



2011 Pan Am Open International Taekwondo Championships

Riviera Hotel & Convention Center
Las Vegas, Nevada, USA
October 7-9, 2011

SANCTIONED:

(WTF Sanction is pending)

World Taekwondo Federation

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PROMOTED:

Pan American Taekwondo Union

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ORGANIZERS:

USA-Taekwondo

One Olympic Plaza

Colorado Springs, Colorado, USA

PHONE: (719) 866-4632 / FAX: (719) 866-4642

Event Director : Mark Kaufmann

E-mail: mark.kaufmann@usa-taekwondo.us

DATES:

October 7-9, 2011

VENUE:

Riviera Hotel & Convention Center

2901 Las Vegas Blvd., South

Las Vegas, Nevada, USA

PHONE: (800) 634-3420

QUALIFICATIONS:

All participants must satisfy the following requirements in order to participate.

1. This is an Open event; open to all taekwondo participants age 6 and higher. Participants must be at least a yellow belt to attend.

2. Black belts must be a holder of the Kukkiwon Poom or Dan Certificate.

*A copy of the Kukkiwon Dan certificate shall be enclosed with registration for accreditation. If this requirement is not fulfilled the contestant will not be able to participate.

** In the case of late obtainment of the Dan/Poom certificate from the Kukkiwon which is in progress, a copy of the Dan/Poom application form & remittance certificate sent to the Kukkiwon shall be enclosed when registration for accreditation. Please refer to the Kukkiwon website (www.Kukkiwon.or.kr) for more information.

MEMBERSHIP:

All participants are not required to have 2011 USA Taekwondo membership. However, all domestic U.S. participants, athletes and coaches should be current 2011 USA Taekwondo members. Membership can be easily renewed through your Hang a Star profile. If you need to become a new member of USA Taekwondo please see the membership portion of our website at <http://usa-taekwondo.us/pages/6448>. Current USAT members will receive a \$10.00 discount on registration fees.



COACHING EDUCATION:

There is no minimum level of coaching education required to register for the 2011 Pan Am Open Taekwondo Championships. However, USA-Taekwondo offers a World Class Coaching Education program, for more information on obtaining this level of certification please visit <http://usa-taekwondo.us/pages/5597>.

COMPETITION RULES & EQUIPMENT STANDARDS

COMPETITION RULES:

USA TAEKWONDO's Competition Rules

http://assets.teamusa.org/assets/documents/attached_file/filename/20233/USAT_Rules_REVISE_Jan_6_10.pdf

6-13 year old divisions will use the junior safety rules for sparring

http://assets.teamusa.org/assets/documents/attached_file/filename/20237/12_9_Junior_Competition_Rules.pdf

Sport Poomsae (WTF cut off format) you can find the current rules at

http://www.wtf.org/wtf_eng/site/rules/poomsae.html

EQUIPMENT:

PATU / USA Taekwondo will be using LaJust Electronic Body Protectors at THE 2011 PAN AM OPEN TAEKWONDO CHAMPIONSHIPS. Athletes will be able to rent these hogus for a cost of \$20.00 for the duration of their sparring event. If athletes have their own LaJust Hogus, they may use them for sparring competition. PATU will provide complementary use of LaJust PSS for all international athletes. However, all foreign athletes must provide their own LaJust sensor socks for sparring competition. Athletes 10 and older (all belt colors) are required to have and use the LaJust socks. LaJust sensor socks can be purchased by visiting the LaJust sales booth at the event.

All athletes will be responsible for supplying their own headgear, gloves, foot pads, arm and shin guards and mouth guards. USAT equipment standards and guidelines can be found at <http://usa-taekwondo.us/resources/competition-rules-referees>

OFFICIAL UNIFORM: (DOBOK)

All contestants must wear a white Taekwondo V-neck USAT/WTF uniform (Dobok) in good condition. Black Belts must wear black-collared uniforms. Color belts must wear white-collared uniforms; color belts cannot wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names, and stripes are permitted on the uniform. NO TAPE WILL BE ALLOWED ON ANY PART OF THE UNIFORM. (Exception: Taping the pants leg when using Protector and Scoring System sensor socks.)

PROTECTIVE EQUIPMENT:

Contestants shall wear an approved trunk protector, headgear (white, or red for Hong and blue for Chung), groin guard (optional for female competitors), gloves (see below), forearm protector, shin-instep protectors, sensing socks (if using an electronic Protector and Scoring System) and a mouth guard before entering the contest area. The head protector must be firmly tucked under the left arm when entering the competition area, and shall be put on the head following instructions of the referee before the start of the contest. The groin, forearm, and shin-instep protectors must be worn inside the Taekwondo uniform. Wearing of any other items on the head other than head protector shall not be permitted. A previously approved religious item shall be worn beneath the head protector and inside the Dobok and shall not cause harm or obstruct the opposing contestant.



BELT COLORS:

Only WTF/USAT belt colors will be allowed (black, red, and blue, green, yellow). Belts with stripes will be allowed.

