

# **2011-2012 ACCREDITATION REQUIREMENTS**

## **USA Volleyball Coaching Accreditation Program - CAP Levels I, II & III**

CAP Level I courses are open to ALL coaches, no matter what level of experience, however it is STRONGLY recommended that coaches take the IMPACT clinic (or equivalent "Foundations" course) **BEFORE attending CAP I** (and before first practice with your team) as a basic knowledge base & familiarity with terminology is necessary to get the most out of your CAP Level I weekend. Please note that the "Foundations" requirement for CAP Level I accreditation will become a PRE-requisite to attending CAP Level I on January 1, 2009.

CAP Level II courses are open to all CURRENTLY ACCREDITED Level I coaches, no matter what level of experience, and to all Level I Home Equivalency coaches who have fulfilled those requirements. CAP I coaches must coach at least one season following accreditation before taking a CAP II course.

CAP Level III courses are open to all CURRENTLY ACCREDITED Level II coaches, no matter what level of experience. CAP II coaches must coach at least one season following accreditation before taking a CAP III course.

### **For each Level your CAP Course fee includes:**

- Expert instruction covering the Core CAP curriculum**
  - CAP I = 10 hours
  - CAP II = 10 hours
  - CAP III = 10 - 15 hours
  
- Modules (length of each may vary)**
  - CAP I = 4 Modules
  - CAP II = 5 Modules
  - CAP III = 15 + additional hours of expert instruction over 2-5 additional days
  
- Textbooks/Materials:**
  - CAP I - ***Coaching Volleyball: Building a Winning Team***, by Carl McGown; USAV National Office Coaches Code of Ethics; Supplemental Handouts; Coaches Briefbag Molten clipboard, Spalding portfolio, T-shirt and pen.
  - CAP II - ***Volleyball Coach's Survival Guide***, by Sue Gozansky; USAV National Coaches Code of Ethics; Supplemental Handouts; Coaches Briefbag Molten clipboard, Spalding portfolio, T-shirt and pen.
  - CAP III - ***Periodization Training for Sports*** and ***Gender and Competition***; ***USOC Coaches' Sport Psychology Manual*** and ***USAV Critical Thinking Manual*** available; Level III Notebook; USAV National Office Coaches Code of Ethics pamphlet; Supplemental Handouts; Coaches Briefbag Molten clipboard, Spalding portfolio, T-shirt and pen.
  - Discounts good for purchase of:
    - Current year IMPACT Manual
    - Coaching Performance Series Video Collections produced in cooperation with Dartfish.tv
    - Volleyball Standards/Systems, Net Packages and Referee Platform/Pads from Spalding.
  - Follow-up written (online) test: CAP I, II or III Knowledge Test.
  - Free subscription** to the USA Volleyball bi-weekly email newsletter, ***Rotations***.
  - Free subscription** to ***Olympic Coach*** e-magazine.
  - Free subscription** to **USAV CAP/Education email lists** for notification of upcoming events & news.
  - Upon completion of all requirements: Certificate of CAP Level I, II or III Accreditation

## CAP Accreditation **REQUIRES:**

	CAP I	CAP II	CAP III
Attend CORE Course:	✓	✓	✓
Attend Included Modules:	✓ (4)	✓ (5)	✓ (6+)
Pass Knowledge Test:	✓ (90%)	✓ (90%)	✓ (90%)
National CAP Code of Ethics:	✓	✓	✓
Foundations Course*:	✓		
Current USAV Background Screen:	✓	✓	✓
1000 Word Article:		✓	
Outreach Project:			✓
“Experience” component (1 season):	✓	✓	✓
Recertification (Each 4 Years):	✓	✓	✓

\*The Foundations of Coaching class needs to be any ONE of the following: IMPACT or (WITH PURCHASE OF CURRENT YEAR IMPACT MANUAL and TEST from the National USAV-CAP Office) ASEP, PACE, NYSCA, NFHS, FIVB, Canadian VB Assoc., or any other USAV approved and accepted State or Local School District Coach training or certification. Most of the above issue certificates or letters for passing the course. A teaching degree in Physical Education or Coaching (WITH PURCHASE OF CURRENT YEAR IMPACT MANUAL and TEST from the National USAV-CAP Office) can also serve as the foundations of coaching course; simply submit a copy of your transcript and diploma (or a copy of your teaching license) for review.

### CAP Re-Accreditation Rules:

<b>Prior to the 4 Year Accreditation Expiration Date the Coach may CHOOSE to:</b>			
	CAP Level I	CAP Level II	CAP Level III
Attend Same Level FULL Course	✓	✓	✓
Attend Same Level CORE Course	✓	✓	✓
Attend Approved Modules Only**	✓(4)	✓(5)	✓ (6)
Attend Next Level Course	✓	✓	✓

<b>Within 1 Year following the Accreditation Expiration Date the CAP certification will be considered “expired” or “lapsed”, but the coach may CHOOSE to become current again by:</b>			
	CAP Level I	CAP Level II	CAP Level III
Attending Same Level FULL Course	✓	✓	✓
Attending Same Level CORE Course	✓	✓	✓
Attending Approved Modules Only**	✓(4)	✓(5)	✓ (6)
Attend Next Level Course	NA	NA	NA

<b>AFTER 1 Year following Accreditation Expiration Date the CAP certification will be considered “expired/lapsed”, and the coach will be REQUIRED to become current again by:</b>			
	CAP Level I	CAP Level II	CAP Level III
Attending Same Level FULL Course	✓	✓	✓
Attending Approved Modules Only**	NA	NA	NA
Attending Next Level Course	NA	NA	NA

### \*\* Attending Approved Modules:

Approved Modules are those that have been licensed by USAV-CAP to serve as the equivalent of CAP additional Modules for initial accreditation requirements or as approved Modules for re-certification requirements for an existing CAP accreditation. Approved Modules will use the logo at right and will have wording indicating it is a USAV CAP Module session or Clinic. Approved Modules may be attended at USAV-CAP courses, USAV- VCAP Conditioning Clinics, select USAV-National High Performance Coaching Clinics, the American Volleyball Coaches Association (AVCA) Annual Convention, select licensed outside coaching clinics, or may be taken on-line (select USAV and ASEP on-line courses). In addition, Modules credits may be granted to IMPACT and VCAP Instructors for attending Instructor level training sessions, and for teaching pre-approved IMPACT & VCAP Clinics. With prior approval, Level III coaches may earn re-certification Modules by hosting or assisting with a CAP course or other National Educational event.

