



Olympic Voice

U.S. Olympic Training Center, Chula Vista

August 1-15, 2011

AUGUST 2011 ATHLETES OF THE MONTH:

MEN'S ARCHERY TEAM

JOE FANCHIN, JACOB WUKIE & BRADY ELLISON

In early July at the World Archery Championships in Torino, Italy, Joe Fanchin, Jacob Wukie and Brady Ellison formed the US Archery men's recurve team and their outstanding performance secured three quota spots for Team USA at the 2012 Olympics.

Joe Fanchin got his start in archery when he was around 10 years old, starting out with a small compound bow to go hunting with his uncle. He grew up in Oceanside and attended Saint Augustine High School near Balboa Park, which enabled him to practice at Morley Field after school. He started to get more serious about training while studying aerospace engineering at USC. He switched to the recurve bow in 2006 and did well at the 2007 Olympic trials. In 2009, he finished college and moved down to take advantage of the full-time training option and great coaching at the CVOTC. Outside of archery, he is interested in engineering, which isn't really outside of archery because he hopes to put his degree to use in the archery field.







Jacob Wukie grew up in Ohio, but got a similar start in archery by going hunting with his family. He got his competitive start when he went with a friend to a tournament and shot at 3D targets. He attended college at James Madison University and switched to the recurve bow when he realized the team at JMU needed an Olympic-style shooter. His interest in the recurve bow increased with his opportunity to make the Olympic team and he started enjoying the extra technique the recurve bow requires along with the consistent target distances. He went to Beijing in 2008 as an alternate, jumping from 17th place in the first round of the trials up to 4th place in the final trials – a battle that came down to the last arrow. Jacob was able to enjoy a week off after Italy to go hunting, fishing and hiking with his family and friends in Ohio, but now it is back to the grueling training and competing schedule.

The hunting theme continues with Brady Ellison, who got his start in archery at a young age since he enjoyed hunting with his family. Having already won a world championship with his compound bow, he picked up an Olympic-style recurve bow in 2005 and just a few months later, he landed a spot in the resident athlete program at the Chula Vista Olympic Training Center while still a high school student. He enjoyed shooting from the first time he tried it and his love for archery has only increased from there. He was the USA's top male qualifier for the 2008 Olympics, won the men's individual recurve gold medal in the 2010 World Cup Final and currently holds the #1 world ranking.

Right now, these athletes are spending much of their time at tournaments, from the National Target Championships and Pan Am Games trials in South Dakota this past weekend to the third round of the World Cup in Ogden, Utah and then back to the CVOTC for the So Cal Showdown from August 12-14.

ANNOUNCEMENTS:

-  The AT&T Connections Center is the temporary home to Sports Medicine while the Sports Medicine Building is under construction
-  The Spirit Store is closed for renovation, but Team USA gear can still be purchased online at www.teamusa.org
-  There will be an Athlete Yoga session on Tuesday, August 9 at 6:00 pm in the Visitor's Center. All CVOTC athletes are welcome to participate
-  Volunteers are needed! Athletes, their family members and community members are encouraged to get involved in the Chula Vista Olympic Training Center's Volunteer Program. We have an immediate need for tour guides, van drivers and special event assistance. Stop by the ACI desk or call 619-482-6148 for more information



THORPE CUP AUGUST 13-14, 2011 CHULA VISTA OTC



VS.



The Chula Vista Olympic Training Center will host the Thorpe Cup, an international track and field competition between USA and Germany, on Saturday and Sunday, August 13-14. Admission is free and spectators are encouraged to bring chairs and umbrellas to find a great seat to watch the action up close.

The teams are made up of up to seven men and seven women who compete in decathlon and heptathlon. The decathlon consists of the 100m, long jump, shot put, high jump, 400m, 110m hurdles, discus, pole vault, javelin and 1500m. The heptathlon consists of the 100m hurdles, high jump, shot put, 200m, long jump, javelin and 800m.

Athletes receive a predetermined number of points based upon their performances in each of the events in the decathlon and heptathlon. The top five men's and top three women's scores are added together to determine the overall men's and women's team winners.

The U.S. Women's team includes Ryann Kraiss, Chantae McMillan, Bettie Wade, Abbie Norton (Stechschulte), Barbara Nwaba and Lindsay Lettow, coached by Lori Shepard and Kim Dismuke. The Men's team includes Miller Moss, Chris Randolph, Mark Jellison, Nick Adcock, Matthew Johnson, Matthew Clark and Joe Detmer, coached by Dan Lefever and Matt Chisam.

