



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
[www.usaweighting.org](http://www.usaweighting.org)  
 e-mail: [usaw@usaweighting.org](mailto:usaw@usaweighting.org)

[www.usaweighting.org](http://www.usaweighting.org)

**Competition:** 2011 Arnold Sports Festival

**Location:** Columbus, OH

**Date:** 3/4 - 3/6/2011

**Group:** \_\_\_\_\_

**Sanction#:** \_\_\_\_\_

Lot No.	Member		Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	Coin	Sinclair	S-M-M Total	
	Gndr	ID						Div	1	2		3	1	2							3
218	F		Sch	30	Aislinn Parish	1998	TMBC	28.44	24	26	-28	26	35	-37	-37	35	61	1		186.556	
221	F		Sch	35	Gwendolyn Rojas	2003	ECGO	31.82	13	15	17	17	17	19	-21	19	36	1		96.259	
223	F		Sch	35	Lucy Haman	2002	PINN	33.95	10	14	-18	14	15	18	-20	18	32	2		79.492	
224	F		Sch	35	Chloe Siemer	1999	ECGO	34.46	6	7	11	11	8	11	14	14	25	3		61.085	
220	F		Sch	44	Morghan Caskey	2000	CHAR	39.70	19	22	-24	22	27	30	-33	30	52	1		109.426	
236	F		Sch	48	Ruby Haman	1999	PINN	47.05	35	38	41	41	45	50	53	53	94	1		168.353	
213	F		Sch	48	Zoe Hall	1995	CHAR	45.65	30	32	35	35	35	-38	38	38	73	2		134.352	
216	F		Sch	48	Camille Caskey	1998	CHAR	44.65	25	28	-32	28	36	40	-42	40	68	3		127.725	
222	F		Sch	48	Kati Dubois	1999	CHAR	47.99	17	20	22	22	28	31	33	33	55	4		96.796	
232	F		Sch	58	Daisy Haman	1997	PINN	57.89	40	45	-47	45	50	-56	56	56	101	1		152.587	
239	F		Sch	58	Renea Caskey	1996	CHAR	54.94	32	35	-37	35	39	42	44	44	79	2		124.241	
250	F		Sch	63	Akiko Green	1994	HASF	61.56	50	54	-57	54	70	-75	-75	70	124	1		179.125	
251	F		Sch	75	Cathy Cai	1994	HASF	74.90	-65	-65	65	65	88	92	-96	92	157	1		199.990	
246	F		Sch	75	Michelle Cai	1994	HASF	69.72	60	-63	63	63	80	84	86	86	149	2		198.122	
238	M		Sch	35	Bret Pfeiffer	1999	CHAR	34.48	37	39	-42	39	47	50	-55	50	89	1		217.324	
225	M		Sch	35	Kade Bafford	2002	COLU	30.97	10	12	14	14	12	14	16	16	30	2		82.791	
215	M		Sch	39	Quentin Hall	2001	CHAR	38.20	25	28	-32	28	36	40	43	43	71	1		155.397	
214	M		Sch	39	Colin Wells	1998	ANGR	38.49	28	30	-33	30	36	38	-40	38	68	2		147.675	
243	M		Sch	44	Jonathan Martin	1996	KIRK	41.53	46	49	52	52	65	69	72	72	124	1		249.533	
240	M		Sch	44	Tyler Maizels	1998	ECGO	39.73	34	36	37	37	48	51	-53	51	88	2		185.042	
212	M		Sch	44	Marshall Huggins	1997	KIRK	40.28	31	34	-37	34	39	42	45	45	79	3		163.844	
219	M		Sch	44	Theodore Shriver	1997	UNA	43.10	30	32	-34	32	36	39	-41	39	71	4		137.859	
229	M		Sch	50	Jacob Schreiber	1997	UNA	48.51	43	48	52	52	-53	-54	54	54	106	1		184.802	
233	M		Sch	50	Bryan Siegel	1997	KIRK	49.01	-41	-41	41	41	51	56	59	59	100	2		172.799	
270	M		Sch	56	Darren Barnes	1994	LIND	55.38	90	95	99	99	115	120	124	124	223	1		348.522	
265	M		Sch	62	Darrel Barnes	1994	LIND	59.86	100	105	-110	105	-125	125	-133	125	230	1		338.992	
252	M		Sch	62	Nicholas Schutz	1996	WCWL	61.83	65	68	70	70	77	82	85	85	155	2		223.214	
237	M		Sch	62	Joseph McKirahan	1997	CHAR	58.20	45	48	-51	48	-63	63	67	67	115	3		173.045	
256	M		Sch	69	Tom Summa	1996	KIRK	67.61	-82	82	86	86	100	106	110	110	196	1		265.743	
264	M		Sch	69	JT Sole	1995	TUNI	65.64	65	70	72	72	87	92	95	95	167	2		230.847	



