

## CO-ED RULES

The following Rules govern co-ed and reverse co-ed competition. The Rules Commission solicits comments and suggestions from volleyball groups and organizations that conduct and sponsor special competitions such as doubles, triples, mixed doubles, etc.

### 1. CO-ED PLAY

The Domestic Competition Regulations in general shall govern play for females and males on the same team with the following exceptions:

1.1 The serving order and positions on the court at service shall be male and female alternated or vice-versa.

1.1.1 A team may list two specialized defensive players, "Liberos," per match. More information can be found under Rule 19.

1.1.1.1 Alternating male and female service order must be maintained. A female Libero may only replace regular female players. A male Libero may only replace regular male players. All other Libero rules and restrictions apply.

1.2 When the ball is played more than once by a team, a female player shall make at least one of the contacts. Contact of the ball during blocking shall not constitute playing the ball. There is no requirement for a male player to contact the ball, regardless of the number of hits by a team.

1.2.1 If a team contacts the ball more than one time during offensive action, one of the contacts must be by a female player, but there is no restriction preventing all three team hits from being made by female play-

- ers. Contact of the ball during blocking action does not count as one of the three team hits. Therefore, after a block, a male player may play the ball back over the net as such contact would be considered the first team hit.
- 1.2.2 A ball contacted more than once by a team, without a female player having contacted it, remains live and does not become an illegal hit until it fully crosses the plane of the net or is contacted by an opponent.
- 1.2.3 An illegally hit ball blocked by an illegal blocker results in a double fault, and a playover is directed.
- 1.3 Uniforms of players shall be identical within the following provisions:
- 1.3.1 All female players shall be attired in identical jerseys and shorts or one-piece uniforms.
- 1.3.2 All male players shall be attired in identical jerseys and shorts or one-piece uniforms.
- 1.3.3 All uniforms shall be numbered in compliance with USAV Rule 4.3.3. There shall be no duplicate numbers, regardless of color of the jerseys or gender of the player.
- 1.4 When only one male player is in the front row at service, one male back-row player may be forward of the attack line for the purpose of blocking. The remaining back-row player must be behind the attack line until the ball has been contacted by the blocker(s) or has been hit in such a manner that no block is possible.
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| 1.4 | <i>Commentary: If a back-row player is not participating in a block, there is no restriction on both back-row male players being in the attack zone.</i> |
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- 1.4.1 The provisions of Rule 13.2.2 shall govern male back-row players when playing the ball in other than blocking actions.

- 1.4.2 No female back-row player may participate in a block.
- 1.5 The height of the net for mixed-six play shall be 2.43 m (7'11<sup>5/8"</sup>).
  - 1.5.1 Where age group mixed-six competition is conducted, the height of the net shall be that prescribed for men's competition in the respective age group. In order to protect the safety of the competitors, this shall not be modified.

## **2. REVERSE CO-ED PLAY**

The Domestic Competition Regulations as Presented by USAV in general shall govern play for females and males on the same team with the following exceptions:

- 2.1 The serving order and positions on the court at service shall be male and female alternated or vice-versa.
- 2.2 When the ball is played more than once by a team, a male player shall make at least one of the contacts. Contact of the ball during blocking shall not constitute playing the ball. There is no requirement for a female player to contact the ball, regardless of the number of hits by a team.
  - 2.2.1 If a team contacts the ball more than one time during offensive action, one of the contacts must be by a male player, but there is no restriction preventing all three team hits from being made by male players. Contact of the ball during blocking action does not count as one of the three team hits. Therefore, after a block, a female player may play the ball back over the net as such contact would be considered the first team hit.
  - 2.2.2 A ball contacted more than once by a team, without a male player having contacted it,

remains live and does not become an illegal hit until it fully crosses the plane of the net or is contacted by an opponent.

- 2.3 Uniforms of players shall be identical within the following provisions:
- 2.3.1 All female players shall be attired in identical jerseys and shorts or one-piece uniforms.
  - 2.3.2 All male players shall be attired in identical jerseys and shorts or one-piece uniforms.
  - 2.3.3 All uniforms shall be numbered in compliance with USAV Rule 4.3.3. There shall be no duplicate numbers, regardless of color of the jerseys or gender of the player.
- 2.4 When only one female player is in the front row at service, one female back-row player may be forward of the attack line for the purpose of blocking. The remaining female back-row player must be behind the attack line until the ball has been contacted by the blocker(s) or has been hit in such a manner that no block is possible.
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| 2.4 | <i>Commentary: If a back-row player is not participating in a block, there is no restriction on both back-row female players being in the attack zone.</i> |
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- 2.4.1 The provisions of Rule 13.2.2 shall govern female back-row players when playing the ball in other than blocking actions.
  - 2.4.2 No male player may participate in a block.
- 2.5 Male players may attack the ball from above the height of the net and direct it to enter the opponent's court so long as the ball has an upward trajectory immediately after contact.
- 2.6 The height of the net for reverse co-ed play shall be 2.24 m (7'4<sup>1/8</sup>").