GLOVES:

14-17 year old Black Belts and Senior Black Belts are required to wear WTF-approved Taekwondo gloves. Gloves may be red, blue, or white; white is preferred. However, red and blue are allowed. If the competitor chooses to wear red or blue gloves, they must correspond with the color of the chest protector. Gloves must open finger style, as shown. For all other divisions, gloves are optional and must comply with the above rule.



KNEE & ELBOW PADS:

The use of kneepads and/or elbow pads is OPTIONAL. Kneepads or elbow pads, if worn, must be foam, cloth, or vinyl. Any color will be allowed.

MOUTH GUARD:

All athletes are REQUIRED to use a mouth guard. A mouth cover may be used for those with braces if an orthodontist's note is provided prior to the beginning of competition. Mouth guards may be any color.

HAEDGEAR:

All participants must provide their own red AND blue headgear with no markings other than corporate logos. Red and blue are REQUIRED. If the competitor chooses to wear red or blue headgear, it must correspond with the color of the chest protector. Cracks or defects in the headgear will not be allowed.

PROTECTIVE CUP:

All male athletes are REQUIRED to wear a protective cup inside the pants during competition. Groin protection is optional for female athletes; if worn, it must be inside the uniform.

SHIN & INSTEP PROTECTION:

Shin and instep protectors are REQUIRED, and they must be made of foam, cloth or vinyl. When available, LaJust sensor socks with built-in instep padding will also be allowed. If an athlete chooses to wear foam padding, it must be taped on and it must cover the area from the base of the toes, over the top of the instep to the side of the foot, with no more than two layers of tape. Additional shin or instep protection must be approved and stamped by the Sports Medicine Department for the purpose of protecting an injury. Important note: "Foot gloves" are not allowed for use at USA Taekwondo events.

FOREARM GUARDS:

Forearm guards are REQUIRED and it is mandatory that athletes wear only foam, cloth, or vinyl products. Any color forearm guard will be allowed. Please Note: USA Taekwondo reserves the right to disallow any uniform or equipment if it is found to be offensive or degrading in any fashion.



USA TAEKWONDO POINT SYSTEM

Applicable ONLY to USA-Taekwondo Member Athletes!

The purpose of the system is to facilitate meaningful competition on a national scale that rewards USA Taekwondo athlete members at all skill levels for both participation and achievement at USA Taekwondo and USA Taekwondo-Sanctioned Events during each event year.

For the 2011 calendar year, points will be earned in sparring only; Poomsae will eventually be added. Accumulated points will be scaled according to the importance/size of the approved event and the achievement of the athlete. For black belt sparring 12 and older, points will be awarded to the age and weight class in which the athlete competed. For all other divisions, points will be awarded to the age/belt color in which the athlete competed. All points accumulated in 2011 will expire at the end of the calendar year. The points earned by each athlete will be used in various manners throughout the year. In an effort to avoid randomized seeding at the 2011 Junior Olympics and National Championships, total points accumulated at that point in the year will be used for seeding purposes, with the exception of 14-17 and 18-32 black belts. Additionally, points will be used to award athletes with the highest point totals in their division and clubs with the most overall points.

Below is the point grading chart that explains the points available at approved USAT events:

<u>Event</u>	<u>1st Place</u>	<u>2nd Place</u>	<u>3rd Place</u>	<u>Quarters</u>
Tournament Grade 1.0 - Local USAT Sanctioned Events (149 or less participants)	5 points	3 points	1.8 points	0 points
Tournament Grade 2.0 - Regional USAT Sanctioned Events (150 or more participants) - USAT Rocky Mountain Open	10 points	6 points	3.6 points	0 points
Tournament Grade 2.5 - USAT Sanctioned State Championships - US Military Championships - National USAT Sanctioned Events (500 or more participants)	12.5 points	7.5 points	4.5 points	0 points
Tournament Grade 3.0 - US Collegiate Championships - International USAT Sanctioned Events	15 points	9 points	5.4 points	0 points
Tournament Grade 4.0 - USAT National Qualifiers - USAT Junior Olympics/ National Championships (Grass Roots/Ultra Divisions)	20 points	12 points	7.2 points	4.3 points
Tournament Grade 5.0 - Tier II International Events (Opens)*	25 points	15 points	9 points	5.4 points
Tournament Grade 6.0 - USAT Junior Olympics/ National Championships (World Class Divisions)	30 points	18 points	11.7 points	0 points
Tournament Grade 6.5 - All USAT Team Trials	32.5 points	19.5 points	10.8 points	0 points
Tournament Grade 7.0 - US Open - Tier I International Events (Opens)*	35 points	21 points	12.6 points	7.6 points

* International Events include WTF Sanctioned Opens; USAT will determine rating (Tier I or Tier II) prior to the beginning of the event year

** Points for a Quarterfinal finish will only be awarded at events graded 4.0 or higher

*** No Quarterfinal points will be awarded for Forms, Weapons, or Board Breaking at any event



AWARDS:

- 1st Place: Gold Medal (1) and a 2011 Pan Am Open Taekwondo Championships Award Certificate
2nd Place: Silver Medal (1) and a 2011 Pan Am Open Taekwondo Championships Award Certificate
3rd Place: Bronze Medal (2) and a 2011 Pan Am Open Taekwondo Championships Award Certificate

All 1st Place winners from 14~17 year old and 18~32 year old Black Belt Gyorooigi (Sparring) Divisions will receive "2011 Pan Am Open Champion" title belts and "CHAMPION" trophy cups along with the 1st place gold medals.

