



2011 USA TRIATHLON ELITE NATIONAL CHAMPIONSHIP

Sept. 24 • Nickel City Triathlon • Buffalo, N.Y.

USA Triathlon National Team Program Participant Bios

USA Triathlon National Team

Laura Bennett

2008 Olympian • 2010, 2003 Elite National Champion

Hometown: North Palm Beach, Fla.

Resides: Boulder, Colo.

College: Southern Methodist University

Birth Date: April 25, 1975

Birthplace: North Palm Beach, Fla.

First Year Elite: 1999

Final 2011 ITU WCS Rank: 8

Final 2011 USAT Rank: 2

2011 Highlights: Member of the USA Triathlon National Team • Finished eighth in the 2011 ITU World Championship Series to rank as the No. 2 American • Earned a season-best fifth-place showing at the 2011 WCS Grand Final in Beijing on Sept. 11 • Finished fifth at the 2011 Hy-Vee Triathlon Elite Cup on Sept. 4 • Placed sixth in Kitzbühel on June 19 for a seventh consecutive top-10 finish on the WCS circuit • Placed eighth in Madrid on June 5 • Finished sixth at the opener of the 2011 ITU World Championship Series in Sydney on April 10 • Led the Sydney race for much of the run.

Elite Triathlon Career: Named the 2010 USA Triathlon Olympic/ITU Athlete of the Year • Captured her second career USA Triathlon elite national title in 2010 in Tuscaloosa, Ala. • The national championship was her first since 2003 • Finished the 2010 ITU World Championship Series as the No. 1-ranked American and 10th overall • Placed eighth at the 2010 Grand Final in Budapest for her fourth straight top-10 finish • Also topped the 2010 ITU Best Swimmer Rankings • Recorded top-10 finishes in the ITU World Championship Series stops in Kitzbühel (eighth), Hamburg (seventh) and London (fifth) • Finished sixth and was the top American finisher at the 2010 Hy-Vee Triathlon on June 13 • Placed 14th at the 2010 ITU World Championship Series opener in Sydney • Placed third at the Los Angeles Triathlon and the Toyota U.S. Open Triathlon in Rockwall, Texas, in 2010 • Ranked No. 43 overall (No. 4 American) in the 2009 ITU World Championship Series rankings • Top WCS finish in 2009 was 12th in Washington, D.C. • Narrowly missed a medal with a fourth-place finish at the 2008 Beijing Olympic Games • Also took fourth at the 2008 Molokai and Hy-Vee ITU World Cup events and the USAT Elite National Championships in Portland, Ore. • Finished 2008 at No. 28 in the final ITU World Cup rankings and was the No. 3 American • Qualified for 2008 Olympic Team with third place overall



Laura Bennett will look for a repeat national title in Buffalo. (ITU)

finish at 2007 ITU Beijing World Cup • Four-time medalist at ITU World Championships (2003-2005, 2007) • Won prestigious title at Hy-Vee Triathlon ITU Des Moines World Cup in 2007 • Qualified for 2007 Pan Am Games but gave her spot to teammate Sara McLarty • Attended the 2004 Olympic Games as the team alternate • Finished third at the 2004 world championships, which was a U.S. Olympic qualifying race, but didn't get the slot because U.S. teammate Sheila Taormina won the world championship • Qualified for the 2004 world championship team as the second-ranked U.S. female triathlete • Was the top U.S. finisher, second overall, at the 2003 triathlon world championship • Won her first U.S. elite national title at the Treasure Island Triathlon in 2003 • Qualified for the 2003 world championship team by being ranked third in the world by the cutoff date • Finished 13th overall at the 2003 Bay to Breakers 12k running race in San Francisco • Placed fifth overall in the 2001 Kia Formula 1 Triathlon Series in Australia • Was second runner-up for 2000 Olympic team after finishing fourth at the U.S. Olympic Trials • Was part of the halftime celebration at a 1999 football game of alma mater, SMU versus Hawaii • During the winter months of 1999, trained with two-time world champion Michelle Jones at her home in Australia and raced in the St. George Formula One Series.



