



UNITED STATES
OLYMPIC COMMITTEE
1 Olympic Plaza
Colorado Springs, CO
80909

Miscellaneous Athlete Programs:

1. USADA

If you receive Direct Athlete Support, EAH, are a resident athlete, or meet the criteria established by your NGB you are required to be enrolled in the USADA out of competition testing pool. Please speak with your National Team Coach/High Performance Director regarding specifics of this program.

Information on Medications and Supplements. Three key resources for athletes are Global Drug Reference Online (Global DRO), Drug Reference Line (DRL), and the wallet card.

- www.globaldro.com
- DRL: 800-233-0393 within the US and 719-785-2010 outside of the US. This resource is available Monday through Friday 8 AM to 4 PM.
- Wallet card: available in the publications link

A wealth of information on medications, supplements, and TUEs can be found under this link: <http://www.usada.org/substances>

Testing. The United States Olympic Committee, (USOC) National Governing Bodies, (NGBs) and the World Anti-doping Agency (WADA) Code have authorized USADA to test any athlete who:

- Is a member of a license holder of a NGB
- Is participating at an Event or Competition sanctioned by the USOC or a NGB or participating at an Event or Competition in the United States sanctioned by an IF
- Is a foreign athlete who is present in the United States
- Has given his/her consent to testing by USADA or who has submitted a Whereabouts Filing to USADA or an IF within the previous 12 months and has not given his/her NGB written notice of retirement
- Has been named by the USOC or an NGB to an international team or who is included in the USADA Registered Testing Pool (USADA RTP) or is competing in a qualifying event to represent the USOC or NGB in international competition
- Is a United States Athlete or foreign Athlete present in the United States who is serving a period of ineligibility on account of an anti-doping rule violation and has not given prior written notice of retirement to the his/her NGB and USADA or the applicable foreign anti-doping agency or foreign sport association

- Is being tested by USADA under authorization from the USOC, an NGB, IF, any NADO, WADA, the International Olympic Committee (IOC), International Paralympic Committee, (IPC), or the organizing committee of any Event or Competition.

Some of these athletes may be added to the USADA RTP if they meet NGB, USOC, or USADA criteria. Athletes are notified by e-mail of their inclusion in the pool and rights and responsibilities as being a part of the pool. Everything testing can be found here: <http://www.usada.org/testing>. Also, the Sample Collection Video: <http://www.usada.org/collection/> is a helpful tool for those who have never been through the process.

Key Resources: <http://www.usada.org/resources>

PDFs of all USADA Publications: <http://www.usada.org/resources/publications.aspx>

Grant Opportunities:

1. Legacy Scholarship

The second is the USOC 2002 Olympic Winter Games Legacy Scholarship Application, which is due every May 1 and November 1.

- To qualify for this program, athletes must be:
 - 2002 Olympians/Paralympians who are attending school or
 - Current athletes who are training and going to school in the state of Utah
 - i. (on occasion, scholarships may be available to coaches)
- Grant availability is prioritized based on the current resources available, , trajectory of performance, and personal essay
- Contact your NGB High Performance Director/Team Manager for additional information.

2. Simon Grant

General Information and Instructions

What is the William E. Simon Olympic Endowment for the Support of Athletes?

The William E. Simon Olympic Endowment for the Support of Athletes was established in 1998 by Mr. William E. Simon, Sr., former U.S. Olympic Committee President and U.S. Secretary of the Treasury. Grants for training and competition are awarded to athletes showing financial need. By creating this fund, Mr. Simon recognized the importance and many personal benefits of participating in sports.

How is the endowment administered?

Applications are distributed and processed by the USOC's Sport Performance and Paralympic Divisions. General responsibility for management of the endowment, including all award decisions, resides with a Board of Trustees. Awards are made once a year.

What can the grant be used for?

Grants are intended for training and competition expenses.

Are the grants sufficient to pay all training and competition costs?

Because training and competition costs vary widely, these grants are intended to provide only partial support.

Can grants be received more than once?

While this is possible, multiple grants to a single individual would be rare. The Trustees would like to help as many athletes as possible.

Who is eligible?

2. General athlete eligibility requirements
3. U.S. Citizenship and eligible to compete for the United States
4. Currently in training and competition
5. Demonstrated financial need in order to continue training
6. Preference will be given to athletes who receive minimal or no support from the USOC, U.S. Paralympics or sport national governing body.

What are the chances of receiving a grant?

The chances of receiving a grant depend on the number of applications; however, the Trustees have complete discretion in selecting grant recipients and award amounts.

If a grant is awarded, how much can an athlete expect to receive?

The endowment does not have a set grant amount. The endowment funds are invested, and a portion of the interest is used for awards. Amounts will vary depending on available funds in a given year, the number of qualified applicants, and the meritorious circumstances of a particular applicant. *There are years where the grant may not be awarded due to declines in the value of the endowment.*

How does an athlete apply?

Contact your NGB High Performance Director/Team Manager for additional information.

How much does it cost to apply and what is the deadline?

There is no charge to apply for this grant. Applications are typically due in early fall (around October 1st). Please send inquiry to below email address for more specifics as this may vary year by year. Incomplete applications will not be considered. Applicants are strongly encouraged to apply early as it is not always possible to verify receipt of complete applications in time for the deadline. It is the applicant's responsibility to ensure recommendation letters have been sent and are received by the deadline. Additionally, applicants should consider emailing their applications using the "return receipt" feature.