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
 www.usaweighting.org  
 e-mail: usaw@usaweighting.org

www.usaweighting.org

**Competition:** 2011 Arnold Sports Festival

**Location:** Columbus, OH

**Date:** 3/4 - 3/6/2011

**Group:** \_\_\_\_\_

**Sanction#:** \_\_\_\_\_

Lot No.	Member			Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	oin	Sinclair	S-M-M Total
	Gndr	ID	Div						1	2	3		1	2	3						
249	M		Sch	77	Sam Haman	1996	PINN	74.15	65	70	73	73	85	90	-93	90	163	1		208.844	
260	M		Sch	77	Rakeem Townsend	1994	MARL	72.72	60	65	-70	65	80	-85	85	85	150	2		194.401	
242	M		Sch	77	Coltan Lesle	1998	NHWL	74.48	55	58	61	61	67	71	73	73	134	3		171.246	
230	M		Sch	77	Christian Trevino	1997	KIRK	74.25	42	45	-47	45	51	-55	55	55	100	4		128.025	
266	M		Sch	85	Justin Spencer	1994	TORW	83.40	105	-110	111	111	138	143	150	150	261	1		313.793	
261	M		Sch	85	Anfernee Williams	1995	HASF	84.34	85	88	91	91	113	116	-119	116	207	2		247.487	
257	M		Sch	85	Reggie Bright	1994	MARL	80.35	-60	60	-69	60	94	97	100	100	160	3		196.082	
272	M		Sch	94	Ian Howerton	1995	HASF	86.90	93	96	99	99	123	0	0	123	222	1		261.613	
263	M		Sch	94	Alex Stenbo	1996	NHWL	92.57	92	97	-102	97	115	120	-123	120	217	2		248.525	
241	M		Sch	94	Dustin Pfeiffer	1994	CINC	88.70	48	51	55	55	75	82	90	90	145	3		169.248	
231	F		Jr	44	Shannon Parish	1993	TMBC	43.51	36	-39	-39	36	-53	53	-56	53	89	1		171.265	
217	F		Jr	58	Esther Gusov	1991	LIND	57.78	25	26	27	27	32	35	38	38	65	1		98.340	
253	F		Jr	63	Breanne Bassler	1991	TTEX	58.14	73	76	79	79	93	96	100	100	179	1		269.556	
234	F		Jr	69	Rebecca Duran	1991	LIND	68.95	35	37	40	40	43	47	50	50	90	1		120.508	
248	F		Jr	75+	Erin Garcia	1991	TTEX	89.11	67	71	73	73	85	89	92	92	165	1		192.187	
228	F		Jr	75+	Angela Vyborny	1991	LIND	95.75	45	48	51	51	60	65	70	70	121	2		136.633	
273	M		Jr	69	Weeced Vang	1992	HASF	65.16	95	-99	101	101	129	133	137	137	238	1		330.606	
263	M		Jr	69	Mack Brunson	1991	LIND	68.11	102	107	-112	107	130	-135	-137	130	237	2		319.816	
255	M		Jr	69	Ryan Cook	1992	FOXV	68.66	87	-91	92	92	117	-120	120	120	212	3		284.620	
262	M		Jr	77	Chris Young	1993	HERC	75.88	75	78	81	81	-105	105	110	110	191	1		241.504	
258	M		Jr	85	Connor Wells	1992	ANGR	84.28	60	-66	-66	60	80	-90	-90	80	140	1		167.442	
269	M		Jr	94	Ryan Sexton	1991	KIRK	91.93	100	104	106	106	121	126	-130	126	232	1		266.502	
261	M		Jr	105	Alex Lee	1991	HASF	104.51	125	130	135	135	145	150	155	155	290	1		316.832	
262	M		Jr	105+	Spencer Moorman	1991	CALS	121.04	145	150	155	155	185	-192	-192	185	340	1		355.592	
254	M		Jr	105+	Jack Rummells	1992	PHIL	119.04	105	110	115	115	130	135	140	140	255	2		267.820	
274	M		Jr	105+	Kyle Lange	1992	HOUS	108.35	95	-101	-105	95	115	-120	-120	115	210	3		226.673	
259	M		Jr	105+	Luke Shropshire	1992	CINC	102.76	60	65	-68	65	80	-87	-87	80	145	4		159.364	
86	F		M	48	Sandra Arechaederra	1967	CALS	46.28	46	48	-51	48	65	-68	68	68	116	1		183.070	216.572
81	F		M	53	Anne Lehman	1960	SPPL	52.50	43	45	47	47	56	59	62	62	109	1		154.395	193.766



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
 www.usaweighting.org  
 e-mail: usaw@usaweighting.org

www.usaweighting.org

**Competition:** 2011 Arnold Sports Festival **Location:** Columbus, OH  
**Date:** 3/4 - 3/6/2011 **Group:** \_\_\_\_\_ **Sanction#:** \_\_\_\_\_