Hunter Kemper aims for a men's record seventh elite national title in Buffalo. (ITU)

Hunter Kemper

2008, 2004, 2000 Olympian

2006, 2005, 2003, 2001, 1999, 1998 Elite National Champion

Hometown: Longwood, Fla.

Resides: Colorado Springs, Colo.

College: Wake Forest University

Birth Date: May 4, 1976

Birthplace: Charlotte, N.C.

First Year Elite: 1998

Final 2011 ITU WCS Rank: 45

Final 2011 USAT Rank: 2

2011 Highlights: USA Triathlon National Team member • Wrapped up the 2011 ITU World Championship Series as the No. 2 American and 45th overall • Finished second at the Hy-Vee Triathlon Elite Cup on Sept. 4 • Earned his third ITU World Cup podium finish of the season, taking bronze in Edmonton on July 10 • Winner of the second stop of the USA Triathlon Elite Race Series in Monroe, Wash., on June 25 • Finished second at the Capitol of Texas Triathlon on May 30 • Earned a second straight World Cup podium finish by taking third in Monterrey, Mexico, on May 8 • Broke away on the run to earn gold at the Ishigaki ITU World Cup on April 17 • The victory marked his first World Cup title since 2005 and the fourth of his career • Named the USOC's male Athlete of the Month for April following his win in Ishigaki.

Elite Triathlon Career: Limited by injury for much of 2010 • Winner of the 2010 Escape from Alcatraz Triathlon • Finished 10th at the 2010 ITU World Championship Series opener in Sydney • Saw limited race action in 2009 due to injury but was still fourth among Americans and 47th overall in the 2009 ITU World Championship rankings • Posted top-five finishes in both ITU races on U.S. soil in 2009, finishing second in Oklahoma City and fifth in Washington, D.C. • Member of the 2008 U.S. Olympic Team and was the top American with a seventh-place finish • Took third at the 2008 U.S. Olympic Trials in Tuscaloosa, Ala. • Also placed sixth at Hy-Vee and 10th at the Lifetime Fitness Triathlon in Minneapolis in 2008 • Finished 2008 ranked fourth among Americans and 50th overall in the 2008 ITU World Cup rankings • 2007 Haul to the Great Wall Series Champion • Won ITU Longmont Continental Cup in 2007 • Won unprecedented sixth USAT elite national title in 2006 • 2006 Lifetime Fitness Triathlon champion • Tied career-best with sev-

enth place finish at 2006 ITU World Championship in Lausanne, Switzerland • Earned podium finishes at three World Cup events in 2006 (Edmonton, Ishigaki, Mooloolaba) • In 2005, Kemper became the first U.S. man to be ranked No. 1 in the ITU world rankings • Named 2005 USOC SportsMan of the Year • Named 2005 USOC Male Triathlete of the Year • Recipient of 2005 Jim Thorpe All-Around Award • Qualified for the 2004 Olympic team by finishing as the first American, second overall at the Race to Athens - Honolulu • Qualified for the 2003 ITU World Championships, but did not compete due to illness • Victory at the 2003 ITU World Cup in Madrid, Spain, was the first World Cup win for a U.S. male since Wes Hobson in 1994 • Won the first gold medal ever for a U.S. male at the Pan American Games in 2003 • Qualified for the 2003 Pan American team by finishing as the first U.S. man at the Baker's Breakfast Cookies ITU International Triathlon • Named the USOC Male Triathlete of the Year for 2000 • Helped win three spots for U.S. men at 2000 Games in Sydney when he placed seventh at the ITU World Championships in Perth, Australia, a race he hadn't been planning to do • Once the United States had three spots, Hunter got one of them by virtue of his 11th-place finish at the ITU World Cup in Sydney • Defeated American record holder Steve Scott by almost five seconds at the 2000 Competitor Magazine/Greg Welch Mile, in conjunction with the San Diego (Calif.) Indoor Games • Earned a silver medal at the 1999 Pan American Games.

