

**NOTES ON THE 2011 TOTALS:**

**Pan American Championships**

1. Actual competition results were taken from the top 18 finishers in the 2008, 2009, and 2010 Pan American Championships.
2. These results were then averaged.
3. As some years were more competitive, or had less competitors than others, the averages had some discrepancies (i.e., 22<sup>nd</sup> place had a higher total than 21<sup>st</sup> place). In order to counteract this problem, the 18 averages were taken and ordered from greatest to least.
4. If there are multiple placements with the same total, then a lifter who totals that result will be ranked at the highest placement. For example, if 10<sup>th</sup>-12<sup>th</sup> place is 250 kg, then a lifter who totals 250 kg in a qualifying competition will have a projected placement of 10<sup>th</sup>.
5. All results must be within 10% of each other. If there were two totals differing by more than 10%, then 10% was taken off the previous result. For example, if 1<sup>st</sup> place was 200 kg, and second was 170 kg, the projected 2<sup>nd</sup> place result was changed to 180 kg.
6. For averages that ended before 18<sup>th</sup> place, the next placements after the last average were taken down by 1 kg for each descending spot. For example, if 100 kg was the last average at 15<sup>th</sup> place, then 16<sup>th</sup> is 99 kg, 17<sup>th</sup> is 98 kg, and so on down to 18<sup>th</sup>.
7. Numbers in red are changes from totals that were posted in December 2010

**PAN AMERICAN CHAMPIONSHIPS**

1st-18th Projected Placement

<b>WOMEN'S TOTALS</b>		<b>MEN'S TOTALS</b>	
<b>48 kg. Women</b>		<b>56 kg. Men</b>	
<b>Place</b>	<b>Total</b>	<b>Place</b>	<b>Total</b>
1	170	1	254
2	164	2	246
3	153	3	235
4	151	4	235
5	150	5	231
6	146	6	225
7	145	7	224
8	144	8	223
9	<i>144</i>	9	<i>223</i>
10	139	10	220
11	134	11	214
12	125	12	<i>205</i>
13	<i>113</i>	13	<i>192</i>
14	<i>106</i>	14	<i>182</i>
15	<i>105</i>	15	<i>171</i>
16	<i>104</i>	16	<i>170</i>
17	<i>103</i>	17	<i>169</i>
18	<i>102</i>	18	<i>168</i>

<b>53 kg. Women</b>	
<b>Place</b>	<b>Total</b>
1	196
2	186
3	176
4	173
5	160
6	153
7	151
8	144
9	139
10	137
11	136
12	135
13	134
14	131
15	130
16	129
17	128
18	127

<b>62 kg. Men</b>	
<b>Place</b>	<b>Total</b>
1	298
2	293
3	282
4	266
5	263
6	262
7	255
8	252
9	245
10	244
11	240
12	236
13	232
14	229
15	225
16	222
17	219
18	217

58 kg. Women	
Place	Total
1	212
2	209
3	202
4	196
5	189
6	182
7	173
8	162
9	153
10	146
11	137
12	123
13	122
14	121
15	120
16	119
17	118
18	117

69 kg. Men	
Place	Total
1	315
2	307
3	301
4	295
5	286
6	280
7	273
8	262
9	258
10	252
11	250
12	250
13	247
14	245
15	245
16	242
17	229
18	228

63 kg. Women	
Place	Total
1	221
2	217
3	211
4	202
5	200
6	188
7	184
8	178
9	174
10	165
11	163
12	163
13	158
14	148
15	147
16	146
17	145
18	144

77 kg. Men	
Place	Total
1	337
2	333
3	322
4	320
5	302
6	298
7	292
8	289
9	284
10	275
11	269
12	262
13	262
14	253
15	253
16	253
17	247
18	232

69 kg. Women	
Place	Total
1	227
2	209
3	202
4	196
5	190
6	188
7	183
8	181
9	180
10	175
11	171
12	154
13	150
14	147
15	146
16	145
17	144
18	143

85 kg. Men	
Place	Total
1	355
2	351
3	350
4	337
5	326
6	321
7	312
8	304
9	297
10	287
11	283
12	270
13	269
14	265
15	260
16	255
17	245
18	245

75 kg. Women	
Place	Total
1	235
2	228
3	212
4	209
5	204
6	200
7	197
8	194
9	191
10	186
11	180
12	178
13	170
14	157
15	156
16	155
17	154
18	153

94 kg. Men	
Place	Total
1	375
2	367
3	344
4	330
5	319
6	317
7	316
8	311
9	309
10	304
11	300
12	283
13	275
14	272
15	268
16	267
17	252
18	248

<b>75+ kg. Women</b>	
<b>Place</b>	<b>Total</b>
1	254
2	234
3	230
4	222
5	207
6	204
7	200
8	199
9	192
10	191
11	<i>183</i>
12	<i>173</i>
13	<i>156</i>
14	<i>155</i>
15	<i>154</i>
16	<i>153</i>
17	<i>152</i>
18	<i>151</i>

<b>105 kg. Men</b>	
<b>Place</b>	<b>Total</b>
1	368
2	358
3	348
4	345
5	339
6	326
7	319
8	315
9	307
10	303
11	299
12	<i>299</i>
13	295
14	287
15	280
16	275
17	<i>248</i>
18	<i>247</i>

<b>105+ kg. Men</b>	
<b>Place</b>	<b>Total</b>
1	382
2	377
3	376
4	373
5	344
6	335
7	332
8	322
9	319
10	<i>310</i>
11	<i>309</i>
12	<i>307</i>
13	<i>306</i>
14	<i>305</i>
15	<i>304</i>
16	<i>303</i>
17	<i>302</i>
18	<i>301</i>