- Best Competitor: Trophy (Male and Female)
Best Referee: Trophy (Male and Female)
Best Coach: Trophy (Male and Female)
Best Volunteer: Plaque (Male and Female)

SPECIAL CLUB & INSTRUCTOR AWARDS

Top 10 Clubs with most athletes receive a **"2011 PATU Best School"** Embroidered Banner (\$300 value).
Instructors with 20+ athletes receive a **"2011 PATU Best Instructor"** Plaque.

Note: All clubs must complete their registrations by Sept. 16 deadline to be eligible for these awards.

OFFICIAL EVENTS

- Olympic Style Gyorooigi (Sparring) Competition
WTF Poomsae Competition (Individual, Pairs, Team Competition)
Breaking Competition (Height Breaking, Distance Breaking, Free Style Breaking)
Team Competitions: Free Style Created Poomsae Team Competition, Demo Team Competition

ENTRY FEES, TERMS & CONDITIONS OF PARTICIPATION:

1. Round trip airfares and accommodation charges of room and board shall be borne by all participants.
2. Entry fee of \$100.00 USD for one event for non-USAT & International participants.
Entry fee of \$90.00 USD for one event for current USAT members. \$30.00 for each additional event.
3. Entry Fee of \$300.00 USD for each Team Competition Team (Free Style Created Poomsae or Demo Team)
4. All wire transfers shall be made to the following account:

BANK NAME: WELLS FARGO BANK, N.A.

BANK ADDRESS: 420 MONTGOMERY STREET, SAN FRANCISCO, CA 94104 USA

BENEFICIARY ACCOUNT NUMBER: 3342748435

ROUTING NUMBER: 102000076

BENEFICIARY ACCOUNT NAME: USA TAEKWONDO, INC

BENEFICIARY ACCOUNT ADDRESS: 1 OLYMPIC PLAZA SUITE 104-C, COLORADO SPRINGS, CO 80909 USA

REREREES:

1. PATU / USAT will appoint the required number of Referees.
2. Round-trip Airfare shall be borne by each participating International Referee.
3. The Organizing Committee shall cover (4) nights charges of room and board (check-in in early afternoon of October 06, 2011; checkout before 10 AM of October 10, 2011). Please note, the referee meeting and training will be held at 1:00~6:00 PM on Oct. 06.
4. The Organizing Committee will provide each participating International Referee with a daily honorarium of US \$100.00 for 3 days of competition (Both, Kyorooigi & Poomsae competition)

WEIGH-IN:

1. Weigh-in of the athletes shall be completed one day before their competition day.



- At weigh-in male contestants can wear underpants and female athletes can wear underpants and brassieres. Athletes may also weigh in the nude if they chose to do so.

INDEMNITIES:

- Participant's without proper participation entry forms and effective insurance coverage will not be allowed to compete at the championships.

ACCOMMODATION:

- Hotel information and reservation forms are included in this information package.
- The Organizing Committee is not responsible for any matters that occur during the championships if participation nations, officials and athletes do not stay at the official host hotels.
- Specific hotel details and a hotel reservation form can be found at www.usa-taekwondo.us.

GROUND TRANSPORTATION:

- Ground transportation is the responsibility of the individual participants. The organizing Committee will NOT be providing ground transportation.

ENTRY FORMS & CLOSING DATES FOR ENTRIES:

All entry forms must reach the Organizing Committee by **September 26, 2011**. Entries received after the deadline will be subject to late charges and fees. Strict compliance with this ruling is requested.

- Entries Received by: September 26, 2011: **No Late Charges and Fees.**
- September 26-30, 2011: **\$50.00 late fee assessed per participant. NO EXCEPTIIONS**
- Absolutely no registration will be accepted on or after October 03, 2011.

VISA ENTRY:

The official invitation letter and visa request letters are available on www.usa-taekwondo.us. Any international federations in need of specific visa invitations may contact Grand Master Ji Ho Choi, the President of PATU at masterjihochoi@aol.com for his assistance.

WEIGHT DIVISIONS & COMPETITION FORMAT

SPARRING COMPETITION:

6-7 Year Olds: Single elimination bracket, two 1 minute rounds with a 30 second rest period

Boy's Junior Sparring (All Belts)		Girl's Junior Sparring (All Belts)	
Fin	NOT TO EXCEED 19 KG (41.9 LBS)	Fin	NOT TO EXCEED 19 KG (41.9 LBS)
Light	19.1 KG (42 LBS) – 23 KG (50.6 LBS)	Light	19.1 KG (42 LBS) – 23 KG (50.6 LBS)
Middle	23.1 KG (50.7 LBS) – 27 KG (59.4LBS)	Middle	23.1 KG (50.7 LBS) – 27 KG (59.4LBS)
Heavy	27.1 KG (59.5 LBS) AND ABOVE	Heavy	27.1 KG (59.5 LBS) AND ABOVE