Jarrold Shoemaker

2008 Olympian • 2010 Elite National Champion

Hometown: Sudbury, Mass.

Resides: Maynard, Mass.

College: Dartmouth College

Birth Date: July 17, 1982

Birthplace: Concord, Mass.

First Year Elite: 2004

Final 2011 ITU WCS Rank: 66

Final 2011 USAT Rank: 4

2011 Highlights: Member of the USA Triathlon National Team • Finished the 2011 ITU World Championship Series ranked as the No. 4 American and 66th overall • Placed 26th at the ITU WCS event in Yokohama on Sept. 19, which will count toward the 2012 rankings • Was the top U.S. finisher and placed 20th overall at the



Jarrold Shoemaker won his first elite national title in 2010. (ITU)

WCS event in Madrid on June 4 • Finished sixth at the Monterey ITU World Cup on May 8 • Won the inaugural USA Triathlon Elite Sprint National Championship and took second overall at the opening event of the USA Triathlon Elite Race Series on March 5 in Clermont, Fla.

Elite Triathlon Career: Finished the 2010 ITU World Championship Series ranked 13th overall and as the No. 2 American • Posted four straight top-10 finishes on the ITU WCS circuit and registered seven top 10s in ITU events in 2010 • Earned his first career USA Triathlon elite national title in 2010 in Tuscaloosa, Ala. • Took third at the 2010 PATCO Pan American Championship in Puerto Vallarta, Mexico • Displayed his speed with a runner-up finish at the 2010 Super Sprint Triathlon Grand Prix in Oceanside, Calif. • Finished eighth at the first-ever ITU Elite Sprint World Championships in Lausanne, Switzerland, in 2010 • Placed seventh in the 2010 Hamburg ITU WCS event followed with a seventh-place showing in London • Finished ninth and was the top American finisher at the 2010 Hy-Vee Triathlon • Placed ninth at the 2010 Madrid ITU World Championship Series race • Finished eighth at the 2010 ITU World Championship Series stop in Seoul • Placed third in the 2010 Mazatlan ITU Pan American Cup in March • Named USA Triathlon's 2009 Elite Triathlete of the Year • Finished as the top American and was 10th overall in the 2009 ITU World Championship rankings • Logged top-10 finishes in seven of nine ITU races entered in 2009 • Placed first at the Hamburg ITU World Championship Series event, was third at Huatulco and took fifth at Hy-Vee • Won the 2009 ITU Duathlon World Championships title in Concord, N.C. • Member of the 2008 U.S. Olympic Team, placing 18th in Beijing • Placed second at the Musselman ITU Triathlon Pan American Cup, Mazatlan PATCO Triathlon Pan American Championship and at the Huatulco ITU event in 2008 • Ranked second among Americans and 32nd overall in the 2008 ITU World Cup rankings • Qualified for the 2008 U.S. Olympic Team by finishing as the top American (11th overall) at the 2007 ITU Beijing World Cup • Finished sixth at the Pan Americans Games in Rio de Janeiro, Brazil, in 2007 • Took first place at the 2007 ITU Drummondville Pan American Cup • Finished eighth at the Hy-Vee Triathlon ITU Des Moines World Cup in 2007 • 2006 USAT Haul to the Great Wall series champion • Earned first World Cup podium finish with second at Edmonton in 2006 • 2005 ITU under-23 world champion • 2005 ITU New York City Continental Cup winner • Placed seventh at the 2005 Tiszaujvaros ITU World Cup race • 2004 under-23 national champion.

Project 2012

Kevin Collington

Hometown: Orlando, Fla.
Resides: Boulder, Colo.
College: University of Florida
Birth Date: Sept. 29, 1984
Birthplace: Denver, Colo.
First Year Elite: 2006

2011 Highlights: Member of the USA Triathlon Project 2012 program • Recorded eighth-place finishes at ITU Pan American Cups in Kelowna and San Francisco • The San Francisco event — the San Francisco Triathlon at Treasure Island — was stop No. 3 of the USA

Triathlon Elite Race Series • Finished 16th in the opening race of the USA Triathlon Elite Race Series on March 5 in Clermont, Fla.