Lot No.	Member		Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	oin	Sinclair	S-M-M Total	
	Gndr	ID						1	2	3		1	2	3							
79	F		M	53	Emily Klioze	1968	UNA	50.26	-41	41	47	47	54	-60	-60	54	101	2		148.268	173.473
77	F		M	53	Yulia Kostogorova-Beller	1976	REPS	50.91	38	40	42	42	48	-50	-51	48	90	3		130.712	140.123
76	F		M	53	Toni Binning	1970	UNA	51.12	32	35	-39	35	42	45	-49	45	80	4		115.794	132.816
78	F		M	53	Mary Storch	1959	ECGO	52.33	22	24	25	25	25	33	-34	33	58	5		82.369	104.691
80	F		M	58	Debbie Hudson	1961	TEXE	57.34	40	42	-44	42	53	56	-59	56	98	1		129.827	161.375
88	F		M	63	Corinne Grotenhuis	1965	WCWL	58.00	53	56	58	58	63	66	68	68	126	1		165.564	199.835
87	F		M	63	Sarah Ellis	1973	XFRX	61.84	47	50	-55	50	65	69	-72	69	119	2		149.709	166.626
83	F		M	63	Theresa Maldonado	1958	COEW	61.27	40	44	47	47	47	50	53	53	100	3		126.570	163.655
91	F		M	69	Suzanne Leathers	1972	COEW	65.94	64	68	71	71	87	89	94	94	165	1		199.484	224.420
82	F		M	69	Rene Bybee	1962	ECGO	67.96	45	-49	49	49	58	62	-65	62	111	2		131.885	162.746
84	F		M	69	Alea Fairchild	1964	POWZ	66.81	40	43	-45	43	55	-60	61	61	104	3		124.776	151.853
90	F		M	75	Kerri Hanebrink Goodrich	1969	COEW	69.95	67	70	72	72	-86	-86	-86	0	0	-		0.000	0.000
12	M		M	62	Fred Marquinez	1961	UNA	61.50	57	60	64	64	71	75	78	78	142	1		205.268	255.149
11	M		M	69	Fred Lowe	1947	TEXE	67.42	80	84	-88	84	95	100	-104	100	184	1		249.926	401.881
8	M		M	69	Charlie Aljgaen	1972	UNA	68.54	75	-81	-81	75	100	106	-110	106	181	2		243.271	273.679
3	M		M	69	Gerald Huth	1955	TOLW	68.99	72	77	-81	77	97	100	-105	100	177	3		236.912	327.886
2	M		M	69	Greg Simmons	1965	HOOS	67.44	50	53	56	56	65	71	74	74	130	4		176.544	213.089
11	M		M	69	Jerry Moylan	1953	UNA	66.99	50	55	-60	55	70	-75	-75	70	125	5		170.493	247.044
44	M		M	77	Christopher Bullard	1971	XFIT	76.24	89	-93	-93	89	108	112	116	116	205	1		258.515	293.673
34	M		M	77	Joseph Seth	1970	ECGO	75.31	-84	84	-87	84	107	113	117	117	201	2		255.239	292.759
39	M		M	77	Hiroki Naganobori	1977	UNA	69.32	-100	101	-103	101	-111	-111	-112	0	0	-		0.000	
72	M		M	85	Lorne Reedhead	1976	UNA	84.62	-112	112	116	116	142	-146	-147	142	258	1		307.959	330.133
69	M		M	85	Thomas Tryon	1971	ECGO	83.50	95	105	-110	105	-130	130	137	137	242	2		290.776	330.321
30	M		M	85	Michael Craft	1976	ATLA	84.00	-78	-78	78	78	103	-106	-106	103	181	3		216.835	232.447
6	M		M	85	David Leitner	1973	XFIN	84.55	70	-72	-72	70	85	86	-90	86	156	4		186.284	207.334
9	M		M	85	John Margolis	1942	CONI	82.01	63	65	67	67	75	80	84	84	151	5		183.096	339.827
1	M		M	85	Bill Kang	1967	XFRX	80.92	58	61	-64	61	75	78	-82	78	139	6		169.716	200.774
46	M		M	94	Chris Dariotis	1949	CALP	87.69	85	90	94	94	122	127	132	132	226	1		265.196	413.971
40	M		M	94	Michael Willett	1962	HOOS	89.55	85	-90	-92	85	115	120	-126	120	205	2		238.244	293.993
38	M		M	94	Tom Nuzum	1972	UNA	93.10	85	-95	-95	85	-110	110	-117	110	195	3		222.784	250.632



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
[www.usaweighting.org](http://www.usaweighting.org)  
 e-mail: [usaw@usaweighting.org](mailto:usaw@usaweighting.org)

[www.usaweighting.org](http://www.usaweighting.org)

