

2012 Jimi Flowers Classic
February 25-26, 2012
United States Olympic Training Center
Colorado Springs, CO, USA

James (Jimi) Raymond Flowers was a lot of different things to many different people. He was a husband, a father, a coach and a mentor, but everyone thought of him as a friend first and foremost. He began his long association with the Olympic family in Colorado Springs, Colorado in 1989, serving as USA Swimming's National Team Coordinator. After a brief period as an Assistant Coach for Auburn University in the mid-90's, Jimi returned to the USOC in 1999 as the Aquatics Center Manager. It was there on the pool deck that nearly all of his friends would be greeted with a "Yo, what's up!" by Jimi. Starting in 2007, he worked as the National Team Manager and Head Coach for the U.S. Paralympics Swimming Resident Program, directing that team to success at the 2008 Beijing Paralympic Games.

On July 10, 2009 Jimi was climbing Capitol Peak near Aspen when his foot slipped and he fell several hundred feet. Tragically, he passed away as a result of the fall.

Guided by a strong personal faith in God, Jimi achieved in life an enviable balance of personal accomplishment and service to humankind. As a swim coach, pool director and mentor, Jimi touched thousands of young lives and was instrumental in enhancing the Paralympic movement. He possessed a strong sense of adventure and love of life. He traveled extensively and was an accomplished mountain climber.

Jimi's deep love for the outdoors and for Colorado was exceeded only by his love of God and his family. He possessed an endless capacity for making friends. He was a devoted husband to Sue and a kind and loving father to Sam and Lauren. It is with his enthusiasm and spirit in mind that we host this meet.

Dave Denniston

Important Facts about the Meet:

- The Jimi Flowers Classic is a Long Course competition hosted by U.S. Paralympics.
- It is the responsibility of each nation to ensure they have the proper documentation to enter the USA.
- This meet is open to swimmers with a physical, visual or intellectual impairment from all nations.
- Current IPC Swimming technical rules will govern this meet.
- Only coaches, swimmers, personal assistants, and meet officials with current credentials are permitted on deck.
- All proceeds go to the Sam and Lauren Flowers Fund.

Host:

Paralympic Division, USOC/ U.S. Paralympics- www.usparalympics.org

Meet information and results will be posted on this website.

Location:

U. S. Olympic Training Center
One Olympic Plaza
Colorado Springs, CO, 80909

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Facility:

- The facility includes a 10-lane, 50 meter accessible competition pool. Eight lanes will be used for competition and one lane (plus one buffer lane) will be used for warm up/warm down during the meet.
- Parking is free and can be found on the east side of the CSOTC campus. See attached map.

Accommodation:

- All individuals and teams are responsible for their own accommodation. U.S. Paralympics and the local organizing committee will **not** be responsible for travel, meals, or housing arrangements for teams or individuals.
- See the attached list of hotels for options convenient to the venue.

Eligibility:

All swimmers with a physical impairment, visual impairment or intellectual impairment are welcome. Seeding will be based upon time, regardless of sport class. All swimmers will compete together in each event (i.e. multi-disability).

- It is the responsibility of each nation to ensure that the swimmers have the proper documentation to enter the United States. The due date for requests for VISA Support is January 16, 2012.
- Should visas be required, please contact the Paralympic Division of the USOC for a letter of support (if necessary) – email: jamie.martin@usoc.org. **PLEASE NOTE: A letter of support for obtaining visas to enter the USA will only be provided AFTER all entries and fees have been received by meet management.**

Classification:

- International Classification has been requested from IPC Swimming for this meet. VI and functional classification will be on February 23- 24, 2012.
- Swimmers should enter the meet using their current IPC Swimming sport class(es) (which may be found online at www.ipc-swimming.org).
- If a swimmer has not been previously classified, he/she should enter at his/her estimated classification, and adjustments may be made as necessary following the classification evaluation preceding the competition.

***For US athletes, more information, can be found on the U.S. Paralympics website
<http://usparalympics.org/sports/summer-paralympic-sports/swimming/events>
Athletes outside the U.S. must request classification appointments through their NPC.***

Officials Training:

There will be a national (U.S. Paralympics) officials training held in conjunction with this meet. See attached forms for information.

Volunteers

Volunteers are welcome. Please e-mail Dave Denniston at dave.denniston@usoc.org.

Format:

The meet will consist of three timed final sessions.

Awards:

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Awards will be presented to the first place finishers in each sport class in each event.

