



USA WEIGHTLIFTING MEMBERSHIP APPLICATION



Never had a membership: _____ Renewal: _____ Membership #: _____

Last Name		First Name	M.I.	Date of Birth	Gender M _____ F _____
Address		City		State	Zip
(circle one) Home # / Work # / Cell #		(circle one) Home # / Work # / Cell #		E-Mail	
Club Affiliation			Club #	U.S. Citizen Yes _____ No _____	College Student Yes _____ No _____
Coach #1			Coach #2		

Use the following formula to calculate all age-based membership categories:
Age you will be on December 31 of your membership expiration year = Membership category
 If you sign up for membership in 2010 and pay for ONE year of membership, then 2011 will be your "membership expiration year"
 If you sign up for membership in 2010 and pay for THREE years of membership, then 2013 will be your "membership expiration year"

Check all membership categories that apply, but pay only the greatest dollar (\$) amount of all membership categories checked.

Paper Applications include a \$10 surcharge.

MEMBERSHIP CATEGORIES:	1 YR	2 YR	3 YR	4 YR
1. School Age (age 17 & under) - To calculate age category, see formula above	\$35	not avail.	not avail.	not avail.
2. Junior (ages 18-20) - To calculate age category, see formula above	\$45	not avail.	not avail.	not avail.
3. Senior (age 21 and up) - To calculate age category, see formula above	\$50	\$90	\$130	\$170
4. Master (age 35 and up) Those aged 35 and older can choose to be a Senior OR a Master athlete - To calculate age category, see formula above	\$55	\$100	\$145	\$190
5. Master/Certified Coach	\$90	\$170	not avail.	not avail.
6. Level 1 Weightlifting Coach with recertification waiver <i>If claiming a waiver, you must name at least one athlete:</i> _____	\$50	\$90	not avail.	not avail.
7. Level 1 Weightlifting Coach, Sport Performance Coach, OR Level 1 Sport Performance Coach	\$85	\$160	not avail.	not avail.
8. Dual-certified Coach (Level 1 Weightlifting Coach AND Sport Performance Coach)	\$110	\$210	not avail.	not avail.
9. Advanced Level Coach (Level 2 through Level 5)	\$50	\$90	not avail.	not avail.
10. (circle one) Non-certified Coach <u>or</u> Medical <u>or</u> Referee <u>or</u> Administrator <u>or</u> Volunteer	\$50	\$90	not avail.	not avail.

Additional Contribution: \$1 _____ \$5 _____ \$10 _____ \$20 _____ Other \$ _____ USA Weightlifting appreciates your support!

Please make check or money order payable to USA Weightlifting, or pay by credit card. **PLEASE DO NOT SEND CASH.** Total enclosed: _____

CC# (MasterCard, Visa, Discover or Amer. Express): _____ - _____ - _____ - _____ EXPIR. DATE: _____

ALL ATHLETES PARTICIPATING IN USA WEIGHTLIFTING ACTIVITIES MAY BE SUBJECT TO RANDOM DRUG TESTING

Please read the Waiver of Liability and Code of Conduct on the back of this form and sign below.

I acknowledge that I have read the Waiver of Liability, fully understand it and agree to its terms.

X _____
Member's signature Date signed

Signature of Parent or Legal Guardian **required** if athlete is under 18

I acknowledge that I have read the Code of Conduct, agree with the terms and conditions, and am willing to abide by its contents as stated. I understand that failure to abide by USA Weightlifting's Code of Conduct may result in suspension or having my membership revoked.

X _____
Member's signature Date signed

Signature of Parent or Legal Guardian **required** if athlete is under 18 USAW Certified Coach must sign if member is under 12 USAW member #

Send application and payment to: USA Weightlifting /1 Olympic Plaza, Colorado Springs, CO 80909
(F) 719-866-4741, (O) 719-866-4508 (email) usaw@usaweightlifting.org, (website) <http://weightlifting.teamusa.org>

NOTE: In the event of membership cancellation, USA Weightlifting does not refund membership or recertification fees.

Please allow up to four weeks for processing.

WAIVER OF LIABILITY

In consideration of my participation in any USA Weightlifting program, I acknowledge that I understand the nature of the activity and that I, and/or my minor child, am qualified, in good health, and in proper physical condition to participate in such activity. I fully understand that weightlifting involves risk of serious bodily injury, including permanent disability, paralysis, and death, and that these and other risks may be caused by my own actions, or inaction, those of others participating in the event, the conditions in which the event takes place, or the negligence of the Releases named below, and that there may be other risks either not known to me or not foreseen at this time and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the activity.

I hereby release, discharge and covenant not to sue USA Weightlifting, their respective administrators, directors, agents, officers, volunteers and employees and any sponsors and advertisers of any USAW sanctioned event in which I participate (each considered one of the Releases herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releases. This release, waiver of liability and express assumption of risk agreement does not apply to any liability, claims, demands, losses or damages arising out of the gross negligence of or intentional, willful or wanton misconduct of Releases. If I or anyone on my and/or my minor child's behalf makes a claim against any of the Releases, I will indemnify, defend, save and hold harmless each of the Releases from any loss, liability, damage or cost which may incur as a result of such claim.

