (4-0)	W, 25-7, 25-12, 25-7	Miami, Fla.	Barboza, Collymore - 9	700
6/28	Mexico (5-0)	W, 25-19, 25-14, 25-11	Miami, Fla.	Metcalf - 20	1,734
6/29	Peru (6-0)	W, 25-22, 25-21, 26-24	Miami, Fla.	Larson - 14	1,389
6/30	Puerto Rico (7-0)	W, 25-15, 25-20, 24-26, 25-23	Miami, Fla.	Richards, Larson - 18	2,950
7/3	Brazil (semifinals) (7-1)	L, 25-22, 22-25, 19-25, 14-25	Miami, Fla.	Metcalf - 19	2,500
7/4	Puerto Rico (bronze) (7-2)	L, 22-25, 25-20, 21-25, 20-25	Miami, Fla.	Scott-Arruda - 14	3,000
Final Ranking: 1. Brazil; 2. Dominican Republic; 3. Puerto Rico; 4. USA ; 5. Peru; 6. Argentina; 7. Canada; 8. Costa Rica; 9. Mexico; 10. Trinidad & Tobago; 11. Guatemala					
FIVB World Championship Qualification Tournament – Third Round NORCECA Pool G					
7/6	Netherlands Antilles (8-2)	W, 25-10, 25-9, 25-5	Orlando, Fla.	Haneef-Park, Barboza - 11	1,500
7/7	Barbados (9-2)	W, 25-6, 25-11, 25-12	Orlando, Fla.	Pressey, Richards - 11	1,200
7/8	Costa Rica (10-2)	W, 25-15, 25-9, 25-15	Orlando, Fla.	Barboza, Collymore - 18	2,500
Final Ranking: 1. USA ; 2. Costa Rica; 3. Netherlands Antilles; 4. Barbados					
FIVB World Grand Prix Preliminary Rounds					
7/31	Germany (10-3)	L, 15-25, 15-25, 16-25	Rio de Janeiro, Brazil	Fawcett - 11	2,632
8/1	Puerto Rico (11-3)	W, 21-25, 20-25, 25-23, 25-14, 15-13	Rio de Janeiro, Brazil	Fawcett - 27	2,853
8/2	Brazil (11-4)	L, 18-25, 22-25, 13-25	Rio de Janeiro, Brazil	Fawcett - 11	11,922
8/7	Dominican Republic (12-4)	W, 25-18, 25-19, 23-25, 21-25, 23-21	Miao Li, Chinese Taipei	Metcalf - 20	1,700
8/8	Netherlands (12-5)	L, 25-12, 22-25, 16-25, 25-21, 13-15	Miao Li, Chinese Taipei	Fawcett, Metcalf - 14	3,000
8/9	Germany (12-6)	L, 22-25, 18-25, 25-27	Miao Li, Chinese Taipei	Akinradewo - 13	2,000
8/14	Russia (12-7)	L, 21-25, 24-26, 25-19, 17-25	Bangkok, Thailand	Metcalf - 19	3,500
8/15	Puerto Rico (13-7)	W, 25-16, 25-18, 25-22	Bangkok, Thailand	Metcalf - 12	4,000
8/16	Thailand (13-8)	L, 25-19, 20-25, 21-25, 25-23, 11-15	Bangkok, Thailand	Akinradewo - 22	4,500
Final Preliminary Ranking: 1. Brazil (9-0); 2. Netherlands (8-1); 3. China (7-2); 4. Russia (6-3); 5. Japan (5-4); 6. Germany (5-4); 7. Poland (4-5); 8. Thailand (4-5); 9. USA (3-6) ; 10. Puerto Rico (1-8); 11. Dominican Republic (1-8); 12. Korea (1-8).					
Women's Final Four Intercontinental Cup					
9/9	Brazil (13-9)	L, 12-25, 25-18, 22-25, 25-19, 13-15	Lima, Peru	Pressey - 19	2,500
9/10	Peru (14-9)	W, 25-10, 20-25, 25-14, 25-20	Lima, Peru	Pressey - 23	1,800
9/11	Dominican Republic (14-10)	L, 20-25, 19-25, 23-25	Lima, Peru	Barboza - 15	1,500
9/12	Dominican Republic (15-10)	W, 25-20, 23-25, 25-22, 26-24	Lima, Peru	Bown - 14	2,450
9/13	Brazil (15-11)	L, 17-25, 16-25, 27-25, 25-19	Lima, Peru	Bown - 19	5,000
Final Ranking: 1. Brazil; 2. USA ; 3. Dominican Republic; 4. Peru					
NORCECA Continental Championship					
9/22	Mexico (15-12)	W, 25-18, 25-10, 25-13	Bayamon, Puerto Rico	Metcalf - 11	206
9/23	Cuba (16-12)	L, 25-19, 25-16, 16-25, 26-28, 10-15	Bayamon, Puerto Rico	Metcalf - 16	2,000
9/24	Costa Rica (16-12)	W, 25-7, 25-10, 25-13	Bayamon, Puerto Rico	Barboza - 12	1,100
9/25	Canada (17-13)	W, 17-25, 25-10, 25-23, 25-21	Bayamon, Puerto Rico	Fawcett, Larson - 15	550
9/26	Dominican Republic (18-13)	L, 25-21, 24-26, 25-10, 20-25, 19-21	Bayamon, Puerto Rico	Metcalf - 25	2,500
9/27	Cuba (18-14)	L, 25-17, 25-16, 26-28, 16-25, 11-15	Bayamon, Puerto Rico	Metcalf - 17	3,000
Final Ranking: 1. Dominican Republic, 2. Puerto Rico; 3. Cuba; 4. USA ; 5. Canada; 6. Mexico; 7. Costa Rica; 8. Trinidad & Tobago					