There will be a free live webcast of the Thorpe Cup competition from 8:45 am - 4:00 pm through the following link:
http://www.usatf.org/events/2011/ThorpeCup_kentico/video.asp

Dan O'Brien, who won the decathlon gold medal at the 1996 Olympics in Atlanta, is scheduled to be on hand to provide commentary and we expect some other Olympic alumni to attend and interact with the spectators. Next year, the competition will be held in Germany again and when it comes time to return to the U.S. in 2013, we hope that we will have a return visit to the Chula Vista Olympic Training Center!

Schedule of Events

Saturday, August 13

- 11:45 AM - Opening Ceremony
- 12:00 PM - 100m (men)
- 12:30 PM - 100m Hurdles (women)
- 1:00 PM - Long Jump (men)
- 1:30 PM - High Jump (women)
- 2:45 PM - Shot Put (men)
- 3:45 PM - Shot Put (women)
- 4:15 PM - High Jump (men)
- 6:00 PM - 200m (women)
- 6:30 PM - 400m (men)



Sunday, August 14

- 12:00 PM - 110m Hurdles (men)
- 12:45 PM - Discus (men)
- 2:00 PM - Long Jump (women)
- 2:30 PM - Pole Vault (men)
- 3:45 PM - Javelin (women)
- 4:45 PM - Javelin (men)
- 5:45 PM - 800m (women)
- 6:00 PM - 1500m (men)



USATF Identified the Following Top Ten Reasons to Attend the Thorpe Cup:

1. Spend a weekend in beautiful San Diego
2. Cheer on World Class athletes
3. Practice your German
4. Watch decathlon (10) and heptathlon (7) events over two consecutive days
5. Spend time at the Olympic Training Center
6. Show your patriotism
7. Learn new techniques for decathlon and heptathlon events
8. Be part of a historical event
9. Watch a sports event for free
10. Support USATF and USOC by attending

CVOTC Intern Hannah added an 11th Reason:

11. Food Trucks! Mad Maui and Chop Soeey will be here to provide delicious snacks for purchase

BUSY DAY ON LONDON ONE-YEAR-OUT

Wednesday, July 27, 2011 – also known as London 2012's One-Year-Out day – turned out to be a busy day at the Chula Vista Olympic Training Center. With many of our resident athletes back in town, Chef Karl Klein served up a British-themed meal of fish & chips and Shepherd's pie. It was popular with the Olympic athletes and also with the hundreds – that's right, hundreds – of other lunch-time visitors.

The dining hall was filled to near-capacity throughout the noon hour between the Elite Rugby Camp, Futures Volleyball Camp, Altius Pole Vault Camp and Jr. Men's Softball Camp. Operations Coordinator Audrey Tyrrell snagged a couple of quick pictures of the crowd – inside and out!



CHALLENGE ACCEPTED



*Before and After
(or technically During...)*

Later in the day, we were visited again by Steven Luke of local NBC fame for a live intro to his piece on a couple of our resident archers (Joe Fanchin and Jake Kaminski) and kayaker (Carrie Johnson).

He made a valiant effort in the high stakes \$100 bet with Carrie. He didn't quite make the five strokes away from the dock, but he did increase his performance from his previous attempt during the one year out from Beijing 2008 segment. We'll look forward to his visit on the one year out date before the Rio 2016 Olympics, maybe he'll finally win that \$100!

RECENT RESULTS:

Archery - **NATIONAL TARGET CHAMPIONSHIPS, HOYT WORLD OPEN AND PAN AMERICAN GAMES TRIALS**

The 127th National Target Championships were held in Yankton, South Dakota, over the weekend and Miranda Leek became the new U.S. National Target Champion in the Women's Recurve with Khatuna Lorig coming in as the second ranked American. Brady Ellison won the National Championship title in the Men's division with Jake Kaminski in second and Joe Fanchin in third. Heather Koehl grabbed silver in the 2011 Hoyt World Open while the Men's division found Brady Ellison in first place and Jake Kaminski in second. CVOTC resident athletes will be well-represented on Team USA at the Pan American Games and the Olympic Test Event – Congratulations to Brady Ellison, Joe Fanchin, Jake Kaminski, Khatuna Lorig and Heather Koehl.

BMX - **UCI BMX WORLD CHAMPIONSHIPS**

The 2011 UCI BMX World Championships were held from July 27-31 in Copenhagen. CVOTC resident athlete Arielle Martin finished 5th in the Elite Women's category and Brooke Crain won the bronze medal in the Junior Women's category.