Elite Triathlon Career: Finished as the No. 5 American and 63rd overall in the 2010 ITU World Championship Series • Placed sixth at the 2010 USA Triathlon Elite National Championship in Tuscaloosa, Ala. • Finished fifth at the 2010 PATCO Pan American Championship in Puerto Vallarta, Mexico • Finished 35th in the Sydney ITU WCS event and 37th in Hamburg • Was the runner-up at the 2010 Chicago Triathlon • Finished ninth at the season-opening Mooloolaba ITU World Cup in 2010 • Finished 2009 as the No. 6 American and No. 57 overall in the final ITU World Championship Series rankings • Placed sixth at the 2009 Ironman 70.3 World Championship • Took eighth at the 2009 Huatulco ITU World Cup event • Was fifth at the 2009 USAT Elite National Championship • Also finished third at the San Francisco ITU Pan American Cup race and was second at the Austin ITU Pan American Cup event • Finished ninth at the ITU Pan American Championships in Oklahoma City • Won the 2009 Playas ITU Pan American Cup race • Was the No. 9 American and 76th overall in the 2008 ITU World Cup Series rankings • Placed sixth at the 2008 World University Games • Finished eighth at the 2008 USAT Elite National Championship and placed ninth at the 2008 Portland ITU Pan American Cup race • Took 15th at the 2008 Tiszaujvaros ITU World Cup event • Grabbed second at the 2008 Nevis ITU Pan American Cup event • Logged top-10 finishes in 2007 Pan American Cup events in Kelowna, Longmont, Geneva and Rincon.

Gwen Jorgensen

2012 Olympic Qualifier

Hometown: Milwaukee, Wis.
Resides: Milwaukee, Wis.
College: University of Wisconsin, Madison
Birth Date: April 25, 1986
Birthplace: Waukesha, Wis.
First Year Elite: 2010
Final 2011 ITU WCS Rank: 11
Final 2011 USAT Rank: 3

2011 Highlights: Member of the USA Triathlon Project 2012 program • Ranked in 11th overall and as the No. 3 American in the fi-



Gwen Jorgensen clinched a spot on the 2012 U.S. Olympic Team in London on Aug. 6. (Paul Phillips/Competitive Image)

nal 2011 ITU World Championship Series Rankings • Placed ninth and recorded the fastest run split at the Sept. 4 Hy-Vee Triathlon Elite Cup • Finished sixth at the ITU Elite Sprint Triathlon Championship on Aug. 20 • Part of the U.S. Team that took fifth at the ITU Team Triathlon World Championships on Aug. 21 • Posted her first ITU World Cup win in Tiszaujvaros, Hungary, on Aug. 14 with the day's fastest run split at 33:49 which was 42 second faster than any other competitor • Less than two years after completing her first competitive triathlon, placed second to post the best finish by an American woman in the history of the ITU World Championship Series and claim a spot on the 2012 United States Olympic Triathlon Team on Aug. 6 in London • Closed the race with a 33:43 10k run split • Posted the fifth-fastest run split at the July 17 Hamburg WCS event • Made her ITU World Championship Series debut in Madrid on June 5 • Placed fifth at the May 8 Monterrey ITU World Cup • Finished 16th at the March 27 Mooloolaba ITU World Cup • Also was fifth at the Mazatlan ITU Pan American Cup on April 9 • Finished third overall at the opening event of the USA Triathlon Elite Race Series on March 5 in Clermont, Fla., but was the No. 2 American to earn runner-up honors in the first-ever USA Triathlon Elite Sprint National Championship.