**Competition:** 2011 Arnold Sports Festival

**Location:** Columbus, OH

**Date:** 3/4 - 3/6/2011

**Group:** \_\_\_\_\_

**Sanction#:** \_\_\_\_\_

Lot No.	Member			Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	oin	Sinclair	S-M-M Total
	Gndr	ID	Div						1	2	3		1	2	3						
4	M		M	94	Eric Sandkuhl	1965	UNA	90.45	70	75	77	77	95	101	105	105	182	4		210.566	254.153
14	M		M	94	Douglas Ballard	1963	HOOS	90.40	65	70	73	73	100	105	-108	105	178	5		205.989	252.542
4	M		M	94	Christopher Wells	1965	ANGR	87.20	70	-76	-80	70	90	96	100	100	170	6		200.009	241.410
7	M		M	94	Martin Neher	1961	TFAF	92.15	70	74	-78	74	95	-100	-100	95	169	7		193.932	241.057
5	M		M	94	Mike Putinski	1954	UNA	91.40	66	71	-73	71	91	93	97	97	168	8		193.472	274.150
101	M		M	105	James Storch	1966	ECGO	102.83	-120	120	125	125	145	153	157	157	282	1		309.859	370.281
92	M		M	105	Russ McDonnell	1969	ECGO	101.90	113	118	-122	118	151	-158	-158	151	269	2		296.547	343.401
52	M		M	105	Jeffrey Crass	1962	UNA	104.45	99	102	0	102	119	-123	-123	119	221	3		241.496	298.006
10	M		M	105	Jon Taylor	1965	CINC	101.80	75	-80	80	80	105	110	115	115	195	4		215.046	259.561
37	M		M	105	Clint Poore	1973	UNA	99.28	75	81	-87	81	100	-106	-106	100	181	5		201.486	224.254
13	M		M	105	John Pfeiffer	1964	COLU	95.01	52	57	63	63	75	82	88	88	151	6		171.052	208.170
74	M		M	105	Chris Feenstra	1970	COLU	103.32	-110	110	-115	110	-145	-145	-145	0	0	-		0.000	0.000
105	M		M	105+	Rick Bucinell	1964	OBXW	120.47	140	-145	-145	140	-175	175	-185	175	315	1		329.833	401.407
65	M		M	105+	Bull Ternus	1965	UNA	112.39	110	-115	-115	110	-140	-140	140	140	250	2		266.802	322.030
50	M		M	105+	Mark Solomon	1958	BUFB	116.34	96	101	-107	101	-122	122	0	122	223	3		235.647	304.692
43	M		M	105+	Ronald Wollenberg	1955	UNA	112.35	90	-92	-92	90	122	-130	-130	122	212	4		226.272	313.160
35	M		M	105+	Jon Bafford	1970	COLU	114.55	68	70	74	74	105	110	115	115	189	5		200.587	230.073
150	F		Opn	48	Kelly Williams	1978	COFF	47.74	68	71	73	73	87	-90	-90	87	160	1		245.542	
144	F		Opn	53	Chelsea Kyle	1989	SANW	52.34	62	64	-66	64	88	-91	-92	88	152	1		215.830	
141	F		Opn	53	Rachael Bommicino	1981	COFF	52.92	62	-64	-66	62	78	81	-84	81	143	2		201.275	
85	F		Opn	53	Jami Benjamin	1985	COLU	52.13	50	-52	-52	50	63	65	67	67	117	3		166.670	
206	F		Opn	53	Odeatha Marshal	1989	LIND	53.00	-45	45	48	48	59	64	-67	64	112	4		157.453	
164	F		Opn	58	Amanda Sandoval	1982	COFF	57.73	-87	-87	87	87	106	110	-114	110	197	1		259.717	
156	F		Opn	58	Rizelyx Rivera	1987	ECGO	57.99	80	83	85	85	100	103	105	105	190	2		249.690	
154	F		Opn	58	Jacquelynn Berube	1971	PINN	57.77	75	78	80	80	95	-99	99	99	179	3		235.870	267.948
197	F		Opn	58	Veronica Aguila	1978	ECGO	57.08	58	61	-64	61	75	79	-83	79	140	4		186.076	
203	F		Opn	58	Alexandria Argueta	1987	WCWL	56.94	58	61	63	63	70	73	76	76	139	5		185.075	
89	F		Opn	58	Jenny Werba	1984	UNA	57.77	55	58	-60	58	67	-70	-70	67	125	6		164.714	
205	F		Opn	58	Melissa Knourek	1978	UNA	56.39	48	52	-55	52	62	66	-68	66	118	7		158.231	



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
[www.usaweighting.org](http://www.usaweighting.org)  
 e-mail: [usaw@usaweighting.org](mailto:usaw@usaweighting.org)

[www.usaweighting.org](http://www.usaweighting.org)

**Competition:** 2011 Arnold Sports Festival **Location:** Columbus, OH  
**Date:** 3/4 - 3/6/2011 **Group:** \_\_\_\_\_ **Sanction#:** \_\_\_\_\_