8-9 Year Olds: Single elimination bracket, three 1 minute rounds with 30 second rest periods

Boy's Junior Sparring (All Belts)		Girl's Junior Sparring (All Belts)	
Fin	NOT TO EXCEED 21 KG (46.2 LBS)	Fin	NOT TO EXCEED 21 KG (46.2 LBS)
Light	21.1KG (46.3 LBS) – 25 KG (55 LBS)	Light	21.1KG (46.3 LBS) – 25 KG (55 LBS)
Middle	25.1 KG (55.4 LBS) – 30 KG (66 LBS)	Middle	25.1 KG (55.4 LBS) – 30 KG (66 LBS)
Heavy	30.1kg (66.1lbs) and above	Heavy	30.1kg (66.1lbs) and above



10-11 Year Olds: Single elimination bracket, three 1 minute rounds with 30 second rest periods

Boy's Junior Sparring (All Belts)		Girl's Junior Sparring (All Belts)	
Fin	NOT TO EXCEED 30 KG (66 LBS)	Fin	NOT TO EXCEED 30 KG (66 LBS)
Light	30.1 KG (66.1 LBS) – 35 KG (77 LBS)	Light	30.1 KG (66.1 LBS) – 35 KG (77 LBS)
Middle	35.1 KG (77.1 LBS) – 40 KG (88 LBS)	Middle	35.1 KG (77.1 LBS) – 40 KG (88 LBS)
Heavy	40.1 kg (88.1 lbs) and above	Heavy	40.1 kg (88.1 lbs) and above

12-13 Year Olds: Single elimination bracket, three 1 minute rounds with 30 second rest periods

Boy's Junior Sparring (All Belts)		Girl's Junior Sparring (All Belts)	
Fin	NOT TO EXCEED 34 KG (74.8 LBS)	Fin	NOT TO EXCEED 33 KG (72.6 LBS)
Bantam	34.1 KG (74.9 LBS) – 40 KG (88 LBS)	Bantam	33.1 KG (72.7 LBS) – 37 KG (81.4 LBS)
Light	40.1 KG (88.1 LBS) – 45 KG (99 LBS)	Light	37.1 KG (81.5 LBS) – 43 KG (94.6 LBS)
Middle	45.1KG (99.1LBS) – 50KG (110LBS)	Middle	43.1 KG (94.7 LBS) – 48 KG (105.6 LBS)
Heavy	50.1 kg (110.1 lbs) and above	Heavy	48.1 kg (105.7 lbs) and above

14-15 & 16-17 Year Olds: Single elimination bracket, three 1 minute rounds with 30 second rest periods

Boy's Junior Sparring (Yellow, Green, Blue & Red Belts)		Girl's Junior Sparring (Yellow, Green, Blue & Red Belts)	
Fin/Fly	NOT TO EXCEED 48 KG (105.8 LBS)	Fin/Fly	NOT TO EXCEED 44 KG (97 LBS)
Bantam/Feather	48.1 KG (105.9 LBS) – 55 KG (121.2LBS)	Bantam/Feather	44.1 KG (97.1 LBS) – 49 KG (108 LBS)
Light/Welter	55.1 KG (121.3 LBS) – 63 KG (138.9 LBS)	Light/Welter	49.1 KG (108.1 LBS) – 55 KG (121.2 LBS)
Light	63.1 KG (139 LBS) – 73 KG (160.9 LBS)	Light Middle/Middle	55.1 KG (121.3 LBS) – 63 KG (138.9 LBS)
Light	73.1 kg (161lbs) and above	Light Heavy/Heavy	63.1 kg (139 lbs) and above

14-17 Year Olds: Single elimination bracket, three 2 minute rounds with 1 minute second rest periods

Boy's Junior Sparring (Black Belts)		Girl's Junior Sparring (Black Belts)	
Fin	Not exceeding 45 kg (99.0 lbs)	Fin	Not exceeding 42 kg (92.5 lbs)
Fly	45.1 kg (99.1 lbs) – 48 kg (105.8 lbs)	Fly	42.1 kg (92.6 lbs) – 44 kg (97.0 lbs)
Bantam	48.1 kg (105.9 lbs) – 51 kg (112.4 lbs)	Bantam	44.1 kg (97.1 lbs) – 46 kg (101.4 lbs)
Feather	51.1 kg (112.5 lbs) – 55 kg (121.2 lbs)	Feather	46.1 kg (101.5 lbs) – 49 kg (108.0 lbs)
Light	55.1 kg (121.3 lbs) – 59 kg (130.0 lbs)	Light	49.1kg (108.1 lbs) – 52 kg (114.6 lbs)
Welter	59.1 kg (131.1 lbs) – 63 kg (138.9 lbs)	Welter	52.1 kg (114.7 lbs) – 55 kg (121.2 lbs)
Light Middle	63.1 kg (139.0 lbs) – 68 kg (149.9 lbs)	Light Middle	55.1 kg (121.3 lbs) – 59 kg (130.0 lbs)
Middle	68.1 kg (150.0 lbs) – 73 kg (160.9 lbs)	Middle	59.1 kg (130.1 lbs) – 63 kg(138.9 lbs)
Light Heavy	73.1 kg (161.0 lbs) – 78 kg (172.0 lbs)	Light Heavy	63.1 kg (139.0 lbs) – 68kg (149.9 lbs)
Heavy	78.1 kg (172.1 lbs) & above	Heavy	68.1kg (150.0 lbs) & above