Elite Triathlon Career: Named the 2010 USA Triathlon Rookie of the Year after a remarkable debut season as an elite • Led the U.S. with a runner-up finish at the 2010 PATCO Pan American Championship in Puerto Vallarta, Mexico • Also finished fifth at the 2010 Huatulco ITU World Cup • Took fifth at the 2010 USA Triathlon Elite National Championship in Tuscaloosa, Ala. • Finished 13th at the 2010 ITU Duathlon World Championships in Edinburgh, Scotland • Took third at the 2010 San Francisco ITU Pan American Cup after closing strong on the run • Notched fifth-place finishes at the Kelowna and Coteau-du-Lac Pan American Cup events in 2010 • Finished second at the 2010 FISU World University Championships in Valencia, Spain, in just her second triathlon after posting the fastest run split by more than two minutes.

Jenna Parker

Hometown: Sudbury, Mass.
Resides: Santa Monica, Calif.
College: Harvard University
Birth Date: April 20, 1984
Birthplace: Concord, Mass.
First Year Elite: 2005

2011 Highlights: Member of the USA Triathlon Project 2012 Program • Placed second at the Aug. 7 Nautica New York City Triathlon • Finished first at the Giant Eagle Triathlon in Columbus, Ohio, on July 31 • Placed seventh in her first draft-legal event of 2011, the San Francisco Triathlon at Treasure Island on July 9 • The event was the third stop of the USA Triathlon Elite Race Series and an ITU Pan American Cup • Placed seventh at the June 26 Philadelphia Triathlon • Also finished fifth at the June 4 Escape from Alcatraz Triathlon.

Elite Triathlon Career: Finished as the No. 5 American and 49th overall in the ITU World Championship Series series rankings • Finished 23rd in Hamburg and 27th in Madrid • Placed second at the Philadelphia Triathlon on June 26 • Grabbed 18th at the Hy-Vee ITU Elite Cup on June 13 • Was second at the Escape from

Alcatraz Triathlon on May 2 • Finished ninth at the ITU Monterrey World Cup April 18. Finished 2009 as the No. 7 American and 61st overall in the ITU World Championship Series rankings • Placed second at both the USAT Elite National Championship and the ITU Pan American Championship • Won the 2009 Mazatlan ITU Pan American Cup event • Posted three other top-eight finishes in ITU Continental Cup races in 2009 • In 2008, logged top-10 showings in ITU Continental Cup events in Suixian, Poznan, Athlone and Vina del Mar • Took 10th at the 2006 Kelowna ITU Pan American Cup race and was sixth at the 2005 Rincon ITU Caribbean Cup event.

Steve Sexton

Hometown: Davis, Calif.
Resides: Pilot Hill, Calif.
College: University of California, Berkeley
First Year Elite: 2006
Final 2011 ITU WCS Rank: 118
Final 2011 USAT Rank: 7

2011 Highlights: Member of the USA Triathlon Project 2012 program • Ranked as the No. 7 American in the final 2011 ITU World Championship Series rankings • Finished 23rd in the opening event of the 2011 USA Triathlon Elite Race Series on March 5 in Clermont, Fla.

Elite Triathlon Career: Came on strong at the end of the 2010 season • Finished fifth at the 2010 USA Triathlon Elite National Championship in Tuscaloosa, Ala. • Followed with a seventh-place finish at the 2010 PATCO Pan American Championship in Puerto Vallarta, Mexico • Finished fourth at the 2010 Kelowna ITU Premium Pan American Cup and was second at the San Francisco Pan American Cup • Finished ninth at the San Francisco ITU Pan American Cup in 2009 and was fourth at the Coteau-du-Lac ITU Premium Pan American Cup in 2009 • Also took fifth at the 2009 Mazatlan Pan American Cup • Was the No. 9-ranked American and was 109th overall in the 2009 ITU World Championship Series rankings • Finished ninth at USAT Elite Nationals in 2008 • Took 19th in his ITU World Cup debut in Hamburg in 2008 • Finished seventh at the FISU World University Championship in 2008 • Finished sixth at the 2007 Kelowna ITU Pan American Cup.