Lot No.	Member		Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	oin	Sinclair	S-M-M Total	
	Gndr	ID						Div	1	2		3	1	2							3
207	F		Opn	58	Dara May	1981	XFRX	57.32	40	-44	45	45	55	58	61	61	106	8		140.461	
148	F		Opn	63	Sunny Brar	1985	UNA	62.75	70	73	75	75	90	-93	-93	90	165	1		205.641	
147	F		Opn	63	Kelly Charniga	1993	DYNF	61.00	-72	72	75	75	80	82	84	84	159	2		201.833	
162	F		Opn	63	Gwendolyn Sisto	1982	ECGO	62.18	70	73	75	75	84	-87	-88	84	159	3		199.324	
143	F		Opn	63	Kari Shimomura	1984	HASF	62.54	70	-72	-72	70	80	-82	-82	80	150	4		187.346	
195	F		Opn	63	Cara Van Dorn	1985	ECGO	61.95	55	-58	-58	55	70	73	-76	73	128	5		160.846	
201	F		Opn	63	Paula Aranda	1986	CALP	62.25	53	-57	57	57	65	69	-71	69	126	6		157.840	
165	F		Opn	69	Aimee Anaya Everett	1977	CATA	67.54	-88	-88	88	88	104	108	111	111	199	1		237.272	
163	F		Opn	69	Natalie Burgener	1983	TXFT	63.66	90	94	-96	94	103	-109	-109	103	197	2		243.309	
153	F		Opn	69	Jocelyn Forest	1980	CATA	67.97	76	80	82	82	-96	96	-100	96	178	3		211.473	
140	F		Opn	69	Patty Maizels	1977	ECGO	63.89	63	67	69	69	81	-86	-86	81	150	4		184.846	
149	F		Opn	69	Diane Fu	1980	CATA	63.91	-63	65	67	67	78	-80	-80	78	145	5		178.650	
200	F		Opn	69	Andrea Searby	1984	UNA	68.69	52	55	58	58	67	-70	-70	67	125	6		147.637	
198	F		Opn	69	Meghan Norsen	1979	UNA	68.13	-55	55	-60	55	66	-69	-69	66	121	7		143.565	
204	F		Opn	69	Megan Aylward	1985	CINC	66.96	41	-47	47	47	57	63	-67	63	110	8		131.804	
158	F		Opn	75	Kara Doherty	1982	CATA	74.18	83	86	-88	86	103	107	-109	107	193	1		219.059	
157	F		Opn	75	Samantha Zimmerman	1987	HATC	72.80	80	83	-85	83	-108	108	-112	108	191	2		218.796	
159	F		Opn	75	Kristin Newman	1981	UNA	74.33	76	-79	-80	76	85	90	-96	90	166	3		188.231	
139	F		Opn	75	Courtney Valerious	1984	UNA	74.13	-68	68	-70	68	88	90	-92	90	158	4		179.392	
142	F		Opn	75	Lauren Chadwick-Sonnen	1978	TFAF	69.15	65	-70	-70	65	77	-80	80	80	145	5		170.631	
208	F		Opn	75	Fatima Musleh	1984	TTEX	73.91	43	46	-50	46	61	-64	-64	61	107	6		121.662	
160	F		Opn	75+	Chioma Amaechi	1992	HASF	115.20	93	96	100	100	126	131	-135	131	231	1		231.770	
161	F		Opn	75+	Holley Mangold	1989	UNA	145.96	85	-95	98	98	115	122	127	127	225	2		225.000	
155	F		Opn	75+	Erin Doyle	1977	UNA	98.31	85	90	-93	90	105	-110	-110	105	195	3		200.388	
151	F		Opn	75+	Carly Mauch	1987	ECGO	80.25	66	-69	-69	66	92	97	101	101	167	4		183.014	
152	F		Opn	75+	Chelsea Rebman	1989	ECGO	90.00	71	-76	76	76	88	-93	-95	88	164	5		172.510	
146	F		Opn	75+	Jill Burzynski	1987	TWNY	85.20	67	72	-75	72	77	-82	-82	77	149	6		159.592	
202	F		Opn	75+	Cherie Knotts	1982	UNA	86.82	50	-53	53	53	55	60	63	63	116	7		123.438	
178	M		Opn	56	Manueli Tulo	1990	ISLA	55.66	100	-105	-105	100	120	125	-130	125	225	1		350.270	
8	M		Opn	56	Keith Connolly	1985	CINC	54.67	-68	-68	68	68	-82	82	85	85	153	2		241.554	



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
[www.usaweighting.org](http://www.usaweighting.org)  
 e-mail: [usaw@usaweighting.org](mailto:usaw@usaweighting.org)

[www.usaweighting.org](http://www.usaweighting.org)