2009 USA Women's National Team Stats

Name	Sets	Kills	Kills/ Set	Kill PCT	Attack Errors	Total Attack	Hitting Eff.	Service Aces	Aces/ Set	Stuff Blocks	Blocks/ Sets	Points Points	Points Set
Foluke Akinradewo	36	66	1.83	48.5	11	136	.404	2	0.06	31	0.86	99	2.75
Cynthia Barboza	94	197	2.10	37.9	51	520	.281	21	0.22	16	0.17	234	2.49
Mekana Barnes	3	7	2.33	41.2	5	17	.118	1	0.33	0	0.00	8	2.67
Morgan Beck	2	3	1.50	23.1	5	13	-.154	0	0.00	0	0.00	3	1.50
Lindsey Berg	39	5	0.13	27.8	1	18	.222	8	0.21	9	0.23	22	0.56
Heather Bown	51	69	1.35	48.9	9	141	.426	12	0.24	31	0.61	112	2.20
Jane Collymore	12	33	2.75	55.0	6	60	.450	6	0.50	4	0.33	43	3.58
Therese Crawford	7	19	2.71	40.4	4	47	.319	0	0.00	1	0.14	20	2.86
Alexis Crimes	33	33	1.00	36.3	12	91	.231	9	0.27	20	0.61	62	1.88
Nicole Davis	86	1	0.01	1.00	0	1	1.000	0	0.00	0	0.00	1	0.01
Nicole Fawcett	74	136	1.84	37.5	48	363	.242	5	0.07	16	0.22	157	2.12
Tayyiba Haneef-Park	26	28	1.08	52.8	5	53	.434	4	0.15	7	0.27	39	1.50
Christa Harmotto	69	101	1.46	52.3	26	193	.389	8	0.12	47	0.68	156	2.26
Heather Hughes	0	0	0.00	0.0	0	0	.000	0	0.00	0	0.00	0	0.00
Jordan Larson	79	181	2.29	30.6	81	591	.169	15	0.19	20	0.25	216	2.73
Angie McGinnis	17	2	0.12	28.6	2	7	.000	2	0.12	2	0.12	6	0.35
Nancy Metcalf	79	268	3.39	39.3	92	682	.258	7	0.09	26	0.33	301	3.81
Brittany Moore	6	23	3.83	48.9	2	47	.447	2	0.33	2	0.33	27	4.50
Lauren Paolini	9	19	2.11	61.3	3	31	.516	4	0.44	1	0.11	24	2.67
Angie Pressey	34	79	2.32	38.2	31	207	.232	3	0.09	20	0.59	102	3.00
Kristin Richards	48	122	2.54	36.2	60	337	.184	5	0.10	14	0.29	141	2.94
Julie Rubenstein	7	17	2.43	35.4	7	48	.208	6	0.86	1	0.14	24	3.43
Danielle Scott-Arruda	48	62	1.29	44.9	18	138	.319	10	0.21	35	0.73	107	2.23
Nellie Spicer	39	17	0.44	53.1	4	32	.406	5	0.13	3	0.08	25	0.64
Tracy Stalls	3	4	1.33	80.0	0	5	.800	0	0.00	1	0.33	5	1.67
Stacy Sykora	88	2	0.02	100.0	0	2	1.000	0	0.00	0	0.00	2	0.02
Elisha Thomas	8	0	0.00	0.0	0	0	NA	0	0.00	3	0.38	3	0.38
Courtney Thompson	82	3	0.04	8.3	3	36	.000	23	0.28	5	0.06	31	0.38
Emillie Toone	4	2	0.50	40.0	1	5	.200	1	0.25	2	0.50	5	1.25
Nicole Vargas	4	2	0.50	28.6	2	7	.000	2	0.50	0	0.00	4	1.00
TEAM	121	1,501	12.40	38.9	491	3,858	.262	163	1.35	317	2.62	1,981	16.37
Opponent	121	1,361	11.25	34.5	605	3,946	.192	105	0.87	257	2.12	1,723	14.24