CODE OF CONDUCT

USA Weightlifting is the National Governing Body for the sport of Olympic Weightlifting and the United States Olympic Committee; we operate in the public spotlight and are expected to conduct our affairs on a basis consistent with the great trust that has been placed in us. This requires that our membership behaviors conform to the highest ethical principles.

The mission of USA Weightlifting is to encourage participation and the pursuit of excellence in all aspects of Olympic Weightlifting. USA Weightlifting grants the privilege of membership to individuals and groups committed to the same mission. The privilege of membership may, therefore, be withdrawn or denied by USA Weightlifting at any time when determined that a member's conduct is inconsistent with the mission of the organization or the best interest of the sport and those who participate.

All athletes, coaches and officials pledge to abide by the following Code of Conduct:

- Abide by all USA Weightlifting & International Weightlifting Federation rules, selection procedures and safety guidelines.
- As an ambassador, exhibit the highest standards of fairness, discipline, ethical behavior and genuine sportsmanship by mutually respecting and bringing honor to USA Weightlifting, the United States and the Olympic Movement.
- Respect teammates, athletes, coaches, officials, spectators, volunteers, USADA representatives, sponsors and National Office staff of USA Weightlifting without regard to race, religion, national origin, age, civil status, veteran status, marital status, language, social condition, mental or physical ability, sexual orientation, or gender.
- Will not use offensive language/gestures or non-consensual physical contact as a response to the referees/jury/officials decision as an expression of frustration and/or self-admonishment.
- Will not engage in any form of discriminatory, verbal, physical or sexual harassment/abuse, fraud, stealing, deception or dishonest related to USA Weightlifting events or activities.
- Will not disrespect, intimidate or embarrass other members, teammates, athletes, coaches, officials, spectators, sponsors, volunteers, Board of Directors, Committee members, Athlete Advisory Council Representatives, USADA and/or USA Weightlifting and National Office staff in person, electronically, and/or through social networking venues (i.e. Facebook, Twitter, blogs or websites etc.).
- Will not participate in any non-consensual sexual contact or advance or other inappropriate sexually oriented behavior or action directed towards any member by a coach, official, athletic trainer or other person who is in a position of authority.
- Respect and not cause damage to private or public property of others while at an event sanctioned by USA Weightlifting or at a designated USA Weightlifting facility.
- Will not sell or distribute any substance on the World Anti-Doping Agency (WADA) list of banned substances.
- Will not knowingly misrepresent competitive achievements, professional qualifications, education, experience, eligibility, criminal record or affiliations of one self or another member.
- Will not misrepresent the nature or extent of an injury in order to decline an invitation to participate in or withdraw from a competition, training camp or other similar activity.
- Will not use illegal drugs in the presence of teammates, athletes, coaches, officials, volunteers, spectators, sponsors and staff of USA Weightlifting and/or at any USA Weightlifting event or activity.
- Will not commit a doping violation as defined by the International Olympic Committee (IOC), World Anti-Doping Agency (WADA), the United States Anti-Doping Agency (USADA), the United States Olympic Committee (USOC) or the International Weightlifting Federation (IWF).

Disciplinary action for violation of any provision in this Code of Conduct may include any or all of the following: (i) a reprimand; (ii) suspension from competition participation (iii) withholding of Direct Athlete Support payments; (iv) imposition of fines (including with respect to reimbursement of expenses incurred by USAW); (v) removal from team; (vi) termination of memberships with USA Weightlifting (vii) any combination of the foregoing.

If a USA Weightlifting member receives a disciplinary penalty or otherwise has a grievance related to this Code of Conduct, the member has the right to file a written request with the Board of Directors and CEO of USA Weightlifting within thirty (30) day of the action giving rise to the members claimed grievance, to seek a review of the action in question pursuant to USA Weightlifting Bylaws and Grievance Procedures. The Athlete has a right to a hearing per Article 9 of the USOC Bylaws prior to USA Weightlifting denying the right to compete of any Athlete.

Notwithstanding the foregoing, nothing herein shall conflict with or curtail the members' rights with respect to disputes involving the members' right to participate in protected events as set forth in the Ted Stevens Olympic and Amateur Sports Act (section 220510 of the United States Code.)

In the event any member of USA Weightlifting has a complaint/grievance that falls under the control of USA Weightlifting, NO individual may contact any sponsor (i.e. employees, partners, suppliers, concerned individuals, et. Al.) for any reason related to the complaint's/grievance until such time that all hearing (including appeals) related to the complaint/grievance have been fully completed.

IT IS THE DUTY OF ANY USA WEIGHTLIFTING MEMBER WHO OBSERVES AN OBVIOUS VIOLATION OF THIS CODE OF CONDUCT TO REPORT IT TO THE NATIONAL OFFICE IN WRITING AS SOON AS POSSIBLE.