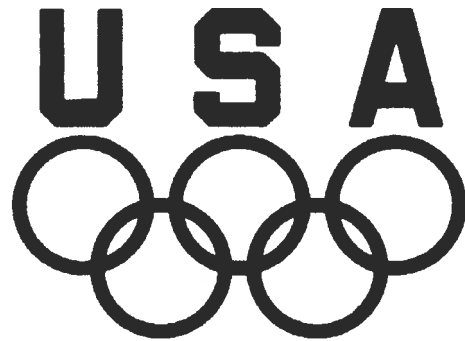


United States Olympic Committee



ATHLETE SELECTION PROCEDURE FORM

for the

PAN AMERICAN GAMES

October 2010



USA Weightlifting
ATHLETE SELECTION PROCEDURES
2011 Pan American Games
October 20, 2010

I. SELECTION SYSTEM

A. Provide the minimum eligibility requirements for an athlete to be considered for nomination to the Team:

1. Citizenship:

Athletes must be a citizen of the United States at the time of nomination and hold a valid U.S. passport that will not expire for six months after the conclusion of the Games.

2. Minimum International Weightlifting Federation standards for participation:

According the International Weightlifting Federation Rulebook, minimum age for competition is 15. (Section 1.2.2, Note 1 & 2)

Note 1: All age groups are calculated in the athlete's year of birth.

Note 2: The minimum age for participation in the Senior World, Junior World and World University Championships and other open international events for men and women is fifteen (15).

3. Other requirements (if any):

- Athletes must be members in good standing of USA Weightlifting.
- Athletes must be in the USADA registered testing pool or have notified USA Weightlifting of their willingness to be placed into the USADA registered testing Pool by 1/1/2011 to be eligible for selection.

B. Tryout Events:

1. Provide the event names, dates and location of all trials, events and camps to be used as part of the selection process.



The qualifying period for Pan American Games Team Selection will run from the American Open, December 10-12, 2010 to National Weightlifting Championships or the Junior World Championships (whichever is later) 2011. All combined totals earned at USAW National competitions, domestic USAW drug tested events or IWF sanctioned drug tested events within this qualifying period will be considered an eligible total.

2. Provide event names, dates, locations and description of how athletes qualify for any "preliminary or qualifying" events or procedures that are prerequisites to attend any of the trials, events or camps listed above in B. 1 (if any).

See B. 1.

- C. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process to become Team nominees (including maximum Team size).

USA Weightlifting Team size will be up to 6 men, and 5 women not to exceed more than two athletes per weight class.

Following the final qualifying events; 2011 National Championships or 2011 Junior World Championships whichever is held later, USA Weightlifting will create a Pan Am Selection Ranking List using the results from all eligible totals earned within the qualifying period. A Pan American Projected Total List will be formulated by averaging the actual competition results for each weight class and gender from the 2008, 2009, and 2010 Pan American Championships. (See Attachment B) Each athlete's best result from the qualifying period will then be compared against the Pan American Projected Total List in descending order from 1 - 18 in each weight class and gender. If a USA Weightlifting athlete's best result from any qualifying event places them into the top 18 of the Pan American Projected Total List in their weight class and gender, they will then be placed on USA Weightlifting's Pan Am Selection Ranking List in order of highest placing. The top 6 men and top 5 women, not to exceed more than two athletes per weight class based on the Pan American Selection Ranking List will be named to the Pan American Games Team..

- If two or more athletes from different weight classes tie in ranking (two or more athletes totals projected at the same place, i.e. both are 15th in their weight class) the athletes qualifying



total will be compared to the top projected total in their weight class on the Pan American Projected Total List, and a percentage will be calculated. Whichever athlete has the highest percentage of first place based on the Pan American Projected Total List, in their weight class will be ranked highest.

- If two athletes in the same weight class have the exact same qualifying totals from two different qualifying events, whoever posted the qualifying total first will be ranked highest.
- If two or more athletes in the same weight class have the same qualifying totals from the same qualifying event, the lighter athletes will be ranked higher than heavier ones in the same weight class. If the tie remains, meaning both athletes have the same qualifying total and are same weight, whoever posted the qualifying total first will be ranked highest.

D. Provide the names of all committees/groups who oversee the selection process, including the names and titles of the current members.

Selection Committee

Laurie Lopez	Chief Executive Officer, USA Weightlifting
Mike Gattone:	High Performance Director, USA Weightlifting
Emmy Vargas:	Athlete's Representative, USA Weightlifting

II. DISCRETIONARY SELECTION

- A. Provide rationale for utilizing discretionary selection (if any):
N/A
- B. List the discretionary criteria and explain how they will be used (if any):
N/A
- C. Discretionary Selection Committee:
N/A

Provide the name of the committee that will be responsible for making discretionary selections, along with a complete list of the members



currently serving on the committee and their titles:
N/A

III. REMOVAL OF ATHLETES

- A. Prior to acceptance of nominations by the USOC, USA Weightlifting has jurisdiction over potential nominees.

An athlete who is to be nominated to the Team by USA Weightlifting may be removed as a nominee for any of the following reasons, as determined by USA Weightlifting:

- Voluntary withdrawal. Athlete must submit a written letter to the CEO of USA Weightlifting.
- Injury or illness as certified by an approved USA Weightlifting physician (or medical staff). If an athlete refuses verification of his/her illness or injury by an approved USA Weightlifting physician (or medical staff), his/her injury will be assumed to be disabling and he/she may be removed.
- Violation of USA Weightlifting's Code of Conduct

(See attachment A)

An athlete who is removed from the Team pursuant to this provision has the right to a hearing per USA Weightlifting's Bylaws USA Weightlifting Bylaws, Section 8.13 or the USOC's Bylaws, Section 9.