Digs on Egypt Tour: Nicole Davis 34 (4.86 digs/set); Nellie Spicer 11 (2.75); Nicole Vargas 10 (2.50); Morgan Beck 5 (2.50); Therese Crawford 15 (2.14); Julie Rubenstein 13 (1.86); Brittany Moore 9 (1.50); Mekana Barnes 4 (1.33); Stacy Sykora 6 (1.00); Lauren Paolini 6 (1.00); Christa Harmotto 1 (0.25). Team 114 (16.29 digs/set).

Digs at Pan American Cup: Nicole Davis 82 (3.90 digs/set); Stacy Sykora 9 (2.25); Nancy Metcalf 32 (1.60); Kristin Richards 27 (1.35); Jordan Larson 17 (0.81); Cynthia Barboza 10 (0.53); Danielle Scott-Arruda 10 (0.45); Nellie Spicer 9 (0.45); Christa Harmotto 7 (0.33); Angie Pressey 1 (0.33); Courtney Thompson 5 (0.29); Tayyiba Haneef-Park 4 (0.21). Team 213 (8.88 digs/set).

Digs at FIVB Women's World Championship Qualification Tournament: Stacy Sykora 45 (5.00 digs/set); Courtney Thompson 13 (2.17); Jane Collymore 16 (1.78); Kristin Richards 5 (1.67); Cynthia Barboza 13 (1.63); Tayyiba Haneef-Park 9 (1.29); Angie Pressey 5 (1.25); Danielle Scott-Arruda 7 (1.00); Heather Bown 2 (1.00); Christa Harmotto 1 (0.11). Team 117 (13.00 digs/set).

Digs at FIVB World Grand Prix: Stacy Sykora 53 (2.12 digs/set); Nicole Davis 63 (1.54); Courtney Thompson 43 (1.26); Kristin Richards 24 (1.00); Cynthia Barboza 19 (0.86); Nicole Fawcett 27 (0.82); Nancy Metcalf 13 (0.65); Jordan Larson 22 (0.63); Angie McGinnis 10 (0.59); Christa Harmotto 2 (0.33); Tracy Stalls 1 (0.33); Foluke Akinradewo 9 (0.25); Alexis Crimes 6 (0.19); Angie Pressey 0 (0.00); Heather Hughes 0 (0.00); Lauren Paolini 0 (0.00). Team 292 (8.11 digs/set).

