

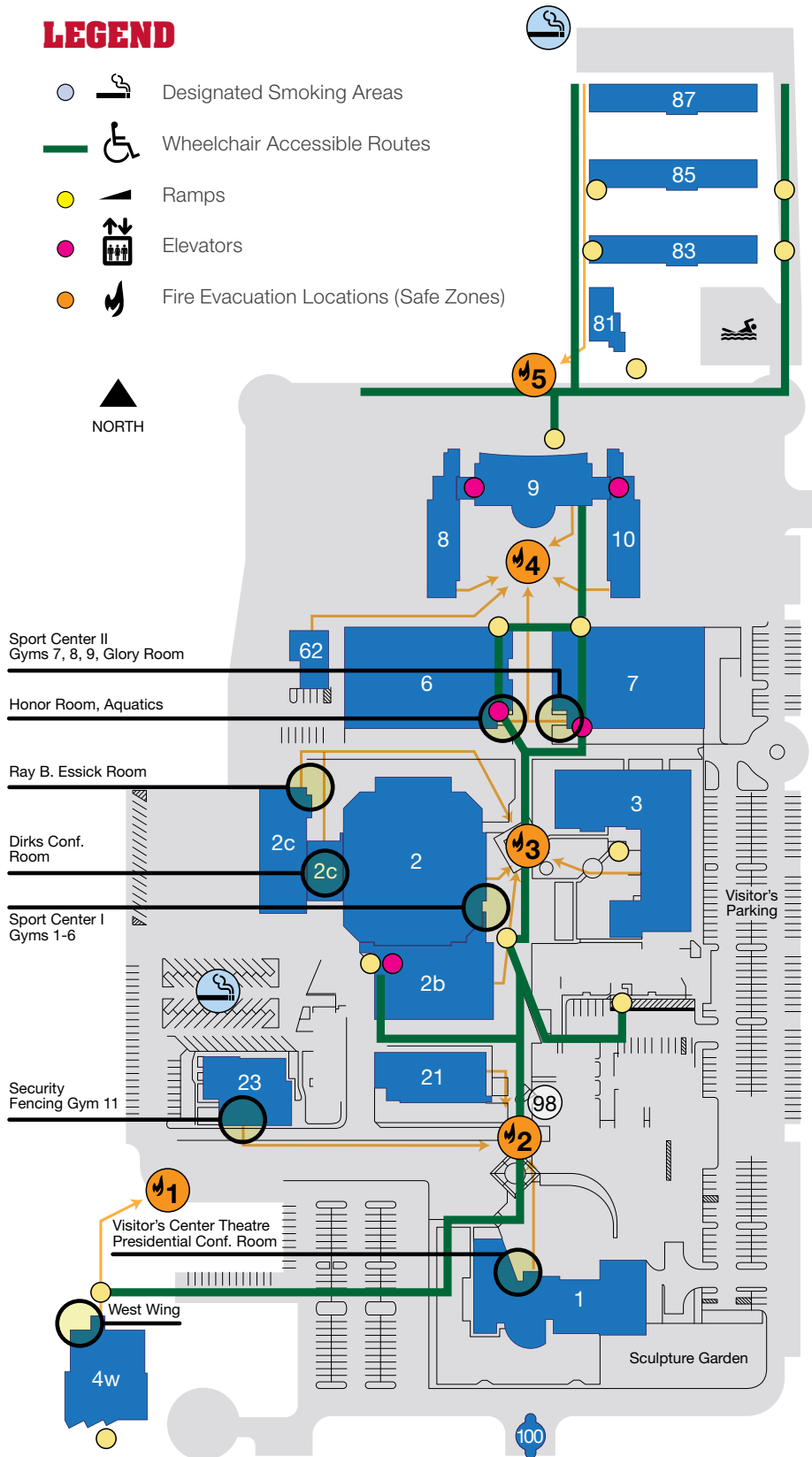


COLORADO SPRINGS

OLYMPIC TRAINING CENTER

LEGEND

- Designated Smoking Areas
- Wheelchair Accessible Routes
- Ramps
- Elevators
- Fire Evacuation Locations (Safe Zones)