**Competition:** 2011 Arnold Sports Festival

**Location:** Columbus, OH

**Date:** 3/4 - 3/6/2011

**Group:** \_\_\_\_\_

**Sanction#:** \_\_\_\_\_

Lot No.	Member			Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	oin	Sinclair	S-M-M Total
	Gndr	ID	Div						1	2	3		1	2	3						
176	M		Opn	62	Manuel Minginfel	1978	ISLA	61.49	95	100	-105	100	130	-140	140	140	240	1		346.972	
113	M		Opn	62	Mike Graber	1984	TMNJ	57.71	70	74	-77	74	92	-97	-97	92	166	2		251.374	
174	M		Opn	69	Caleb Williams	1984	COFF	68.81	120	125	-127	125	157	-164	-164	157	282	1		378.075	
177	M		Opn	69	Dutch Lowy	1982	CATA	68.80	105	-112	-112	105	135	140	-143	140	245	2		328.500	
62	M		Opn	69	Chris Yorkowitz	1980	ECGO	68.79	103	-106	106	106	125	130	-135	130	236	3		316.462	
116	M		Opn	69	Jon Zajac	1990	ECGO	68.97	95	100	-103	100	110	115	-118	115	215	4		287.826	
119	M		Opn	69	Louis Mangiaracina	1982	METR	68.41	89	-93	-93	89	119	123	-127	123	212	5		285.280	
112	M		Opn	69	Robert Sirkis	1981	SPOO	65.71	80	85	-90	85	110	115	119	119	204	6		281.794	
115	M		Opn	69	Eric Rosenstock	1984	UNA	68.48	-90	-90	90	90	110	-120	-121	110	200	7		268.957	
32	M		Opn	69	Anthony Hernandez	1977	XFRX	63.93	80	-88	-90	80	-97	97	-105	97	177	8		249.058	
5	M		Opn	69	Ron Walker	1981	CINC	67.89	75	80	-83	80	90	96	-101	96	176	9		237.993	
171	M		Opn	77	Chad Vaughn	1980	SPOO	77.00	143	147	-150	147	177	183	-191	183	330	1		413.845	
172	M		Opn	77	Yukio Peter	1982	ISLA	76.94	135	145	-150	145	-170	170	-185	170	315	2		395.205	
188	M		Opn	77	Jhoni Andica	1987	COLO	75.85	130	135	138	138	166	170	-173	170	308	3		389.528	
190	M		Opn	77	Michael Cerbus	1986	PEND	76.19	132	136	-140	136	155	160	-164	160	296	4		373.408	
136	M		Opn	77	Adam Beytin	1982	ECGO	76.94	118	-125	-127	118	153	-160	162	162	280	5		351.294	
66	M		Opn	77	Phillip Schneider	1990	PEND	75.35	107	112	115	115	140	145	150	150	265	6		336.408	
63	M		Opn	77	Greg McElravy	1983	COFF	76.21	107	-111	111	111	140	146	-150	146	257	7		324.161	
55	M		Opn	77	Mark Miskovski	1988	TWNY	76.45	-105	105	-110	105	134	-139	-139	134	239	8		300.926	
121	M		Opn	77	Chris McGinnis	1981	ECGO	76.05	98	-102	102	102	-130	130	135	135	237	9		299.289	
122	M		Opn	77	Jose Carranza	1985	SPOO	76.05	100	105	-110	105	125	130	-135	130	235	10		296.763	
47	M		Opn	77	David Lewandowski	1987	PBBC	76.87	90	95	100	100	120	125	130	130	230	11		288.709	
45	M		Opn	77	Douglas Berninger	1986	TOLW	76.12	94	99	101	101	116	120	124	124	225	12		283.988	
118	M		Opn	77	David Almeida	1987	UNA	73.05	91	-96	-100	91	120	126	-131	126	217	13		280.479	
114	M		Opn	77	Milo Swain II	1989	CHAR	73.18	85	-90	-90	85	105	110	-115	110	195	14		251.779	
41	M		Opn	77	Ben McCarthy	1990	UNA	75.32	84	-90	-90	84	111	-115	-119	111	195	15		247.601	
110	M		Opn	77	Brian Anderson	1988	UNA	75.08	75	-80	-80	75	98	103	108	108	183	16		232.789	
111	M		Opn	77	Christopher Kardos	1987	UNA	72.20	78	-82	82	82	98	-103	-103	98	180	17		234.282	
120	M		Opn	77	Denzel Reina	1990	UNA	76.94	70	75	-80	75	80	-85	-85	80	155	18		194.466	
180	M		Opn	85	Carlos Andica	1983	COLO	84.95	145	150	153	153	180	187	-190	187	340	1		405.065	



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
 www.usaweighting.org  
 e-mail: usaw@usaweighting.org

www.usaweighting.org

**Competition:** 2011 Arnold Sports Festival **Location:** Columbus, OH  
**Date:** 3/4 - 3/6/2011 **Group:** \_\_\_\_\_ **Sanction#:** \_\_\_\_\_