Digs at Final Four Intercontinental Cup: Nicole Davis 45 (3.21 digs/set); Lindsey Berg 47 (2.94); Nancy Metcalf 45 (2.81); Cynthia Barboza 47 (2.35); Stacy Sykora 45 (2.25); Angie Pressey 44 (2.20); Nicole Fawcett 19 (1.19); Nellie Spicer 12 (1.00); Heather Bown 10 (0.56); Christa Harmotto 8 (0.40); Alexis Crimes 0 (0.00); Jane Collymore 0 (0.00). Team 221 (11.05). Opponent 225 (11.25).

Digs at NORCECA Continental Championship: Stacy Sykora 59 (2.46 digs/set); Jordan Larson 45 (1.96); Nicole Davis 5 (1.67); Cynthia Barboza 34 (1.36); Kristin Richards 1 (1.00); Lindsey Berg 22 (0.96); Nancy Metcalf 21 (0.91); Nicole Fawcett 14 (0.56); Danielle Scott-Arruda 10 (0.53); Courtney Thompson 12 (0.48); Christa Harmotto 4 (0.44); Heather Bown 7 (0.29); Angie Pressey 1 (0.20); Elisha Thomas 0 (0.00). Team 229 (9.16). Opponent 210 (8.40).

All-Time USA Women's Indoor Volleyball Olympians

1964 (Tokyo)

5th Place

Patti Bright
Jean Gaertner
Lou Galloway
Barbara Harwerth
Linda Murphy
Gail O'Rourke
Nancy Owen
Mary Jo Peppler
Mary Perry
Sharon Peterson
Verneda Thomas
Jane Ward

Head Coach: Dr. W.P. Burroughs
Manager: Ida Litschauer

1968 (Mexico City)

8th Place

Patti Bright
Kathryn Heck
Fanny Hopeau
Ninja Jorgensen
Laurie Lewis
Miki McFadden
Marilyn McCreavy
Nancy Owen
Barbara Perry
Mary Perry
Sharon Peterson
Jane Ward

Head Coach: Harlan Cohen

1980 (Moscow)

Did Not Compete (USA Boycott)

Janet Baier
Carolyn Becker
Rita Crockett
Patty Dowdell
Laurie Flachmeier
Debbie Green
Flo Hyman
Laurel Brassey
Debbie Landreth
Diane McCormick
Terry Place
Sue Woodstra

Head Coach: Arie Selinger
Assistant Coach: Toshi Yoshida
Manager: Ruth Becker

1984 (Los Angeles)

Silver Medal

Jeanne Beuprey
Carolyn Becker
Linda Chisholm
Rita Crockett
Laurie Flachmeier
Debbie Green
Flo Hyman
Rose Magers
Kim Ruddins
Julie Vollertsen
Paula Weishoff
Sue Woodstra

Head Coach: Arie Selinger
Assistant Coach: John Corbelli
Assistant Coach: Marlon Sano

1988 (Seoul)

7th Place

Deitre Collins
Caren Kemner
Laurel Kessel
Tammy Liley
Liz Masakayan
Jayne McHugh
Melissa McLinden
Kim Oden
Keba Phipps
Kim Ruddins
Angela Rock
Liane Sato

Head Coach: Terry Liskevych
Assistant Coach: Debbie Landreth Brown
Assistant Coach: Kent Miller

1992 (Barcelona)

Bronze Medal

Janet Cobbs
Tara Cross-Battle
Lori Endicott
Caren Kemner
Ruth Lawanson
Tammy Liley
Elaina Oden
Kim Oden
Liane Sato
Paula Weishoff
Tee Williams
Yoko Zetterlund

Head Coach: Terry Liskevych
Assistant Coach: Greg Giovanazzi
Assistant Coach: Kent Miller
Technical Coordinator: David Sims
Medical Consultant: Dan McDonough