Tennis - **BRITISH OPEN WHEELCHAIR TENNIS CHAMPIONSHIP**

David Wagner took second place in the singles competition for the British Open Wheelchair Tennis Championships and took first place with teammate Nick Taylor in doubles.

Please email emily.cox@usoc.org with any additional recent results you would like to have published.

ATHLETES IN TRAINING:

RESIDENT PROGRAMS:

Archery
BMX
Canoe/Kayak
Field Hockey
Rowing
Track & Field

SHORT-TERM PROGRAMS:

July 30 - August 7
Track & Field - Paralympic Junior Camp

August 2 - 21
Field Hockey - Men's National Team Training

August 2 - 6
Beach Volleyball - Women's Development Camp

August 7 - 14
BMX - Great Britain Supercross Prep Camp

August 8 - 15
Archery - Paralympic National Team Camp

UPCOMING EVENTS AT THE CHULA VISTA OLYMPIC TRAINING CENTER:

State Games of America 2011 August 6-7 OPEN TO THE PUBLIC (FREE)

Medal winners from 45 State Games nationwide earn the right to compete against other winners and match their skills and competitive desire in a national arena. Competitions will be held in over 25 different venues, including the Chula Vista Olympic Training Center! We will be a venue for Archery, BMX and Soccer. Visit www.StateGames2011.com for more information.

USA Archery So Cal Showdown August 12-14 OPEN TO THE PUBLIC (FREE)

The So Cal Showdown is hosted by the RoadRunner Archery Club and is open to all Senior, Junior and Cadet - Recurve and Compound Archers who are members of NAA, NFAA or an international FITA member organization. Spectators are welcome. Visit www.roadrunnerarchery.com for more information.

Thorpe Cup August 13-15 OPEN TO THE PUBLIC (FREE)

The Thorpe Cup is an annual decathlon and heptathlon track meet between the United States and Germany. First held in 1993 in Aachen, the Thorpe Cup returns to the United States after two years in Marburg, Germany. The meeting is named after the famous Olympian Jim Thorpe. Visit www.usatf.org for more information.

NORCECA Volleyball Cup September 21-25 OPEN TO THE PUBLIC

Stay tuned for more info - www.norceca.org

BMX Supercross World Cup September 30 - October 1 OPEN TO THE PUBLIC

BMX ABA Nationals September 30 - October 2 OPEN TO THE PUBLIC

Stay tuned for more info - www.ababmx.com and www.uci.ch

Chula Vista Centennial Celebration Saturday, October 15 OPEN TO THE PUBLIC (FREE)

The Chula Vista Centennial Celebration will be held at the Olympic Training Center. Admission to the event, commemorating Chula Vista's 100th anniversary, is free and open to the public. Visitors will enjoy a variety of artists and music on two stages and cool off in the Craft Brew & Cocktail Garden. The Olympic Path will have a vintage car show and a chance to learn about Chula Vista's history. Stay tuned for more info - www.ChulaVista100.com

UPCOMING EVENTS IN THE COMMUNITY - ATHLETE APPEARANCE OPPORTUNITIES:

National Night Out Tuesday, August 2 from 4:00 pm - 8:00 pm OPEN TO THE PUBLIC (FREE)

Chula Vista Police HQ (Fourth Avenue & F Street, Chula Vista)

To celebrate National Night Out, the Chula Vista Police Department will host a community event in front of the CVPD headquarters (4th & F Street, Chula Vista) from 4:00 pm - 8:00 pm. The event will feature tours of CV Police Headquarters, repeated canine demonstrations, Fire Department demonstrations, displays by SWAT and activities for kids. The Olympic Training Center is providing food at this event and we hope to have athletes attend.

9/11 Memorial Ceremony & Run Sunday, September 11 from 8:00 am - 12:00 pm OPEN TO THE PUBLIC (FREE)

Otay Ranch Town Center (Birch Road and Olympic Parkway, Chula Vista)

A 9/11 Memorial Ceremony and Community Run will be held at Otay Ranch Town Center and we would like to have athletes participate in the run. The event is free and will include a one mile long tribute run starting at 8:30 am, followed by a ceremony at 9:00 am, breakfast at 9:30 am and CV Police & Fire demonstrations from 10:00 am - noon. More information will be available soon.

Athletes, if you would like to be involved at one of the above events, please stop by the ACI building or contact Emily Cox at emily.cox@usoc.org or 619-482-6148.