18-32 Year Olds Color Belts: Single elimination bracket, three 1 minute rounds with 30 second rest periods

Men's Senior Sparring (Yellow, Green, Blue & Red Belts)		Women's Senior Sparring (Yellow, Green, Blue & Red Belts)	
Fin/Fly	Not exceeding 58 kg (127.9 lbs)	Fin/Fly	Not exceeding 51 kg (108.0 lbs)
Bantam/Feather	58.1 kg (127.9 lbs) – 67 kg (149.9 lbs)	Bantam/Feather	51.1 kg (108.0 lbs) – 59 kg (125.7 lbs)
Light/Welter	67.1 kg (150.0 lbs) – 78 kg (176.4 lbs)	Light/Welter	59.1 kg (125.7 lbs) – 67 kg (147.7 lbs)
Middle/Heavy	78.1 kg (176.5 lbs) & above	Middle/Heavy	67.1 kg (147.8 lbs) & above



18-32 Year Olds Black Belts: Single elimination bracket, three 2 minute rounds with 1 minute rest periods

Men's Senior Sparring (Black Belts)		Women's Senior Sparring (Black Belts)	
Fin	Not exceeding 54 kg (119.0 lbs)	Fin	Not exceeding 47 kg (101.4 lbs)
Fly	54.1 kg (119.1 lbs) – 58 kg (127.9 lbs)	Fly	47.1 kg (101.5 lbs) – 51 kg (108.0 lbs)
Bantam	58.1 kg (128.0 lbs) – 62 kg (138.9 lbs)	Bantam	51.1 kg (108.1 lbs) – 55 kg (116.8 lbs)
Feather	62.1 kg (139.0 lbs) – 67 kg (149.9 lbs)	Feather	55.1 kg (116.9 lbs) – 59 kg (125.7 lbs)
Light	67.1kg (150.0 lbs) – 72 kg (163.1 lbs)	Light	59 kg (125.8 lbs) – 63 kg (136.7 lbs)
Welter	72.1 kg (163.2 lbs) – 78 kg (176.4 lbs)	Welter	63.1 (136.8 lbs) – 67 kg (147.7 lbs)
Middle	78.1 kg (176.5 lbs) – 84 kg (191.8 lbs)	Middle	67.1 kg (147.8 lbs) – 72 kg (160.9 lbs)
Heavy	84.1 kg (191.9 lbs) & above	Heavy	72.1 kg (161.0 lbs) & above

33+ Year Olds All Belts: Single elimination bracket, three 1 minute rounds with 30 second rest periods

Men's Senior Sparring (All Belts)		Women's Senior Sparring (All Belts)	
Fin/Fly	Not exceeding 58 kg (127.9 lbs.)	Fin/Fly	Not exceeding 51 kg (108.0 lbs.)
Bantam/Feather	58.1 kg (127.9 lbs.) – 67 kg (149.9 lbs.)	Bantam/Feather	51.1 kg (108.0 lbs.) – 59 kg (125.7 lbs.)
Light/Welter	67.1 kg (150.0 lbs.) – 78 kg (176.4 lbs.)	Light/Welter	59.1 kg (125.7 lbs.) – 67 kg (147.7 lbs.)
Middle/Heavy	78.1 kg (176.5 lbs.) & above	Middle/Heavy	67.1 kg (147.8 lbs.) & above

2011 Pan Am Open Taekwondo Championships Poomsae Guidelines

COMPETITION RULES:

WTF / USAT Competition Rules can be found at http://www.wtf.org/wtf_eng/site/rules/poomsae.html

METHOD OF COMPETITION:

Cut-off system

- 1) Preliminaries: After performing two (2) of the four (4) 1st Compulsory Poomsae predetermined by the PATU, the top 50% of participants will qualify for the next round according to the average score of the two performances.
- 2) Final selection: The top 50% of participants would be required to perform the remaining two (2) 1st Compulsory Poomsae. The top eight (8) athletes of each category (individual, team and pair) will be selected according to the average score of the two performances.
- 3) Final: The top eight (8) athletes of each category would be required to perform two (2) of the 2nd Compulsory Poomsae predetermined by the PATU. The ranking of the top three (3) athletes of each category will be decided by the average score of the two performances.
- 4) All Color Belt Poomsae competitions will be completed in 2 Rounds; Preliminaries (Top 50% advances to the Final round) and the Finals.