1996 (Atlanta)

7th Place

Tara Cross-Battle
Lori Endicott
Caren Kemner
Kristin Klein
Tammy Liley
Bev Oden
Elaina Oden
Danielle Scott
Paula Weishoff
Tee Williams
Elaine Youngs
Yoko Zetterlund

Head Coach: Terry Liskevych
Assistant Coach: Aldis Berzins
Assistant Coach: Jeanne Beuprey Reeves
Technical Assistant: Dave Fleming

2000 (Sydney)

4th Place

Robyn Ah Mow
Heather Bown
Tara Cross-Battle
Mickisha Hurley
Sarah Noriega
Demetria Sance
Danielle Scott
Stacy Sykora
Charlene Tagaloa
Logan Tom
Kerri Walsh
Allison Weston

Head Coach: Mick Haley
Assistant Coach: Toshi Yoshida
Assistant Coach: Jeri Estes
Technical Coordinator: Monica Paul
Trainer: Emery Hill, Jr.
Team Doctor: Dr. David Weinstein
Team Manager: Bob Gambardella

2004 (Athens)

5th Place

Robyn Ah Mow-Santos
Elisabeth Bachman
Lindsey Berg
Heather Bown
Tara Cross-Battle
Tayyiba Haneef
Nancy Metcalf
Ogonna Nnamani
Keba Phipps
Danielle Scott
Stacy Sykora
Logan Tom

Head Coach: Toshi Yoshida
Assistant Coach: Kevin Hambly
Assistant Coach: Tara Cross-Battle
Technical Coordinator: Robyn Romansky
Trainer: Emery Hill, Jr.
Team Leader: Tom Pingel

2008 (Beijing)

Silver Medal

Robyn Ah Mow-Santos
Lindsey Berg
Heather Bown
Nicole Davis
Kim Glass
Tayyiba Haneef-Park
Jennifer Joines
Ogonna Nnamani
Danielle Scott-Arruda
Stacy Sykora
Logan Tom
Kim Willoughby

Head Coach: "Jenny" Lang Ping
Assistant Coach: Sue Woodstra
Assistant Coach: Li Yong
Assistant Coach: Tom Hogan
Technical Coordinator: Diane French
Trainer: Emery Hill, Jr.
Team Leader: Joan Powell

International Volleyball Fact Sheet

Introduction: Volleyball has major international competitions every year and, at its highest level, is a physically demanding sport played by some of the world's most elite athletes. Of course, volleyball is also a popular recreational activity enjoyed by more than 38 million persons in the United States (more than any team sport but basketball) and more than 800 million persons globally, making it the world's most popular participant sport. This fact sheet is designed to provide more understanding about international volleyball and its major competitions, including the Olympic Games.

International Governing Body: The international governing body for volleyball is the Federation Internationale de Volleyball (FIVB), headquartered in Lausanne, Switzerland. The FIVB is the world's largest sports federation, with more than 200 member nations. Under the direction of its president, Dr. Ruben Acosta of Mexico, the FIVB oversees the administration of volleyball throughout the world and is responsible for producing several major events, including the Olympic Games, World Championships, World Cup, World League and World Grand Prix.

National Governing Body: The national governing body (NGB) for volleyball in the United States is USA Volleyball, formerly known as the United States Volleyball Association. Founded in 1928, USA Volleyball is responsible for the administration of all forms of volleyball in the United States, including producing the annual USA Open Volleyball Championships, Junior Olympic Championships and the USA Outdoor National Championships. As mandated by the 1978 Amateur Sports Act, USA Volleyball is responsible to the U.S. Olympic Committee (USOC) and the FIVB for training and nominating the teams which represent the United States in the Olympic Games and other important volleyball competitions worldwide.