Jenna Parker was second at 2009 Elite Nationals. (ITU)

Project 2016

Greg Billington

Hometown: Six Mile Bottom, England
Resides: Colorado Springs, Colo.
College: Wake Forest University
First Year Elite: 2009

2011 Highlights: Member of the USA Triathlon Project 2016 program • Placed fourth at the ITU Under-23 World Championships in Beijing on Sept. 9 • Finished third to earn a spot on the podium at the ITU Kelowna Pan American Cup • Finished 15th at the Lima ITU Pan American Cup.

Elite Triathlon Career: Member of the U.S. squad for the 2010 Under-23 ITU World Championships in Budapest • Posted eighth-place finishes at 2010 ITU Pan American Cups in San Francisco and Coteau-du-Lac • Was fifth at the 2010 FISU World University Championships • Placed 13th at the 2009 Under-23 ITU World Championships in Gold Coast, Australia • Finished sixth at the San Francisco ITU Pan American Cup in 2009.



Greg Billington was fourth in Beijing at U23 Worlds. (ITU)

Lauren Goldstein-Kral

Hometown: Shaker Heights, Ohio
Resides: Williamstown, Mass.
College: Williams College
Birth Date: Oct. 28, 1989
Birthplace: Boston, Mass.
First Year Elite: 2008

2011 Highlights: Member of the USA Triathlon Project 2016 program • Placed ninth at the ITU Under-23 World Championships for the second straight year on Sept. 10 in Beijing • Finished sixth at the Coteau-du-Lac ITU Pan American Cup on June 26 • Recorded top-10 finishes at a pair of early season ITU Pan American Cups, taking ninth in Valparaiso and seventh in Santiago.

Elite Triathlon Career: Finished 10th at the 2010 USA Triathlon Elite National Championship in Tuscaloosa, Ala. • Led the U.S. with a ninth-place finish at the 2010 ITU Under-23 World Championships in Budapest • Finished in the top 16 of all three ITU Continental Cups entered in 2010 • Top finish was eighth at Coteau-du-Lac • Finished 13th at the 2010 FISU World University Championship in Valencia, Spain • Finished seventh overall and was the No. 2 under-23 finisher at 2009 USAT Elite Nationals • Was 12th at the 2009 ITU Under-23 World Championship • Finished fifth at the 2009 San Francisco Pan American Cup.

Joe Maloy

Hometown: Wildwood Crest, N.J.
Resides: Wildwood Crest, N.J.
College: Boston College
Birth Date: Dec. 20, 1985
First Year Elite: 2010

2011 Highlights: Member of the USA Triathlon Project 2016 program • Recorded podium finishes at the Cartagena (second) and Lima (third) ITU Pan American Cups • Also placed 10th in Valparaiso and ninth in Salinas.

Elite Triathlon Career: Finished 18th at 2010 USA Triathlon Elite Nationals in Tuscaloosa, Ala. • Was 16th in his ITU Pan American Cup debut in Mazatlan in 2010.

Kaitlin Shiver

Hometown: Satellite Beach, Fla.
Resides: Gainesville, Fla.
College: University of Florida
Birth Date: Aug. 2, 1989
First Year Elite: 2010

2011 Highlights: Member of the USA Triathlon Project 2016 program • Leads the 2011 USA Triathlon Elite Race Series with 30 points through three events • Placed second at the Monroe and San Francisco Elite Race Series events, both ITU Pan American Cups • Led the U.S. with a fourth-place finish at the 2011 ITU Under-23 World Championships on Sept. 10 in Beijing • Also earned third at the Cartagena ITU Pan American Cup and was 17th in the Clermont Elite Race Series Opener on March 5 • Winner of the 2011 USA Triathlon Collegiate National Championship title Tuscaloosa, Ala., on April 9.

Elite Triathlon Career: Made elite debut at 2010 USA Triathlon Elite Nationals in Tuscaloosa, Ala. • Finished second at the 2010 Puerto Vallarta PATCO Pan American Under-23 Championships.



Kaitlin Shiver has had a remarkable 2011 season. (ITU)