2011 Pan Am Open Required Poomsae

All Color Belt Divisions		
Belt Rank	1 st Compulsory Poomsae	2 nd Compulsory Poomsae
Yellow	Taegeuk 1	Taegeuk 2
Green	Taegeuk 1 & 2	Taegeuk 3 & 4
Blue	Taegeuk 1-3	Taegeuk 4-6
Red	Taegeuk 1-4	Taegeuk 5-8

Black Belts					
Division	1 st Compulsory Poomsae	2 nd Compulsory Poomsae			
Little Dragons (6-7 years old)	Taegeuk 2-5	Taegeuk 6-8, Koryo			
Ninjas (8-9 years old)					
Cadets 1 (10-11 years old)					
Cadet 2 (12-13 years old)					
Junior Division (14-18 years old)	Taegeuk 4-7	Taegeuk 8, Koryo, Keumgang, Taebaek			
1 st Senior Division (19-30 years old)	Taegeuk 6-8, Koryo	Keumgang, Taebaek, Pyongwon, Shipjin			
2 nd Senior Division (31-40 years old)					
1 st Masters Division (41-50 years old)	Taegeuk 8, Koryo, Keumgang, Taebaek	Pyongwon, Shipjin, Jitae, Chonkwon			
2 nd Masters Division (51-60 years old)	Koryo, Keumgang, Taebaek, Pyongwon	Shipjin, Jitae, Chonkwon, Hansu			
3 rd Masters Division (61 years old or higher)					
Pair	Dragon Ninja (6-9 yrs. old)	Taegeuk 2-5	Taegeuk 6-8, Koryo		
	Cadet (10-13 yrs. old)				
	1 st Pairs (14-35 years old)			Taegeuk 6-8, Koryo	Keumgang, Taebaek, Pyongwon, Shipjin
	2 nd Pairs (36 yrs.old or higher)			Taegeuk 8, Koryo, Keumgang, Taebaek	Pyongwon, Shipjin, Jitae, Chonkwon
Team	Dragon Ninjas (6-9 years old)	Taegeuk 2-5	Taegeuk 6-8, Koryo		
	Cadets (10-13 years old)				
	1 st (14-35 years old)	Taegeuk 6-8, Koryo	Keumgang, Taebaek, Pyongwon, Shipjin		
	2 nd (36 years old or higher)	Taegeuk 8, Koryo, Keumgang, Taebaek	Pyongwon, Shipjin, Jitae, Chonkwon		

FREE STYLE CREATED POOMSAE TEAM COMPETITION / \$300.00 USD each Team

For the Created Free Style Poomsae, each team will be allowed to have a minimum of 3 competitors and a maximum of 10 competitors per team. All Free Style Created Poomsae Team Competition must be performed with music of each team's choice. **Free Style Created Poomsae Team Competition must be completed within 3 minute time frame. The length of each participating team's free style created Poomsae must be a minimum of 2 minutes and maximum of 3**



minutes including the set up time. Free Style Created Poomsae Team Competition will be judged based on the following judging criterion:

- Creativity: 20 %
- Artistic Expression: 20 %
- Synchronization of techniques with selected music: 20 %
- Variety of kicking and acrobatic movements: 20 %
- Team work and spirits: 20 %.

AGE & BELT DIVISIONS FOR BOARD BREAKING EVENTS

Male and Female	
Age Groups	Belt Groups
6-7 year olds	
8-9 year olds	
10-11 year olds	Yellow
12-13 year olds	Green
14-17 year olds	Blue
18-32 year olds	Red
33-40 year olds	Black
41-50 year olds	
51+ year olds	

KYUK-PA (BREAKING) COMPETITION

Height Breaking: Winner will be participant that jumps the highest while breaking one regulation sized board.

Distance Breaking: Winner will be the participant that jumps the farthest while breaking one regulation sized board.

Free Style Breaking:

- a. Competitors can choose the kind of techniques and number of boards to break.
- b. The maximum set-up time is 1 minute.
- c. The maximum time to complete the performance is 1 minute.
- d. The maximum number of tries is 2 times.
- e. Competitors may set up as many braking stations as desired.
- f. The performance must be done within the WTF regulation ring size (8 m x 8 m).
- g. All boards for 18+ Year olds breaking must be 12-inch by 10-inch, 1/2-inch thick pine. All boards for 10-17 year olds breaking must be 12-inch by 10-inch, 1/4-inch thick pine. All boards for 6-9 year olds breaking must be 12-inch by 8-inch, 1/4-inch thick pine.

The Organizing Committee shall sell the official breaking boards to be used by all competitors in competition. Absolutely **NO** personal boards will be allowed. Competitors must provide their own holders.

Scoring Guidelines for Freestyle Kyukpa

1. Difficulty of Technique will be based on the following order of superiority (in ascending order):

- ✚ Hand Technique (least difficult)
- ✚ Standing kick technique
- ✚ Jump kick technique
- ✚ Kicking technique with spinning motion
- ✚ Jump kick with spinning motion
- ✚ Multiple breaking jump kick
- ✚ Multiple spinning jump kick (most difficult)

2. Difficulty of Breaking will also be based on the number of Boards.

- ✚ Number of boards held at one time
- ✚ Total number of boards in performance



3. Technique will be based on Accuracy, Speed, and Power.

- ✚ Breaking at the first attempt is superior to breaking at the second attempt, and breaking at the center of the board is superior to breaking off-center.