Major Competitions: The four major events on the international volleyball calendar are the Olympic Games (men and women, indoor and beach), World Championships (men and women, indoor and beach), World Cup (men and women, indoor), World League (men, indoor) and World Grand Prix (women, indoor). All events are conducted quadrennially, with the exceptions of the annual World League/Grand Prix and the biennial Beach World Championships.

World Rankings: Following the decision of the FIVB Board of Administration, a new system of point attribution based on a new scale has been implemented for the FIVB World Ranking of Volleyball National Teams. The following competitions are now included:

- Senior World Championships included for four years - 25 percent reduction each year. Points are also granted for the qualification matches, to the best non-qualified teams.
- Olympic Games included for four years - 25 percent reduction each year. Points are also granted for the qualification matches, to the best non-qualified teams.

- World Cup included for two years - 50 percent reduction the second year.
- Senior Continental Championships included for two years - 50 percent reduction the second year; points are also granted for the qualification matches to the best non-qualified teams.
- Men's World League / Women's World Grand Prix included for one year.

Top 40 teams in the FIVB World Ranking (as of Jan. 15, 2010):

Women (Points)

1. Brazil (177.5)
2. China (131.5)
3. Russia (113.8)
4. USA (102.5)
5. Japan (94.8)
6. Cuba (87.0)
7. Italy (81.3)
8. Netherlands (73.8)
9. Germany (68.5)
10. Serbia (58.8)
11. Poland (54.3)
12. Thailand (42.5)
13. Dominican Republic (40.5)
14. Puerto Rico (38.5)
15. Algeria (35.8)
16. Kazakhstan (30.5)
17. Peru (29.5)
18. Cameroon (28.0)
- 19T. Argentina (27.8)
- 19T. Tunisia (27.8)
21. Korea (27.3)
22. Turkey (23.8)
23. Senegal (18.8)
24. Canada (18.5)
25. Colombia (18.0)
26. Chinese Taipei (17.5)
27. Uruguay (17.0)
- 28T. Mexico (15.3)
- 28T. Botswana (15.3)
30. Venezuela (13.8)
31. Costa Rica (10.3)
32. Morocco (10.0)
33. Azerbaijan (9.8)
34. Bulgaria (8.0)
35. Kenya (6.8)
- 36T. Trinidad & Tobago (5.8)
- 36T. Paraguay (5.8)
- 38T. Belgium (5.5)
- 38T. Czech Republic (5.5)
- 40T. Australia (5.0)
- 40T. Spain (5.0)
- 40T. Chile (5.0)
- 40T. Vietnam (5.0)
- 40T. Iran (5.0)

Men (Points)

1. Brazil (152.5)
2. USA (120.0)
3. Russia (112.5)
4. Serbia (91.25)
5. Poland (89.25)
6. Bulgaria (78.75)
7. Italy (76.0)
8. China (59.0)
9. Cuba (56.25)
10. Argentina (49.0)
11. Japan (47.0)
12. France (45.0)
13. Venezuela (40.5)
14. Egypt (38.25)
15. Puerto Rico (31.75)
16. Korea (31.5)
- 17T. Germany (31.25)
- 17T. Iran (31.25)
19. Algeria (30.5)
20. Canada (27.0)
21. Cameroon (26.0)
- 22T. Tunisia (20.75)
- 22T. Morocco (20.75)
24. Colombia (19.75)
25. Kazakhstan (18.5)
26. Mexico (17.5)
27. Chile (14.75)
- 28T. Netherlands (13.0)
- 28T. Indonesia (13.0)
30. Finland (12.5)
31. Peru (11.5)
32. Australia (11.0)
33. Dominican Republic (11.75)
34. Greece (10.25)
35. Libya (10.0)
36. Czech Republic (8.75)
- 37T. Spain (8.25)
- 37T. South Africa (8.25)
39. Chinese Taipei (8.0)
40. Panama (7.75)

Olympic Games: Volleyball made its debut in the 1964 Olympics in Tokyo. Twelve teams in both the men's and women's draw earn the right to compete:

Past Olympic Champions (Men)

