

2012 NATIONAL UNIVERSITY WEIGHTLIFTING CHAMPIONSHIPS
Tentative Date & Time of Competition

The weigh-in and lifting schedule are subject to change! Changes may also be made after the Verification of Entries. All changes will be announced at the Technical Meeting. No changes will occur in minimum qualifying totals or days specified for B and A sessions. Changes in session makeup within a day, and changes in actual weigh-in and lifting times within a day, can occur. A final schedule will be posted after the Technical Meeting. If a lifter fails to make weight, he or she will not be allowed to participate. This will be a one-platform competition. All categories' B sessions lift on Friday; all categories' A sessions lift on Saturday or Sunday as indicated below:

Friday April 13, 2012

SESSION	GENDER	CATEGORY	Q-TOTAL	WEIGH IN	LIFT
1	MEN	56B/62B/69B/77BKG	103/134/170/195 KG	7:00 AM	9:00 AM
2	WOMEN	48B/53B/58B/63B KG	75/84/94/100 KG	9:00 AM	11:00 AM
3	MEN	85B KG	203 KG	11:00 AM	1:00 PM
4	WOMEN	69B/75B/75+B KG	101/104/106 KG	1:00 PM	3:00 PM
5	MEN	94B KG	213 KG	3:00 PM	5:00 PM
6	MEN	105B/105+B KG	214/218 KG	5:00 PM	7:00 PM

Saturday April 14, 2012

SESSION	GENDER	CATEGORY	Q-TOTAL	WEIGH IN	LIFT
7	MEN	56A/62AKG	135/171 KG	7:00 AM	9:00 AM
8	WOMEN	48A/53A/58A KG	91/106/118 KG	9:00 AM	11:00 AM
9	MEN	69A/77A KG	202/229 KG	11:00 AM	1:00 PM
10	WOMEN	63A/69A KG	126/130 KG	1:00 PM	3:00 PM
11	MEN	85A KG	238 KG	3:00 PM	5:00 PM

Sunday April 15, 2012

SESSION	GENDER	CATEGORY	Q-TOTAL	WEIGH IN	LIFT
12	MEN	94A KG	251 KG	7:00 AM	9:00 AM
13	WOMEN	75A/75+A KG	133/144 KG	9:00 AM	11:00 PM
14	MEN	105A/105+A KG	256/258 KG	11:00 AM	1:00 PM