DEMONSTRATION TEAM COMPETITION: Entry Fee / \$300.00 USD each Team

1. The maximum set-up time is 1 minute.
2. The maximum time to complete the performance is 10 minutes.
3. The performance must be done within the WTF regulation ring size (8 m x 8 m).
4. There will be a minimum of 3 members and no maximum of Demo Team members.
5. Music and the machine to play the music **MUST** be provided by the demonstration team.
6. There will be **NO** standing on chairs or tables. USAT and the Riviera Hotel & Convention Center will not be responsible for any accident involving the centers chairs or tables.
7. Absolutely **NO** pyrotechnics, fireworks or flame breaks.
8. Weapons, boards or any props will be provided by the demonstration team.

Scoring Guidelines for demonstration teams

Demonstration teams scoring will be based on the following order of superiority (in ascending order):

1. Synchronicity of technique (20 %).
2. Excitement of performance (20 %).
3. Successful completion of taekwondo techniques (20 %).
4. Fun generated by the team (20 %).
5. Demonstrations of Accuracy, Speed, and Power (20 %).

Contestants may compete in more than one category of competition unless limited by gender.



2011 Pan Am Open Taekwondo Championships

INDIVIDUAL APPLICATION FORM

(Must be filled out by each participant not registering online)

*Please type or write in Capital letters.

Full Name: _____ Sex: _____ Age: _____

Date of Birth: ____/____/____ Weight Category: _____ Belt Color: _____

Address: _____ USAT ID #: _____

EVENTS

Please Check One. (All Team Competitors must fill out separate Team Competition Application Forms)

Sparring Individual Poomsae Poomsae Free Style Height Distance
Gyoroogi Poomsae Pairs Team Kyukpa Kyukpa Kyukpa

PAYMENT INFORMATION: USAT MEMBER EARLY REGISTRATION: 1Event:\$90 + (\$30 Each Additional Event) / Entry Deadline: Sept. 26, 2011
NON-USAT MEMBER: 1 Event: \$100 + (\$30 Each Additional Event) / \$50 late fee for all after Sept. 26, 2011 Deadline

Total Events Entered: _____ Events Total Amount Due: \$ _____

Payment Type: Cashier's Check ____ Money Order ____ Visa ____ Master Card ____ Discover ____ American Express ____

Credit Card #: _____ Exp. Date: _____ Security Code _____

Print Name: _____ Signature of Card holder: _____ Zip Code: _____

I hereby submit my application to participate at the 2011 Pan American Open Taekwondo Championships to be held on October 06-09, 2011 in Las Vegas, Nevada, USA. As a competitor, I will compete under the competition rules & regulation of the WTF and PATU to the best of my ability. I will also respect and accept all decisions made by the international referees of this event.

Liability Waiver

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, and administrators waive, release and forever discharge any and all rights and claims for damages which I may have or may accrue to me against USA-Taekwondo, the organizing committee, the U.S. Olympic Committee, Riviera Hotel and Convention Center, the Pan American Taekwondo Union, the World Taekwondo Federation, and all members of the championship, or their respective officers, committees, medical committee, agents, representatives, successors, and/or assignees and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic event. I understand that Taekwondo is a body-contact sport, which involves a risk of injury. I understand all the contents of the competition rules and general information published by the organizers and sponsors, and I hereby agree with them in their entirety. I understand that if I fail to abide by the rules of the USA-Taekwondo, the organizing committee, the U.S. Olympic Committee, Riviera Hotel and Convention Center, the Pan American Taekwondo Union, the World Taekwondo Federation, or any of its counterparts, or if my conduct is not cooperative for the successful operation of the tournament that I may be dismissed from the premises without compensation, and my credentials may be taken away along with all rights and privileges provided by those credentials. If I fail to show up at the competition, I knowingly forfeit all applicable registration fees. I understand that refunds will not be given for any reason. I understand that personal/business Checks are not acceptable forms of payment for registration and that they will be returned to the applicant with his/her application. I further understand that any pictures taken of me in connection with the 2011 Pan Am Open Taekwondo Championships may be used by all involved organizations for publicity or promotion without compensation. I hereby agree to all the terms and conditions of the liability waiver above.

Parent or Guardian

Competitor's Name Signature Date

Parent's Name Signature Date

Emergency Contact Tel. or Cell Phone: _____ Relation to Minor: _____



2011 Pan Am Open Taekwondo Championships

TEAM COMPETITION APPLICATION FORM

(Must be filled out by Head of each Team not registering online)

*Please type or write in Capital letters.

Team Name: _____ State or Country: _____

Address: _____

EVENTS

Please Check One.

FREE STYLE CREATED POOMSAE
TEAM COMPETITION

DEMONSTRATION TEAM COMPETITION

PAYMENT INFORMATION: EARLY REGISTRATION: \$300.00 per Team / LATE REGISTRATION: \$500.00 per Team
Entry Deadline: Sept. 26, 2011

Total Team Events Entered: _____ Events Total Amount Due: \$ _____

Payment Type: Cashier's Check ____ Money Order ____ Visa ____ Master Card ____ Discover ____ AMEX ____

Credit Card #: _____ Exp. Date: _____ Security Code _____

Print Name: _____ Signature of Card holder: _____ Zip Code: _____

On behalf of my Team, I hereby submit this application to participate at the 2011 Pan American Open Taekwondo Championships to be held on October 06~09, 2011 in Las Vegas, Nevada, USA. As a participating Team, we will compete under the competition rules & regulation of the WTF and PATU to the best of our ability. We will also respect and accept all decisions made by the international referees of this event.

