



USA BADMINTON LEVEL 1 COMMUNITY COACH COURSE

USA Badminton has developed a new Coach Development Program which focuses on developing coaches for the specific communities they coach. USAB is excited to run its expanded Level 1 Community Coach Course.

Course Instructor: Ajit Umrani

Date: November 19 & 20, 2011

Time: 9.00AM - 5.00PM

Venue: K2 Badminton Club



Overview

The Level 1 Community Coach Course is a 14 hour course run over two days and is directed to those interested in promoting and developing players who want to improve their skills at the grassroots up to those who are beginning to be introduced into competitions. Sixty-seventy percent of the course will be practical.

Primary Audience:

This course is open to all school teachers, sports leaders, badminton coaches, parents, etc who have some or no experience in coaching but keen to work with youth older than 14 years and adults of all levels within the recreational set up. Participants need to have a minimum level of play (ability to rally, and demonstrate basic strokes).



Entry Prerequisites:

- Applicants must be at least 18 years of age.
- Must have a minimum level of play (ability to rally, and demonstrate basic strokes)
- Must be a current USAB Member.
- Must have completed ASEP Coaching Orientation program.
- Must have completed First Aid & CPR through ASEP or American Red Cross * **by November 30, 2011.** *
- Must have passed background check administered through the National Center For Safety Initiatives.
- Must be in good health and fit to participate in the course activities.
- Must read the USAB Waiver and Release of Liability form and hand in the form before the course begins.
- Must have read and attended the USAB USOC Coaches Code of Ethics and Conduct module at the course and hand in the signed acknowledgement at the course

* Participants can complete this requirement after at a later date and must email a copy of their First Aid & CPR certificate **by November 30, 2011** to Course Director, Ajit Umrani, ajit.umrani@gmail.com

Content:

The emphasis of this course is on "*Introducing and Teaching The Game*" through teaching the fundamental rules, skills of the game in a fun and safe environment. Briefly the course will cover a range of topics pertaining to Badminton Technical Elements, Basic Feeding, Teaching Singles and Doubles Skills and Tactics through play, etc

Course Delivery:

The course will be delivered in English by certified USAB Course Instructors and Assessors.

Delivery Approach:

The "how to coach" skills will be integrated throughout the "what to coach" (technical and tactical) skill sessions. This will not only provide course participants the opportunity to experience the process of the "how to coach" skills being integrated and applied, but they will also be able to practice applying the "how to coach" skills during the course.

Assessment and Activities:

Participants will be assessed throughout the course by the course instructor and/or assessor. They will have the opportunity to demonstrate their hands on and application competency. All participants will also be assessed on their coaching competency in a small group. Participants should also expect some written work, make presentations throughout the course and may also be required to complete a written test and/or a post course workbook and /or post course assignments.

Cost:

The cost per person is \$190.00. This cost covers venue rental, shuttle cock, instructor fees and travel, resources, and administration. It may be possible that part this cost may be subsidized by the venue operator or club. All fees must be paid at the time of registration on line.

Certification

- Credits will be given for each module completed.
- Certification will be given if:
 - All prerequisites are completed
 - Foundation ASEP Courses are completed
 - All modules are completed (note: if candidates are only able to complete some modules, they will have to complete the rest of the modules at a later date. Conditions apply - see application form)
 - Candidates meet all assessment standards
 - Candidates complete all written assignments

Course attire

As sixty-seventy percent of the course will be practical, participants are required to be always be ready in suitable badminton attire.

Important Links

1. USAB membership - <https://www.railstation.org/USABadminton/MembershipRegistration.aspx>
2. Background Check - <http://usabadminton.org/resources/coaching/usa-badminton-coaches-background-screening-program>
3. Foundation Course with ASEP - "Coaching Principles" - http://www.asep.com/asep_content/org/USABDMTN.cfm
4. First Aid - through ASEP or American Red Cross
ASEP - http://www.asep.com/asep_content/org/USABDMTN.cfm
American Red Cross - <http://www.redcross.org/>
5. USAB Code of Ethics & Conduct - participants should download the USAB Code of Ethics & Conduct through the link below and read before attending the course -<http://usabadminton.org/resources/coaching/usab-coaches-code-of-ethics-and-conduct>
6. USAB Coach Development Model - see where you stand in the development pathway -
http://assets.teamusa.org/assets/documents/attached_file/filename/33633/USAB_Coach_Development_Model-10-5-10.pdf
7. USAB Waiver and Liability Form - <http://usabadminton.org/resources/forms>

Misc:

- This course is limited to a small number of participants (minimum 6 persons and maximum 12 persons) for maximum effectiveness.
- Only participants who have completed "Entry Prerequisites" and have made course fee payment can attend the course.
- For more information, contact Course Director, **Ajit Umrani**, ajit.umrani@gmail.com