1964: Soviet Union (USA, ninth)
1968: Soviet Union (USA, seventh)
1972: Japan, (USA, DNQ)
1976: Poland (USA, DNQ)
1980: Soviet Union (USA, DNQ)
1984: USA
1988: USA
1992: Brazil (USA, third)
1996: Netherlands (USA, ninth)
2000: Yugoslavia (USA, 11th)
2004: Brazil (USA, fourth)
2008: USA

Past Olympic Champions (Women)

1964: Japan (USA, fifth)
1968: Soviet Union (USA, eighth)
1972: Soviet Union (USA, DNQ)
1976: Japan (USA, DNQ)
1980: Soviet Union (USA, DNP)
1984: China (USA, second)
1988: Soviet Union (USA, seventh)
1992: Cuba (USA, third)
1996: Cuba (USA, seventh)
2000: Cuba (USA, fourth)
2004: China (USA, fifth)
2008: Brazil (USA, second)

World Championships: The World Championships are held every four years in the second year after the Olympics. The site, usually separate for the men's and women's competitions, is determined by the FIVB based on bids received from interested cities. The 24 berths for the men and women are gained in the following manner (2006 information is provided in parenthesis where available):

- Host country
- Defending World Champions
- FIVB determined the appropriate number of qualification spots for each continent/zone based on performance at the 2002 World Championships and the number of teams registered for the 2006 World Championships. Each continent/zone played a World Championships Qualification Tournament in early 2002.

Past World Champions (Men)

1949: Soviet Union (USA, DNP)
1952: Soviet Union (USA, DNP)
1956: Czechoslovakia (USA, sixth)
1960: Soviet Union (USA, seventh)
1962: Soviet Union (USA, DNP)
1966: Czechoslovakia (USA, 11th)
1970: East Germany (USA, 18th)
1974: Not held
1978: Soviet Union (USA, 19th)
1982: Soviet Union (USA, 13th)
1986: USA
1990: Italy (USA, 13th)
1994: Italy (USA, third)
1998: Italy (USA, ninth)
2002: Brazil (USA, ninth)
2006: Brazil (USA, 10th)

Past World Champions (Women)

1952: Soviet Union (USA, DNP)
1956: Soviet Union (USA, ninth)
1960: Soviet Union (USA, sixth)
1962: Japan (USA, DNP)
1966: Japan (USA, second)
1970: Soviet Union (USA, 11th)
1974: Japan (USA, 12th)
1978: Cuba (USA, fifth)
1982: China (USA, third)
1986: China (USA, 10th)
1990: Soviet Union (USA, third)
1994: Cuba (USA, sixth)
1998: Cuba (USA, 13th)
2002: Italy (USA, second)
2006: Russia (USA, ninth)

World Cup: The World Cup is held every four years, in the year prior to the Olympic Games. Though originally held at various sites, it has been hosted by Japan since 1977. Prior to 1991, the World Cup took place in the year immediately following the Olympics. The 12 berths in the World Cup for men and women are gained in the following manner:

- Host country (Japan- Men and Women)
- Defending World Cup champion
- Winners of the five zone championships
- The highest-placed team (of each zone) not qualified for the Olympic Games in accordance with the ranking of the zone championships.

Past World Cup Champions (Men)

1965: Soviet Union (USA, DNP)
1969: East Germany (USA, DNP)
1973: Soviet Union (USA, seventh)
1977: Soviet Union (USA, 10th)
1981: Soviet Union (USA, DNQ)
1985: USA
1989: Cuba (USA, fourth)
1991: Soviet Union (USA, third)
1995: Italy (USA, fourth)
1999: Russia (USA, fourth)
2003: Brazil (USA, fourth)
2007: Brazil (USA, fourth)

Past World Cup Champions (Women)

1973: Soviet Union (USA, sixth)
1977: Japan (USA, seventh)
1981: China (USA, fourth)
1985: China (USA, DNQ)
1989: Cuba (USA, DNQ)
1991: Cuba (USA, fourth)
1995: Cuba (USA, seventh)
1999: Cuba (USA, ninth)
2003: China (USA, third)
2007: Italy (USA, third)

Zone Championships: The volleyball world is divided into five international zones. The United States is in the NORCECA (North America Central America Caribbean) Zone, with championships held every other year at various sites. The other zones are Europe, Asia, Africa and South America. The frequency of zone championships competition varies in each of the five sections. Any nation in a particular zone may participate in its zone championships whenever such a competition is conducted.