Sport Center II
Gyms 7, 8, 9, Glory Room

Honor Room, Aquatics

Ray B. Essick Room

Dirks Conf. Room

Sport Center I
Gyms 1-6

Security
Fencing Gym 11

Visitor's Center Theatre
Presidential Conf. Room

West Wing

Sculpture Garden

Building Numbers

- 1** Visitor's Center and Team USA Shop
Hall of Fame
Olympic Conference Room
Presidential Conference Room
Theatre
- 2** Sports Center I
Gyms 1-6
- 2b** Sport Medicine & Sport Science
Sport Performance Lab
- 2c** USA Swimming
Dirks Conference Room
Ray B. Essick Conference Room
- 3** Shooting Center
USA Shooting
- 4w** West Wing Conference Center
Auditorium, North Lobby
- 6** Aquatics Center
Meeting Room 005
Honor Room
- 7** Sport Center II
Irwin Belk Sports Complex
Gyms 7-9
Glory Room
Spirit Room
Strength & Conditioning Gym
Weightlifting Gym
Wrestling Room Gym 10
Sauna (locker rooms)
- 8** F. Don Miller Residence Hall
- 9** Athlete Center
Dining Room
Gold Meeting Room
Silver Meeting Room
- 10** William E. Simon Residence Hall
- 21** Information Resource Center
Recovery Center
- 23** Security, Fencing Gym 11
- 62** Transportation Office
- 81** Recreation Room & Outdoor Pool
- 83** Oslo Residence Hall
- 85** Innsbruck Residence Hall
- 87** Cortina Residence Hall
- 98** Olympic Pathway
- 100** Main Entrance

United States Olympic Committee

1 Olympic Plaza
Colorado Springs, CO 80909

IMPORTANT PHONE NUMBERS

9-911

Security: 719-866-4570

Sports Med: 719-866-4554

Dining: 719-866-5100

Front desk: 719-866-4444; **Fax:** 719-866-4645

Team USA Shop: 719-866-4792

Tours: 719-866-2538

Note: From all internal phones, dial only the last 4 digits of the number.

EMERGENCY INFORMATION

Evacuation procedures

When alarm sounds:

- Close Dorm Room Doors
- Exit Building
 - On your way out of the building, knock on doors to alert other tenants
- Report to safe zone (see other side of map)

In inclement weather: Go to Sports Center II

How to use a fire extinguisher:

- Start at a safe distance away
- Move closer as fire is extinguished

P.A.S.S.

PULL to release trigger

AIM at the BASE of the fire

SQUEEZE the handle

SWEEP back and forth

Wheelchair users:

In the event of an evacuation, please do the following:

- If immediate Exit is available, Exit Building
- Report to Safe Zone (on other side of map)
- If immediate Exit is unavailable, move to Designated Safe Areas
 - Stairwell platforms/landings: Doors are fire resistant for 1.5 hours
- Please back into the corner opposite of the door and out of the direct exit path
- Wait on platform
 - Remain until Fire Dept. Personnel arrive

Automated External Defibrillator access:

AEDs are located in each dorm building and Sports Center on complex.

OPERATIONS INFORMATION

Clearance Cards:

Please keep your card with you at all times—should you lose it, please ask the Registration Desk for a replacement. All room changes must be authorized by the program coach/coordinator and OTC Operations.

Checking Out:

Check-out time is at 9:00am on your designated departure day. All luggage must be cleared from the room, but you may retain your clearance card until you have finished lunch. Luggage storage is available across from the Registration Desk.

Transportation:

Shuttles are scheduled between 4:30am and 10:30pm, please arrive 10 minutes early for your shuttle; check the daily schedule posted at the Registration Desk on the day prior to your departure. Shuttles must be scheduled 48 hours in advance. Saturday, Sunday and Monday shuttles must be scheduled by 12:00pm on Friday. A sign-up sheet is located at the Registration Desk.

Sports Medicine:

Open Monday–Friday 8am–6pm, Saturday 12pm–2pm, Closed Sunday.

Ice is available after-hours in the Athlete Center, near the Silver Room at the top of the stairs. Please ask the Registration Desk if you have any questions.

Weight Room:

Closed Sunday. Cardio equipment is available Monday–Friday 6am–7pm, Saturday 8am–12pm.

COLORADO SPRINGS OLYMPIC TRAINING CENTER

WELCOME/EMERGENCY POCKET GUIDE

This guide is brought to you by BP



Official Partner

Weights are available Monday–Friday 6am–7am, 12pm–3pm; Saturday 10am–12pm. You may also take advantage of the cardio equipment in Bldg. 81 if the Weight Room is closed. Open 6am–8pm.

Housekeeping/Facilities:

Fresh towels will be provided on Tues., Thurs. and Saturday. Any concerns related to the condition of your room should be reported to the Registration Desk. If you need to report a room or facility repair, please contact the registration desk.

Team USA Shop:

Monday–Saturday 9am–5pm, Sunday 11am–5pm

Security:

Available 24 hours a day, 7 days a week (x4570)

Dining Hall:

Monday–Saturday

Breakfast: 7am–10:45am

Lunch: 11am–3:45pm

Dinner: 4pm–8:30pm

Sunday

Continental Breakfast: 7am–9:45am

Brunch: 10am–2:30pm

Dinner: 4pm–7pm

You may ask for a take out box from the Dining Staff. All guests must be dressed in proper clothing, including shoes. Guests, media and guests under 12 years of age must be given prior clearance through their NGB, OTC Operations and Dining Hall staff.

Registration Desk:

Hours of Operation:

7am–11pm (x4444)

Address:

1 Olympic Plaza
Colorado Springs, CO 80909

GPS Address:

1750 E. Boulder
Colorado Springs, CO 80909

Alcohol and the use of illegal drugs are prohibited on the OTC Complex. Thank you for your cooperation!