Lot No.	Member			Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	oin	Sinclair	S-M-M Total
	Gndr	ID	Div						1	2	3		1	2	3						
173	M		Opn	85	Steven Kari	1993	ISLA	84.29	-122	122	127	127	165	170	-175	170	297	2		355.194	
103	M		Opn	85	Bryan Marshall	1984	TORW	84.72	127	132	-135	132	-156	157	-162	157	289	3		344.762	
75	M		Opn	85	Drew Dillon	1985	COLU	84.05	116	121	125	125	150	154	156	156	281	4		336.534	
94	M		Opn	85	Jamie Mason	1979	PEND	83.30	-118	118	122	122	150	155	-161	155	277	5		333.230	
97	M		Opn	85	Laurent Goyette-Demers	1990	LIND	79.70	117	-122	-122	117	150	155	-160	155	272	6		334.775	
93	M		Opn	85	Jacob Flint	1982	CINC	82.94	115	118	-122	118	-148	-148	153	153	271	7		326.724	
192	M		Opn	85	Tony Grana	1980	KIRK	84.64	115	120	-125	120	145	150	-155	150	270	8		322.246	
95	M		Opn	85	Rob Blackwell	1990	CALS	82.95	119	-123	-123	119	140	-145	-145	140	259	9		312.237	
130	M		Opn	85	Jonathon Barnett	1984	UNA	84.92	113	118	-122	118	140	-145	-145	140	258	10		307.426	
132	M		Opn	85	Michael Calelly	1978	SPPL	84.29	105	108	-112	108	135	140	145	145	253	11		302.573	
67	M		Opn	85	David Boffa	1980	METR	78.94	106	109	113	113	133	138	-141	138	251	12		310.517	
131	M		Opn	85	Mike Ng	1979	CALP	81.23	105	-110	-110	105	-135	135	-140	135	240	13		292.452	
49	M		Opn	85	Eric Mattessich	1988	TMNJ	84.03	100	-105	-105	100	120	-125	125	125	225	14		269.498	
48	M		Opn	85	Matthew Kalinowski	1987	TWNY	84.37	95	100	-105	100	122	-130	-130	122	222	15		265.375	
9	M		Opn	85	Phillip Johnson	1979	UNA	84.00	85	90	-93	90	110	113	115	115	205	16		245.587	
7	M		Opn	85	Daniel Spitler	1990	LIND	83.84	75	-80	-80	75	105	110	-115	110	185	17		221.837	
1	M		Opn	85	Patrick Kesselmayr	1987	TOLW	83.75	65	70	-75	70	95	100	-107	100	170	18		203.959	
10	M		Opn	85	Ralph Guglielmi	1981	UNA	77.65	63	66	-70	66	87	89	92	92	158	19		197.226	
168	M		Opn	85	Zach Krych	1982	MINN	84.17	143	-148	-150	143	0	0	0	0	0	-		0.000	
61	M		Opn	85	Patrick Mahoney	1988	LIND	84.45	107	-111	111	111	-140	-140	-140	0	0	-		0.000	
167	M		Opn	85	Kendrick Farris	1986	LSUS	84.85	150	-155	155	155	-197	-197	-197	0	0	-		0.000	
106	M		Opn	94	Jon North	1986	CALS	93.90	152	-157	-157	152	180	189	-192	189	341	1		388.178	
185	M		Opn	94	Coard Wilkes	1989	OBXW	91.71	140	146	-150	146	-178	178	184	184	330	2		379.472	
175	M		Opn	94	David Katoatau	1984	ISLA	93.10	130	-135	135	135	170	187	-192	187	322	3		367.879	
170	M		Opn	94	Phil Sabatini	1982	ECGO	93.95	145	-150	-154	145	-175	177	-190	177	322	4		366.467	
108	M		Opn	94	Jared Enderton	1988	CALS	93.96	135	138	141	141	168	-173	-175	168	309	5		351.656	
189	M		Opn	94	Kyle Cook	1983	FOXV	90.10	127	132	-136	132	162	168	-172	168	300	6		347.689	
73	M		Opn	94	Paul Doherty	1982	HASF	90.49	120	-125	125	125	145	150	155	155	280	7		323.884	
96	M		Opn	94	Christopher Oakley	1985	TMNJ	93.87	117	123	-127	123	-150	151	-160	151	274	8		311.950	
134	M		Opn	94	Brian Platt	1985	TMNJ	92.92	110	-114	-115	110	145	-150	150	150	260	9		297.290	



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
[www.usaweighting.org](http://www.usaweighting.org)  
 e-mail: [usaw@usaweighting.org](mailto:usaw@usaweighting.org)

[www.usaweighting.org](http://www.usaweighting.org)