List of the Team Members

No.	NAME	AGE	No.	NAME	AGE
1			16		
2			17		
3			18		
4			19		
5			20		
6			21		
7			22		
8			23		
9			24		
10			25		
11			26		
12			27		
13			28		
14			29		
15			30		



Name of Coach or Master

Signature

The 2011 Pan Am Open Taekwondo Championships

USA-TAEKWONDO CONSENT FOR MEDICAL TREATMENT

This form must be filled out by all participants!

I, _____, consent to medical treatment for athletic related injuries/illnesses by USAT Medical Personnel and /or Hospital Medical Staff. I authorize treatment by such personnel in the event of injury or illness.

(Athlete's Signature)

(Date)

As a parent or legal guardian of _____, who is under the age of 18, I hereby authorize medical treatment in the event of an injury or illness while participating in a USAT event or as a member of USAT administered by USAT Medical Personnel and/or Hospital Medical Staff.

(Parent/Guardian Signature)

(Date)

All medical evaluations completed by USAT Medical Personnel for athletic injuries are considered confidential and will be filed at the USAT National Office. Copies of medical injury forms can be requested verbally from the USAT Medical Coordinator by the injured athlete, or parent of a minor athlete at the time of injury or requested in writing following a competition. The original injury report form will remain on file in the USAT National Office. No information about an individual athlete will be released without that athlete's permission. Information pertaining to injury data without using an athlete's name will be released to the Medical Director, the Medical Coordinator or their assistants for purposes of injury research or recommendations for safety rule changes only. An athlete's name and injury will only be released in cases pertaining to head injuries requiring the athlete to not compete for 30 days. This information will be released to the Medical Director, Medical Coordinator, Referee Chairperson, Tournament Director, PATU, WTF, and or Board of Directors for purposes of enforcing the 30-day rule in compliance with USAT and WTF rules.

(Athlete's Signature)

(Parent/Guardian Signature)

(Date)

INSURANCE INFORMATION:

Primary Insurance Company: _____ Policyholder's Name: _____

Insurance Address: _____

Insurance Phone: _____ Policy #: _____ Claimant's Name (Print): _____

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors, and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against USAT and for its states and district associations, this athletic meet, its organizing committee, the USA Olympic Committee, the 6th PATU Junior Gyorooigi & 2nd Pan American Junior Poomsae Championships, 2011 Pan Am Open International Taekwondo Championships, the Pan American Taekwondo Union, the World Taekwondo Federation, and all members of this athletic meet, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the athletic meet takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet. I understand that all entry fees are nonrefundable.
- I understand the nature of USAT Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this athletic meet. I understand that USAT activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the athletic meet.
- I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name

Participant's Signature

Date



Parent/Guardian's Printed Name

Parent/Guardian's Signature

Date

***Please, send the Individual Application Form or
The Team Competition Entry Form
by e-mail to the address below:**

Fax: 719-866-4642

E-mail: mark.kaufmann@usa-taekwondo.us before **September 26, 2011**

PLEASE PROVIDE THE FOLLOWING INFORMATION FOR EACH PARTICIPANT.

- Non USAT member Registration Form (to be mailed to USAT office by September 26, 2011)
- Individual Application Form (1 form for each COMPETITOR, officials and contestants alike).
- Proof of age (Copy of passport, birth certificate or valid ID)
- Copy of Kukkiwon black belt certification (when applicable).
- Signed USAT Consent for Medical Treatment
- For payment, Wire Transfers confirmation of the transfer or Credit Card Information are required.

Mail Application to:

USA-Taekwondo
2011 Pan Am Open Taekwondo Championship
1 Olympic Plaza
Colorado Springs, Colorado, USA 80909

Or

E-mail: mark.kaufmann@usa-taekwondo.us

Or

Fax: 719-866-4642



EVENTS SCHEDULE

THE PAN AMERICAN JUNIOR TAEKWONDO CHAMPIONSHIPS
THE 2ND PAN AMERICAN JUNIOR POOMSAE TAEKWONDO CHAMPIONSHIPS
2011 PAN AM OPEN INTERNATIONAL TAEKWONDO CHAMPIONSHIPS
2011 PATU POOMSAE REFEREE CERTIFICATION COURSE & POOMSAE SEMINAR

DATE	TIME	EVENTS	PLACE
Monday Oct. 03 2011	All Day	Arrival of Poomsae Seminar Participants	<i>Las Vegas Airport</i>
	14:00 ~ 18:00	Seminar Instructors Meeting	
	16:00 ~ 19:00	Registration / PATU Poomsae Seminar and PATU Poomsae Referee Certification Course	<i>Riviera Hotel</i>