Past NORCECA Champions (Men)

1969: Cuba (USA, third)
1971: Cuba (USA, second)
1973: USA
1975: Cuba (USA, third)
1977: Cuba (USA, fifth)
1979: Cuba (USA, fifth)
1981: Cuba (USA, second)
1983: USA
1985: USA
1987: Cuba (USA, second)
1989: Cuba (USA, third)
1991: Cuba (USA, second)
1993: Cuba (USA, second)
1995: Cuba (USA, second)
1997: Cuba (USA, second)
1999: USA
2001: Cuba (USA, second)
2003: USA
2005: USA
2007: USA

Past NORCECA Champions (Women)

1969: Mexico (USA, bronze)
1971: Mexico (USA, DNP)
1973: Cuba (USA, third)
1975: Cuba (USA, second)
1977: Cuba (USA, third)
1979: Cuba (USA, second)
1981: USA
1983: USA
1985: Cuba (USA, second)
1987: Cuba (USA, second)
1989: Cuba (USA, third)
1991: Cuba (USA, second)
1993: Cuba (USA, second)
1995: Cuba (USA, second)
1997: Cuba (USA, second)
1999: Cuba (USA, second)
2001: USA
2003: USA
2005: USA
2007: Cuba (USA, second)
2009: Dominican Republic (USA, fourth)

World League and World Grand Prix: The World League features the top 12 men's volleyball teams in the world in competition for a total purse that has grown to \$15 million since the inaugural season in 1990. Teams are divided into three, four-team pools and each country playing the other teams in their pool four times (twice at home, twice on the road). The winner and runner-up in each pool advance to a seeded playoff round. The regular season is usually played in May and June with playoffs in early July.

The World Grand Prix is the women's counterpart to the World League, and offers a total purse of \$2 million to its 12-team field. Teams play in different four-team pools each weekend, at round-robin tournaments hosted by cities throughout Asia. The three teams with the best records join the host country for the Grand Prix Finals. The regular season is played in August and early-September with playoffs in mid-September.

World League Champions

1990: Italy (USA, fourth in pool)
1991: Italy (USA, third in pool)
1992: Italy (USA, first in pool, third overall)
1993: Brazil (USA, fifth in pool)
1994: Italy (USA, fourth in pool)
1995: Italy (USA, fourth in pool)
1996: Netherlands (USA, DNP)
1997: Italy (USA, DNP)
1998: Cuba (USA, DNP)
1999: Italy (USA, DNP)
2000: Italy (USA, first in pool, sixth overall)
2001: Brazil (USA, third in pool, tied-ninth overall)
2002: Russia (USA, DNP)
2003: Brazil (USA, DNP)
2004: Brazil (USA, DNP)
2005: Brazil (USA, DNP)
2006: Brazil (USA, third in pool)
2007: Brazil (USA, third in finals)
2008: USA
2009: Brazil (USA, sixth)

World Grand Prix Champions

1993: Cuba (USA, seventh regular season)
1994: Brazil (USA, fifth regular season)
1995: USA
1996: Brazil (USA, fifth)
1997: Russia (USA, eighth)
1998: Brazil (USA, eighth)
1999: Russia (USA, DNP)
2000: Cuba (USA, sixth)
2001: USA
2002: Russia (USA, sixth)
2003: China (USA, third)
2004: Brazil (USA, third)
2005: Brazil (USA, eighth)
2006: Brazil (USA, seventh)
2007: Netherlands (USA, eighth final, seventh preliminary)
2008: Brazil (USA, fourth)
2009: Brazil (USA, ninth)