Terms and Conditions of Grant

An award will be paid in two installments. If selected, the applicant will receive half of the award with a notification letter. In addition to an acknowledgement to the Trustees, the athlete will be asked to complete a progress form later in the grant year, describing achievements in training and competition before the second payment will be processed.

Athlete Career Services:

The Athlete Career Program was created by the USOC Career Services Department in partnership with Adecco, the USOC's Official Career Management Services Sponsor. The Athlete Career Program provides a variety of services to elite athletes who are still training and competing as well as Olympians and Paralympians who have retired from sport. See attached brochures for more information. Programs and services include the following:

- Personal career assistance – work with your own career coach to assist you with everything from creating your personal career game plan, to creating a resume, to getting the job you want.
- Job placement assistance – whether you're looking for a part-time, flexible scheduled job, full-time employment, or an internship or job shadowing opportunity, Adecco can help you find what you need.
- Career management seminars – these seminars are broken into five topics that can be delivered anywhere and anytime to fit athletes' schedules. Topics include the following:
 - Creating Your Game Plan (career planning assessment)
 - Building Your Team (networking)
 - Entering the Competition (creating a resume)
 - Game On! Are You Ready? (preparing for a job interview)
 - Can You Be Your Own Boss? (becoming an entrepreneur)

For more information regarding the Athlete Career Program please contact Carissa Gump, Adecco Athlete Liaison at 719-866-4035 or carissa.gump@adeccona.com

A World Class Team

To assist you in developing and achieving your career objectives

The USOC's Career Services Department, in partnership with the Adecco Group, the world leader in career management and placement services, will assist America's finest athletes to obtain jobs while in training and achieve career objectives at the end of their athletic pursuits. This comprehensive career and development program will be delivered by the Adecco Group's three U.S. divisions, Adecco, Ajilon, and Lee Hecht Harrison.

"By partnering with the Adecco Group, the USOC will be providing America's athletes with the highest level of career services available in the marketplace."

Jim Scherr
Chief Executive Officer
United States Olympic Committee
1988 Olympian

The Athlete Career Program is available free of charge to all U.S. Olympians, Paralympians and qualified athletes.

This Program is delivered by the Adecco Group of Companies:

Adecco

Strategic Temporary and Direct Placement Staffing Solutions

Adecco Staffing, the global staffing and HR solutions leader, puts more than 700,000 people to work every day in virtually every field of employment – from clerical to industrial, financial to technical, hospitality to airport, to call center and beyond.

Ajilon

Professional Staffing and Managed Services

Ajilon is the global leader in specialty staffing and consulting services with more than 500 offices in 18 countries in North America, Europe and Asia Pacific. Worldwide, Ajilon has specialty divisions in several disciplines including finance and accounting, legal, high-end support, information technology, communications, sales and marketing, engineering and more.

LEE HECHT HARRISON

Career Management and Leadership Consulting

With over 240 offices in 36 countries, Lee Hecht Harrison is the global performance leader in maximizing organizational success through services that connect people to work, increase career effectiveness and develop superior leaders.



Career Services Department
United States Olympic Committee

1 Olympic Plaza
Colorado Springs, CO 80909
(800) 933-4473, ext 1
www.usolympicteam.com
www.AdeccoUSA.com

Athlete Career Program

Because the finish line is only the beginning...

**Presented By:
The U.S. Olympic Committee
& The Adecco Group**

Supporting U.S. Olympians, Paralympians and qualified athletes by providing career services during and after their competitive athletic careers.



Because the finish line is only the beginning

- How do I earn an income and develop a career while I am training and competing?
- Will I be ready to enter the workforce at the end of my athletic career?
- What can I do today that will enable me to more easily transition into the workforce without jeopardizing my training?
- What careers am I suited for?
- How can I apply my attributes as an athlete to obtain a job built on my strengths?
- How can I build a good resume when all my experience is in sport?
- What type of temporary position will allow me the time to train and support my needs? An internship -- A job -- A shadowing program?

We can help answer these questions!

For further information about receiving Adecco Group services, contact the USOC's Career Services Department at (800) 933-4473, ext. 1

Athlete Career Program

Preparing you for the next stage of your life

Developed to deliver a combination of personal and group training services, this program is customized to meet the unique needs of athletes. The key elements include:

Personal Career Assistance

A personal Career Coach will assist you throughout your program, whether you want to develop your career, strengthen your resume, assess your interests and skills or simply find a job.

Job Placement

Adecco is the world leader in temporary and permanent job placement. Whether you need flexible, part-time work or a full-fledged career position, Adecco can help.

Programs

Focus on career development and life skills training.

These programs include such topics as:

- Creating Your Game Plan (Assessment)
- Building Your Team (Networking)
- Entering the Competition (Resume)
- Game On! Are You Ready? (Interview)
- The Clock is Ticking – Are You Winning? (Time Management)
- Can You Be Your Own Boss? (Becoming an Entrepreneur)

Specific elements include...

Resume Development

Your resume is a key instrument in your career game plan and is your best marketing tool. Does yours highlight all of your strengths?

Personal Career Assessments

Explore your interests and define your strengths to narrow your career focus.

Career Game Plan Development

Learn tips, techniques, and processes to get the job you want. Setting goals and developing a game plan will enhance your likelihood of success.



ATHLETE
CAREER PROGRAM

In Partnership With

Adecco