Entry Information:

- Swimmers may enter a MAXIMUM of 3 events per session.
- Entry times must be submitted in the course swum (LCM, SCM, SCY) and will be converted by meet management for seeding purposes.
- No deck entries will be accepted.
- Entries must be submitted online at <http://usparalympics.org/sports/summer-paralympic-sports/swimming/events> along with payment. Hytek files should be sent to qnichols60@gmail.com and include the list of entries from Team Manager.
- A maximum of one coach per swimmer is allowed on the deck.
- Deck access for additional coaches and/or Support Staff is at the discretion of meet management and must be a proven need (e.g. tappers, personal care assistants).
- All scratches must be submitted by the conclusion of the Technical Meeting to the Meet Director: A fine of \$50 USD will be assessed for any event “no shows” that have not been submitted to the Meet Director by the published scratch deadlines.

Fees:

- All swimmers will be charged an \$80 USD fee to enter the meet, regardless of the number of events they choose to enter. There will be a \$15 charge for each change made after the initial entry date.
- All team staff (i.e. coaches, medical, managers, etc.) will be charged a \$15 USD fee per credential.
- Any teams that submit their payment by wire transfer must include the wire transfer fee in their payment.

** Teams that do **NOT** submit entries via Hy-Tek will be assessed an additional **\$30** processing surcharge. **

Entry Deadline:

All entries must be received by January 16, 2012.

Late entries may be accepted at the discretion of meet management, but will be assessed a late fee of \$100 USD.

Jan 17-24	\$100 late fee for swimmer entries / \$15 late fee for staff credentials
Jan 25-30	\$200 late fee for swimmer entries / \$30 late fee for staff credentials

No late entries will be accepted after January 30, 2012.

Online Entries Only - beginning in December. Please see: <http://usparalympics.org/sports/summer-paralympic-sports/swimming/events>

Entry Chairperson:

Queenie Nichols
227 State Route 49
Cleveland, NY 13042
Cell--315.4154.9164
Fax—315.675.3479
Qnichols60@gmail.com

2012 Jimi Flowers Classic
February 25-26, 2012
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Pre-Meet Training Times:

Training times for Thursday must be requested through the USOC and require payment. Requests for training times should be made to: Jamie.Martin@usoc.org 719-866-2024.

Open Training: Friday, Feb. 24 from 9-11 and 2-5

Technical Meeting:

The technical meeting for all coaches/team managers will be held at Friday, February 24th at 6pm in the hospitality room off the pool.

Meet Management & Contacts:

Co-Meet Director

Queenie Nichols
227 State Route 49
Cleveland, NY 13042
Qnichols60@gmail.com
Phone: (315) 415-9164

Facility Contact

Janine DiSalvatore
Olympic Training Center
Aquatics & Venues
719.866.4729 (o)
719.866.4025 (f)
719.502.5384 (c)

Volunteer Chairman

Dave Denniston
United States Olympic Committee
1 Olympic Plaza
Colorado Spring, CO 80909
Dave.denniston@usoc.org
Phone: (303) 517-6450

Co-Meet Director

Jamie Martin
One Olympic Plaza
Colorado Springs, CO 80909
Jamie.Martin@usoc.org
719-866-2024

Meet Referee

Mark Rieniets
US Paralympics Officials Chair
PO Box 17682
Memphis, TN, 38187
Fax 1 270 675 6133
Rieniets@gmail.com

2012 Jimi Flowers Classic
February 25-26, 2012
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ORDER OF EVENTS

AM Finals Warm-Up: 7:30am
AM Finals Begin: 8:30am

PM Finals Warm-Up: 3:30pm
PM Finals Begin: 5:00pm

AM Saturday, February 25, 2012

<i>WOMEN</i>	<i>EVENT</i>	<i>MEN</i>
1	200m Breaststroke (SB1-SB9, SB11-14)	2
3	50m Freestyle (S1-S14)	4
5	200m Butterfly (S1-S14)	6
7	150m Individual Medley (SM1-SM4)	8
9	100m Backstroke (S1-S14)	10
11	1500m Freestyle (S1-S14)	12

PM Saturday, February 25, 2012

<i>WOMEN</i>	<i>EVENT</i>	<i>MEN</i>
13	200m Backstroke (S1-S14)	14
15	100m Freestyle (S1-S14)	16
17	100m Butterfly (S1-S14)	18
19	50m Breaststroke (SB1-SB9, SB11-14)	20
21	400m Freestyle (S1-S14)	22

Sunday, February 26, 2012

<i>WOMEN</i>	<i>EVENT</i>	<i>MEN</i>
23	100m Breaststroke (SB1-SB9, SB11-14)	24
25	200m Individual Medley (SM1-SM14)	26
27	50m Butterfly (S1-S14)	28
29	200m Freestyle (S1-S14)	30
31	50m Backstroke (S1-S14)	32
33	400m Individual Medley (SM1-SM14)	34

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INFORMATION REGARDING DOPING CONTROL

SELECTION OF ATHLETES FOR DOPING CONTROL

By registering to compete at this event you have consented to be subject to drug testing and adhere to the penalties associated with an anti-doping rules violation. All registered competitors are subject to testing, are responsible for ensuring personally whether they are required to appear for doping control and if selected for drug testing are required to comply with the applicable rules. Noncompliance or refusing to be tested will result in the same penalties as a doping violation. Athletes who are in violation of anti-doping rules are subject to at least a 2-year suspension and other consequences, including a public announcement of the facts and consequences.