**Competition:** 2011 Arnold Sports Festival

**Location:** Columbus, OH

**Date:** 3/4 - 3/6/2011

**Group:** \_\_\_\_\_

**Sanction#:** \_\_\_\_\_

Lot No.	Member			Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	oin	Sinclair	S-M-M Total
	Gndr	ID	Div						1	2	3		1	2	3						
129	M		Opn	94	Joe Fondale	1977	ECGO	92.63	105	110	115	115	-135	135	140	140	255	10		291.964	
70	M		Opn	94	Jesse Malcomb	1980	UNA	92.04	107	110	-114	110	132	-137	137	137	247	11		283.586	
56	M		Opn	94	Cameron Davidson	1983	PBBC	93.59	105	110	-113	110	130	135	-140	135	245	12		279.285	
68	M		Opn	94	Joel Quintong	1979	SACR	91.67	105	-110	-110	105	135	-140	-140	135	240	13		276.033	
51	M		Opn	94	Anton Lushenko	1980	PBBC	92.73	95	102	-107	102	120	-125	125	125	227	14		259.785	
59	M		Opn	94	Thomas Lougen	1990	TWNY	93.99	-95	95	-102	95	132	-137	-137	132	227	15		258.302	
42	M		Opn	94	Raphael Dozzi	1984	XFOK	92.80	97	-101	101	101	-117	117	-121	117	218	16		249.404	
6	M		Opn	94	Cody Basala	1989	LIND	92.59	-80	-80	80	80	110	120	130	130	210	17		240.486	
109	M		Opn	94	Ryan Cockren	1988	TMNJ	92.92	72	-77	-77	72	95	100	105	105	177	18		202.386	
133	M		Opn	94	Jason Dinius	1979	SANP	91.48	117	-122	-122	117	-140	-140	-140	0	0	-	0.000		
117	M		Opn	94	Daniel Russell	1987	TFAF	92.66	95	-100	100	100	-128	-128	-128	0	0	-	0.000		
187	M		Opn	105	Garrett Walters	1983	ECGO	102.75	-140	140	146	146	168	174	180	180	326	1		358.306	
102	M		Opn	105	Kevin Cornell	1988	PBBC	98.11	-135	135	142	142	170	175	-178	175	317	2		354.498	
183	M		Opn	105	Benn Overkamp	1982	KIRK	100.22	134	138	-141	138	164	169	173	173	311	3		344.965	
193	M		Opn	105	Kevin Roberts	1984	CHAR	104.47	127	132	-135	132	157	165	169	169	301	4		328.894	
137	M		Opn	105	Kaleb Whitby	1987	DYNS	103.69	127	-131	131	131	166	-171	-171	166	297	5		325.376	
98	M		Opn	105	Joel Pudenz	1990	NHWL	101.78	120	125	128	128	157	160	-164	160	288	6		317.629	
64	M		Opn	105	Geoff Grambo	1986	TMOP	97.69	100	105	110	110	135	-140	140	140	250	7		280.043	
33	M		Opn	105	Makana Atisanoe	1988	LIND	103.00	100	105	-110	105	120	130	140	140	245	8		269.045	
125	M		Opn	105	Frank Voris	1986	TMNJ	99.39	100	110	-115	110	130	-140	-140	130	240	9		267.051	
123	M		Opn	105	Jeremy Shepard	1984	EAWL	104.34	95	101	106	106	120	128	-134	128	234	10		255.796	
58	M		Opn	105	Jake Pudenz	1988	UNA	104.35	90	97	-103	97	125	134	-143	134	231	11		252.508	
127	M		Opn	105	Matthew Nourse	1987	SUTT	103.30	95	100	-105	100	125	-130	-131	125	225	12		246.826	
53	M		Opn	105	Vince Cantelm	1990	PBBC	99.19	95	101	-105	101	-120	122	-130	122	223	13		248.326	
36	M		Opn	105	Benyamin Williams	1981	CINC	99.70	80	85	-90	85	110	116	-123	116	201	14		223.390	
29	M		Opn	105	Mark Patrick	1987	ECGO	95.52	70	75	81	81	100	105	-109	105	186	15		210.237	
186	M		Opn	105	Donovan Ford	1990	HASF	99.15	-150	-150	-150	0	178	183	188	188	0	-		0.000	
71	M		Opn	105	Dan Goeller	1985	TMNJ	100.09	-121	-121	-121	0	135	0	0	135	0	-		0.000	
57	M		Opn	105	Lorenzo Inglese	1984	PBBC	100.95	110	113	-116	113	-140	-140	-140	0	0	-		0.000	
135	M		Opn	105	Lyndon Echels	1984	COFF	104.33	0	0	0	0	0	0	0	0	0	-		0.000	





# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza  
 Colorado Springs, CO 80909  
 (719) 866-4508  
 Fax (719) 866-4741  
 www.usaweighting.org  
 e-mail: usaw@usaweighting.org

www.usaweighting.org

**Competition:** 2011 Arnold Sports Festival **Location:** Columbus, OH  
**Date:** 3/4 - 3/6/2011 **Group:** \_\_\_\_\_ **Sanction#:** \_\_\_\_\_

Lot No.	Member			Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	oin	Sinclair	S-M-M Total
	Gndr	ID	Div						1	2	3		1	2	3						
166	M		Opn	105+	Itte Detenamo	1986	ISLA	157.17	-170	170	-175	170	205	215	0	215	385	1		386.354	
169	M		Opn	105+	Patrick Mendes	1990	UNA	130.85	175	-182	-183	175	207	-217	-217	207	382	2		392.706	
179	M		Opn	105+	Carlos Manuel Campos	1979	SANT	124.20	160	-165	165	165	207	-215	-215	207	372	3		386.676	
182	M		Opn	105+	Shane Maier	1984	WCWL	134.65	-155	155	160	160	200	-207	-210	200	360	4		368.141	
181	M		Opn	105+	Jason Starks	1979	TTEX	130.65	145	-152	152	152	175	180	188	188	340	5		349.633	
100	M		Opn	105+	Tony Blanksteen	1985	UNA	122.15	130	136	-140	136	-167	168	-172	168	304	6		317.233	
126	M		Opn	105+	Wesley Kimball	1983	UNA	116.79	116	120	-123	120	145	150	-155	150	270	7		285.013	
60	M		Opn	105+	Trevor Ging	1985	ECGO	108.34	101	106	-110	106	132	138	145	145	251	8		270.937	
128	M		Opn	105+	Francis Kennedy	1988	HOUS	118.04	100	105	-110	105	130	135	140	140	245	9		257.886	
124	M		Opn	105+	David Cho	1983	TTEX	140.27	-100	-100	100	100	-145	145	-150	145	245	10		248.900	
2	M		Opn	105+	Trent Smith	1989	LIND	166.47	83	88	93	93	115	120	125	125	218	11		218.144	
99	M		Opn	105+	Joshua King	1986	XFRX	114.50	-120	-120	-120	0	165	-170	-170	165	0	-		0.000	

**REFEREES** \_\_\_\_\_

**MEET DIRECTOR** \_\_\_\_\_

**DATE** \_\_\_\_\_