- B. After acceptance of nominations by the USOC, the USOC has jurisdiction over the Team under the USOC Code of Conduct and Grievance Procedures. This occurs no earlier than 45 days and no later than 30 days prior to the Opening Ceremonies of the Games (unless expressly waived by the USOC).

A Team member who is accepted by the USOC is subject to the USOC Code of Conduct and Grievance Procedures.

- C. An athlete may be removed as a nominee to the Team or from the Team at any time for violation of IOC, PASO, IPC, WADA, IF, USADA and/or USOC anti-doping protocol, policies and procedures, as applicable. In such instances, the adjudication process will be managed through the



United States Anti-Doping Agency.

IV. REPLACEMENT OF ATHLETES

- A. Describe the process by which the replacement pool of athletes will be identified:

In the event that a previously selected member of the team needs to be replaced, the next ranked athlete of that gender on the Pan American Selection Ranking List will be named as the replacement not to exceed two per weightclass. Should this athlete not accept the nomination for any reason, replacement selection will continue down the ranking list.

- B. Describe how the replacement athlete(s) will be selected, should a vacancy occur:

- i. prior to acceptance of nominations by the USOC:

As described above.

- ii. after acceptance of nominations by the USOC:

As described above.

- C. Identify the group or committee that will be responsible for making athlete replacement determinations:

- i. Group or committee who determines the replacement pool:

USA Weightlifting's High Performance Director will be responsible for creation of the Pan American Selection Ranking List.

- ii. Group or committee who determines a replacement to the Team:

- a. prior to acceptance of nominations by the USOC:

The High Performance Director will identify the replacement from the ranking list. The information will be communicated to the Selection Committee. See section I.D

- b. after acceptance of nominations by the USOC:



The High Performance Director will identify the replacement from the ranking list. The information will be communicated to the Selection Committee. See section I.D

V. SUPPORTING DOCUMENTS

USA Weightlifting will retain the approved Selection Procedures and all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the Closing Ceremonies of the Games.

VI. REQUIRED DOCUMENTS

The following documents are required to be signed by an athlete as a condition of nomination to the Pan American Games and are included as attachments:

USA Weightlifting Code of Conduct for International Events (attachment A)

VII. PUBLICITY/DISTRIBUTION OF PROCEDURES

The USOC approved Selection Procedures (complete and unaltered) will be posted/published by USA Weightlifting in the following locations and will include the USOC approval date:

- A. USA Weightlifting Web site: www.usaweightlifting.org
These procedures will be posted as soon as possible, within five business days following notice of approval by the USOC.
- B. NGB/PSO Official Publication : N/A
- C. Other: N/A

VIII. DATE OF NOMINATION

The Nomination of Athletes form, including replacements, will be announced to all athletes and submitted to the USOC on:

Nomination by USA Weightlifting will be made on or before August 1st.



IX. MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule and duration of mandatory training and/or competition:

Athletes will be notified of any programs or training and/or competition at least 30 days prior to the start of mandatory training/competition.

X. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all IOC, IPC, PASO, WADA, IF, USADA and USOC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing as required by the IOC, IPC, PASO, WADA, IF, USADA and USOC Rules, as applicable.

XI. DEVELOPMENT OF SELECTION PROCEDURES

The following committee/group (include names and titles) was responsible for creating these Selection Procedures:

Rick Adams:	Chief Executive Officer, USA Weightlifting
Mike Gattone:	High Performance Director, USA Weightlifting
Emmy Vargas:	Athlete's Representative, USA Weightlifting

XII. NGB/PSO BYLAWS AND GRIEVANCE PROCEDURES

The USA Weightlifting Bylaws and Grievance Procedures can be found at:

<http://weightlifting.teamusa.org/pages/3578>

XIII. INTERNATIONAL DISCLAIMER

These procedures are based on IOC, IPC, PASO, as applicable, and/or Pan American Weightlifting Federation and International Weightlifting Federation rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC, IPC, PASO, as applicable, and/or or Pan American Weightlifting Federation and International Weightlifting Federation rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Weightlifting. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.



If any force of nature, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these selection procedures will be revised, pursuant to their resubmission to the USOC.

XIV. ATHLETE OMBUDSMAN

Athletes who have questions regarding their opportunity to compete that are not answered by USA Weightlifting may contact the USOC Athlete Ombudsman, John W. Ruger, by:

- Toll free telephone at (888) ATHLETE (1-888-284-5383)
- E-mail at john.ruger@usoc.org
- www.888athlete.org

XV. NGB/PSO SIGNATURES

I certify that I have read, understand and incorporated our IF and/or CF (PAG only), if applicable, standards/criteria into our Selection Procedures and that the information provided herein regarding Athlete Selection Procedures represents the method approved by NGB/PSO.

Position	Print Name	Signature	Date
NGB/PSO President or CEO/Executive Director	Laurie Lopez		11-2-10
Nat. Team Coach, Head Coach, or Nat. Program Director	Mike Gattone		11-3-10
USOC Athletes' Advisory Council Representative*	Emmy Vargas		10.26.2010

*If USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.

*Signature by the AAC Representative constitutes that he/she has read and understands the Selection Procedures and certifies that the Selection Procedures submitted represent the method approved by the NGB/PSO. If the AAC Representative reads and does not agree with the Athlete Selection Procedures being submitted by the NGB/PSO, he/she may submit those reasons in writing to his/her Sport Performance representative.