NOTIFICATION OF ATHLETES

When the U.S. Anti-Doping Agency ("USADA") is conducting testing chaperones will be provided to notify selected Athletes and escort them to the Doping Control Station. Additionally, it is each Athletes responsibility to confirm whether they are required to appear for doping control. Any Athlete who fails to report to Doping Control within 60 minutes of notification or to comply with other requirements of the doping control process will be subject to sanctions.

An overview of USADA's in-competition testing program is available at www.usada.org/go/testalert.

APPLICABLE RULES

USADA conducts testing in accordance with its Protocol. A copy of any additional information concerning the USADA Protocol is available online at <http://www.usada.org>. You should also review the anti-doping rules of the International Paralympic Committee (IPC), the international federation for the sport, at <http://www.paralympic.org>. Sanctions shall comply with the IPC Anti-Doping Code. Penalties may also apply to any individual assisting an athlete taking prohibited substances or using prohibited methods.

PROHIBITED CLASSES FOR EVENT TESTING

USADA will test for the classes of substances and methods prohibited by the World Anti-Doping Code. For in-competition testing, urine samples are tested for the following categories of substances: anabolic agents, hormones, beta-2 agonists, anti-estrogenic substances, diuretics, stimulants, narcotics, cannabinoids (i.e. marijuana), glucocorticosteroids, alcohol and beta-blockers; additionally, the following methods such as blood doping, gene doping and pharmacological, chemical and physical manipulation are also prohibited.

For more detailed information or a non-exclusive list of substances within each category listed above, visit the USADA web site at <http://www.usada.org/go/walletcard> for the USADA Wallet Card.

Further information about drug testing, the protection of your rights and the status of specific medications on the WADA Prohibited List are available from the USADA Drug Reference On-Line™ at <http://www.usada.org/dro> or from USADA's Drug Reference Line™ at 1-800-233-0393. When in doubt athletes should check with these resources.

Please remember that even over-the-counter or prescription medications can contain a banned substances that could cause a positive test result and a doping offense. Use of dietary/nutritional supplements including vitamins,

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minerals and amino acids are completely at the athlete's risk, even if the supplements are labeled 'approved' or 'verified.' If you take dietary/nutritional supplements you may test positive for a prohibited substance which is not disclosed on the product label. This would result in a doping violation and sanction. Always check with your team doctor or the USADA Drug Reference Line™ before taking any medication.

THERAPEUTIC USE EXEMPTIONS (TUE)

You may apply for approval to take medications containing prohibited substances to manage a health condition. This process needs to be completed before the competition. Athletes who wish to seek exemption for a prohibited substance must submit a TUE Form to the IPC and should work with USADA and/or their National Paralympic Committee to ensure appropriate filing.

UNITED STATES ANTI-DOPING AGENCY

The United States Anti-Doping Agency is the independent anti-doping agency for the Olympic Movement in the United States. USADA is dedicated to eliminating the practice of doping in sport, preserving the well-being of sport and ensuring the health of athletes through drug testing, research initiatives and educational programs.

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LOCAL INFORMATION

Airport:

Colorado Springs Airport (COS) - 10 miles

Denver International Airport (DEN) - 85 miles

Hotels

Hilton Antlers Colorado Springs, CO
Four South Cascade
Colorado Springs, CO 80903-1685
1.9 miles from pool

Clarion Hotel and Conference Center
314 West Bijou Street
Colorado Springs, CO 80905
1.9 miles from pool

Crowne Plaza Hotel Colorado Springs
2886 South Circle Drive
Colorado Springs, CO 80906
4.4 miles from pool

Hampton Inn Colorado Springs/I-25 South
2910 Geyser Drive
Colorado Springs, CO 80906
5.2 miles from pool

Doubletree-Colorado Springs
1775 East Cheyenne Mountain Boulevard
Colorado Springs, CO 80906
5.1 miles from pool

Fairfield Inn & Suites, Colorado Springs South
2725 Geyser Drive
Colorado Springs, CO 80906
5.1 miles from pool

Residence Inn by Marriott
2765 Geyser Drive
Colorado Springs, CO 80906
5.0 miles from pool